



Christian Medical College Vellore

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And David shepherded them with integrity of heart; with skillful hands he led them. Psalm 78:72

Colorectal Cancer Awareness Month - March 2026



Staff Awareness Programmes

The Surgical Nursing Unit and Surgery Unit II of CMC Vellore observed Colorectal Cancer awareness month (March 2026) on the theme 'Colorectal cancer: Preventable, Treatable & Beatable'. Colorectal cancer awareness programmes were conducted for Surgical Nursing Unit support staff and rural populations of LCECU, CHAD, and RUHSA across their respective OPDs and the Surgery OPD.

Public Awareness Exhibition

On March 18, an exhibition on colorectal cancer awareness was organised, beginning with a prayer by Rev. Abisha, followed by the ribbon-cutting by Dr. Rajesh I, Medical Superintendent, CMC Vellore, and a welcome address by Ms. Caroline Kavitha, Charge Nurse, Stoma Care Services, Surgical Nursing Unit. The banners in the stalls enlightened the audience on identifying the signs, risk factors, diagnosis and the screening strategies for colorectal cancers.

125 Years of CMC Vellore 1900-2025



DID YOU KNOW?

Dr. John Webb, once an English first-class cricketer, later became a pioneering paediatrician at Christian Medical College Vellore and played a key role in identifying Japanese encephalitis as the cause of epidemic encephalitis in Tamil Nadu. He was also a former Director of our Institution.

The puppet show organised in relation to colorectal cancer and its prevention in English, Tamil and Hindi languages was a great hit. Games such as ring for a healthy colon, our choices, our health, colon-worm and ladder, word puzzle, picture connect games turned out to be educative and entertaining, attracting the public, staff, students and patients. Patients and their relatives eagerly participated in screening program and a few were referred to Surgery II OPD for further evaluation.

Colorectal Cancer Survivors Meet

Survivors meet & valedictory programme was conducted on the 28th of March 2026. The programme started with Prayer & devotion by Rev. Raja. Dr. Asha Solomon, Professor and Head, Surgical Nursing, welcomed the gathering while Mrs. Latha Madhankumar, Nurse Manager, Surgical Nursing Unit presented a brief report of the awareness month activities.

The highlight of the programme was the sharing of life experiences by colorectal cancer survivors, who were introduced by Ms. Caroline Kavitha. They talked about their experiences of being diagnosed with Colorectal cancer, the evaluation, treatment, and continued support from their families and medical & nursing team. Their ability to move on and lead normal lives demonstrated their resilience, and some of the advices on daily living and healthy diet motivated many. For the benefit of patients with colorectal cancer, the medical team was inspired by these survivors' experiences to hold regular survivors' meetings.

Dr. Ebby George Simon, Associate Director (Medical), Dr. Myla Jacob, Deputy Medical Superintendent, Mrs. Alice Sony, Nursing Superintendent, offered their felicitations and appreciated the services.

Dr. Vijay Chandran, District Health Officer, Vellore was the Chief Guest of the event. While delivering the Chief Guest address, he reiterated the importance of bringing awareness and appreciated the initiation of conducting and honouring colorectal cancer survivors and importance of screening for Colorectal cancers as the incidences are raising. Dr. Mark Ranjan Jesudason, Professor & Head, Surgery Unit -II (Colorectal Surgery) proposed vote of thanks and the programme came to an end.

List of prize winners:

Poster Competition:

- 1st prize: Ms. Vijayalakhmi, S/N, P1 ward, Surgical Nursing.
- 2nd prize: Ms. Sandhya Selvam, S/N, Emergency Department.
- 3rd prize: Ms. Meena, S/N, B0001 Ward, Medical Oncology, Ranipet Campus.

Short Video Competition:

- 1st Prize: Ms. S. Sharmila Suresh, S/N C201, Ranipet Campus.
- 2nd Prize: Ms. R. Melbha, S/N, Endo Department.
- 3rd Prize: Ms. Jaslin Deborah, S/N, P2 ward, Surgical Nursing.

