

CMC NEWSLINE

Vol.No.55 No.28 FOR PRIVATE CIRCULATION ONLY JANUARY 07, 2019



"...Let the beloved of the Lord rest secure in him, for he shields him all day long, and the one the Lord loves rests between his shoulders."
Deuteronomy 33:12

Dr. F.S. Geethanjali retires



Dr. F.S. Geethanjali, served the institution for thirty six years and retired on December 15, 2018. Dr. Geethanjali joined the Department of Clinical Biochemistry in 1982 as an Associate Biochemist after completing her post-graduation in Medical Biochemistry from CMC. She was involved in teaching both undergraduate and postgraduate students of various courses.

Her research work on 'Lp(a) in various clinical conditions' led to the award of Ph.D in 1999. As part of her PhD research, she went on a study leave where she was trained in Basic Research Techniques and Molecular Biology at the Institute of Medical Biology and Human Genetics, Innsbruck, Austria in 1997. She was involved with routine laboratory work including handling

of auto analysers, manual assays, RIA and ELIZA.

She was the coordinator for the ACBI/CMCEQAS program. In this connection, she visited Glasgow, UK for three months in 2002, to learn more about freeze drying techniques and to Cardiff, UK to learn spiking techniques for the hormone EQA programme. She has been an invited speaker for various scientific programmes in India. Recently she has been awarded the 'Dr. T. Vijayakumar Memorial Scientist Award' for the year 2017. She was the co guide for six Ph.D students, and was involved in projects in collaboration with other departments.

Apart from her valuable contributions to the development of the department,

Special Prayers: January 06 - 12, 2019

Directorate: Dr. J.V. Peter and Staff

Promotion and PTP Office:

Dr. Sowmya Sathyendra and Staff

Hospitality and International Relations:

Dr. J.V. Peter and Staff

Dr. Jeyanthi Peter and Staff

Mrs. Susan Prakash Daniel and Staff

Public Relations Office and Main Enquiry:

Dr. Prasad Mathews and Staff

CMC Association: Mr. Barkos Warjri and Staff

Quality Management Cell:

Dr. Suceena Alexander and Staff

Development Office: Mr. Hugh Skeil and Staff

Missions Department:

Dr. Sukriya Nayak and Staff

Chittoor Campus: Dr. Nihal Thomas and Staff

Dr. Premila Lee and Staff

Kannigapuram Campus:

Dr. Anil Kuruville and Staff

CSI Trichy - Tanjore Diocese

Council Members:

Rt. Rev. Dr. D. Chandrasekaran

Dr. Jos Jasper

Hospital: CSI Hospital, Trichy and others

Sunday Services : January 13, 2018

6.00 pm : **Scudder Auditorium**

Dr. Adeline Sither

6.30 pm : **Hospital Chapel**

Dr. Lionel Gnanaraj

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Obed John

4.30 pm : **Chittoor Chapel**

Rev. Mani Bhushan Das

Erratum :

In the Newsline dated December 31, 2018, the Bible verse from the Director's message is taken from Lamentations 3:22-23.

Welcome :

Dr. Deepa Ramaswamy, Professor, Psychiatry Unit-II, on her return from sabbatical leave.

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she was involved in various other aspects of the institution. Dr. Geethanjali served as the Chief Superintendent for the university examination for two years from 2008 to 2010. She was the member of the Grievance Cell from 2010 to 2016 and a member of the Immuno Biological Diagnostic Kits Sectional Committee of the Bureau of Indian Standards (BIS). She has publications both in National and International journals and has contributed a chapter for the book - 'A practical guide to Diabetes Mellitus'. Dr. Geethanjali took over the headship of the department in June 2017.

Her husband Dr. Arulappan is the retired Principal of Voorhees College in Vellore and they are blessed with a son and daughter. Their son Dr. Nishanth (Batch of 2003) is working with MSF (Medicine San Frontiers) and daughter Dr. Nirupamma (Batch of 2009) is doing her second year MD Anaesthesia in CMC.

The CMC community thanks Dr. Geethanjali for her contributions and wishes her the very best for her future.

Workshop on Hospital Management organised for students

The Department of Hospital Management Studies & Staff Training and Development conducted a workshop on Hospital Management and its importance on 26th October, 2018 for students from Medical, Nursing, Allied Health and Hospital Management in Jacob Chandy Hall, Paul Brand Building.



The workshop was inaugurated with an opening prayer by Rev. Joseph Devaraj, Chaplain, followed by welcome address and inauguration by Dr. Samuel N.J. David, Senior Manager and Head, Department of Hospital Management Studies & Staff Training and Development.

The Chief Guest Mr. Devendra Choudhary, Former Principal Consultant, Infosys, Bengaluru highlighted the importance of Hospital Management in Health Industry. In his address he spoke on the need for love and compassion in healthcare. Ms. Preethi Prabhkar, Course Co-coordinator - BBA (Hospital), Auxilium College, also addressed the gathering and expressed the benefits of such a workshop.

The workshop was attended by hundred and thirty one hospital management students pursuing Postgraduate Diploma in Hospital Administration (PGDHA) and Fellowship in Hospital Administration (FHA) from CMC Vellore, Bachelor of Business Administration BBA (Specialization in Hospital), Masters of Business Administration MBA (Specialization in Hospital), M.Phil and P.hd from Auxilium College Vellore.

The following sessions were handled during the workshop: 'Building Relationships and Networking' by Mr. Devendra Choudhary; 'Nursing Administration in Managing Hospitals' by Mrs. Nirmala Margret, Additional Deputy Nursing Superintendent; 'Quality Story in Healthcare – A Journey Thus Far' by Dr. Lallu Joseph, Quality Manager; 'Decision Making and its Importance' by Mr. Hugh Skeil, Manager, Development Office; 'Problems and Challenges Faced in Reviving a Hospital – A True Story' by Dr. Anbu Suresh, Medical Superintendent, SMH, Ranipet; 'Empowering Women - Health Sector, Higher Education and Home Front' by Dr. Anna Pulimood, Principal; 'Higher Education and its Significance in Health Field' by Dr. (Sr.). Regina Mary, Auxilium College; 'Understanding Individuals and Avoiding Conflicts – Building People – A Societal Boon' by Dr. Samuel N. J. David, Senior Manager and Head Department of Hospital Management and Ms. Sonia Valas, Assistant Manager, Hospital Management.

The workshop was a time of learning for all the participants. Such workshops will provide students with an opportunity for students and staff to develop their interest and skill in the area of hospital administration and health systems management, a much needed skill for healthcare professionals.

CNE conducted on the theme “Isolation Precautions: Challenges and Changes”



The Departments of Medical Nursing and CNE & Research, College of Nursing conducted a workshop titled “Isolation Precautions: Challenges and Changes” on December 5, 2018. There were fifty five participants at the workshop. During the inaugural session Dr.Selva Titus chacko, Dean, College of Nursing and Dr. Premila Lee, Nursing Superintendent gave their felicitations and appreciated the department.

The morning sessions included topics such as disease burden modes of transmission, standard precautions, specific protection, barrier and reverse barrier techniques, infection control measures and occupational safety, health education and home care . These were followed by four skill stations on the use of PPE, cough hygiene and sputum collection, blood spill management and biomedical waste disposal. The Tamil Nadu Nurses and Midwives council awarded six credit hours for this workshop.

Memorandum

Dr. Vinoo Mathew Cherian, Professor is appointed as Head of Orthopaedics Unit-I, with effect from 4th January, 2019 until further notice.

Congratulations!

• **Dr. Deepak Thomas Abraham**, Professor and Head, Department of Endocrine Surgery for having delivered the Dr. Santok Singh Award Endowment lecture 2018 on “Challenges in Practicing State of the Art Endocrine Surgery in a Resource Limited Setting” at the ASICON 2018 held at Chennai on 28th December 2018.

• The following participants won prizes at the International Society of Nephrology Conference 2018 held at Bhuvaneswar on 21st December, 2108 :

Dr. Anjali Mohapatra, Professor, Department of Nephrology has won the second prize for the paper presentation "Does Platelet Function; as measured by Platelet Function Analyser-200 (PFA 200) Predict Risk of Post Renal Biopsy Bleed in CKD Stage G 4 and 5 Patients? - A Prospective; Observational Cohort Study."

Dr. Joshua, Sr. Registrar, Department of Nephrology won the second prize in poster presentation on "A Rare cause of post Transplant PUO".

Obituaries

• **Mr. Raveendran**, retired Hospital Attendant Gr.I, PMO (R.P), husband of Mrs. Santha Raveendran, retired Sr. Nursing Auxillary, CSSD and father of Ms. R. Sara Jasmine, Staff Nurse, Nursery on 6th December, 2018.

• **Mrs. Hepsibah Walter**, mother of Ms. Naomi Nancy, Junior Lecturer, College of Nursing on 25th December, 2018.

• **Dr. Joyce Siromoni** (*nee* Kamalini) (MBBS batch of 1948) went to be with the Lord on 2nd January, 2019. Dr. Joyce Siromoni was a pioneer on a revolutionary method of working with and treating mentally ill patients. She was the moving force behind the Halfway home in Bangalore and Paripurnata in Kolkata. She leaves behind her husband Dr. Paul Siromoni, her daughter Amita Nair, son Naveen Siromoni, son-in-law Das Nair, daughter-in-law Hazel Siromoni and grandchildren, Pallavi and Poorvi Nair and Sana Siromoni.

The funeral service was held at 11.00 am on January 3, 2019 at Methodist Church Annanagar. Chennai.

For those who would like to get in touch with the family, the contact details of her daughter Ms. Amita Nair are given below: Mobile: +919840013582, Email: nair.amita@gmail.com

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Situations Vacant

1. Senior Resident with MD (Paediatrics) with two years experience in Paediatric Nephrology for the Department of Paediatrics Unit-II (Paediatric Nephrology)

Salary scale : As per institutional rules.

Accommodation provided (subject to availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail princi@cmcvellore.ac.in on or before **January 13, 2019** for item 1.

2. Staff Nurses B.Sc. and Diploma (only female) to work in a project on term appointment basis under the Department of Infectious Diseases

Qualification : Diploma / B.Sc. Nursing.

Salary : Project scale.

Accommodation not provided.

Apply with biodata, photograph, certificates, testimonial/s and references to the Dean, College of Nursing, Christian Medical College, Vellore - 632 004 on or before **January 19, 2019** for item 2.

3. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri-632 106 invites applications for the following post of Nursing Tutor Gr.IV.

Qualifications : B.Sc. Nursing with 2 years experience.

(only female candidates need to apply).

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R & LC., Karigiri" addressed to the Director, SIH-R & LC., Karigiri, Pin - 632 106.

Last date for receipt of applications is **January 12, 2019** for Item 3.



CMC NEWSLINE

Vol.No.55 No.29 FOR PRIVATE CIRCULATION ONLY JANUARY 14, 2019



*The Lord is my strength and my shield; my heart trusts in him, and I am helped.
My heart leaps for joy and I will give thanks to him in song.*

Psalm 28:7

Dr. Noel M. Walter retires



Dr. Noel Walter, Professor and Head of the Department of Forensic Medicine retired on 27th December 2018 after twenty years of continuous service in CMC Vellore. An alumnus of the MBBS Batch of 1975, he spent most of his life in CMC (his parents, Dr. Adolf and Dr. Sylvia, his brother Dr. David Walter, and his wife Dr. Vrisha Madhuri are also alumni). His son Ajit is an engineer. In 1988 he obtained his postgraduate qualification in Pathology from CMC and was employed as Junior Lecturer in the Department of Pathology for three years. From 1991 to 1998, he worked in the UK and also completed his MRCPATH exam. Upon his return to India he rejoined the Pathology Department, where he served for four more years. In 2002, he moved to Forensic Medicine, fulfilling an institutional need for permanent Senior Faculty and remained there until his retirement.

Dr. Walter was instrumental in developing Forensic Medicine from a small teaching service into the fully independent and substantially larger department that it is today. During his tenure, faculty with postgraduate qualification in Forensic Medicine were inducted into the department for the first time. Apart from strengthening the teaching of the subject, this endeavour also added a much needed service component to the department's profile, specifically the medico-legal management of victims of sexual abuse and forensic autopsies on cadaver organ donors. On the academic side, Dr. Walter skillfully managed and expanded the department's E Learning Website for medical students.

Despite his commitment to Forensic Medicine, Dr. Walter continued to be active in diagnostic surgical pathology until his retirement, readily providing a consultation service on

Special Prayers: January 13 - 19, 2019

Anaesthesia :

Dr. Sajan Philip George and Staff
Dr. Tony Thomson Chandy and Staff
Dr. Ramamani M. and Staff
Dr. Raj Sahajanandan and Staff
Dr. Ekta Rai and Staff

Operation Theatre:

Dr. Gahukamble Abhay Deodas and Staff
Mrs. Florence Segaran and Staff

SICU & HDU : Dr. Subramani K. and Staff
Dr. Premila Lee and Staff

Christian Assemblies in India

Council Members: Adv. Raju M. Koshy
Dr. Samson K. Sam

Hospitals: Tiruvalla Medical Mission,
Sankeshwar Mission Hospital,
Women's Hospital, Ambajipeta,
Narsapur Christian Hospital and others

Sunday Services : January 20, 2019

6.00 pm : **Scudder Auditorium**

AHS Baccalaureate service

6.30 pm : **Hospital Chapel**

Dr. Babeesh Chacko

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Gladwin Kanapur

4.30 pm : **Chittoor Chapel**

Rev. Mani Bhushan Das

Memorandum :

Dr. Indira Agarwal, Professor of Paediatrics, is appointed as Head of the Division of Child Health with effect from 10th January 2019 for a four year term.

an almost daily basis particularly in bone and soft tissue pathology, his area of special interest.

He is an excellent surgical pathologist with expertise in every area of pathology. Well-known for his fastidious attention to detail and meticulousness, his reports were perfect to the point of having not only morphological detail but references to justify his diagnosis. The years of extensive reading have made him a

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walking encyclopedia of pathology. Not only can he recall every possible morphological variant of a pathological entity, he can back up his claim by producing an article which describes the entity. His other contributions to the Department of Pathology include developing a fine needle aspiration cytology service (an outcome of his postgraduate thesis), supervising the introduction of genetic (PCR) tests for tumours, taking the lead in preparing various documents for NABH accreditation, reporting renal and neuropathological biopsies at times of departmental need, coordinating the teaching of laboratory technicians and helping to start integrated and problem based learning for medical students. For the last 10 years he has also been involved in several research projects in the Centre for Stem Cell Research.



Dr. Noel is a keen athlete and a talented violinist. He is extremely accommodating, approachable, humble and generous, with a great respect for his colleagues across all age groups. Dr. Noel is a person of integrity who has been a mentor and an example to many of his colleagues in the department. Christian Medical College is grateful to Dr. Walter for his years of dedicated service and wishes him all the very best as he starts a new phase of his life.

Founder's Day Celebration

On 10th December 2018, the 148th birth anniversary of Dr. Ida S. Scudder, the founder of CMC was celebrated. The commemoration began with a Thanksgiving Service in the Hospital Chapel. Professor Dr. Immanuel Sampath Karl, former Professor, Paediatric Surgery gave an inspiring message on the occasion. Later that day the Founder's Day programme was held at the New Examination Hall at 4.00 pm.

Seventy seven staff who retired during the year and eight staff who passed away in service were honoured for carrying on the vision of Dr. Ida and for their dedicated service to the institution. Seventy staff were also honoured with Exemplary Service Awards for their integrity, courage and service beyond the call of duty. Mr. Sunny Kuruvilla, Former Head of Purchase Department was the Chief Guest for the occasion and he emphasized on the uniqueness of our Institution in his address. Mr. Sunny Kuruvilla and Mrs. Jijiyamma presented the certificates to the retired staff and the following special awards.

Dr. Thomas Koshi Award went to Ms. Amsavalli D.N. (Radiology), Dr. K.M. Eapen award went to Mrs. Margaret Stella (Rehab. Institute), Best Hospital Attendant Award to Mr. Pushparaj (Medical Ward) and the Best Hospital Housekeeping Attendant Award to Mrs. Dhanalakshmi (Q1 West ward). Dr. Ida B. Scudder Essay Competition Award was bagged by Mr. R. Palani (Nephrology). The Founder's Day Sports Awards were also presented on the occasion by Dr. Balaganesan, Physical Director.

Mr. Arthur Sadhanandham, former staff from Medical ICU responded on behalf of the retired staff.



Ms. Amsavalli D.N. -
Dr. Thomas Koshi Award



Mrs. Margaret Stella -
Dr. K.M. Eapen Award



Mr. Pushparaj -
Best Hospital Attendant Award



Mrs. Dhanalakshmi -
Best Housekeeping
Attendant Award



Mr. R. Palani -
Dr. Ida.B.Scudder Essay
Competition Award

Workshop organised by the ReAct Asia Pacific in association with the Department of Infectious Diseases

ReAct Asia Pacific, in association with the Department of Infectious Diseases hosted a workshop titled 'Sensitization and Training on Antibiotic Use and Stewardship' from 17th to 19th December 2018. After the formal launch of the Kerala Antimicrobial Resistance Strategic Action Plan (KARSAP) on 25th October 2018, ReAct Asia Pacific was requested to sensitize and train pharmacologists on optimizing antibiotic use and antibiotic stewardship in human sector. In relation to this, this workshop was organised which was attended by thirteen pharmacologists representing eight government medical colleges in Kerala.

The workshop began with an introductory session on AMR by Dr. Sujith Chandy, Head ReAct Asia Pacific and Professor Department of Clinical Pharmacology. During the session he discussed about the Global, National and Kerala action plans for AMR. Dr. Priscilla Rupali, Head of the Infectious Disease Department, presented sessions on the concept of Antibiotic Stewardship Programme (ASP) and the various strategies under ASP with different case scenarios.

Following this were discussions on various topics such as drivers of AMR, Antibiotic use studies from India, Antimicrobial resistance-Global and Indian Scenario, creating antibiograms, framing institutional antibiotic policy, Hospital-Acquired Infections (HAI) and Infection Control, Hand hygiene and surgical prophylaxis, metrics in antibiotic use, Drug Utilization Research (DUR), Drug and Therapeutics Committee and antibiotic prescription audit.

In addition to this faculty from the department of Clinical Pharmacology explained the role of TDM (Therapeutic Drug Monitoring) and pharmaco-metrics in optimizing antibiotic use, PK-PD of antibiotics and quality control in laboratory. The workshop concluded with a brainstorming session on the type of projects that could be initiated for implementing KARSAP. The participants will be reporting to the Kerala government for further follow-up.

Obituaries

• **Dr. Shanta Noble** (*nee* Modak) (MBBS batch of 1954) wife of Dr. Jeyaseelan Noble (MBBS batch of 1954) on 21st December, 2018.



After graduating from CMC, Dr. Shanta worked in Mission Hospitals in R.K. Pet and Madurai. The family moved to the U.S. in 1965. Dr. Shanta specialized in Pediatrics at the University of Maryland. She also did a fellowship at the Women's medical college in Philadelphia. She practiced in New Jersey, most of her professional life was spent at the Trenton Psychiatric Hospital, where she practiced general medicine. After her retirement in the year 2000, Dr. Shanta volunteered her services at the Health Link Clinic in Pennsylvania. She was also a volunteer at the Red Cross Organization.

Dr. Shanta was a woman of strong Christian faith and led a disciplined spiritual life. She was a loving and devoted wife, mother and grandmother. The family moved to California in 2018 to be close to their daughter. She had a prolonged illness which she bore with faith, hope & dignity. She passed away with all her family surrounding her. A Memorial service was held at the Aptos United Methodist Church on 27 December 2018 and a Celebration of Dr. Shanta's life was held on 4th January, 2019.

• **Mrs. Rajeswari Pandian**, retired Instructor, Department of Clinical Microbiology, wife of Mr. Paul Pandian and mother of Mr. Anandan and Ms. Ramya on 7th January, 2019.

- **Mr. G. Arunachalam**, retired Selection Grade Hospital Attendant, Wellcome Trust Research Laboratory. He is survived by his wife, Mrs. Saroja and sons Mr. Sundaramoorthy, Clerk Typist in Principal's Office, Mr. Kothandamoorthy, Hospital Attendant - Q3, Mr. Narasimhan, Hospital Attendant - Operation Theatre and grand daughter, Mrs. A. Vaitheeswari, II Year, Ophthalmometry on 7th January, 2019.
- **Mrs. R. Kripaveni**, wife of Mr. R. Selwin Ramaraj, mother of Mr. R.S. Babu, Clerk-Typist, M.S. Office and Mother-in-law of Mrs. Helen Amilita Charge Nurse in KNICU on 10th January, 2019.
- **Mrs. Salomy Elizabeth**, mother of Mr. S. Nobel Kumar, Artisan, Environmental Engineering Department on 11th January, 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Situations Vacant

1. Project Assistant for the Department of Paediatric Othopaedics

Job Code : 1279

Qualification : B.Sc. MLT / M.Sc. Biotechnology.

Mode of appointment : Project mode.

Salary : As per institutional rules.

Accommodation not provided.

2. Research Fellow for the Department of Wellcome Research

Job Code : 1280

Qualification : M.Sc. Medical Microbiology, Medical Biochemistry, Medical Lab Technology, Microbiology, Applied Microbiology.

Mode of appointment : Project mode.

Salary : As per institutional rules.

Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **January 25, 2019** for Items 1 and 2.

Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.

3. Administrative Assistant Gr.V for the Department of Infectious Diseases

Qualification : Graduate + 1 year PGDHA (or) 5 years' experience in CMC.

Salary : As per institutional rules.

Preference will be given to Computer Science Graduate with working experience in Research Projects.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **January 18, 2019** for Item 3.

Making a Difference - Duncan Hospital (Emmanuel Hospital Association)

JANUARY 21, 2019



A day in Duncan

It was yet another regular Monday morning in Duncan. I, walking about with the young and excellent consultants in Medicine, Anesthesia / Critical care and Paediatrics... me, not doing much but just being around.

As we walked into casualty, there was this 50-year, obese male, in encephalopathy and taking very shallow breaths. A classic and clear patient with Obstructive airways disease and possibly an additional Obesity hypoventilation syndrome in respiratory failure. Some surgeon in a nearby nursing home had taken the risk of doing a surgery on such a high-risk patient and now he had come in with respiratory failure. His complex blood gases started of a series of conversations. **Should we intubate and ventilate, if we ventilate, would he ever come out, or should we wait on NIV alone? If he does not come out of ventilation what would the next step be?** Finally, after much consideration, the Anesthetist turned critical care specialist, decided for NIV (Noninvasive Ventilation) only.

We walked into the ICU and my colleague the anesthetist, showed me another patient. An 80-year- old lady with obstructive airways disease, with type 2 respiratory failure on NIV with blood gases not showing much change despite NIV. **Question of what to do next? With no home oxygen support, no other systems affordable, what would you do to this patient who is from a nearby leprosy colony? Send her off for palliative care or give more time?**

The next bed was a young lady who had presented in severe pulmonary edema and full-term pregnancy 2 weeks prior. Our team had managed to immediately ventilate her and do a LSCS and save the mother and child. An echo had showed a Peripartum Cardiomyopathy. **She had gone home well**, and some where in the local hospital they had pushed in fluids and she **was back in cardiogenic shock and severe pulmonary edema**, recovering on ventilation.

Before I moved out of ICU, I joined the Pediatrician. She was struggling to sort out the complex endocrinological challenge of managing a 12-year-old child who had undergone a cranio-pharyngioma surgery at CMC Ludhiana 40 days prior to this. The Child has been presenting with hypokalemic paralysis, acidosis, a Central Diabetes Insipidus, (CDI) has a TSH of 34 and very low Cortisol. She was struggling with the question - **what were we dealing with?** A single diagnosis of Pan hypopituitarism or multiple diagnoses of Pan hypopituitarism with Primary hypothyroidism, RTA, and CDI?

As I moved to the medical ward, we started talking about another lady, whom we were struggling with. Severe deforming Rheumatoid arthritis, Thyrotoxicosis and an intractable vomiting that was not getting controlled with any anti emetics and preventing her from taking any tablets for the underlying diseases. She was refusing an endoscopy, husband was not willing to accept the diagnosis of Thyrotoxicosis, because **the thyroid swelling was from birth as per him, and not significant, did not have money nor the willingness to take her for further evaluation.**

We continued to talk about a patient whom we had just referred off, one unusual presentation amid the many hyponatremias we see, due to steroid abuse. This elderly man with severe hyponatremia, thought to be due to steroid abuse, like the many others but having a **carcinoma head of pancreas, and hyponatremia being a para neoplastic syndrome.**

Before I moved out into OPD, there were couple of more patients that caught my attention. A young girl being treated for the last 2 years as TB with multiple courses of ATT, admitted for evaluation. Quick clinical evaluation by the consultant has clinched the diagnosis – a Progressive systemic sclerosis, with Bronchiectasis, Cardiac and Esophageal involvement, **missed in the multiple centers she had visited. At the same time the family unwilling to continue treatment, the moment they knew she had a chronic illness, unwilling to spend any more money on a girl!**

Then there was this 40-year-old man who had presented with seizures, now recovering in the ward, **with no family around – left alone.** Turning out to be Stage IV HIV infection with pulmonary TB and possibly Toxoplasmosis (no CT possible because of lack of support systems) with a CD4 less than 15 with the **Medical team trying to sort the medical, the social and other complexities of managing such a patient with no support systems.**

As I was walking to the OPD my WhatsApp bleeped... an X-ray for opinion. A girl child who had a **chest wall injury one month back** brought in with an effusion on one side and encysted pneumothorax on the other side, question of how many ICDs to put and where. The fluid turned out to be “old blood” one side! **Neglected for more than a month because being a girl child?**

Reaching OPD, a young man was waiting with a recent onset “hyperpigmentation of face and sclera” and a family history of a brother having same problem. Was it just a congenital problem or something like Alkaptonuria? By then a staff was waiting – with history of recurrent parotitis and dry mouth, asking what tests she should do to rule out a Sjogren’s...

All these in a single day....

Why am I writing this? I hope some where some Internal Medicine or Paediatrics resident or consultant would read this and decide to take a detour from their planned career directions. To come over and experience the thrill of clinical medicine and paediatrics management in a resource limited setting like this. And may be through that exposure, decide to spend some time learning, teaching and caring in a context that needs clinicians to care for a community that cannot go elsewhere, for such complex problems!

-A senior consultant at Duncan

The 'Making a Difference' series will be a monthly publication to highlight the lives of patients and staff in our many Mission Hospitals.

CMC NEWSLINE

Vol.No.55 No.30 FOR PRIVATE CIRCULATION ONLY JANUARY 21, 2019



Train a child in the way he should go, and when he is old he will not turn from it.

Proverbs 22:6

Mr. B. Silas Mault Jayakumar retires



Mr. B. Silas Mault Jayakumar, Associate Superintending Engineer retired from Electrical Department on 14th January, 2019 after 37 years of dedicated service in the Institution. He joined CMC in the year 1981 and worked in Electrical Department under various supervisory capacities.

He has executed many major and minor projects in the Town Campus as well as other Campuses of CMC. During his sabbatical leave, he worked in the Ministry of Health Hospital in Kuwait as Electrical Engineer.

His wife, Mrs. Beulah Grace has worked as an English teacher in various institutions in Vellore. They are blessed with two children and a grand daughter. His son Joshil works as a business analyst with an oil company in Pune. His daughter Sophia is presently working in Canada.

The Institution is thankful for the many years of sincere service rendered by Mr. Silas and wishes him all the very best in his future endeavors.

Special Prayers: January 20 - 26, 2019

Accounts : Mr. Robby Pria Sundersingh and Staff

Internal Audit : Mr. Francis A. and Staff

Andhra Evangelical Lutheran Church

Council Members:

Most Rev. Dr. K.F. Paradesi Babu

Dr. Lalitha F. Chikkala

Hospitals: Baer Christian Hospital, Chirala, Ruth Sigmon Memorial Lutheran Health Centre, Guntur and others

Arcot Lutheran Church

Council Member: Mr. P. Franklin Joseph

Hospital: Danish Mission Hospital, Tirukoiloor and others

All India Association for Christian Higher Education

Council Member: Fr. Joseph Puthenpura

Australian Board of Vellore CMC

Council Member: Dr. Stephen Aseervatham

Sunday Services : January 27, 2019

6.00 pm : **Scudder Auditorium**
Dr. Adeline Sither

6.30 pm : **Hospital Chapel**
Dr. Selva Titus Chacko

5.00 pm : **Friendship Chapel, KPTR Campus**
Mrs. Elsi Caleb

4.30 pm : **Chittoor Chapel**
Rev. Mani Bhushan Das

Welcome :

Dr. Arun Paul, Associate Professor, Dental Unit-I, on his return from study leave.

4th International Conference on Birth Defects-ICBD 2018



The Department of Medical Genetics organised the 4th International conference on Birth defects (ICBD) from 13th to 15th December, 2018. The conference was organised in association with the 5th Annual Conference of the Society for Indian Academy of Medical Genetics (SIAMG) and supported by Genomic Medicine Foundation (UK).

The inaugural programme commenced with an opening prayer followed by a welcome address by Dr. Sumita Danda, Professor and Head, Department of Medical Genetics. The Chief Guest for the event was Professor Dian Donnai, Manchester, UK. The other dignitaries present were Dr. J.V. Peter, Director, Dr. Vinay

Continued on Page 2

Oommen, Vice Principal, Dr. Prasad Mathews, Medical Superintendent and Dr. Madhulika Kabra, AIIMS Delhi, president of SIAMG, Professor Dhavendra Kumar, Cardiff, Wales, UK, Dr. Shubha Phadke SGPGIMS Lucknow, former President IAMG and Dr. Ashwin Dalal, Hyderabad, India.



ICBD 2018 was organised with the aim to provide a platform for scientists, clinicians and academicians to communicate and exchange crucial updates in clinical genetics and genomic technologies on the theme of birth defects in genomic era. The main conference was followed by workshops on cancer genetics, current trends in cardiovascular disorders, genetic counselling and CME on rare diseases which shed novel insight into the clinical and molecular perspectives of diseases and management. There was a quiz programme on rare diseases. The delegates from different institutions presented their clinical / research work through oral and poster sessions and awarded with prizes. The conference was a great success and the program was awarded thirty CME credit points by the Tamil Nadu Dr. MGR Medical University and 18 CPD credit points (Category I - external) by the Federation of the Royal Colleges of Physicians of the United Kingdom.

CME on Musculo-skeletal Imaging organised by the Department of Radiology

The Department of Radiology conducted a CME on 'Musculo-skeletal Imaging' on 8th January, 2019. The speaker was Dr. Naveen Parasu, a musculoskeletal radiologist affiliated with McMaster University, Canada. Dr. Naveen covered topics related to wrist, shoulder and hip imaging. He also shared his experience regarding the role of platelet rich plasma in therapy of tendon and joint abnormalities. The CME was well attended by doctors of CMC and Vellore sub-chapter of IRIA.



Workshop on Cystic Fibrosis (CF)



On 5th January 2019, a workshop was organized by Cystic Fibrosis CF care team (Paediatric Respiratory Services) for training doctors in clinical management of CF. The participants were invited from different teaching and non teaching hospitals from South India.

The invited faculty for this workshop included

Dr. S.K. Kabra (AIIMS, Delhi), Dr. Grace Paul, Nationwide Children's Hospital, Columbus, Ohio, USA, Dr. Ramanathan, PSG, Coimbatore and Dr. Antony Terrance, GKNM Hospital and member of the CF care team at CMC Vellore.

Congratulations!

Dr. Amol Madave, 2nd year Fellow in Paediatric Nephrology received the 1st prize for his Oral Presentation entitled, 'The Dividends of Genomic Discovery in Paediatric Nephrology : A Single Centre Experience'.
Dr. Rajdeep Pal, 2nd year Fellow in Pediatric Nephrology received the 2nd Prize for his Poster Presentation entitled "Childhood Nephrotic syndrome in the Era of next generation sequencing" during the Renal Winter Symposium held from 10th to 12th January, 2019 at CMC, Vellore.

Retirement



Mrs. Kochumary George, Sr.Gr. Nursing Auxiliary, retired on 31st December, 2018 after serving this institution for forty years. After completing her 'Hospital Auxiliary' trainee course from Nursing Service, She was appointed as Hospital Auxiliary in 1978 CMC, Vellore and worked in S ward and R ward. From July 1981 she began to work in the private block, old M ward and continued to work in A Block till her superannuation. She is a calm and hardworking person who plans and completes her work on time.

Her husband Mr. George, is a retired Construction Technician in Saudi. Her daughter Mrs. Gima George is married to Mr. Bony Mathew, who is also a B.Sc. Nurse working in Karithas Hospital, Kottayam.

CMC community thanks Mrs. Kochumary George for her long service in this institution and wishes her God's blessings on her retired life.

Exemplary Service Awards 2018

The following Exemplary Awards were given during the Founder's Day celebration which was held on 10th December, 2018. The awards were given as a token of appreciation for their exemplary dedication and unique service which are qualities that adhere to the ethos of the institution.



Mrs. Anitha
Sel. Gr. Pharmacist
OPD Pharmacy



Dr. Anna T. Valson
Professor
Department of Nephrology



Ms. Anuradha R.
Secretary Gr.III
Department of Endocrinology

Obituaries

• **Mr. M. Kesavelu**, retired Technician, Department of Clinical Microbiology on 11th January, 2019.



• **Dr. Mariamma Jacob** (*nee* Kurien) (MBBS batch of 1961) on 11th January, 2019. The funeral service will be held on 15th January, 2019 at Ebenezer Marthoma Church, Othara East, Tiruvalla. Dr. Mariamma Kurien was one of the quietest in the class. After completing her church obligation, she continued to work in Mission hospitals. She spent several years in the TMM mission hospital in Tiruvalla working under Dr. Paranjothie, former Professor and Head of Obstetrics & Gynaecology. She then worked in a few small mission hospitals in Central Kerala and was greatly loved by her patients because of her dedicated service. She is survived by her husband Rev. A.P. Jacob, children Mr. Pothen Jacob, Dr. Naveena Jacob and Mr. Kurien Jacob.

Continued on Page 4

For those who would like to get in touch with the family, the contact details of Rev. A.P. Jacob are given below:
Mobile: +91-9845426487, Email: pothen21@gmail.com

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Situations Vacant

1. Special Teacher / Psychologist Gr.V with M.A. (Psychology) / Master of Rehabilitation Science (MRSc) / M.Ed Special Education for the Department of Psychiatry (Nambikkai Nilayam).

Salary scale : As per institutional rules. Accommodation not provided.

Job description : Assessment and training of children with Developmental Disabilities.

2(a) Senior Resident with MD (General Medicine / Pulmonary Medicine / Anaesthesia) Preferably with IDCCM / IFCCM for the Division of Critical Care Medicine (Medical ICU / HDU)

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2(b) Assistant Professor with MD General Medicine / Pulmonary Medicine / Anaesthesia + 2 years special training in Critical Care or DM in Critical Care Medicine). Preferably with IDCCM / IFCCM for the Division of Critical Care Medicine (Medical ICU / HDU)

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

3. Senior Resident Gr.III with MD (Dermatology) for the Department of Dermatology Unit-I

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

4. Senior Resident with MS (General Surgery) for the CMC Vellore Chittoor Campus

Salary : As per institutional rules. Accommodation provided (subject to availability).

5. Assistant Professor for the Department of Paediatrics Unit-I (Paediatric Haemato. Oncology).

Qualification : DM or FNB in Paediatric Haematology-Oncology).

Salary : As per institutional rules. Accommodation provided (subject to availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail princi@cmcvellore.ac.in on or before **February 02, 2019** for items 1, 2(a), 2(b), 3, 4 and 5.

6. Medical Faculty to work in CMC Chittoor Campus :

6(a) Senior Resident / Assistant Physician / Associate Physician / Associate Professor / Physician with D.Ch/ MD / DNB (Paediatrics)

6(b) Senior Resident / Assistant Physician / Associate Physician / Physician with DVL / MD (Dermatology)

6(c) Senior Resident / Assistant Surgeon / Associate Professor / Associate Surgeon / Associate Professor / Surgeon with MS / MD / DNB / DGO (Obstetrics and Gynecology)

6(d) Senior Resident / Assistant Physician / Associate Physician / Physician with MD (Radiology)

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> link : "Vacancies" or email to dir.chittoor@cmcvellore.ac.in with all testimonials and certificates on or before **January 28, 2019** for items 6(a), 6(b), 6(c) and 6(d).

7. Staff III Graduate Technician for the Wellcome Trust Research Laboratory

Qualifications : Graduate with one year In service Training. Preference will be given for those who have experience in Cell Culture, Neutralization assays, real time PCR. Candidates who have laboratory experience in handling clinical trials / environmental surveillance samples will be given additional priority.

One male candidates need to apply. Salary scale : As per institutional rules. Age limit : 35 years.

Job description : To work in Wellcome Trust Research Laboratory.

8. Optical Dispensary Trainee for the Department of Ophthalmology

Qualifications : H.Sc (+2) with Diploma in Optometry or equivalent. Preference will be given to candidates with good inter-personal skills and customer relationship.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Stipend : As per institutional rules. Period of training : One year. Age limit : 30 years.

Job description : Will be trained in the running and management of Optical dispensary to improve skills in marketing and sales of spectacles.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **January 28, 2019** for Items 7 and 8.

Know your Department-Library Services

JANUARY 28, 2019



The Genesis and Development of the Department of Library Services



Madam Gertrude Dodd

Genesis: The services of the Department of Library started its humble beginning in the Department of Nuclear Medicine at the Hospital campus with very limited books and journals in the year 1940. **Madam Gertrude Dodd** was attracted by the mission work of Dr. Ida Scudder and left the comforts of her home to join Dr. Ida and served here for three decades. Therefore the Library has been aptly named as Dodd Memorial Library in honor of her dedicated service.



Dr. Edward Gault

The Library witnessed a swift and significant development each year ever since its nascent stage since 1940.

1942: The collection of faculty publications began at the library which was followed by the introduction of the Monthly Index Medicus and Cumulative Comprehensive Index Bibliographic Tools to locate the articles.

1947: Establishment of the Microfilm Service Unit

1965: Relocation of the hospital library building to the second floor of the OPD building.

1987: Introduction of the Reprographic Facility with a new Panaprint Copycat Xerox Machine ECX303 Mark II which was later replaced with Zoom Modi Xerox Machine.

1981: Members were allowed to carry their personal books to the library; CMC being the first of its kind to introduce such a measure.