Cookery Competition:

- 1st prize: Ms. Vijayalakhmi, S/N, P1 ward, Surgical Nursing
- 2nd prize: Ms. Agalya S/N, P1 Ward, Surgical Nursing.
- 3rd prize: Ms. Suganthi Grace, C/N, Upper GI services.

We thank God for His mercy and grace, which enabled the successful observance of Colorectal Cancer Awareness Month. We look forward to continued support for planning and strategizing future initiatives for survivors.



Autism Awareness Month – April 2026

April is observed as Autism Awareness Month, with April 2nd marking World Autism Awareness Day. The theme for 2026 — Autism and Humanity: Every Life Has Value — reflects a powerful call to recognise the inherent worth and dignity of every autistic individual. Understanding and supporting these children and their families, and helping them integrate meaningfully into our communities, remains a vital responsibility. The Developmental Paediatrics Unit celebrated the occasion on 11th April, with generous sponsorship from Drs. Wiji and Josephine Rathnathicam (alumni, Batch of 1966). Members of the Developmental Paediatrics team, including psychologists, occupational therapists, doctors, and speech therapists showcased a range of activities aimed at promoting behaviour regulation, emotional learning, motor skills, and communication in children with autism. A puppet show, performed by the nursing staff, conveyed the importance of early identification of autism in an engaging and accessible way.

Visitors to the stalls received the booklet *Start of Journey*, which guides parents through the initial steps following a diagnosis of autism. The booklet is available in four languages, English, Tamil, Hindi, and Bengali and can be freely downloaded from <https://www.cmch-vellore.edu/health-education>. Educational materials were also distributed to families and the public covering red flags for early identification, the importance of multidisciplinary intervention, and guidance on overall child wellbeing.

As part of the celebrations, the unit organised a series of competitions around the theme Autism and Humanity – Every Life Has Value. The response was heartening, with participation from the hospital community as well as teachers and healthcare professionals from beyond. Each entry brought unique perspectives and thoughtful insights.



Competition Winners

Reels Competition: Ms. Anitha G, Ms. Aswini, Ms. Sangavi (Ranipet PICU)

Essay Writing – Teachers' Category: Ms. Samyuktha V N (Scudder School)

Creative Writing Competition:

- **First Place:** Dr. Keerthana Thatavarthi, Child and Adolescent Psychiatrist, St. John's Medical College and Hospital, Bangalore Dr. Rucha Mehta, Developmental Paediatrician, Sethu Centre for Child Development and Family Guidance, Goa
- **Second Place:** Dr. Kiruthika S, Paediatrician, DEIC, Thanjavur Medical College Ms. Suganya R, College of Nursing, CMC Vellore
- **Third Place:** Dr. Swapna Sebastian, ENT, CMC Vellore Dr. Sushma Gopalan, Psychologist, Child Life Paediatrics, Manipal Hospital, Bangalore Dr. Murchana Khound, Department of Paediatrics, AIIMS Guwahati.

Poster Competition:

- **First Prize:** Ms. Nesavalli (MOT), Ms. Ramani C (PICU, Ranipet), Ms. Serene Delighty (Intern, BASLP)
- **Second Prize:** Ms. Blessy Sophia (MSc Nursing), Ms. Preethi P (Medical Oncology), Ms. Sankari (Endocrinology)
- **Third Prize:** Ms. Jebashilia Jemima (MSc Nursing), Ms. Evelyn Nithiya (A7 Ward), Ms. Mary Jenifer, Ms. Jaya Priya & Ms. Revathy (G3 South)

True inclusion requires more than awareness—it calls for collective support, acceptance, and meaningful action from families, professionals, and the community. When we work together with empathy and purpose, children with autism can be truly valued and empowered to reach their fullest potential



16th Basic Course in Medical Education [BCME] and 17th Basic Course in Medical Education [BCME]

The National Medical Commission's 16th Basic Course in Medical Education [BCME] and 17th Basic Course in Medical Education [BCME] were conducted for In-house CMC faculty from 30th March – 1st April 2026 & 7th – 9th April 2026 in the Nodal Centre, Medical Education Department (MED), CMC Vellore. We had 60 participants (1 Associate Professor, 59 Assistant Professors) benefiting from this course.