1989: Relocation of the College Hill Library to its present location. The library was renamed as the “Gault Library” in memory of the Pathologist **Dr. Edward Gault**.

1989-1991: Installation of ‘Medline’, the National Library of Medicine (NLM) bibliographic database on CD / ROM and later a Video Unit.

1992: Relocation of The Dodd Memorial Library which was housed in the 2nd Floor of OPD Block to the 1st and 2nd Floor of the ASHA Educational Building.

1998: Extension of the Internet and Email Facility at Dodd Memorial Library.

2002: Introduction of the Electronic Journal Access and Wifi.

2005-2008: Introduction of Computer laboratories in both the Dodd and Gault libraries and usage of Barcoded Identity cards for the whole CMC Students Community.

2008: Introduction of E-resources through EZ-proxy by the off-campus online access for assisting the faculty travelling out of station and to the Mission Hospitals to access the network.

2010: Installation of surveillance cameras.

2016: This year saw a significant milestone in the developments of the libraries. The Radio Frequency Identification (RFID) system was introduced.

The application of Information Communication Technology (ICT) has brought dramatic changes in the library services. The library website was integrated with LinkOut, a unique service that allows direct links from PubMed. This gives a count of full text articles available in CMC portal apart from PubMed central which is a free full text database of NLM, USA.

There has been a voluminous growth of published documents in the recent past. By using Dspace software the library has taken the effort to collect all the published articles with the full text and the Inter Library Loan system was introduced and MoUs signed with DELNET, New Delhi, Q-Med Knowledge Foundation, Mumbai, to avail the unavailable articles. The Online Public Catalogue Access (OPAC) is an additional feature of the library service.

Electronic resources like e-books, e-journals and databases were introduced eventually. Besides the main libraries, resources are procured from more than 50 departmental libraries, with proper inventories. The library provides statistical data to all the Inspection agencies like MCI, Tamil Nadu Dr.MGR Medical University, and other National, Regional and State level agencies. Data is also provided to the media of the country which involves in National Ranking of the Institutes.

The department has also been quite busy with organising various academic events. Three remarkable workshops and conferences at regional and international level were organised. A workshop on Greenstone Digital Library in 2007, a regional conference on “Scientific Writing” in 2015 and an international conference on Libraries Beyond Borders” in 2017. A pre-conference proceeding with ISBN was published during the International conference.

Library services are open till midnight with access to all services. There is no doubt that the CMC Libraries provide a conducive environment for education and research. The staff in the library is well equipped to serve the readers and thus joining hands in fulfilling the great vision of the founder Dr.Ida Sophia Scudder in building the kingdom of God by supporting education, research and patient care.



Dr. D. Joyson Soundrarajan
Head, Library Services

Please visit the Library website and make use of the e-resources: <https://dodd.cmcvellore.ac.in/>

CMC NEWSLINE

Vol.No.55 No.31 FOR PRIVATE CIRCULATION ONLY JANUARY 28, 2019



Take delight in the Lord and he will give you the desires of your heart. Psalm 37:4

Winter Symposium 2019



The Winter Symposium 2019 was conducted by the Department of Nephrology from 10th to 12th January 2019 with the theme “Renal Medicine – Pushing the Boundaries”. The international faculty present at the symposium were Dr.Sundaram Hariharan, USA, Dr. Jeremy Chapman, Australia, Dr. Christie Thomas, USA, Dr. Christopher Chan, Canada, Dr.Dominic Raj, USA, Dr. Prasad Devarajan, USA, Dr. Kashani K, USA, Dr. Rajiv Khanna, Australia, Dr.Andrew Bentall, USA, Dr. George T. John ,Australia, Dr. Mariam Priya Alexander, USA and Dr. Andrew Kassianos,Australia.

The resource persons from India were Dr.Vivekanand Jha, Dr. Georgi Abraham and Dr. Lloyd Vincent. At the inaugural function, the Chief Guest, Dr. Cherian Varghese, co-ordinator, management of

non-communicable diseases at the World Health Organisation and post-graduate alumnus of CMC made a lively presentation on ‘WHO's strategy for tackling non-communicable diseases epidemic’. The guest of honour was Rev. Fr. Davis Chiramel who through his foundation, the 'Kidney Federation of India', has inspired thousands to engage in altruistic donation of kidneys and to pledge their organs for donation. He exhorted the audience to serve others and to enjoy the happiness and self-respect that arises out of such service each day.

The pioneers of kidney transplantation in India, Nephrologist Dr. K. V. Johny and urologist, Dr. Mohan Rao, who did the first successful live kidney transplantation in India, at CMC Vellore, in the year 1971 were honoured. Dr. Vivekanand Jha, President Elect of the International Society of Nephrology spoke about ‘chronic kidney disease

Special Prayers: January 27 - February 02, 2019

Ida Scudder School: Dr. G. Daniel and Staff

Balavihar School: Mrs. Manju Christopher and Staff

Campus Kids Corner : Mrs. Ann Arul Dhas and Staff

College Hill Nursery School: Mrs. Susheela and Staff

CSI Karnataka Diocese Hospitals: CSI Hospital, Bangalore, CSI Bethel Mission Hospital, Gadag. CSI Holdsworth Memorial Hospital, Mysore and others

CSI Krishna - Godavari Diocese

Hospital: CSI Vathsalya Hospital, Vijayawada and others

Friends of Vellore, Sweden Council Member : Dr. Sven Andreasson

Sunday Services : February 03, 2019

6.00 pm : Scudder Auditorium Mr. Samson Varghese

6.30 pm : Hospital Chapel Rev. Dr. T. Arul Dhas

5.00 pm : Friendship Chapel, KPTR Campus Mr. Lipoktemshi

and renal research milieu in India’ while former Head of the Department of Nephrology, Dr. Chakko Korula Jacob, patron of the Winter Symposium, gave a fascinating overview of 'celebrating five decades of renal transplantation at CMC'.

A time-capsule was also instituted during the inauguration where memories of Dr. K.V. Johny, Dr. Mohan Rao, Dr. Meschach

Kirubakaran and Dr.Chakko Korula Jacob and choice photographs of yesteryears were kept in the time capsule for the perusal of future generations. Other attractions of the Winter Symposium included quizzes for the nephrology post-graduates and medical students, poster and oral presentations.

An important added attraction of the Winter Symposium was the CMC Nephrology alumni reunion on the evening of 11th January, which brought back fond memories and was an absolute delight to behold.



Course in Postgraduate Diploma in Medical Law and Ethics



CMC has been engaging with the Faculty of the National Law School of India University (NLSIU), Bengaluru over past several months to conduct a Post Graduate Diploma in Medical Law and Ethics (PGDMLE) course for its Faculty and Staff. On 14th January, 2019, a facilitated PGDMLE course conducted by NLSIU was inaugurated at the Jacob Chandy Hall, Paul Brand Building.

This PGDMLE is conducted by the Distance Education Department of NLSIU whereby enrolled scholars attend three rounds of contact classes here in CMC along with a dissertation and an examination

(comprising 4 papers) at the end of the course.

At the inaugural programme, the Vice Chancellor of NLSIU, Professor R Venkata Rao offered felicitations and remembered with immense gratitude how CMC successfully treated his father in the seventies for a malignancy. Dr. Arpitha HC, Assistant Professor, NLSIU gave an outline of the course. Dr. Alexander Thomas, PG alumnus of CMC and present Executive Director of Accredited Healthcare Providers of India, himself a PGDMLE scholar, addressed the gathering highlighting the need for awareness of legal issues among the medical fraternity. Mr. Nitin Kadam the Business Head of Edchemy Solutions initiated the scholars into the use of the NLSIU distance learning website. Dr. Priya Abraham Associate Director (Medical) welcomed the gathering and Dr. Vikram Mathews Associate Director (Admin) and Acting Director emphasized the need for CMC to have trained faculty in this field.

The coming together of CMC and this premier Law School for this facilitated course is the first of its kind in India. It is hoped that more Faculty and Staff will enrol for the PGDMLE in the next couple of years.

A milestone from the Department of Gastroenterology

A landmark was achieved on 19th November 2018 when the Department of Gastroenterology successfully performed an endoscopic ultrasound guided gastro-enterostomy for the first time in South India. The procedure was carried out on a patient who had an inoperable pancreatic cancer with duodenal obstruction. A special lumen apposing metal stent (Hot-AXIOS™) was used to create the anastomosis between stomach and jejunum bypassing the area of narrowing. This was done under general anesthesia and the patient could be initiated on oral feeds within 48 hours of the procedure. As of date, the patient has been doing well. The procedure was performed by the team led by Dr. Sudipta Dhar Chowdhury (Professor, Gastroenterology) with anaesthesia support provided by Dr. Anand Babu M (Senior Resident, Anaesthesia). The team is grateful to the Departments of Radiology, Medical Oncology and Haematology for their valuable input towards the management of this case. This procedure is expected to benefit similar patients for whom surgery may not be an option.

Events from the MCI Nodal centre



The MCI Nodal centre for National Faculty Development, conducted the 13th MCI Revised Basic Course workshop from 7th – 9th January 2019 followed by the 10th One Day Sensitization Programme for Attitude, Ethics and Communication Module (AETCOM) on 10th January 2019.

The objectives of the programme were to sensitize the participants to the implementation of the competency based Attitude, Ethics and Communication AETCOM Module which is to be implemented as per MCI Directives. The programme aimed to train the trainers to capacitate medical educators of the 23 affiliated medical colleges under the MCI –Nodal Centre.



This programme is credited with CME Credit hours from Tamil Nadu Medical Council.

Exemplary Service Awards 2018

The following Exemplary Awards were given during the Founder's Day celebration which was held on 10th December, 2018. The awards were given as a token of appreciation for their exemplary dedication and unique service which are qualities that adhere to the ethos of the institution.



**Mr. Davith Sathananda and
Mr. Sampath Kumar**
Hospital Attendants
Trauma Ward



Mrs. Clara Christina J.
House Keeping Attendant Gr.IV
MTS IV Ward



Mr. Collin Sathia Selvakumar
Hospital Attendant Gr.II
P.M Office Relief Pool

To be continued....

Obituaries



• **Dr. Jeyalakshmi R. Adiga** (nee Govinda Rao) (MBBS batch of 1963) on 12th January, 2019 in USA. She is survived by her husband, Dr. Ramesh Adiga, daughter Ms. Mala, sons Mr. Shekar and Mr. Sridhar and their families.

• **Mrs. Grace Rebacca**, wife of Mr. O. Abraham, Hospital Attendant, Department of Pharmacy and mother of Ms. Hepzi Jeba Kiruba and Ms. Sheeba Sharon on 20th January, 2019.

• **Mr. James Jeyakumar**, retired Teacher of Voorhees School, husband of Mrs. Anba Arasi James, father of Mr. Samuel Prasanna Vinoth Kumar, Senior Occupational Therapist in CHAD and father-in-law of Mrs. Grace Rebecca, Lecturer in Biostatistics on 20th January, 2019.

Continued on Page 4

- **Mr. S. Jacob**, retired staff, Electrical Department, father of Mr. J. Anbarasu, Senior Anaesthesia Technician, Main OR and father-in-law of Mrs. Kanchana Anbarasu, MCTT on 21st January, 2019.
- **Mrs. D. Devanesam**, mother of Dr. D. Devakumar, Associate Professor, Nuclear Medicine, mother-in-law of Dr. J.B. Jeeva and grand mother of Mr. Jeshu and Ms. Jisha on 22nd January, 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Situations Vacant

1. Senior Resident with MD Pathology from a recognized University for the CMC Vellore Chittoor Campus
Salary Scale: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

The CMC Vellore Chittoor laboratory is in need of consultants who will be responsible for the laboratory operations functioning under the department of Transfusion Medicine, CMC Vellore. The lab functions as a core lab providing 24x7 services to the patients at CMC Vellore Chittoor hospital and performs a wide variety of clinical pathology, haematology and basic microbiological and virology tests. There is also a Technician Training program being offered from this laboratory.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam Vellore - 632 002, email: princi@cmcvellore.ac.in on or before **February 09, 2019** for Item 1.

2. One year “Clinical Occupational Therapist post” for the Department of PMR (OT)

Eligibility : BOT Graduate from a recognized College / University. Should have completed six months of rotatory internship.

Experience : Less than 4 years after internship completion.

Age limit : Less than 30 years.

Monthly stipend : Rs.9620/-

Accommodation not provided.

Last date for submission of applications is **February 12, 2019** for Item 2.

Apply with resume, including dates of work experience, contact numbers, postal address and email ID and Photocopies of work experience and other relevant certificates to the Principal, Christian Medical College, Bagayam Vellore - 632 002.

3. Post-doctoral fellow for the Department of Haematology

Job Code :1281

Qualification : Ph.D. with Life Sciences. Mode of appointment : Project mode.

Salary : As per institutional rules.

Accommodation not provided.

Job description : To work in the Clinical Haematology Lab, under project mode for one year.

Download applications from www.cmchaematology.org/careers.php and send the soft copy to haemedu@cmcvellore.ac.in or hard copy to the Principal, Christian Medical College, Bagayam Vellore - 632 002, on or before **February 08, 2019** for Item 3.

Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.

4. Staff II Neuro Technician for the Department of Neurological Sciences

Qualifications : B.Sc. in Neuro Electrophysiology with one year Internship or B.Sc. with two year Diploma in Neuro Electrophysiology.

Stipend : As per institutional rules.

Age limit : 35 years.

Job description : To work in Neuro Electrophysiology Lab. in rotation through Electroencephalography, Nerve conduction studies, Evoked potentials, and also when required in Autonomic function tests, Polysomnography and Transcranial Magnetic Stimulation.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: “Vacancies”. **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **February 11, 2019** for Item 4.

CMC NEWSLINE

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I am with you and will watch over you wherever you go, and I will bring you back to this land. I will not leave you until I have done what I have promised you.

Genesis 28:15

Dr. K.S. Jacob retires



Dr. K.S Jacob, professor of Psychiatry, retired on 1st February, 2019 after over thirty years of service in CMC, Vellore. Dr Jacob completed his schooling in Hyderabad and joined the institution as a medical student in 1976. He completed his DPM in 1986 and MD in Psychiatry in 1989 at CMC, Vellore and joined the department as member of the faculty in 1989. He spent three years in the Institute of Psychiatry, London, UK, on study leave on an International fellowship of the Wellcome trust and obtained a Ph.D. from the University of London in 1999. He headed Unit-I of the Department of Psychiatry between 2006 and 2012 and was the head of the Department of Psychiatry from 2007 to 2011. He worked in Sydney, Australia between 2012 and 2014 while on sabbatical leave.

An excellent clinician and teacher, Dr.Jacob has guided and mentored postgraduate trainees in psychiatry. He has been a postgraduate examiner in several universities in India. Dr. Jacob's interest in the teaching of psychiatry to medical students from a primary care perspective resulted in a book and the modification of the undergraduate teaching curriculum in psychiatry. A renowned researcher, he has published extensively in psychiatric journals, both national and international. His special areas of interest include insight and explanatory models of illness, dementia and suicide and his research has influenced current understanding of these topics. He has carried out several research projects funded by CMC as well as external agencies such as the Department of Biotechnology, the Indian Council of Medical Research, the World Health Organization, the Wellcome Trust,

Special Prayers: February 03 - 09, 2019

Chaplaincy:

Rev. Ananthi Arputha Mary and Staff

CNI Synod - The Synodical Board of Health Services

Council Members: Mr. Joshua C. Rathnam
Rt. Rev. Dr. Probal K. Dutta

Hospital: St. Stephen's Hospital, New Delhi,
Lady Willingdon Hospital, Manali.
Kristiya Seva Sansthan Sarenga, West Bengal and others

Christian Service Society of Bengal, Orissa and Bihar

Christian Mission Service, Germany

Council Member : Dr. S.R. Banerjee Jesudason

Christian Medical Association of India (CMAI)

Council Member : Dr. Bimal Charles

Sunday Services : February 10, 2019

6.00 pm : **Scudder Auditorium**
Dr. Rabin Chacko

6.30 pm : **Hospital Chapel**
Nursing Baccalaureate Service

5.00 pm : **Friendship Chapel, KPTR Campus**
No Service (Due to Nursing Baccalaureate Service in Hospital Chapel)

4.30 pm : **Chittoor Chapel**
Rev. Mani Bhushan Das

Welcome :

Dr. Samuel George Hansdak, Professor, Department of Medicine Unit-IV, on his return from study leave.

Dr. Rajadoss M, Associate Professor, Department of Urology Unit-I, on his return from study leave.

the International Center for Alcohol Policy and the Schizophrenia Research Foundation. He is the recipient of several awards and orations including the Fr Lourdu Yedanapalli Medal for Research from CMC as well as the Dr. Vidyasagar Award from the Indian Council of Medical Research for outstanding contributions to mental health research in India. Dr. Jacob has been a member of many governmental

Continued on Page 2

and scientific advisory boards such as the National Task Force on Suicide Behaviour of the Indian Council of Research, the National Rural Health Mission, the Planning Commission of India as well as a member of the World Health Organization's International Advisory Group for the Revision of the International Classification of Diseases, Mental and Behavioral Disorders. Being a prolific writer, he was on the editorial board of several publications, and has published widely in national and international psychiatric journals as well as in other medical journals, the Hindu newspaper, the Economic and Political Weekly and the Maitri. He is a Fellow of the Indian Psychiatric Society as well as the Royal Colleges of Psychiatrists in the UK and Australia.

Dr. Jacob has been an active member of the CMC community and served as the Resident Warden of the Men's Hostel for several years. An avid cyclist, bird watcher and gardener, his interest in plants and trees has culminated in a huge collection of photographs and information on the vegetation in the campus. Dr. Molly, his wife, is Professor of Biochemistry at CMC, Vellore. Their daughter, Amitha, is completing her post-graduation in General Medicine and son-in-law, Abhinav is Assistant Professor at the department of Psychiatry. As he moves to the next phase of his life, CMC thanks Dr. Jacob for a lifetime of dedicated service and the immense contributions he has made to his department and institution and wishes him the very best for the future.

Dedication of new facilities at the Mary Verghese Institute of Rehabilitation



The dedication of the Golden Jubilee floor, Golden Jubilee ward and other expanded facilities in the Mary Verghese Institute of Rehabilitation took place on the 25th January 2019, with a prayer of dedication by Rev. Pearson. Dr. Raji Thomas, Professor and Head, Department of PMR welcomed the gathering. This was followed by felicitations by Mr. Barkos Warjri, IAS, Chairman, CMC Vellore Association and Dr. J.V. Peter, Director, CMC. The vote of thanks was proposed by Dr. Judy Ann John.



The Golden Jubilee floor was inaugurated by Mr. Barkos Warjri, IAS and Dr. Sunil Chandy, Former Director and the Golden Jubilee private ward by Dr. J.V. Peter, Director and Dr. Suranjan Bhattacharji, Former Director. The new Paediatric ward and therapy facility was opened by Dr. Johnny Oommen, Vice Chairman, CMC Vellore Association and Dr. Prasad Mathews, Medical Superintendent. The existing Private wards were renovated and Dr. Suranjan Bhattacharji, Mr. Ebenezer Sunderraj, General Superintendent and Dr. Premila Lee, Nursing Superintendent declared it open. The Library was expanded with contributions from the Mary Verghese fund through the Vellore CMC Foundation and was inaugurated by Dr. Honorine Ward, Chair, Vellore CMC Foundation and Dr. Anna Pulimood, Principal. With the new facility, the bed strength in Rehabilitation Institute has been increased to hundred with expansion of all therapy facilities. The new floor and other renovations were undertaken as part of the Golden Jubilee celebration of the Rehabilitation Institute which was opened by Dr. Mary Verghese on the 26th November, 1966.



Release of a Special Postal Cover

To mark the Centenary Year of Medical Education, the Department of Posts has brought out a Special Postal Cover. The Special Cover was released by Shri K. Somasundaram, Director (Mails and Business Development), Office of the Chief PMG, Tamil Nadu Circle, Chennai on January 18, 2019. Shri Somasundaram presented the First Copy of the Special Cover to the Director, Dr. J.V. Peter. Special Covers were also presented to the Principal, Dr. Anna B Pulimood, the Nursing Superintendent, Dr. Premilla Lee, the General Superintendent, Mr. Ebinezar Sundarraj, the Council Secretary, Dr. Solomon Sathishkumar, and to Mr. C. Tamil Vannan, Founder and Secretary of the Philately and Numismatics Association of Vellore. Also present on the occasion were Shri. N. Govindaraj, Superintendent, Vellore HPO and Shri P. Komal Kumar, Senior Post Master, Vellore HPO.



Obituaries



• **Miss Mary George**, fondly known as Kochamma was born on 13th February, 1931 in Punnavey, Kerala to devout Christian parents. At a very young age of nine, she began to feel her connection with God and has ever since been faithful in her calling. After her schooling she joined CMS College, Kottayam for her higher studies and later the Union Biblical Seminary, Yavatmal. After completing her Bachelor of Divinity, she joined as a chaplain in CMC on 1st July, 1961 and since then till her retirement in 1991 and even after that she has been a source of inspiration for all. She was the first theologically trained lady chaplain in CMC. Her ministry had a deep personal touch which made a lasting impact in the hearts of many. In all her interactions and sermons, she brought forth the values and ethos of CMC. Her presence was felt everywhere within the portals of the institution, she would pray and counsel students, patients and anyone who is in need. She was an expert at organizing retreats for all occasions. Spiritual songs, comforting verses and personal anecdotes used to be some of her effective tools during her spiritual care.

Kochamma was very popular among the patients. Their fears and anxieties regarding surgeries or difficult procedures were allayed by her prayers, healing touch and pastoral presence. Her spiritual nurture continued to be with the patients, even after their discharge from the hospital. She was awarded the 'DW Mategaonkar Award', by the Christian Medical Association of India for her sacrificial, committed and exemplary chaplaincy ministry in 1998. Retirement from service did not diminish the spiritual fervor from Kochamma. She continued to live her life of service and has been a source of inspiration and strength for many; from various walks of life.

On 21st December 2018, the Lord took her away to be in her everlasting home. In her passing, she has left the institution devoid of a unique person, who was a true exemplification of the life of Christ. CMC remains grateful to God for the life and ministry of Ms. George.

• **Mrs. Christina Sundari Walter**, wife of late Mr. Henry Walter received her home call on 20th January, 2019 at the age of 97. The couple, both nursing staff who were serving at CMCH was deputed to Kavanur Rural Health Centre (present RUHSA) in 1950. Mrs. Sundari Walter is remembered by some of the elders in the community as the midwife always on-call, traveling in a bullock cart with kerosene lantern, day or night everyday for almost 15 years. They were pioneers in the development of the rural health care for the community of Kavanur under Dr. Ponniah and Dr. Roberts. Also, it was with their initiative the present CSI Church, Kavanur was planted way back in 1969. The children have been continuing to support the work of RUHSA including the refurbishment of chapel in 2009 and the proposed construction of community college. She is survived by her children, Anne, BBC Kumar, Caroline, David, Elizabeth and Franklin and sons-in-law, daughters-in-law and grandchildren, all of whom live in New Jersey. Her wake was held in Union Funeral Home (1600 Stuyvesant Ave, Union, NJ 07083) on Friday January 25th and funeral was held in Asian Indian Christian Church (172 Springfield Ave, Berkeley Heights, NJ 07922).



• **Dr. Dhyanchand V. Charles** (MBBS batch of 1981) on 27th January, 2019 in Bengaluru. He went on to do his MD in Paediatrics in CMC Ludhiana and was in private practice in Bengaluru. Known for his sense of humor and generous spirit, he was loved by all those who knew him. The funeral service was held at St. Mark's Cathedral on 28th January, 2019 followed by the burial at Hosur Road Cemetery Gate No.1. He is survived by his wife Mrs. Namitha Charles and children Vineeth and Sanjana.

• **Dr. Edwards Alfred Samuel** (MBBS batch of 1973) on 28th January, 2019. Dr. Alfred was cheerful and optimistic, full of life, always ready with a story or two. There was never a dull moment with him around. He was a Basketball player and Cricketer of CMC in the 1970's. He did his service obligation at WFPM Hospital in Wai, Maharashtra and went on to work in Tanzania for two years before returning to India. He then spent a few years with CMAI, then moved back to Mumbai where he was working with a private concern. He collapsed suddenly on the 28th January 2019 and could not be resuscitated. He is survived by two children Namrata and Harshad. The cremation took place on 29th January, 2019 at 4.30 pm at Shivaji park crematorium, Mumbai. For those who would like to get in touch with the family, the contact details of his family are given below: Ms. Namrata, Mobile: 9930436855, Email: namrata.edwards@gmail.com Mr. Harshad, Email: harshadjedwards@gmail.com



• **Mrs. Sarasa**, wife of Mr. Nallamuthu. R, retired Senior Clerk, R-Ward, mother of Mr. Gopinathan N, Hospital Attendant, Department of Medicine Unit-II on 28th January, 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Admission Notice

Balavihar Kids Corner and Play Groups (Balavihar & Sunset) : Application forms and prospectus for admission to Balavihar Kids Corner (Junior) and Playgroups (Balavihar & Sunset) for the year 2018-2019 will be available at Balavihar on payment of Rs.150/- from **11th - 22nd February, 2019** between 1.00 pm to 4.00 pm.

Balavihar Kids Corner : Children of CMCH staff, who have completed 2½ years by May 31st, 2019 and not more than 3 years by June 1st 2019, are eligible to apply. Priority will be given to children residing in the Hospital Campus. Parents residing in the Hospital Campus, whose child will complete 2½ years by November 30th, 2019 and would like to admit their child, also must apply now. Parents will be intimated if and when a vacancy arises after child completes 2½ years.

Play Group (Balavihar & Sunset) : Children of CMCH staff, who have completed 1½ years by May 31st, 2019 are eligible to apply. Priority will be given to children residing in the Hospital / College Campus. Parents residing in the Hospital / College Campus, whose child will complete 1½ year by November 30th, 2019 and would like to admit their child, also must apply now. Parents will be intimated if and when a vacancy arises after their child completes 1½ years.

Note : The last date for submission of completed application forms along with a photocopy of the child's birth certificate is February 22nd, 2019 by 4.00 pm.

Situations Vacant

1. Assistant Professor for the Paediatric Intensive Care Unit, Department of Paediatrics

Qualification : DM or FNB in (Paediatric Critical Care).

Salary : As per institutional rules. Accommodation provided (Subject to availability).

2. Senior Resident / Assistant Professor with MD (Radiation Therapy) for the Radiation Oncology Unit-III

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Experience : Should have at least one year teaching experience as (Asst.Professor) in any MCI recognized teaching institution.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail princi@cmcvellore.ac.in on or before **February 16, 2019** for item 1 and **February 09, 2019** for item 2.

3. Medical Officer for the CMC Vellore Chittoor Campus

Qualifications : MBBS with 9 years experience (or) MBBS + Diploma + 7 years recognized appropriate experience.

Salary : As per institutional rules. Job description : To work in CMC Vellore Chittoor Campus.

4. Technician Trainee for the Operation Theatre

Qualifications : H.Sc. (Those with higher qualification need not apply). Stipend : As per institutional rules.

Age limit : 30 years. Nature of job : To work in the theatre sterile supply units and shift duties will be apply.

5. Staff III Pharmacist in the Pharmacy Services

Qualifications : D. Pharm / B. Pharm. Candidates with typing and computer skills will be preferred.

Appointment will be given only for Pharmacists who have registered in the Tamil Nadu State Pharmacy Council and who are doing or completed 1 year traineeship in the Department of Pharmacy.

Those who applied in the last one year need not apply. Salary scale : As per institutional rules. Age limit : 35 years.

Job description : Dispensing of Drugs, Charging the prescription and receiving cash.

6. Social Worker Gr.V (Project) (or) Sr. Health Educator Gr.V (Project) for the CMC Vellore Chittoor Campus

Qualification : MSW / MA (Social Work / Sociology) / M.Sc. (Medical Sociology) (or)

Qualification : Master's degree + Diploma in Health Education / Health Promotion.

Salary : As per institutional rules. Accommodation not provided. Age limit : 35 years.

Job description : To work in project mode in CMC Vellore Chittoor Campus.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **February 11, 2019** for Items 3, 4 and **February 18, 2019** for Items 5 and 6.

7. Health Centre Auxiliary to work in Jawadhi Veerapanur Clinic of CHAD Programme

Only female candidates need to apply. Resident of Jawadhi Hill, Tribal area.

Qualification : 12th Std. with Diploma in Health Assistance.

Apply with biodata, photograph, certificates, testimonial/s to the Dean, College of Nursing, Christian Medical College, Vellore - 632 004 on or before **February 9, 2019** for Item 7.

CMC NEWSLINE

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I lie down and sleep; I wake again, because the Lord sustains me. Psalms 3:5

The Allied Health Sciences Graduation Ceremony 2018-19



The Allied Health Sciences Baccalaureate Service was held on Sunday 20th January 2019, at the Scudder Auditorium, College Campus. The theme for the service was “TSUR” – God, my Rock and my Refuge. The solemn service was attended by the graduates, parents, staff and students. Rev. Dr. Arul Dhas, Department of Chaplaincy, led the gathering with an inspiring message, which urged the young graduates to commit their lives to work for the poor and needy in the spirit of Christ.

The AHS Graduation Ceremony 2018-19 was held at Scudder Auditorium on 21st January 2019 at 4.30 p.m. Dr. Kavita Narayan, Technical Advisor, Human Resources for Health and Skills for Health, Ministry of Health and Family Welfare, Government of India, New Delhi, addressed the

231 graduates from 38 different courses. She emphasized the important role of Allied Health professionals in providing brilliant and efficient health care ministry in India.

The Director, Dr. J.V. Peter chaired the function and the Principal Dr. Anna B. Pulimood awarded the degrees and diplomas. The prize winners received their awards from the Chief Guest. Ms. Jeby Raja Jesura (Student President, ASHA), felicitated the graduates and Ms. Florida Selus and Ms. Taniya Mary Chrisostom responded on behalf of the graduating students.

The colourful, yet solemn function was followed by an excellent dinner. The success of the Baccalaureate Service and Graduation Ceremony was due to the whole hearted support and effort of all the faculty and students.

Special Prayers: February 10 - 16, 2019

College of Nursing
College of Nursing Library
Community Health Nursing &
Student Nurses Hostel :

Dr. Selva Titus Chacko and Staff

Asha Kiran Hospital, Lamtaput

CSI Dornakal Diocese

Council Members : Rt. Rev. Dr. V. Prasada Rao
Rev. Mrs. V. Sunanda Prasada Rao

Hospital : St. Mary's CSI Hospital, Khammam
and St. Mary's Rehab Centre, Khammam.

Sunday Services : February 17, 2019

6.00 pm : Scudder Auditorium
Special Service by MBBS Batch of 2018

6.30 pm : Hospital Chapel
Dr. Sunil Abraham

5.00 pm : Friendship Chapel, KPTR Campus
Mrs. Lakshmi Andrews

4.30 pm : Chittoor Chapel
Rev. Vijaykumar

Welcome :

Dr. Sunil J. Holla, Professor, Department of Anatomy, on his return from Sabbatical leave.

Dr. Yacob Myla, Associate Professor, Department of Surgery Unit-III, on his return from study leave.

Dr. Jolly Chandran, Associate Physician, PICU, on her return from study leave.

Memoranda :

• **Dr. Samuel George Hansdak**, Professor of Medicine is appointed as Head of Medicine Unit-IV with effect from 4th February, 2019 for a four year term.

• **Dr. Vathsala Sadan**, Professor of Community Health Nursing is appointed as Dean of the College of Nursing with effect from 23rd February, 2019 to the close of 10th June 2023 till her superannuation.



Congratulations - Dr. Mammen Chandy to receive the Padma Shri Award

• **Dr. Mammen Chandy**, alumnus of the MBBS batch of 1967 and former Professor and Head of the Department of Haematology will be awarded the prestigious Padma Shri Award, one of the highest civilian awards of the country. Dr. Mammen Chandy joined CMC in 1967, graduating as the 'Best Outgoing Student' of his batch. He then joined the Department of Medicine for his postgraduate studies, during which an interest in the field of Haematology, kindled during his undergraduate days, was further ignited. He obtained specialised training in Haematology at the Westmead Center, Sydney, Australia under Dr. Peter Castaldi, an eminent haematologist of that time.



On his return to CMC, he worked tirelessly to establish the Department of Haematology that was formally inaugurated in 1986. The first bone marrow transplant was done in 1986 and since then the bone marrow transplantation programme in CMC, Vellore is the leading programme in the country. Dr. Mammen also performed the first bone marrow transplant for Thalassaemia in the county and was instrumental in initiating the DM programme in Haematology in 1999. A testament to Dr. Mammen's fine leadership skills is the excellent team that he developed while at CMC. Following his retirement from CMC Vellore, Dr. Mammen Chandy joined the Tata Medical Center, Kolkata, as its Director and continues to serve there. The award will be conferred by the President of India at a ceremonial function which is held at Rashtrapati Bhawan usually around March / April every year.

For those who would like to get in touch with him, his contact details are given below: mammen.chandy@tmckolkata.com

State Level Workshop On 'Core Nursing Competencies in Disaster Management'



The Departments of Emergency Nursing and CNE & Research, College of Nursing conducted a state level workshop on 'Core Nursing Competencies in Disaster Management' on January 23, 2019. There were fifty four participants from six different institutions.

The focus of the workshop was to develop the competencies of nurses towards disaster management. The morning sessions included an overview of disaster management concepts and core competencies, detailed discussions on selected competencies like disaster triage, hazard identification and risk analysis, incident

command system and evacuation of critical care unit. There was a motivating presentation on the experiences of the volunteers at the Kerala flood and Gaja cyclone, which was a positive encouragement for the nurses in disaster management.

This was followed by a skill station on fire management conducted under the supervision of the Chief Fire Officer. The skill station on patient transportation during disasters was done for the first time in India by the department of Emergency Nursing. These skill stations provided an opportunity to have hands on experience and promoted confidence among the patients. The workshop was much appreciated by the participants. The Tamil Nadu Nurses and Midwives council has awarded six credit hours for the same.

Being a Good Samaritan

Dr. Babeesh Chacko, Department of Physical Medicine and Rehabilitation- Chittoor campus and Dr. Anna Tharyan, Department of Psychiatry along with the team from Udhavum Ullangal, Thirupathur were appreciated by Dr. Pravesh Kumar, Superintendent of Police, Vellore District for their efforts in the rehabilitation of a wandering mentally ill man. This man, originally from Odisha was found in the streets of Panatoor situated in Chittoor District. After six months of stay at Udhavum Ullangal, his family was traced and had their reunion on 24th December, 2018.



Congratulations!

- The **Paediatric Nephrology Division** has been successfully awarded the following partnerships by the International Society of Nephrology (ISN): **Sister Renal Centre Trio Programme** between the 3 centres-Hospital Central De Maputo, Mozambique, Christian Medical College, Vellore and University of California Los Angeles, USA. **Sister Transplant Programme** between Christian Medical College Vellore and Emory and Children's Transplant Center / Emory University.
- **Department of Cardiothoracic Surgery** performed the first video assisted thoracoscopic lobectomy (VATS), for the first time in our institution on 15th January, 2019.

Continued on Page 3

- **Dr. Divyan Samson**, Assistant Professor, Department of ENT Unit-I, won the first prize in Dr. P.A. Shah Junior Consultant award in the 14th Asia Oceania ORL-HNS Congress held at Hyderabad from 09th to 13th January, 2019.
- **Dr. Ruchi Anand**, Associate Professor, Department of Chemistry, IIT, Mumbai, has been selected for the Professor B.K. Bachhawat International Travel Grant for Young Scientists for the year 2019. The award commemorates the Late Professor B.K. Bachhawat, an outstanding scientist who joined the Department of Neurological Sciences in 1958 and developed the first Neurochemistry Laboratory in India. The award, instituted by his students, colleagues and friends, is administered by the Christian Medical College, Vellore and is open to all young scientists in India.
- **Mrs. Mary Anslum**, Sr. Secretary, Promotion and PTP Office was awarded the Best Secretary Award by Rotary Club of Vellore South. She started her career in the Institution in the year 1981 and has put in 38 years of dedicated service. She was aptly chosen, owing to her total commitment, honesty, and skill set in workplace and for her constant willingness to achieve goals and targets.
- **Mr. John Samuel J**, Selection Gr.II Radiographer has been awarded -"Best Radiographer for the year 2018" by Rotary Club of Vellore South, Vellore on 31st January, 2019.

Obituaries

• **Mr. J. Anandan**, Senior Accountant Gr.I, Purchase Section passed away on 2nd February, 2019 after a brief illness. He joined CMC in June 1987 in the Department of Internal Audit and has worked in various sections of Accounts Department. He is survived by his wife Mrs.Vasanthi who working as Child Development Project Officer in Tamil Nadu Government and daughter Mrs.Agalya who is a Post Graduate in Biotechnology. He has served CMC for 31 years.

- **Mr. Yakub Lepcha**, father of Rev. Robin Phipon Lepcha, retired Chaplain, Chaplaincy, on 7th February, 2019. Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Notice

- **American Heart Association – Basic Life Support Course (AHA-BLS) provider level course**
American Heart Association -Basic Life Support (AHA-BLS) provider level course will be held on the **18th March 2019 at the Paul Brand Building, CMC, Vellore**. This one day course is designed for healthcare providers (doctors, nurses, paramedics) and the curriculum consists of video based, interactive lectures and skills training in cardiopulmonary resuscitation(CPR), use of Automated External Defibrillator and relieve choking in a safe, timely and effective manner to all ages –Adult, Pediatric and Infants. . The number of participants is strictly restricted to 18 as per AHA guidelines. **The registration fee is Rs. 2,500/-** (cost of study materials included) and the last date for registration is **25th February 2019**. For registrations, Please contact Ms.Nitha Cathuan, Paediatric ICU or Dr. Ebor Jacob, Paediatric ICU (Phone No.0416-228-3366).
- **American Heart Association –Pediatric Advanced Life Support (AHA PALS) course**
The **AHA-PALS** course will be held on the **19th & 20th March 2019** at the Paul Brand Building, CMC. This well known Paediatric Advanced Life Support Course, accredited by the American Heart Association and American Academy of Paediatrics, is valid internationally. The number of participants is strictly restricted to 18 as per AHA guidelines. **The registration fee is Rs. 6,500/-** (cost of study materials included). The last date for registration is **20th February 2019**. This two day course is designed for healthcare providers (doctors, nurses, paramedics) who initiate advanced life care in acutely ill children, beyond basic life support, through the stabilization or transport phases of a paediatric emergency. The course consists of lectures, videos, discussions and hands - on sessions based on simulated case scenarios and aims to train the participants in early recognition and emergency management of critically ill children with an emphasis on team concept. For enquiries and registration, please contact Ms. Nitha Cathuan or Dr. Ebor Jacob, Paediatric ICU (Phone No.0416-228-3366).