The objectives of this programme were to:

- Sensitise the participants to understand the principles of learning
- Frame specific learning objectives for a competency
- Enumerate various interactive learning methods in a large group or a small group
- Choose the right assessment method for the competency
- Give timely feedback to the students
- Apply innovative methods in teaching & assessment of AETCOM (Attitude, Ethics and Communication) modules.

Dr. Margaret Shanthi F. X. started the day with a word of prayer and welcomed the members present. Resource persons from various departments in CMC Vellore facilitated the most active sessions. Dr. Prakash S. S. proposed the Vote of Thanks on the third day.

The Department of Medical Education gratefully thanks, Dr. Margaret Shanthi F. X., Dr. Reena G., Dr. Surekha V., Dr. Sowmya S., Dr. Sudha Jasmine, Dr. Vinod Abraham, Dr. Sathishkumar T., Dr. Ramya I., Dr. Vinay Oommen, Dr. Prakash S. S., Dr. Divya Elizabeth Muliyl., Dr. Deepak V. Francis, Dr. Supraja S., Dr. Latif Rajesh Johnson, Dr. Dorothy Lall, Dr. Premila Wilfred, Dr. Praveen B., Dr. Christo J. and Dr. Nitish V. for all their contributions towards the successful conduct of the Basic Course in Medical Education [BCME].

CME on Management of Heat Stroke

The Department of Emergency Medicine and the Department of Continuing Medical Education organised a CME on Management of Heat Stroke on 11th April, 2026. The programme was moderated by Dr. Priya G., Professor and Ag. Head, Department of Emergency Medicine. The speakers, Dr. James Albert Jaganath, Dr. Preethy Koshy, Dr. Neeraj George Paul P., and Dr. Joanna Preritha Fernandes from Emergency Medicine, and Dr. Joshua Vijay, Consultant, Emergency Medicine, Sri Narayani Hospital and Research Centre, Vellore, discussed the spectrum of heat-related illnesses, pathophysiology, emergency resuscitation, medical management, and prevention of heat stroke. The programme was attended by over 190 participants from 11 states and several departments in CMC. The CME Department thanks Dr. Priya G., all the faculty, and the Telemedicine Department for making the CME possible.

Diploma in Hospital Administration (DHA)



The Department of Hospital Management Studies & Staff Training and Development (DHMSSTD), Christian Medical College Vellore, in collaboration with the Christian Medical Association of India (CMAI), New Delhi, started the Diploma in Hospital Administration (Distance Education Programme) in 2019. This course was designed primarily for those working in mission hospitals who wish to acquire the knowledge and skills needed to become efficient managers and leaders while continuing to serve their institutions. It aims to equip participants to integrate theoretical and scientific frameworks with their own experience in order to implement best practices in their hospitals, thereby enhancing their ability to address a wide range of management issues.

The seventh batch of participants attended their mandatory contact programme from 2nd to 14th March 2026 at CMC Vellore. The contact classes began with a prayer by Rev. Dr. Jim, Sr. Chaplain, followed by a welcome address by Dr. Anila Chacko, Academic Officer, representing the Principal, Dr. Solomon Sathishkumar. Mrs. Elsy Thomas, Secretary of the CMAI HMAP Section, also addressed the participants. Throughout the two-week contact programme, each day began with prayer, followed by detailed sessions on eight subjects: basic principles of management, basic accounting and finance, materials management, managing patient care and hospital facilities, hospital information systems, human resources management, hospital governance and statutory requirements, quality and safety in healthcare. These sessions were conducted by various intramural and extramural faculty members.

The 24 participants included medical doctors, nurses, and administrators from nearly 15 mission hospitals across the country, along with a few non-mission participants as well. During the programme, participants learned both theoretical and practical aspects of hospital and health systems management through interactive classroom sessions, department visits, presentations, and group discussions.

The programme was well appreciated by all participants, as reflected in their active participation and positive feedback.

Admissions for the 8th batch are expected to start in July 2026. For more details, please contact the Department of Hospital Management Studies & Staff Training and Development, CMC Vellore, at stafftraining@cmcvellore.ac.in or call 0416-2283535 / 6099 / 6098.

Special Prayers: April 19 - 25, 2026

Dodd Memorial Library : Dr. Azariah Jeba Kumar I. and Staff

Gault Library : Dr. R. Senthilkumar and Staff

Archives : Dr. Reena Mary George and Staff

CSI Jaffna Diocese

Council Members : Rt. Rev. Dr. V. Pathmathayalan

Rev. W. Jebasingh Samuvel

Hospital : Green Memorial Hospital, Manipay.



CSI Tirunelveli Diocese

Council Members : Dr. Jeyam Juliet

Hospitals : CSI Jeyaraj Annapackiam Hospital,

CSI Bellpins Indrani Chelladurai Mission Hospital, Palayamkottai and others.

Welcome

- **Dr. Sangeetha Y.**, Professor, Neurosciences, on return from sabbatical leave.
- **Dr. Bobeena Rachel Chandy**, Professor, Physical Medicine and Rehabilitation, on return from sabbatical leave.
- **Dr. Sivanandan A**, Associate Professor II, Emergency Medicine, on return from study leave.

Memoranda

- **Dr. Joy John Mammen**, Professor, is appointed Department of Immuno Hematology and Blood Transfusion with effect from 11th April 2026 until further notice.
- **Dr. Magdalenal R**, Professor is appointed as Ag. Head, Paediatrics Unit-1, with effect from 11th April 2026 until further notice.
- The Department of Anaesthesiology, which has been functioning as five units since August 2011, will henceforth function as six units with effect from 17th April 2026, as outlined:
- **Dr. Tony Thomson Chandy**, Professor, will continue as Head, Department of Anaesthesiology as per the memorandum dt. 5th March 2026.
- **Dr. Chitra S**, Professor, will continue as Head, Anaesthesiology Unit-I, as per the memorandum dt. 6th September 2023.
- **Dr. Serina Ruth Salins**, Professor, will continue as Head, Anaesthesiology Unit-II, as per the memorandum dt. 29th April 2023.
- **Dr. Amit Mathew**, Associate Professor, is appointed as Ag. Head, Anaesthesiology Unit-III with effect from 17th April 2026 until further notice.
- **Dr. Aparna Williams**, Professor, will continue as Head, Anaesthesiology Unit-IV as per the memorandum dt. 5th March 2026.
- **Dr. Anita Shirley Joselyn**, Professor, will continue as Head, Anaesthesiology Unit-V, as per the memorandum dt. 2nd July 2022.
- **Dr. Aparanjit Paul P**, Professor, is appointed as Ag. Head, Anaesthesiology Unit-VI with effect from 17th April 2026 until further notice.

Laurels & Recognitions

- **Dr. Rosa Mariam Mathew**, Associate Professor, Department of Clinical Biochemistry, was awarded second prize in the oral presentation at the Association of Medical Biochemists Kerala Chapter, Third state conference held from 28th to 29th March 2026 at Government Medical College, Kozhikode, Kerala.

- The following doctors from the Department of Vascular Surgery have received prizes under different categories in the 19th Annual Conference of the Venous Association of India – VAICON 2026 held from 26th to 28th March 2026 at Goa.

Dr. Kiran George N, Assistant Professor received Young Researcher Award.

Dr. Kiran George N., Assistant Professor received 1st prize under the category of E-Poster.

Dr. Sofia Mohan, 2nd Year, M.Ch.Vascular Surgery, received 2nd prize under the category of E-poster.

Dr. Benjamin John James, General Surgery PG Registrar, received 3rd prize under the category of E-poster.

Dr. Naveen Maheshwari, Final Year M.Ch.Vascular Surgery received 6th prize under the category of Best Free Paper.

Mrs. Zeina Shreya Yonzone, Vascular Nurse secured 5th prize under the category of Best Free Paper.

Retirements



- **Mrs. Rosy Y.**, Sr. Gr. Staff Nurse, OR Recovery, Ranipet Campus, retired on 1st March, 2026 after 31 years of dedicated service. She completed her General Nursing and Midwifery from School of Nursing, Kalyani General Hospital, Chennai in June 1993 and joined the institution in January 1995 after completing her bond. She served in Main OR, Recovery Room, and later in HPB & Vascular OR Recovery, Ranipet Campus.