Situations Vacant

- 1. Assistant Professor for the Paediatric Intensive Care Unit, Department of Paediatrics**
Qualification : DM or FNB in (Paediatric Critical Care).
Salary : As per institutional rules. Accommodation provided (Subject to availability).
- 2. Assistant Professor Gr.II with MD (Anatomy) for the Department of Anatomy**
Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution. Salary : As per institutional rules. Accommodation provided (Subject to availability).
- 3. Senior Resident / Assistant Professor with MD (Forensic Medicine) for the Department of Forensic Medicine**
Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution for the Assistant Professor post. Salary : As per institutional rules.
Accommodation provided (Partly furnished, depending on availability).

4. Senior Resident with MD (PMR) for the CMC Vellore, Chittoor Campus

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail princi@cmcvellore.ac.in on or before **February 16, 2019** for item 1 and **February 23, 2019** for items 2, 3 and 4.

5. Associate Research Officer Gr.IV (Two posts) for the Department of Wellcome Research**Job Code :1278**

Qualification : M.Sc. Life Sciences. Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **February 18, 2019** for Item 5.

Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.

6(a) Assistant Medical Officer Gr.II for the CMC Vellore, Chittoor Campus

Qualifications : MBBS + 1 year recognized appropriate experience.

Salary : As per institutional rules. Job description : To work in Chittoor Campus.

6(b) Sr. House Surgeon for the CMC Vellore, Chittoor Campus

Qualifications : MBBS with State Medical Council Registration Number.

Salary : As per institutional rules. Job description : To work in Chittoor Campus.

7. Staff III Anaesthesia Technician for the CMC Vellore, Chittoor Campus

Qualifications : H.Sc. with CMAI Diploma in Anaesthesia Technology (2 year course + 1 year internship).

Salary : As per institutional rules. Age limit : 35 years. Job description : Anaesthesia Technician.

8. Staff III HLPT Technician (Project) for the CMC Vellore, Chittoor Campus

Qualifications: H.Sc. with CMAI Diploma in Hand and Leprosy Physiotherapy Technician Training (HLPT) Course.

Salary : As per institutional rules. Age limit : 35 years. Job description : Plaster Technician.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **February 25, 2019** for Items 6(a), 6(b), 7 and 8.

9. Nurse Manager for Quality Management Cell

Qualifications: M.Sc. in Nursing. Preferably candidates with additional qualification in Hospital Administration / Business Management.

Salary: As per institutional rules. Job description: To assist in conducting audits and coordinating accreditation process and assessments.

Apply with bio-data, certificates and testimonial copies with contact phone number, email id and address to the Nursing Superintendent, Office of the Nursing Superintendent, Christian Medical College, Vellore – 632004 or by email nso@cmcvellore.ac.in on or before **February 20, 2019** for Item 9.

10. Administrative Assistant Gr.V (Project Mode) for the Office of Research in Principal's Office

Qualification : MBBS / B.Sc. Nursing / MBA. Preferably with 2 years research experience.

Salary : As per institutional rules. Age limit : 30 years and below.

Job description : Full time management of the research office including overseeing conduct of the IRB meetings, conduct of workshops and meetings including GCP, DSMB, liaison with accounts department regarding research related accounting, answering all research related queries, conducting annual research day etc., *Candidates who have already applied need not apply.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **February 16, 2019** for Item 10.

11. Ida Scudder School, Vellore - 632 006, Tamil Nadu (Affiliated to the CISCE, New Delhi).

The school invites applications for the following posts: **Primary Level Teachers in English, Tamil, Hindi and Craft**

Applicants should be trained graduates / post graduates in the respective subjects with B.Ed.

Note : All applicants should be proficient in English. Weightage will be given to applicants with teaching experience in reputed schools.

Apply to "The Correspondent" Ida Scudder School, No. 1, Kalinjur Main Road, Viruthampet, Vellore – 632 006, Tamil Nadu, on or before **21st February, 2019** furnishing the CV, latest passport size photograph, photo copies of all the necessary certificates & other related documents, and contact details in the application format available at the school website: www.scudderschool.ac.in

12. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri-632 106 invites applications for the following post of Electrician Gr.IV.

Qualifications: S.S.L.C. Passed. Two years ITI Course in Electrician with valid 'B' License issued by Tamil Nadu Electrical Licensing Board.

Minimum 3 years experience with knowledge in plumbing, mechanical and air-conditioning preferred. Age : Below 28 years.

Candidates who have studied in full time course (Not Distance Education) need to apply.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R & LC., Karigiri" addressed to the Director, SIH-R & LC., Karigiri, Pin - 632 106. Last date for receipt of applications is **February 16, 2019** for Item 12.

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The Sovereign Lord is my strength; he makes my feet like the feet of a deer, he enables me to go on the heights.
Habakkuk 3:19

Cyclothon - Edition three



The third edition of the CMC-VIT Cyclothon was conducted on 2nd February 2019 with the aim to create local awareness on the need for a pollution free Vellore. The event also focussed at promoting cycling as a healthy activity for mental health and physical fitness. The Cyclothon was flagged off from VIT at 6 am by Dr. Anna Pulimood, Principal, Mr. Sekar Viswanathan, Vice President, VIT and Dr. Deepak Abraham, Associate Director. More than 300 participants from CMC, VIT and Vellore district participated in the event. The Cyclothon ended at Paul Brand building in CMC hospital campus after covering 8 KM. Medals were given to the top ten participants by Dr. Alfred Job Daniel, former principal in the presence of Rev Dr. Arul Dhas, Dr. Vinay Oommen, Vice Principal (UG), Dr. Selva Titus, Dean College of Nursing and Dr. Deepak Abraham. Ms. Catherine Truman was specially felicitated by Dr. Alfred, for setting the perfect example by cycling every day from Bagayam to CMC for work.

All the participants were provided with refreshments and participation certificates. The event ended with a dance by the AHS students. The Cyclothon owes its success to the efforts of Mr. Richard Samuel and Dr. Anand Bhaskar, the main organisers, administration of both institutions, Chief of Security, Police, Directorate, Department of Emergency, Department of Transport, MS Office, GS Office, Rancycers cycling club, Director of Physical Education Dr. Balaganesh, ASHA and the staff and students from both institutions. The Cyclothon helped in further strengthening the co-operation and collaboration between students and faculty of CMC and VIT.



Special Prayers: February 17 - 23, 2019

Accident and Emergency Medicine :

Dr. K.P.P. Abhilash and Staff
Mr. T.S. Ravikumar and Staff

Catholic Health Association of India

Council Member: Rev. Dr. Mathew Abraham

Hospital: St. John's Medical College and Hospital, Bangalore and others

Sunday Services : February 24, 2019

6.00 pm : **Scudder Auditorium**
Dr. Kenny David

6.30 pm : **Hospital Chapel**
Dr. Zephaniah E. Antipas

5.00 pm : **Friendship Chapel, KPTR Campus**
Dr. Rabi Raja Singh

4.30 pm : **Chittoor Chapel**
Rev. Vijaykumar

Welcome :

Dr. Ravi Kishore, Associate Professor, Department of Paediatric Surgery Unit-I, on his return from Study leave.

Obituaries :

• **Mrs. Marthal Devakirubai Esther**, wife of late. Prasad Sundar Rao, Mother of late. John Vijay Kumar, Joseph Sampath Kumar and Daniel Ashok Kumar, Mother-in-law of Sajila David and Anna Daniel received her home call on 21st January, 2019 in Gujarat. She was the founder and the first trained teacher for Balavihar Nursery at CMCH when it was formed. Later she joined Voorhees Higher Secondary School and retired from there.

She was known for her sense of humor and generous spirits. She was loved by the students and staff. She was an expert in organizing spiritual play for children for all occasions. Spiritual songs, comforting verses and personal anecdotes used to be some of her effective tools during teaching student and with the family.

• **Mr. Selwin Cecil Rose**, father of Dr. Winsely Rose, Professor of Child Health-III and father-in-law of Dr. Anu Rose, Professor of Community Health, on 4th February, 2019 at Coimbatore.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

College of Nursing, Annual Sports Meet



The Annual Sports meet of the College of Nursing, held on the 2nd of February 2019 at CMC Oval Ground, Bagayam witnessed a myriad of sports events in the midst of high competitiveness, friendly sportsmanship, boisterous cheering, fun, and laughter. The event began with an invocation by students of B.Sc Nursing (III year). Mrs. Sheela Durai, the Sports Advisor warmly welcomed the gathering and Dr.Selva Titus Chacko, Dean introduced the Chief Guest, Mr. Hugh Skeil, Manager, Development Office and his wife Dr.Debbie Skeil, Department of PMR.

Following the welcome, the dignitaries hoisted the National flag, College flag and the Olympic flag. The I year Nursing students performed the March Past in a spectacular manner. The torch bearers ran with the cauldron, culminating in lighting of the Olympic torch by the Chief Guest thus symbolizing the strive for purity and perfection. The oath was administered by Ms. Praise. R. George, the Sports Committee Chairperson following which the Chief Guest declared the sports meet open.



The group activity by the II year Nursing Students set the tone for the day. The races commenced and the ground was replete with enthusiasm and cheering topped with determination, focus and tenaciousness of the athletes. There was much fun and laughter during the sports events for the faculty, office staff and children. The M.Sc. and P.B.B.Sc. students gave their best in the tug-of-war. There was much cheering as the winners of the various events were summoned to the victory stand and honoured.

Ms. Praise. R. George presented the annual sports report. Mr. Hugh Skeil addressed the gathering and exhorted them to be as active as possible, carrying the sportsmanship into their daily work, service and life and finally enhancing their spiritual life. The medals and shields were awarded to the winners and champions by Dr. Debbie Skeil. The Individual championship for men and women were bagged by Mr. Nelson J of Taylor House and Ms. Janani P of Nightingale House respectively. The Nightingale House retained their rolling shield for overall championship in sports and the march past rolling cup was won by Pitman House. Mr. Naveena Krishnan, Physical Director proposed the vote of thanks and the wonderful event reached its finale by honoring Mrs. Nirmala Manoharan on her retirement followed by a closing prayer by Dr. Shirley David, Head & Professor of Medical Nursing Department.

Curriculum Implementation Support Programme (CISP)



The MCI Nodal centre for National Faculty Development, conducted the MCI In-house Curriculum Implementation Support Programme (CISP) from 5th to 6th February 2019. The purpose of the MCI CISP is to prepare and support faculty and medical colleges in planning, implementing and evaluating the new competency based curriculum which is to be implemented from the academic year 2019 through a multi tiered approach. The Curriculum implementation Support Programme (CISP) developed by the Expert Group constituted by the Medical Council of India, provides the much needed intellectual support for colleges to transition

smoothly from the existing curriculum to the newly implemented competency based curriculum. The programme is aimed to train the trainers and capacitate Deans, Curriculum Committee Members and medical educators of the 23 affiliated medical colleges under the MCI-Nodal Centre.

Congratulations!

• The following candidates were successful in the Postgraduate M.Sc. Examination held on **October 2018** (University Results published on **07.12.2018**).

M. Sc. Biostatistics (Part-I): Mr. Mukundan S., Mr. Aman Rastogi, Ms. Aratika Ghosh, Ms. Dilshad Naseem Ara, Ms. Krishna S., Ms. Niveditha, Mr. Shivshankar S. and Ms. Sivakami Sundari S.

M. Sc. Biostatistics (Part-II): Ms. Abirami A., Ms. Meera Raveendran R.J., Mr. Mukundan S., Ms. Shalini N. and Mr. Sudipta Paul.

M.Sc.Medical Physics (Part-I): Ms. Ambily B.R, Ms. Hima Ninan, Mr. Ivin Paul, Ms. Mahima, Ms.Sarah S.

M.Sc. Medical Physics (Part-II): Mr. S. Bharaneedharan, Mr. Pranjal Srivasta, Ms. S.C. Preethi, Ms. Sibi T. Varghese and Mr. Suvankar Das.

Retirements



• **Mr. I. Victor**, Hospital Attendant Gr.I, Electrical Department retired on 23rd January 2019, after 35 years of dedicated service to the institution. He has two sons and a daughter. His elder son, Mr. V. Praveen is a Hospital Attendant in P3 ward, younger son, Mr. V. Prashil is a Carpenter in Engineering Department and daughter, Ms. V. Kiruba is a Staff Nurse in Accident and Emergency Department.

• **Mrs. Kothainayagi**, Sr. Hospital Attendant, PMO (R.P) retired on 23rd January 2019, after 33 years of dedicated service to the institution. Her son, Mr. Rajendra Prasad completed Prosthetic and Orthotics course in CMC and is working as a Tutor in Karigiri Hospital.



Mrs. Margaret Stella D., Charge Nurse Gr.I, retired on 28th January 2019 after 29 years of dedicated service to the institution. She joined as a Staff Nurse in M ward in the year 1990 after completing her GNM course from School of Nursing, CSI Hospital, Erode and a short period as Staff Nurse at Erode Hospital. She was promoted as Ward Sister of Rehabilitation Institute in the year 1995 after her Post Basic B.Sc.(N) at College of Nursing, CMC and continued to work there till her retirement. She underwent twelve weeks of Senior Training Fellowship on rehabilitation nursing techniques at Princess Royal Spinal Injuries Unit at the Northern General Hospital NHS trust in the year 1999 and was instrumental in preparing a health teaching manual for the rehabilitation unit patients along with a nurse visitor from England. She is calm, polite, and hardworking and provides good patient care and meets the psychological needs of the patient. A diligent supervisor, a prayerful and god fearing person, she maintains good interpersonal relationship with her team members and is an active participant in all events. Her husband Mr. Selvaraja is a retired Pharmacy Store Keeper in CMC, Vellore. Her daughter Mrs. Jebamary is a Diploma Nurse working as a Staff Nurse in LCECU and is married to Mr. Isreal, Diploma in Engineering, working as a Vocational Teacher in Dindigul. Her son Mr. Alfred Samuel completed his BMLT in CMC.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Obituary

Mr. A.S.V. Raghavan, retired Senior Administrative Assistant to the General Superintendent (1952-1989) passed away peacefully on the 13th of January 2019 at 90 years of age in Pondicherry. He was very passionate about CMC and grateful to have worked alongside Aunt Ida. He was ever ready to serve with a smile, whether it was just to offer a sympathetic ear or to help get permits from state and central governments for procuring equipments, accessories etc. He was known for his quick wit, humor and often times colleagues would stop by the GS Office to listen to his jokes which helped them lighten their day. Mr. Raghavan joined CMC in 1951 and was elevated to the post of Secretary to the GS in 1957. He retired as Senior Administrative Assistant to the GS in 1989. CMCH took cognizance of his services and gave him a civic reception on his retirement, an occasion that is quite rare in the annals of CMCH.



Continued on Page 4

Mr. Raghavan is survived by his wife, Mrs Pushpa Raghavan. He is the father of Dr. A.R. Srinivasan, late Dr. Vasudevan A.Raghavan and Mrs. A.R. Lakshmi. May the soul of Mr.A.S.V.Raghavan rest in eternal peace.

Visit these You Tube links for Mr.Raghavan's memoirs on CMCH

<https://www.youtube.com/watch?v=nXJ-cdwFHaU&t=10s>

<https://www.youtube.com/watch?v=Tda35Gn-mxg&t=29s>

Summer Admissions Notice 2019

Group A	MBBS, B.Sc. Nursing and Allied Health Sciences Degree Courses.
Group B	Diploma in Nursing, Diploma Courses in Allied Health Sciences, Post Graduate Diploma courses & Fellowship in Hospital Administration. M.Sc.- Biostatistics, Medical Physics and Epidemiology. MPH (Master of Public Health).

For more details refer Admission Bulletin available at CMC, Vellore website <http://admissions.cmcvellore.ac.in>
The last date for online application submission with payment is **26th March 2019**.

PLEASE NOTE: WE DO NOT ADMIT STUDENTS THROUGH AGENTS OR AGENCIES.

Important Information: "The admission process contained in this Bulletin shall be subject to any order that maybe passed by the Hon'ble Supreme Court or the High Court in the proceedings relating to the challenge to the NEET or any other statutory enactments that maybe passed by the Central or State Government."

Kindly visit the website <http://admissions.cmcvellore.ac.in> for regular updates.

REGISTRAR

Email: registrar@cmcvellore.ac.in

Situations Vacant

1. Assistant Legal Officer Gr.III (project) for Legal Cell

Age limit : 35 years.

Qualification : Degree in Law.

Salary : As per institutional Scale.

Please log on to <https://www.cmch-vellore.edu> Link: Vacancies and general application form.

Kindly download the general application and apply with bio-data, certificates and testimonials copies to the Director, Christian Medical College, Town Campus, Vellore - 632 004 or by e-mail to director@cmcvellore.ac.in on or before **February 25, 2019** for Item 1.

2. Staff III Microbiologist for the Department of Clinical Microbiology

Qualifications : B.Sc. degree with PG Diploma in Medical Microbiology with experience in Antimicrobial Susceptibility Testing techniques like MIC, MBD and Time Kill Assay. Salary : As per institutional rules. Age limit : 35 years.

Nature of Job : To work in the Microbiology Laboratory as Staff III Microbiologist.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **March 04, 2019** for Item 2.

3. Ida Scudder School, Vellore - 632 006, Tamil Nadu (Affiliated to the CISCE, New Delhi).

The school invites applications for the following posts: **Senior Level Teachers (to teach in classes 6 to 12) in English, Physics, Chemistry, Biology, Geography, Mathematics and Hindi.**

• Applicants should be trained Graduates / Postgraduates in the respective subjects with B.Ed.

Note: All applicants should be proficient in English. Weightage will be given to applicants with teaching experience in reputed schools.

Apply to "The Correspondent" Ida Scudder School, No.1, Kalinjur Main Road, Viruthampet, Vellore – 632 006, Tamil Nadu, on or before **25th February, 2019** furnishing the CV, latest passport size photograph, photo copies of all the necessary certificates & other related documents and contact details in the application format available at the school website: www.scudderschool.ac.in

4. Office Assistant for a period of 1 year for the Vidyalayam Association

Qualification : Any graduate proficient in English, Tamil and well versed in typewriting and MS Office.

Consolidated pay of Rs.10,000/- month.

Interested candidates please send their resume to vidyalayam.chairperson@gmail.com before **8th March, 2019**

Making a Difference

Hospital of the Month-Christian Hospital Bissamcuttack

FEBRUARY 25, 2019



Bissamcuttack, a village with a population of about 9000, located in Rayagada, district of Odisha is a mountainous region rich in natural resources but also plagued by underdevelopment. It was in this region that the 63-year-old Christian Hospital, Bissamcuttack (CHB) was formed in the year 1953 by Dr. Elisabeth Madsen. After reading about the pathetic and grim health situation of southern Orissa, she decided to move to the region and develop a better health care for its residents.