She is known for her pleasant nature, integrity, punctuality and dedication. She was a competent nurse and a supportive mentor to junior staff. She provided excellent patient care, especially in post-operative recovery and promptly identified and reported patient complications. She was knowledgeable in PACU care and anaesthesia-related emergencies. She also actively taught students and junior staff. Her confidence, compassion, and courage were widely appreciated by anaesthetists and colleagues.

She is blessed with a daughter, Miss Monica S., who has completed her B.Sc. (Nursing) and is working as a Staff Nurse at Sri Narayani Hospital, Vellore.

The institution gratefully acknowledged her valuable service and wished her a peaceful and fulfilling retired life.

Mrs. Mary Francis, Senior Secretary of the College of Nursing, retired on 10th April 2026 after completing 41 years of dedicated service to the Institution.

Known affectionately as Mary Aunty, she has been a pillar of support to students and colleagues alike. Her excellent temperament, smooth and diplomatic approach, and strong interpersonal relationships made her a highly valued member of the department.



Throughout her career, Mrs. Mary demonstrated remarkable resourcefulness, reliability, and a deep understanding of her responsibilities. She consistently managed a high volume of work with sincerity and dedication, while her cooperative nature and team spirit fostered harmony in the workplace. Her mentorship and leadership skills guided colleagues with confidence, and her communication abilities earned her widespread respect. Pleasant in nature and steadfast in her duties, she leaves behind a legacy of professionalism and warmth. Mrs. Mary is supported by her husband, Mr. Francis, retired AC Technician, and her daughter, Ms. Susan Sneha, Occupational Therapist at Rehab, CMC. As she steps into retirement, the College of Nursing and CMC community expresses its deepest gratitude and wishes her continued good health, happiness, and fulfilment.



Mr. Vijayarangan A., Senior Hospital Attendant in the Ophthalmology Department, retired on 15th April 2026, after an extraordinary 41 years of dedicated service at CMC. His journey began in 1985, when he joined as a Casual Attender in the Operating Room. Through perseverance, commitment, and a willingness to go beyond the call of duty, he grew into an indispensable member of the CMC family. Known for his dedication, reliability, and readiness to support colleagues and patients alike.

Mr. Vijayarangan has left an enduring mark on the institution.

We also recognise the loving family who stood beside him. His wife, Mrs. Rajeswari; his elder daughter, Mrs. Anu, a graduate in Optometry; his younger daughter, Ms. Asha, who serves as a nurse in the Paediatric Ward; and his son, Mr. Adhithya, a Nurse in the Operating Room at CMC. Truly, his legacy of service continues through them.

On behalf of the entire CMC community, we extend our heartfelt gratitude to Mr. Vijayarangan for his decades of devotion. We wish him a retired life filled with peace, joy, and fulfilment. May this next chapter bring him the same warmth and happiness that he has given to so many throughout his career.

Obituaries

- **Mr. A. Isaac**, father of Mrs. Gladys Ramesh, (Assistant Engineer, CHIPS), passed away on 13th April, 2026. Let us uphold his daughter Mrs. Gladys Ramesh (Assistant Engineer, CHIPS), son-in-law Mr. Ramesh (Senior Supervisor MIQ), son Rev. Jared Arul Jebareuben (Presbyter Vellore Diocese), daughter-in-law Dr. Silviya Jared (Professor, Physiology Dept.), granddaughter, Miss. Angeline Eunice, (Demonstrator, Dietary Department), Mrs. Blessy Stanly, (Tutor, College of Nursing), grandson Dr. Jonathan Melchisedeczek, (PG, Tutor, Orthopaedics), Mr. Micha Isaac Anand, (Clinical Pharmacist Trainee) and all the bereaved members of the family in our prayers.
- **Miss. Gomathy**, (Sr. Sel. Gr. II Pharmacist), passed away on 16th April, 2026. Let us uphold all the bereaved members of the family in our prayers.
- **Mrs. V. Paulina Rajadurai**, mother of Mrs. Abarna R, (Lecturer II (NM), Department of Pathology), passed away on 15th April, 2026. Let us uphold all the bereaved members of the family in our prayers.