The 200-bedded multi-disciplinary mission hospital began in the veranda of a church in Bissamcuttack, where Madsen was seeing patients. Later as the demands grew, she was joined by Dr. Virendra Kumar Henry, a surgeon from Chhattisgarh and his wife Nancy, a nurse from Ohio in the year 1975. Together they put in several systems which eventually made the hospital self sufficient. Over the years they started a nursing school, a community health project covering more than 50 Adivasi Villages and night classes using bilingual educational methods. In 1980, a second community health project was started in Dakulguda village, by the nursing department, under Nancy's supervision. In the year 1986, the New Life English Medium School was introduced thus providing education to the people of the village.

Dr. Johnny Oommen came to CHB in the year 1987 and later in 1993 joined the Community Health Department. During that year, there were two small ongoing projects; one run by the nurses which focussed on mother and child care in nine villages. The second was a community health project, revamped and re-focussed in 1994 under the operational name MITRA – an acronym for Madsen's Institute for Tribal and Rural Advancement. In MITRA, there was a team of ten, mostly from the local people. The work included running village clinics, adult literacy programmes and tree plantation drives.

Under Dr. Johnny's supervision, the health conditions were getting better and there were visible developments in the village. The focus on education became a central factor to the betterment of the society. The MITRA team arranged for an educated tribal youth to reside in the village for a year, to run a school for children during the day and for adults at night.

The key activities of MITRA include:

MITRA Primary Healthcare Programme

MITRA Malaria Control Initiative

MITRA Training & Resource Unit (M-TRU)

MITRA Residential School, Kachapaju (MRSK)

Milla Kahini Basa: which is a playschool and day-care

MITRA Community Health Insurance Programme (M-CHIP)

MITRA's initiative for the older population and MITRA youth initiative.



What once was a poverty stricken neglected region has now flourished to be a happy and self sufficient society. CHB is now a 200-bed hospital, employing 300 staff with a School of Nursing that offers two courses has 120 students from different parts of Odisha. An average



of 15 surgeries and 10 deliveries are conducted per day, at highly subsidised costs.

CMC NEWSLINE

Vol.No.55 No.35 FOR PRIVATE CIRCULATION ONLY FEBRUARY 25, 2019

The name of the Lord is a strong tower; the righteous run to it and are safe.
Proverbs 18:10



National Conference on Safety in Healthcare, Occupation & Quality (SHOQ-CON 2019)



The Quality Management Cell, Occupational Health and Safety cell organised the “National Conference on Safety in Healthcare, Occupation and Quality” (SHOQ-CON 2019) on 1st and 2nd February, 2019. The conference was inaugurated by Dr. J. Radhakrishnan, IAS, Principal Secretary, Health and Family Welfare, Government of Tamil Nadu. In his inaugural address, he fondly reminisced on his earlier interaction with CMC during epidemics of Dengue and Swine-flu. He lauded the supportive role of CMC and NIMHANS, Bangalore, to the Government during the post tsunami days in 2004 by providing psychosocial support both to victims and the care providers. Dr. Naresh Goel, Deputy Director General, NACO, Ministry of Health and Family Welfare, Government of India spoke about 'The Quality Initiatives' by NACO. Dr. Girdhar J

Gyani, Director General of Association of Healthcare Providers (India) traced the history of the NABH Standards, outlining not only changes within the nation but opening opportunities of collaboration with other nations like Iran, Pakistan Philippines etc.

The day marked yet another milestone for CMC for being recognised by CAHO as a Centre for Quality Promotion (CQP). (CAHO) The Consortium of Accredited Healthcare Organisations is a not-for-profit society that was formed to promote and improve the quality of healthcare in India. This prestigious recognition and plaque was presented by Dr. Vijay Agarwal, President CAHO and received by Dr. Suceena Alexander, Deputy Director, Quality and Dr. Lallu Joseph, Quality Manager along with Dr. Vikram Mathews, Associate Director, Admin.

Special Prayers: February 24 - March 02, 2019

Cardiology:

Dr. Oommen K. George and Staff
Dr. Viji Samuel Thomson and Staff
Dr. Paul V. George and Staff
Dr. John Roshan Jacob and Staff
Mrs. Jasmin Anand and Staff

Cardiovascular and Thoracic Surgery :

Dr. Roy Thankachen and Staff
Dr. Birla Roy Gnanamuthu and Staff
Dr. Korah T. Kuruvila and Staff
Mrs. Jasmin Anand and Staff

CSI Kanyakumari Diocese

Council Members: Rt. Rev. B.N. Fenn
Dr. S. Rajesh Sathya

Hospital: CSI Hospital, Neyyoor and others

CSI Karimnagar Diocese

Council Members:
Rt. Rev. Dr. Prof. K. Reuban Mark
Dr. G. Sam Pavan

Friends of Vellore - Germany

Council Member: Dr. Peter Albrecht

Sunday Services : March 03, 2019

6.00 pm : **Scudder Auditorium**
Rev. Deepak Gnana Prakash

6.30 pm : **Hospital Chapel**
Ms. Saramma Kuruvilla

5.00 pm : **Friendship Chapel, KPTR Campus**
Rev. Lalbiaksanga Pachuau

4.30 pm : **Chittoor Chapel**
Rev. Mani Bhushan Das

Obituaries :

Mrs. Lilly Panchikal, mother of Dr. Nirmala Panchikal, Red Cross Clinic and mother-in-law of Mr. Reji Mathew Titus, Bio-Medical Engineer in Radiology on 17th February, 2019.

Mrs. Joyce Jayasingh, former Chaplaincy Secretary, Department of Chaplaincy, wife of Mr. Sathiya Jayasingh, retired Sr. Librarian, Chaplaincy Department, mother of Mr. Allan Jonathan, Assistant Librarian, Dodd Memorial Library and mother-in-law of Mrs. Mazrin Priyadarshni, Heritage Centre In-charge and Chaplaincy Library Trainee, on 17th February 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

CMC is the first teaching hospital to receive this status. With CMC as a Centre for Quality Promotion (CQP) other hospitals and laboratories in the region especially mission hospitals and rural hospitals situated in difficult terrains can be guided towards accreditation through technology.

Several lectures and panel discussions focused on topics ranging from accreditation and its impact inpatient care, process improvement, cost reduction, benchmarking, managing disasters, legal entanglements and healthcare professional safety. The programme was presided by Dr. Vikram Mathews, Associate Director (Admin). The Administrative Officers Dr. Prasad Mathews, Dr. Premila Lee, Dr. Chandra Singh, Dr. Priya Abraham, Dr. M.J. Paul, Ms. Ilavarasi Jesudoss chaired and spoke at the sessions. Dr. Reginald Alex set the pace for the discussions by emphasizing the importance of occupational health stating that the phrase is not “physician heal thyself” anymore, but “physician protect thyself”.

The panel discussion on safety of healthcare professionals chaired by Dr. Vijay Agarwal, President CAHO and Dr. Bimal Charles, General Secretary, CMAI, was interactive and addressed the reasons for attack on healthcare professionals and how to prevent incidents. Dr. Alexander Thomas, President, AHPI chaired a session on lessons learnt from managing disasters. The experience of handling fire incidents in general, Nipah virus epidemic in Kerala, and the extent of emergency preparedness were addressed by speakers.

The session on experiences gained from legal entanglements was chaired by Dr. OV Nandimath, Professor, National Law School of India, and the speakers from National Law School dissected and discussed many prominent consumer cases. The day ended with a colourful music-dance delight by the Medical, Nursing and Allied Health students.

The second day commenced with the session on work place monitoring for risk reduction followed by sessions on process improvement, benchmarking and challenges in implementation where speakers shared their experiences. This conference also hosted five parallel pre-conference workshops on 31st January 2019 which covered the core essence of the various aspects to achieve the benchmarks of safety and quality in health care services. The workshop on “*Implementation of NABH Pre-Accreditation Entry Level Standards*” was organised by Quality Management Cell for hospitals seeking accreditation with topics ranging from the policies, procedures required for implementing quality and safety standards towards patient welfare and organizational effectiveness. More than 140 participants especially from mission hospitals and other hospital actively participated.

The “*International Patient Safety Goals (IPSG) workshop*” for students organized by Dr. Samuel N.J. David, Head, Staff Training Department addressed patient safety related matters such as correct patient, correct procedure, good communication, risk management infection control and was attended by over 130 students.

The “*Nursing Excellence Standards for Quality Nursing Care*” was organized by the Nursing Service team focused on quality health care in the nurse-patient interphase, which involves stringent adherence to established protocols and effective communication.

The workshop on “*Food safety*” was organized by Ms. Manimegalai, Head, Department of Dietetics which aimed to bring about better understanding of food safety and the relevant guidelines governing safe practice in this area, where more than 120 students and faculty participated.



National Conference on Safety in Healthcare, Occupation & Quality (SHOQ-CON 2019)

Continued from Page 2

The workshop on “Work related Musculoskeletal Disorders among Health Care Workers” organised by Mr. Leni Vasanthan, Lecturer, Physiotherapy, addressed the ergonomic risks and hazards for workers in a hospital setting.

Along with the National conference the Quality and Safety Council meeting took place where the Department Quality Managers and Department Safety Advisors of the institution participated. Overall the conference witnessed about 900 participants from across the country. As part of the conference various competitions were held. The winners of the platform and poster competitions are given below.

- Platform Presentation : Mr. Vengadesan, Aravind Eye Hospital, Pondicherry
- Poster Presentation : Dr. B. Isabella Princess, Apollo Speciality Hospitals, Vanagaram, Chennai Staff Category and Ms. Muktha Patel C.R., JSSAHER, Mysuru.- Student Category.

The highlight of the conference is that it was managed in an eco-friendly manner by implementing no plastic no printing approach as far as possible in support of the great initiative of The Tamil Nadu Government”.



Memorandum

- **Dr. Jiji Elizabeth Mathews**, Professor of Obstetrics and Gynaecology, will continue as Head of Obstetrics and Gynaecology Unit-V for a four year term till 13th January, 2023.

Congratulations!

- **Dr. Abraham Peedicayil**, Professor, Department of Gynaecological Oncology had delivered the 51st Subodh Mitra Oration of the Bengal Obstetric and Gynaecological Society, Kolkata on Human Papilloma Virus, on 9th February, 2019.
- **Dr. Suraj S.**, Assistant Professor, General Surgery Unit-III (Upper GI Surgery) has won the third prize for the best oral presentation in the Indian Association of Gastrointestinal and Endoscopic Surgeons 2019, annual conference held at Bhubaneswar on 6th and 9th February, 2019.
- **Mr. Sanjeev Manasseh Padankatti**, Reader (AHS), Department of PMR (OT) has been conferred the Professional Excellence Award and was also inducted as Fellow of the Academic Council of Occupational Therapy (FACOT) for his contribution to the profession through clinical work, education and research, at the 56th All India Occupational Therapists' Association (AIOTA) National Conference (OTICON 2019) held at Chandigarh on 8th - 10th February, 2019 by the Governor of Punjab, Honorable Shri V.P. Singh Badnore.
- **Ms. Muppidi Grace Elizabeth**, Occupational Therapist, Department of PMR (OT) has secured the best paper award and the M.M. SANGOI Trophy in the category Ergonomics, Environment and Access for the paper titled "Burdened by the Bag-Issue of Heavy School Bags", at the 56th Annual National Conference of the All India Occupational Therapists' Associations (OTICON 2019) held at Chandigarh from 8th - 10th February, 2019.

Retirement



Mr. V. Pushparaj, Sr. Hospital Attendant, Q1 West retired on 2nd February 2019, after 34 years of dedicated service to the institution. He has three daughters. His elder daughter, Mrs. Mercy Margret is a Hospital Attendant in KN Ward.

The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.

CMC Observes Republic Day



The 70th republic day was observed by the various campuses of CMC. At the hospital campus, the flag was hoisted by Dr. Nihal Thomas, Associate Director. Dr. Prasad Mathews, Medical Superintendent gave the message at the College Campus and the flag was hoisted by Dr. Sathya Subramani, Professor of Physiology along with Mr. Abdul Latif, Chief Security Officer. At the Chittoor Campus, the flag was hoisted by Dr. Suranjan Bhattacharji, former Director.



Exemplary Service Awards 2018

The following Exemplary Awards were given during the Founder's Day celebration which was held on 10th December, 2018. The awards were given as a token of appreciation for their exemplary dedication and unique service which are qualities that adhere to the ethos of the institution.



Mrs. Divya

Sel. Gr.II Laboratory Auxiliary
Immunohaematology



Mr. Isaac R.

House Keeping Attendant Gr.I
Operation Theatre



Mr. Jayapaul B.

House Keeping Attendant Gr.IV
Hospital Maintenance

Medical Post-Doctoral Fellowships Admission-2019

Applications are invited for the Medical Post-Doctoral Fellowship Courses as given in the admission bulletin. Admission Bulletin and Application form can be accessed **only on-line at the website:** <http://admissions.cmcvellore.ac.in/>

The last date for online application submission with payment is 2nd April, 2019.

The last date for submission of supporting documents, where applicable, is 9th April, 2019.

REGISTRAR

e-mail: registrar@cmcvellore.ac.in

Notice

American Heart Association – International Training Centre (CMC, Vellore)

Pediatric Advanced Life Support (AHA-PALS) Instructor course

The **AHA-PALS Instructor** course will be held on the **21st March, 2019** at the Paul Brand Building, CMC. This well known Paediatric Advanced Life Support Course, accredited by the American Heart Association and American Academy of Paediatrics, is valid internationally. The number of participants is strictly restricted to **8** as per AHA guidelines. Those who have completed PALS provider course with a valid certificate and willing to be a part of teaching faculty only should apply. Participants will be selected as per the AHA criteria and their credentials. It is mandatory that they should do an online essentials module (~\$ 35) and attend Class room session as well. **The registration fee for the class room session is Rs.6000/-** (cost of study materials included). The last date for registration is **9th March, 2019**. For enquiries and registration, please contact Ms. Nitha Cathuan or Dr. Ebor Jacob, Paediatric ICU (Phone No.0416-228-3366).

CMC NEWSLINE

Vol.No.55 No.36

FOR PRIVATE CIRCULATION ONLY

MARCH 04, 2019



He said to them, "Go into all the world and preach the good news to all creation.

Mark 16:15

College of Nursing Graduation - 2019



On 12th February 2019, 204 Undergraduates and 94 Postgraduates of nursing crossed an important milestone in their professional journey, when they solemnly participated in the Graduation Ceremony at the Scudder Auditorium. Dr. J.V. Peter, Director, presided over the ceremony. Dr. Jayakumar Christian, Former National Executive Director and CEO, World Vision India, Chennai was the Chief Guest who in his address reminded the graduates that their calling and mission should be characterized by sacrifice that

transforms beyond healing, invested in character and integrity and founded in the deep sense of security in Christ. He urged them to move forward as ambassadors of CMC and agents of the Kingdom of God.

Dr. Selva Titus Chacko, Dean, College of Nursing in her charge to the graduates reminded them that their calling lies within their own abilities and talents to meet the need of the world around them. She encouraged them to be open throughout their professional lives, ever willing to learn whatever is new, good and ethical.

Continued on Page 2

Special Prayers: March 03 - 09, 2019

Clinical Biochemistry:

Dr. Pamela Christudoss and Staff

Biochemistry: Dr. Molly Jacob and Staff

Sunday Services : March 10, 2019

6.00 pm : **Scudder Auditorium**

Rev. John Lunn

6.30 pm : **Hospital Chapel**

Dr. Ivan James

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Patricia

4.30 pm : **Chittoor Chapel**

Dr. Sujatha

Welcome :

Dr. Viju Daniel Varghese, Associate Professor, Department of Orthopaedics Unit-III, on his return from study leave.

Congratulations :

• **Ms. Dharini S**, Staff Perfusionist in the Department of Cardio Thoracic Surgery was awarded the "M.P. Singh Meritorious Paper Award" for the best paper titled '**Simulation Based Perfusion Training in a Cost Effective Way**' at the 19th Annual Conference of the Indian Society of Extra Corporeal Technology (ISECTCON 2019), held on 22nd and 23rd February, 2019 at Mahabalipuram.

• **Ms. Dharini S, & Mr. Praveen Harry Davish** from the Department of Cardiothoracic Surgery (Perfusion Technology) won First Place in the **Frontalis Quiz Programme** conducted at the Annual Conference of the Indian Society of Extra Corporeal Technology (ISECTCON 2019).

Mrs. Nirmala Manoharan retires



Mrs. Nirmala Manoharan, Professor, College of Nursing retired on 3rd February, 2019 after thirty five years of exemplary service to the institution. She was born to devout parents who were teachers by profession. After her schooling and Pre University Degree she pursued General Nursing and Midwifery from the School of Nursing, Scudder Memorial, Hospital, Ranipet. She joined CMC

as a staff nurse in 1983 and worked in the surgical ward. She went on to do Post Basic B.Sc. Nursing in the year 1987. In the year 1990 she was promoted as Ward Sister and moved to the Maternity Nursing Department. In 2001, she successfully completed her Master's Degree in Nursing.

Mrs. Nirmala Manoharan is an excellent teacher, mentor and a perfect example to others. She is

Continued on Page 2

Dr. Chacko gave away the certificates and Dr. Premila Lee, Nursing Superintendent presented the College Pins to the graduates. Rev. Ananthi Arputha Mary, Head of the Department of Chaplaincy offered the prayer of dedication. Dr. Anna B. Pulimood, Principal, distributed the prizes and Dr. Jayakumar Christian presented the special awards.

Ms. Revathy B. was awarded the gold medal for the best outgoing student, best all-round student and the Ms. Cherian Memorial Academic Award for highest standing student award in the Diploma Nursing Programme. Ms. Anju Sunny received the gold medal for the best outgoing student, Ms. Milka Sara Thomas was awarded the best academic student and Ms. Lishma Shann Mathew L received the best all-round student award in the B.Sc. Nursing Programme. The gold medal for the best outgoing student in Post Basic B.Sc. Nursing programme was awarded to Ms. Iswarya P.

Mrs. Zirthingi R. was honoured with the Alumni Award for her lifelong contribution and tireless effort in improving nursing education and services in Christian Hospital, Serkwan, Mizoram. Mr. Zirthingi is known for her meticulous planning and organization of patient care services and exemplary teaching skills. She worked as a missionary nurse in Katmandu, Nepal for over a decade.

Ms. Steffi Sebastian and Ms. Anuja Sebastian gave the response on behalf of the undergraduate and postgraduates respectively. On 10th February a Baccalaureate service was held and Dr. Margaret Shanthi in her message encouraged the graduates to place all their hope in the Lord which will inturn renew their strength.



Alumni Award - Mrs. Zirthingi R.



Best Academic Performance B.Sc. Nursing- Ms. Milka Sara Thomas



Best Allround in B.Sc. Nursing - Ms. Lishma Shann Mathew L.



Best Outgoing & Alice Jane David Memorial Award-GNM Nursing - Ms. Revathi B.



Best Outgoing B.Sc. Nursing - Ms. Anju Sunny



Best Outgoing PBBSC Nursing - Ms. Iswarya Y.

The graduation ceremony on the whole was a time of reflection of the Lord's faithfulness and an opportunity for faculty and graduates to rededicate their lives to selfless service. Three cheers for the silver and blue!

Mrs. Nirmala Manoharan retires

compassionate, dedicated and committed to her calling. She carries with her a ray of hope even when she was burdened by personal problems and sickness. Apart from her valuable contributions to the development of the department, she has publications in National journals and has mentored and guided M.Sc. Nursing students in their dissertations. She has also coordinated religious activities, among the nursing students and the CMAI Nurses League Local Unit activities among the staff and faculty.

Her husband, Mr. Manoharan worked as a lab technician in a private entity. They are blessed with three daughters. Their eldest daughter Mrs. Levi Lansteina is married to Mr. Deva Selvamanian, Radiographer and works in Bahrain, UAE (Alumnus of the College of Nursing, B.Sc Nursing Batch of 2002). Their second daughter Mrs. Zayna Zondervenni is a research officer in Wellcome Research Laboratory and her husband Mr. Nelson Vijaykumar is a Virology Technologist at the Department of Clinical Virology. Their third daughter Ms. Witzy Wicliffia is an English Teacher at the Kingston matriculation school, Vellore.

Mrs. Manoharan is a gifted singer, talented dancer, good cook and a remarkable quiz master. Her strong faith has helped her to guide and support many of her staff and students. The CMC community thanks Mrs. Nirmala Manoharan for the dedicated service and wishes her the very best as she starts a new phase in her life.

Workshop organised by the Department of Clinical Pharmacology

The Department of Pharmacology and Clinical Pharmacology organized a Workshop in Therapeutic Drug Management, from February 12th-15th, 2019. The participants who attended this workshop included both faculty and post graduates from the Department of Pharmacology, from various states of India. The workshop was started with a word of prayer by Rev. Joji Philip and then inaugurated by the Associate Medical Superintendent, Dr. Joy Mammen. The workshop was initiated with talks where the faculty shared



their experience over the past few years in the field of Therapeutic Drug Monitoring (TDM) and highlighted the cases where the patients benefited from this TDM service. The lectures on the laboratory aspects gave an insight into the principle behind the drug assays. The following day, the participants were given hands on experience in doing a drug assay which included the blood sampling principles to be followed in TDM, different drug extraction techniques from the biological matrix, interpretation of quality controls, and the interpreting of the results that come for the laboratory. Hands on training in the handling of the pharmacokinetic data and the derivation of the pharmacokinetic parameters was also given. During the final day the clinical application of TDM in various diseases were discussed and the workshop ended with a quiz that was appreciated by all the participants. This workshop was awarded 30 credit points. It was heart warming to hear that some participants had attended the workshop to initiate TDM services in their respective hospitals. The department is extremely thankful to all those who made this workshop a success.

Dedication of Services at the CMC Vellore Chittoor Campus



On the 18th of February, 2019, the CMC Vellore Chittoor campus had its labour room inaugurated along with the newly refurbished nursery. The programme began with a prayer and a song of dedication by the Chittoor choir. The meeting was presided over by Dr. Annie Regi Head, Department of Obstetrics and Gynaecology, Dr. Sridhar, Head of Neonatology, Dr. Premila Lee, Nursing Superintendent, Dr. Selva Titus, Dean ,CON, Dr. Vatchala Sadan, Dean Designate, CON and Dr. Suranjan Bhattacharji, former Director. Dr. Daisy, Dr. Santosh, Dr. Sujatha Charles, Dr. Kishore and Dr. Premila Crystal Contributed to the programme.

The labour room has five active beds, a fully fledged perinatal ward with twenty beds and a neonatal ward with ten beds. The first active delivery was that of a breech. Eighty percent of the obstetric patients who are seen on the Chittoor campus come for their delivery to the CMC Vellore town campus. This facility is likely to lead to a significant decompression of the clinical load on the town campus for both the labour room and the nursery, considering that 30% of the patients in the town campus labour room come from Chittoor.



CME for Postgraduates organised by the Department of Nuclear Medicine



The Department of Nuclear Medicine conducted a CME programme for postgraduates on 8th and 9th February, 2019 at Paul Brand building, CMC hospital campus. This initiative was extended to Nuclear Medicine technologists as well. Eminent faculty of Nuclear Medicine were invited to deliver comprehensive lectures. There were several academically enriching sessions including principles of Radiation safety, Radiopharmacy, Clinical case discussions, Scan reading sessions and practical demonstrations.

Memoranda

- **Dr. Rajesh K**, Professor of Microbiology, appointment as Head of the Department of Clinical Virology is extended from 8th February 2019 until further notice.
- **Dr. Paul S.S. Russell**, Professor of Psychiatry, is appointed as Head of the Department of Psychiatry with effect from 1st March 2019 for a four year term.
- **Dr. Priya Mary Mammen**, Professor of Psychiatry, is appointed as Head of Child and Adolescent Psychiatry Unit with effect from 1st March, 2019 for a four year term.
- **Dr. George M. Varghese**, Professor of Medicine, is appointed as Head of the Department of Infectious Diseases with effect from 2nd March 2019 for a four year term.
- **Dr. Ravi Kishore B.S.S.**, Professor of Paediatric Surgery, is appointed as Acting Head of the Department of Paediatric Surgery Unit-I with effect from 2nd March, 2019 until further notice.

Retirement

Mr. S. Arivazhagan, Sr. Gr.III Clerk Typist, L.I.Q retired on 7th February 2019, after 21 years of dedicated service to the institution. His wife, Mrs. Shanthi is working as Clerk Typist in the Department of Transfusion Medicine and Immunohaematology .

The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.



Obituaries

- **Mrs. Assunta Francis**, retired Professor Auxilium College wife of Mr. A. Francis Sr. Consultant and Acting Head, Internal Audit Department on 24th February, 2019. Let us uphold her daughter Mrs. Divya Anand, son-in-law Mr. Anand and grandson Adrian and son Mr. Alexis Prashanth Savio and all the bereaved members of the family in our prayers.
- **Mr. Z. James Rathinam**, father of Mr. Nithiyantham J.R, Pharmacist, Manufacturing unit, Pharmacy Department and father-in-law of Mrs. Mona Nithiyantham, Pharmacist, OPD Pharmacy and on 25th February, 2019.
- **Mr. Isiah G**, father of Mrs. Jasmin Anand, Professor & HOD, Spl. Nursing II, College of Nursing, Mrs. Pricilla Roselin, Nsg. Manager, Rehab, father-in-law of Dr. Anand Manuel, Anaesthetist, CHAD, on 27th February, 2019.
- **Mrs. Sulochana**, mother of Mr. A. Parandhaman, Senior Field Worker, RUHSA on 28th February, 2019.
- **Mrs. Sarojini Bose**, retired staff, Departments of Pharmacy and Biochemistry on 28th February, 2019.



- **Dr. G. Sridharan**, Professor and former Head of the Department of Clinical Virology, CMC, passed away peacefully on 24th of February 2019 at Chennai. Dr. Sridharan, fondly known as Bobby to his contemporaries, was born to the late Mr. Gopalan and Mrs. Vijaylakshmi in Chennai on 28th of October, 1954. He spent his childhood in Chennai and Pondicherry and graduated from Loyola College, Chennai in 1974 and in 1977 completed the MSc. Medical Microbiology course and subsequently his Ph.D in 1984.

He was an excellent teacher well known for his teaching ability, particularly in the difficult subject of Immunology. His photographic memory was legendary among MSc and MD students. He underwent special training at Channing Laboratories, Harvard Medical School, Boston, USA, and at the Centers for Disease Control, Atlanta, Georgia, USA, on diagnosis of genital mycoplasma and chlamydial infections respectively. Following which he underwent two years of post-doctoral training at the Department of Molecular Microbiology & Immunology, Bloomberg School of Public Health, Johns Hopkins University, Baltimore, Maryland, USA between 1993 and 1995. On his return to Vellore, he joined the Clinical Virology Department and, following the retirement of Prof. T. Jacob John, took over the reins of the Clinical Virology Department on 4th of December 1995, a position he held until 2007.

During his tenure as head of the department, he had a clear vision for how the department was to function. His initial task was to establish the fledgling department by strengthening clinical diagnostic services for the hospital and ensuring that it became self-sufficient. Subsequently, he concentrated on research activities by registering several students towards Ph.D under the Tamil Nadu Dr. MGR Medical University.

Continued on Page 5

He was awarded Fellow of the Royal College of Pathologists (London) and Fellow of the Royal Society of Tropical Medicine & Hygiene (London) in 2005. He initiated several intramural projects and was principal and co-investigator on many extramural projects funded by the ICMR, DST and DBT. He published extensively, having more than 180 publications in national and international peer reviewed journals. He was a member of the Technical Resource Group on “Research and Development on HIV/AIDS” of the National AIDS Control Organization; the Projects Advisory Committee of the Department of Science and Technology; member and secretary of the Institutional Animal Ethics Committee; Board of Studies of Vellore Institute of Technology in Biosciences and Biotechnology; member of the Institutional Animal Ethics Committee; Institutional Research Committee and member of the Senate of the TN Dr. MGR Medical University. From the year 2002-2006, he took up the role of vice principal for research. Even after his voluntary retirement in 2009, he continued to be active as a scientific consultant for the Indian Council of Medical Research; advisor and emeritus scientist at the Department of Health Research, Sri Narayani Hospital & Research Centre, Thirumalaikodi, Vellore; Visiting Professor at Sri Ramachandra University, Porur, Chennai and the University of Vellore Institute of Technology.

Even more than his significant professional accomplishments, Dr. Sridharan was a warm, considerate friend to his colleagues, a mentor to junior faculty and students, unstintingly going out of his way to help all who were in need. He impacted the department to such a degree that all categories of staff were benefitted in some way professionally and personally by their interaction with him. A consummate gentleman who was genuine, humble, approachable, of high integrity, he led a disciplined spiritual life.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Sponsorship for Staff Children Admissions 2019 - 2020

Applications are invited from staff for sponsorship of their children for admission to the various training courses in the Christian Medical College, Vellore for the Academic Year 2019 - 2020. Forms will be available in the Directorate from 4th March, 2019 onwards. Please produce your ID Card at the time of receiving the application.

A. Eligibility: (Cl.Min.No.5188-11-79; 7449:6:93 & 9282:1-2003)

1. Only children of confirmed C.M.C staff members who:

- (a) have put in 10 years of continuous service including period of probation and are currently in service in any capacity in the Institution as on 30th June of the year under consideration; (OR)
- (b) have retired after at least 15 years of continuous service in the Institution, or have taken voluntary retirement after 25 years of continuous service; (OR)
- (c) have been discharged from service on medical grounds after at least 15 years of continuous service; (OR)
- (d) have died during service after at least 10 years of continuous service in this Institution are eligible to apply for sponsorship.

2. Legally adopted children of staff members whose adoption was finalized at least five years before the date of application are also eligible for sponsorship, subject to the above criteria.

3. Regarding a confirmed staff member who died during service to the institution and whose spouse has been given a job in CMC in place of the deceased staff member, dependent children of the deceased staff member will be eligible for CMC sponsorship if the cumulative years of service of the deceased staff member and his/her spouse (including probation and confirmed periods) exceeds 10 years; in case the child applying for sponsorship was legally adopted by the deceased staff member, the adoption of the child should have been finalised :

- (a) prior to the death of the deceased staff member, and
- (b) atleast five years before the date of application for sponsorship

B. Conditions for sponsorship of staff children (Cl. Min.5759:3-84)

- (a) Only one child from a family can be admitted in a year to any single course.
- (b) Children from the same family can, however, be admitted to different course in the same year.

(c) Sponsorship is allowed from only one sponsoring body, so children applying for C.M.C. sponsorship cannot also be sponsored by one of the supporting Churches of the Council.

(d) Where there is more than one sponsorship obtained, the one received first which satisfies the criteria will be accepted.

(e) No withdrawal of first received valid sponsorship is allowed.

Staff children, even with CMC sponsorship, must still meet the minimum academic qualifications for the courses for which they are applying. Staff are urged to check the prospectus to ensure the eligibility of their children for the various courses before submitting their applications.

Important deadlines :

4.30 pm of 27/03/2019: Last date for submitting sponsorship application forms.

4.30 pm of 30/05/2019: Last date for submission of copy of self-attested mark sheet of qualifying examination (*Please note as per Tamil Nadu Government Orders – for MBBS admission First and single attempt marks only will be considered*).

Above mentioned to be submitted to the Director, Christian Medical College, Vellore.

Situations Vacant

1. Research Coordinator for the Department of Paediatric Orthopaedics Unit Job Code : 1282

Qualification : B. Pharm / M. Pharm / D. Pharm / Ph.D in Medical Sciences / MBBS / M.D: Coordinate research and medical side; organize patient recruitment, overall maintenance of musculoskeletal lab, financial statements. A person with GCP training and prior experience with clinical trials would be given preference.

Mode of appointment : Project mode.

Salary : Rs.40,000 + 10% HRA. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff.

The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **March 15, 2019** for Item 1.

Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.

2. Social Worker Gr.V for the Department of Infectious Diseases

Qualifications : MSW / MA (Social Work / Sociology) with 5 years experience in patient counseling, to co-ordinate meeting with NGOs, Regulating the follow up's of default patient, etc. for the Department of Infectious Diseases.

Salary scale: As per institutional rules. Accommodation not provided. Age limit: 35 years.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies".

Note : Only online applications will be accepted; Hard copies will not be accepted.

Applications will close on **March 11, 2019** for Item 2.

3. Engineer Gr.IV (Project Mode) for the Mechanical Engineering Department

Qualification : BE or B.Tech in Mechanical Engineering (Only full time formal course).

Age limit: 35 years and below. Salary : As per institutional rules.

Preference will be given to candidates who have work experience in CMC.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **March 09, 2019** for Item 3.

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FOR PRIVATE CIRCULATION ONLY

MARCH 11, 2019

The fear of the Lord leads to life: Then one rests content, untouched by trouble.

Proverbs 19:23



Mrs. Harriet Jayakumari retires



Mrs. Harriet Jayakumari Senior Selection Grade Social worker, Medical Superintendent's Office and International Relation Office retired on 6th February, 2019 after 33 years of dedicated service to the Institution.

She began her career in 1986, in the Department of Clinical Virology with Dr. Jacob T. John and in the Department of Psychiatry, counselling patients and family members. She has made immense contributions by conducting AIDs awareness programmes and camps for school students, teachers and ladies of Vellore District. She also established a system for case

history collection from commercial workers, STD clinics and the women's jail.

From 2004 to 2007, she began to work with the M.S. Office and looked after the socio-economic assessment and fund raising for the poor patients. From 2008, she moved to the IRO office looking after the international patients. She was a team player; efficient and caring. She skillfully manned her office till the day of her retirement. Her Husband is Rev. Dr. Y. Isaac Magimai Doss, C.S.I. Vellore Diocese, Presbyter and Bishop's Chaplain, her daughter is working in Voorhees College as an Assistant Professor in English. Her son-in-law

Special Prayers: March 10 - 16, 2019

Biostatistics : Dr. L. Jeyaseelan and Staff

Bioengineering:

Dr. Suresh R. Devasahayam and Staff

Anatomy : Dr. Suganthy J. and Staff

Physiology : Dr. Elizabeth Tharion and Staff

CSI Coimbatore Diocese

Council Member: Rt. Rev. Timothy Ravinder Hospital : CSI Hospital, Erode.

Canadian Baptist Overseas Mission Board (CBOMB)

Vellore - Ludhiana Committee of Canada Council Member: Mr. Douglas Virgin

Sunday Services : March 17, 2019

6.00 pm : **Scudder Auditorium**

Mr. Cherry George

6.30 pm : **Hospital Chapel**

Dr. Anna B. Pulimood

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Felix Jebasingh

4.30 pm : **Chittoor Chapel**

Dr. Babeesh Chacko

Memorandum :

Dr. George M. Varghese, Professor of Infectious Diseases is appointed as Head of the Department of Infectious Diseases with effect from 2nd March 2019 for a four year term.

Mr. Prashanth Isaac, is also an Assistant Professor in Voorhees College and her son is pursuing his final year in B.D Theological Studies.

Workshop organised by the Department of Clinical Microbiology

The Department of Clinical Microbiology conducted two workshops on 'Laboratory Methods in Medical Mycology'. The first workshop was on Laboratory Methods in Medical Mycology for postgraduates from 28th to 30th January 2019. A total of twenty five

post graduates from different parts of India participated in the workshop. The external faculty were Dr. Ruth Ashbee, Adjunct faculty of the Department and Director, Ashbee Healthcare Consultancy Ltd and Dr. Lewis White, Principal, Clinical Scientist and the Head of

the PHW Mycology Reference Laboratory at the Public health laboratory Wales, Cardiff. The intramural faculty from the Departments of Dermatology and Infectious diseases led the clinical sessions. The workshop was inaugurated by Dr. Vikram Mathews,

Continued on Page 2

Workshop organised by the Department of Clinical Microbiology *Continued from Page 1*

Associate Director and Professor of Haematology. The postgraduates had integrated sessions on fungal infections affecting different parts of the body followed by hands on practical laboratory sessions as well as demonstrations on conventional techniques, antifungal susceptibility tests and molecular diagnostics in medical mycology. It received 25 credit points from Tamil Nadu MGR Medical University.



The 2nd workshop was specially designed for faculty working in the field of mycology to gain more experience in the field of Antifungal Susceptibility Testing and Molecular Diagnostics. This was conducted from 31st January to 2nd February 2019. Ten faculty from different parts of India received extensive hands on training on different Antifungal Susceptibility Tests and Molecular Methods for diagnosis of fungal infections. Dr. Biju George, Vice Principal, Research and Professor and Head of Clinical Haematology inaugurated the workshop. Dr. Ruth Ashbee and Dr. Lewis White were the external faculty for the workshop. The session received 30 CME credit points from The Tamil Nadu Dr. MGR Medical University.

World Diabetes Day 2018-19



In commemoration of the World Diabetes Day 2018-19, the Department of Endocrinology, Diabetes and Metabolism at CMC had conducted a series of events namely Cookery Competition, Nursing Quiz, Medi Quiz, Essay Writing Competition in English and Tamil, Painting competition, Teacher's Quiz, Exhibition and Poster Competition, Video clipping competition, and Self Composed Dance competition targeted towards school and college students around Vellore city from October 2018 to February 2019. The valedictory ceremony for the year long celebrations culminated in a challenging dance competition.

The dance competition for this year was on two themes, "Diabetes and Foot Disease" for the schools and "Diabetes and smoking: Control One and Quit the Other", for both schools and colleges. The event was graced by the esteemed presence of Dr. Anna Pulimood, Principal. Dr. Pulimood addressed the gathering and emphasized on the relative definition of success in the lives of one another and the importance of good health to attain milestones in one's life. There were participants from eleven schools and five colleges from Vellore, who presented folk and contemporary dance performances to self-composed thematic lyrics.



Among the schools, the first prize was bagged by Spark Matric. Hr. Secondary school followed by BMD Jain School in the second place and St. Marks Matric. Hr. Secondary School in the third place. The consolation prize was awarded to N.K.M. Assistant Professor, Hr. Secondary School.

Among colleges, Addon Institute of Medical Mission And Research Centre, won the first prize, followed by CMC College of Nursing and Narayani college of nursing in the second and third places respectively. The consolation prize was awarded to Global college of Arts and Science.

Dedication of Sports Ground in the Kagithapatarai campus



The Dedication of the Sports Ground in the Kagithapatarai campus was held on 4th February, 2019. Dr.Selva Titus Chacko, Dean of College of Nursing welcomed the gathering and acknowledged all those who had contributed and strived hard in making this dream a reality.