Notice

The Florence Taylor Memorial Library, College of Nursing will remain closed for Annual Inventory from April 27 to May 02, 2026.

Situations Vacant

Click the following link to view the vacancies
<https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Vacancies under the Principal's Office - for queries, contact the mentioned office

1. Senior Resident / Assistant Professor with MS E.N.T. for the Department of Oto-Rhino-Laryngology Unit - III

Salary: As per institutional rules.

Accommodation: Provided (Partly Furnished, Depending on availability).

Applications to be done only through the online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Note: Only online applications will be accepted; Hard copies will not be accepted.

Applications will close on April 25, 2026.

Vacancies under the office of Medical Superintendent-for queries contact the mentioned office

2. Staff III Critical Care Therapist for the Paediatric Critical Care

Qualifications : B.Sc., Critical Care Technology degree from Recognized University or H.Sc., with 2 Year Diploma in Critical Care Therapy Course and those who have 4 years of experience as Jr. Critical Care Therapist (Term Appointment) or equivalent only needs to apply.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Consolidated Pay : As per institutional rules.

Job Description : To look after care of clinical ill children and ICU equipment's.

Nature of Job : Monitoring respiratory, hemodynamics and assisting airway management and critically ill children. Maintaining biomedical equipment in ICU and keeping stock of all necessary consumables.

Age Limit : Below 35 years.

Applications to be done only through the online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Note : Only online applications will be accepted. Hard copies will not be accepted.

Applications will close on April 27, 2026.

3. Social Worker Gr.V for the Department of Emergency Medicine

Qualifications : M.S.W / M.A., (Social Work / Sociology) / M.Sc., (Medical Sociology) and those who have 4 years of experience as Asst. Social Worker (Term Appointment) or equivalent only needs to apply.

Salary Scale : As per institutional rules.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age Limit : Below 35 years.

Applications to be done only through the online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Note : Only online applications will be accepted. Hard copies will not be accepted.

Applications will close on April 27, 2026.

4. Sonographers (External Designation – project) and ECG Technician (External – Project) for the Low-Cost Effective Care Unit

Qualifications : B.Sc., Cardiac Technology. **Age Limit :** Below 35 years.

Preference will be given to Female candidates.

Consolidated Pay : As per institutional rules. **Job Description :** To perform ECG and Echocardiography.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications to be done only through the online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Note : Only online applications will be accepted. Hard copies will not be accepted.

Applications will close on May 04, 2026.

Vacancies under the office of General Superintendent-for queries contact the mentioned office

5. Administrative Assistant (Project) for the Department of Pulmonary Medicine

Qualifications : Graduate + 1 year PGDHA or 3 years of experience in CMC / FHA / MBA.

Consolidated Salary : Rs.25,000 to 35,000/-

Age limit : 35 years and below.

Job Description :

- Coordination of distance education programme / research projects.
- Organise both the contact sessions and the virtual teaching.
- Good communication skills to interact with trainees, Indian and overseas faculty.
- Need computer skills to manage the e-learning process.
- Good written english to draft letters and notices etc.

Note : Only Regular mode will be accepted, private or correspondence will not be accepted. Final Year Students are not eligible. Applications should be made online. Applications through other job portals will not be considered.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Note : Only online applications will be accepted. Hard copies will not be accepted.

Applications will close on April 25, 2026.

Others

6. Dr. Somervell Memorial CSI Medical College & Hospital, Karakonam, Thiruvananthapuram, Kerala, invites applications for the following posts:

- (a) **Urologist** - M.Ch. Urology.
- (b) **Cardiologist** - DM Cardiology.
- (c) **Pediatric Surgeon** - M.Ch. Pediatric Surgery.

Accommodation : Provided.

Salary : Negotiable.

Interested candidates may apply with their bio-data along with scanned copies of certificates to:

hr@smcsimch.ac.in