Dr. J.V. Peter, Director, Dr. Anna Pulimood, Principal, Mr. Ebinezer Sundaraj, General Superintendent and Dr. Premila Lee, Nursing Superintendent offered felicitations. The facility was inaugurated with cutting of the ribbon by Dr.J.V.Peter, Director. The prayer of dedication

was offered by Rev. Dr. Arul Dhas and Rev. Pearson. A friendly basketball match was conducted among the nursing students to mark the inauguration of the new sports ground. Two hundred Ashoka Tree saplings were planted around the Sports ground by the dignitaries, faculty and students of College of Nursing.

The Sports ground is equipped with basketball, volleyball and throw ball courts, shot put ground, long jump and high jump pits and 100 and 200 meters track. It also has a three level small stadium with a seating capacity for three hundred people. The Sports ground was a long felt need of more than two decades for the young nursing students.

This ground will provide them a safe space to indulge themselves in sports activities and will offer them an opportunity to participate in Sports. The facility is also shared with the residents of the campus. This facility has certainly enhanced the ambience of the campus and also will promote campus life.



Congratulations!

- The **CHAD Hospital**, Community Health Department was awarded the 3rd place in the State of Tamil Nadu for having achieved the highest number of sterilization performance among the voluntary organizations in the State for the year 2017 to 2018.
- **Dr. Asish Vijayaraghavan** has won the second prize in platform presentation on “Super Refractory Status Epilepticus – A Tertiary Care Center Experience” held during SHINE 2019 – 9th Annual International conference of Clinical Neurology held at Chennai between 22nd to 24th February, 2019.
- **Dr. Pullumpallil Thomas Alexander** has won the second prize in platform presentation on “Study of Clinical Profile of Patients with Autoimmune Encephalitis” at CMC, Vellore held during CALLOSUM 2019 – Neurological Society of India-Kerala Chapter (Kairaly Neurosciences Society) held between 1st to 3rd February, 2019.
- **PICU Team - Drs. Muniya, Siva Vyasam, Priyanka M. & Mrs. Mary Juliana** has won the second prize at the highly competitive National level SIMWAR held at AIIMS, New Delhi on 3rd March, 2019.
- **Mr. Richard Samuel S.** (B.Sc. Critical Care Therapist and Students Welfare) received the award for best organizer of cyclothon 2019 and Campus Ambassador of CMC, for Riviera Fest in RIVIERA 2019 Valedictory Function on 17th February, 2019.
- The following candidates were successful in the **Postgraduate Higher Speciality Examination** held in **February 2019. (University Results Published on 18.02.2019).**

DM / M.Ch. - February 2019 Session

D.M. Cardiology : Dr. Naveen Kumar P., **D.M. Endocrinology** : Dr. Geethu Antony,

M.Ch. Neurosurgery (Six years) : Dr. Nikunj Mittal and Dr. Tony Varghese Panicker.

Obituaries

- **Rev. John Moses**, retired Presbyter and Area Chairman CSI Madras Diocese, husband of Mrs. Elizabeth Moses and father of Mrs. Hannah Paul, Personnel Manager, Personnel Department on March 03, 2019.
- **Mr. Shanmugam**, husband of Mrs. Sreeranjani, retired Secretary, Dental Unit-I and father of Mr. Sharath Kumar on March 06, 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Summer sports coaching camp for students and staff children - April 2019

Summer sports coaching camp for staff children from the age of 8 to 12 and students will begin in April 2019. Duration : 1st to 30th April, 2019 (Excluding Sunday).

Time : 6.45 a.m. to 8.30 a.m. (Basketball only at Kakithapattarai campus).

Venue : College Campus, Bagayam (5.00 p.m. to 6.30 p.m.). Games : Basketball, Badminton and Football.

Contact : Those who are interested to enroll their children for the above mentioned games kindly contact: Dr. R. Balaganesan, Physical Director at : 2284478, 94436 28333.

Exemplary Service Awards 2018

The following Exemplary Awards were given during the Founder's Day celebration which was held on 10th December, 2018. The awards were given as a token of appreciation for their exemplary dedication and unique service which are qualities that adhere to the ethos of the institution.



Mr. Jesan Elija Rajendran S.
Sr. Sel. Gr.II Pharmacist
Ortho Pharmacy



Mrs. Kavitha N.
Clerk-Typist Gr.III
Clinical Haematology



Mrs. Maheswari K.
House Keeping Attendant Gr.III
CBOR

to be continued...

M.S. Bioengineering Admission 2019

Applications are invited for the M.S. Bioengineering course commencing in August 2019. Details regarding application procedure and eligibility are available at our website <http://admissions.cmcvellore.ac.in>

Last date to submit the completed application form to the Registrar, CMC, Vellore is 18th May 2019. Eligible candidates will be called for written test followed by an interview in June 2019.

The M.S. Bioengineering degree at CMC, Vellore is awarded by Sree Chitra Tirunal Institute for Medical Sciences and Technology, Trivandrum (an Institute of National Importance, Government of India).

REGISTRAR

(e-mail: registrar@cmcvellore.ac.in)

Situations Vacant

1. Lecturer (AH) Gr.III with MASLP for the Department of E.N.T.

Salary scale : Rs.16,235-35,573/-. Accommodation not provided.

2. Psychologist Gr.V with M.Sc. (Psychology) (Regular Course) for the Department of Reproductive Medicine

Salary : As per institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail princi@cmcvellore.ac.in on or before **March 16, 2019** for item 1 and **March 23, 2019** for item 2.

3. Management Intern for M.S. Office

Qualifications : Fulltime MBA / MHA / Masters in any Science discipline / P.G. Diploma in Administration.

Salary : As per institutional rules.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **March 16, 2019** for Item 3.

CMC NEWSLINE

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MARCH 18, 2019

"All men are like grass, and all their glory is like the flowers of the field; the grass withers and the flowers fall, but the word of the Lord stands for ever". 1 Peter 1:24-25



Rehab Mela - 2019



In the month of February the 'Annual Rehab Mela' was organised by the Rehab team for the rehabilitated patients of the Rehab Institute at the Mary Verghese Trust premises. On 9th February, the 'One Day Mela' for those with acquired brain injury was held for the 16th consecutive year and from 15th to 17th February, the Mela for those patients with spinal cord injury was conducted for the 26th consecutive year. In addition to an annual follow up, this event provides opportunities for exhibiting talents and enhancing networking of patients rehabilitated from CMC and within the 100 km follow up area.

On the first day of the event, the former patients were clinically re-evaluated and attended to by specialists. A special eye screening camp was also conducted by the Department of Ophthalmology. Several lectures were organised which were on topics such as legal rights and socio-vocational issues. The first day of the event concluded with a brilliant programme by the students and inpatients of Rehab Institute.

The following day, sports and other activities were organised at the College Ground. Dr. Balaganesan, Physical Director, handed over the prizes and medals to the winners. A talk on "A special loan scheme for persons with disabilities-NHFDC" was conducted by Mr. Thooyavan and Mr. Venkatesan, Managers of Vellore District Central Co-operative Bank. This was followed by a cultural programme organized by the mela participants.

The third day began with a discussion on psycho-spiritual aspects led by the Department of Chaplaincy and staff members to find ways to face challenges.

The Mela concluded with a valedictory function where Dr. Raji Thomas, Professor and Head, Department of PMR gave a welcome speech and introduced the Chief Guest Dr. Prasad Mathews K, Medical Superintendent. Dr. Guru Nagarajan, Social Worker presented an overview of Rehab Mela. Dr. Jiji Elizabeth Mathews, Professor

Special Prayers: March 17 - 23, 2019

General Superintendent's Office :

Mr. Ebenezer Sundarraj and Staff

Personnel Office :

Mrs. Hannah Paul and Staff

Hospital Management Studies and

Staff Training and Development :

Dr. Samuel N.J. David and Staff

Hospital Annexe :

Mr. Joseph Yesunesan and Staff

Transport Department :

Mr. Ebenezer Sundarraj and Staff

South East Asia Union of Mission of Seventh Day Adventists, Singapore

Council Members : Dr. Edward Nathan

Dr. Raymond Tah Kheng Soon

Hospitals : Penang Adventist Hospital, Scheer Memorial Adventist Hospital, Banepa, Nepal.

Baptist Missionary Society

Council Member : Ms. Valerie Ann Bothamley

Sunday Services : March 24, 2019

6.00 pm : **Scudder Auditorium**

Dr. Sudha Jasmine

6.30 pm : **Hospital Chapel**

Dr. Samuel C. Raj

5.00 pm : **Friendship Chapel, KPTR Campus**

Rev. Dr. T. Arul Dhas

4.30 pm : **Chittoor Chapel**

Mr. Robin Daniel Paul

Welcome :

Dr. Lisa Mary Cherian, Assistant Professor, ENT Unit-III, on her return from study leave.

Obituaries :

• **Mr. Clement Murray**, retired staff (Southern Railway) father of Mrs. Ruth Ruby Murray, Diabetes Educator, Charge Nurse, Endocrinology Department and Mrs. Esther Agnes Anitha, Charge Nurse, Nursing Superintendent's Office on March 09, 2019. Let us uphold his wife, Mrs. Elizabeth Sarojini, retired Ward Clerk in Q6 South and all the bereaved members of the family in our prayers.

• **Mrs. Shanthi Daniel**, retired Secretary in Nursing Service, mother of Mrs. Cynthia, Technician in Cardiology Department and Mrs. Ida Vanitha, Staff Nurse in Q1 West on March 10, 2019.

Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.

Continued on Page 2



Department of Obstetrics and Gynaecology gave away prizes for the winners of various competitions.

The vote of thanks was delivered by Mr. Amirthalingam, a participant.



World Optometry Day - Intercollegiate Academic Fest "Beat It 2019"



The third annual Intercollegiate Optometry Fest-Beat It-2019, was organized by the Department of Ophthalmology on the 2nd of March 2019. Themed with Royal Purple and Gold, the School of Optometry welcomed three hundred and eighty undergraduate optometry students across fourteen colleges from South India.

Rev. Giftus Joshua began the proceedings with prayer. Dr Anika Amirtanand welcomed the gathering along with Dr. Judy Ann John, Vice-Principal AHS and Dr. Sanita Korah, Head, Department of Ophthalmology addressed the students. Mr.G.V. Selvam, Vice - President,

VIT was nostalgic about the Schell campus, which is the neighbourhood where he grew up in. He inspired the students with his address on "Technology and Eye Care".

There was enthusiastic and intensely competed events that ran through the whole day. Model making, Collage, iConnect, Meme it and the d shot (photography) competitions were conducted in the morning. In the afternoon, an interesting and well organised quiz programme with buzzers and clickers took place. CMC Vellore were the runners up in the quiz and won the iConnect and the Collage competitions.

The event concluded with distribution of trophies and medals. Many congratulations to Dr. Satheesh S.T. Selvin, Dr. Jeyanth Rose, Mrs. Evon Kujur and all the involved optometry faculty for the success of the programme.

Short Course in Epidemiology conducted by the Clinical Epidemiology Unit

The Clinical Epidemiology Unit in association with the Professor B.V. Moses Centre for Evidence Informed Healthcare and Health Policy (BVMC) and Biostatistics Resource and Training Centre (BRTC) conducted a short course in Epidemiology between 16th December, 2018 and 15th February, 2019. The course was open to all students and faculty. It consisted of two parts, 'Learning Critical Appraisal' and Completing the National Institutes of Health (NIH) Clinical Research Course. The workshops were conducted with the aim to improve the quality of journal appraisal and thereby impact clinical, laboratory and policy decision making.

For the first part of the course, final year general medicine post-graduates presented critical appraisal of various study designs moderated by CEU faculty:

Dr. J.P. Muliylil, Dr. Prathap Tharyan, Dr. Abraham Peedicayil, Dr. Sathish Kumar, Dr. Vignesh Kumar Chandiraseharan and Dr. Thambu David. The study designs were modelled on the McMaster University Evidence based clinical practise workshops and the topics discussed included Randomised Controlled Trials, Case control, Cohort, Diagnostic, Systematic review, Guidelines, Decision analysis, Health economic study, Differential diagnosis, Clinical manifestations, Screening test and Qualitative study.

The second part of the course was the NIH based "Introduction to the Principles and Practice of Clinical Research", which is an online class requiring a test score of 70% on completion. The successful participants were Dr. Anjely Pulparampil Sebastian, Dr. Anusha Swaminathan, Dr. Rachana Shenoy, Dr. Nalini Sarah Newbigging, Dr. Jemin Webster, Dr. Jacob Johnson, Dr. Amita Jacob, Dr. Fibi Ninan, Dr. Jasper Rathinam, Dr. Anil Mathew Philip, Dr. John Titus George, Dr. Kevin John, Dr. Asha Mathai, Dr. Anna Paul and Dr. Vijay Alexander.

For those interested in viewing the discussions kindly visit the following link : www.medicinecmcvellore.com/research-blog



World Hearing Day celebrated



The Department of ENT-IV and Audiology celebrated the World Hearing Day on 2nd March, 2019. The theme for this year was 'Check Your Hearing'. The programme started with a word of prayer by Rev. Saramma followed by inauguration by Dr. Priya Abraham,



Associate Director. Dr. Prasad Mathews, Medical Superintendent also graced the occasion. Dr. Rita Ruby Albert, Head of ENT gave the inaugural address and welcome speech. There were booths organized for the general public to walk in and learn aspects about hearing preservation and importance of checking their hearing levels. Doctors of ENT Unit-IV also gave a free ear checkup and counselled the public about awareness of hearing loss and tinnitus. Audiology staff, students and interns gave a demonstration on how to use the hearing aid, early detection and rehabilitation of babies born with hearing loss and advanced treatment of hearing loss including cochlear implants and bone anchored hearing devices. Several informative posters regarding hearing and displayed. Dr. Rupa Vedantam, Head of ENT Unit-III was the judge for the poster competition. Dr. Praveen Bhasker, senior resident, ENT Unit-IV and Mr. Simon Roshan Kumar, BASLP intern won the prizes for the best posters.



Congratulations!

The Department of Obstetrics and Gynaecology and Family Welfare was awarded the Shield and Certificate of Appreciation by the Department of Health and Family Welfare, Tamil Nadu State for the best performance (Maximum number of Sterilizations) among Voluntary Organisations on 28th February 2019 at Egmore, Chennai. The award was presented by Dr. C. Vijaya Baskar, MBBS, BL Honorable Minister for Health and Family Welfare. The department received the First Prize for the year 2017–2018 and CHAD Hospital, Bagayam received 3rd prize for the same category. The award was received by Dr. Annie Regi, MD, Professor and Head from the Obstetrics and Gynaecology and Dr. Jasmine Helan, MD, Professor, Department of Community Health from the CHAD Hospital, Bagayam.



Sports News



The College Basket Ball team won the following tournaments in the year 2018-2019: 1st to 3rd September 2018: Inter-Medical College tournament SPANDAN organised by JIPMER Medical College.

13th to 15th September 2018: Basket Ball tournament organised during 'Pegasus' by CMC.

26th to 28th September 2018: Inter Medical tournament 'Veerathedal' organised by the Government Vellore Medical College.

3rd to 5th October 2018: Tamil Nadu Inter Medical Sports (TIMS) organised by the Madras Medical College.

19th January 2019: Vellore District Basket Ball Association (League and Super League).

Retirements



• **Mrs. G. Devaki**, Sr. Hospital Housekeeping Attendant, Maternity Ward took voluntary retirement on 1st December 2018, after 36 years of dedicated service to the institution. She has two sons and a daughter. Her elder son, Mr. G. Velmurugan is a Hospital Attendant in Laundry Department, younger son, Mr. G. Palanivel is a Hospital Attendant in 'S' Ward.

Mrs. Vedamani Samson, Sr.Gr. Multi Purpose Health Worker retired on 21st February, 2019 after serving this institution for 33 years. She had her ANM training at CSI Hospital, Ikkadu between 1977 and 1979. In 1986 she joined CMC, Vellore as MPHWP and worked in 'W' ward and Scopy room. She is a sincere and hard working

person who demonstrates good assessment skills and leadership ability. She was awarded the “Best MPHWS” award for the year 2018. Her husband Mr. Samson is an Evangelist in Campus Crusade Organization. She has three daughters, Mrs. Hannah, Teacher in Melpadi Diocese School married to Rev. Stanley Christopher, Mrs. Beulah, Staff Nurse in A2 ward married to Mr. Alphius, Teacher in Don Bosco School and Mrs. Sunitha, Co-ordinator, Indian Health Service married to Mr. Ranjithkumar.



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God’s blessings on their retired life.

Notices

- The **Children’s Choir** led by Dr. Barbara Isely and Ms Hima will start at hospital quarters in the month of June- All Mondays (3:45 pm for younger choir; 6 pm for older choir). Registration will end on 31st March. All children who turn 8 years by **30.09.2019** are welcome. Number is limited. Those who are interested, kindly send the parent’s name, child’s name and date of birth via Whatsapp or SMS to + **918056642868**.
- Online applications for admission to **Pre School in the College Hill Kindergarten (CHKG)** will be open from **15th March 2019 to 5th April 2019**. For applications : <http://172.16.11.221/selfservice/main.asp/kidsadmission> For clarification, Please contact The Principal, CHKG at 63748 86131 / 4583 Between 3 and 4 pm on weekdays.

Situations Vacant

1. Assistant Professor Gr.I for the Department of Endocrinology, Diabetes & Metabolism

Qualification : DM (Endo) / DNB (Endo).

Candidates with DNB qualification should have 1 year teaching experience in a recognized teaching institution for teaching appointment. Salary scale : As per institutional rules. Accommodation provided (Subject to availability).

Applications should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore – 632 002 or email to: princi@cmcvellore.ac.in, endocrine@cmcvellore.ac.in on or before **April 01, 2019** for item 1.

Candidates may contact : The Secretary, Contact Phone No. 0416-228 Extn. 2528 / 3118, Mobile No.09843111996

2. One year “Clinical Physiotherapy Therapist post” for the Department of PMR (PT) as detailed below:

Eligibility : BPT Graduate from IAP recognized College / University. Should have completed six months of Rotatory internship on before 1st April 2019. Experience : Less than 4 years after internship completion.

Age limit : Less than 30 years. Monthly stipend : Rs.9,620/-. Accommodation not provided.

Apply with resume, including dates of work experience, contact numbers, postal address and email ID, Photocopies of work experience and other relevant certificates to the Principal, Christian Medical College, Bagayam, Vellore - 632 002. Last date for submission of applications is **April 01, 2019** for item 2.

3. Applications are invited for the following post for the CMC Vellore Chittoor Campus.

Anaesthesia: Senior Resident / Asst. Physician / Assoc. Physician / Physician with DA / MD / DNB (Anaesthesia). Salary : As per institutional rules.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: “Vacancies”. or email to dir.chittoor@cmcvellore.ac.in with all testimonials and certificates.

Note : Only online applications will be accepted; Hard copies will not be accepted.

Applications will close on **April 01, 2019** for item 3.

4. Applications are invited for the post of Teacher in Balavihar Kids Corner

Qualification : Montessori / TTC / Degree.

Preference will be given to the candidates who have experience. Fluency in English is a must.

Interested candidates may apply to balavihar@cmcvellore.ac.in on or before **March 25, 2019** for item 4.

5. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri-632 106 invites applications for the following posts of : Ophthalmologist : MS / DO (Ophthalmology). Dermatologist : M.D / DD or DNB.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of “SIH-R&LC., Karigiri” addressed to the Director, SIH-R&LC., Karigiri, Pin-632 106. Email: director@karigiri.org Last date for receipt of applications is **March 30, 2019**.

CMC NEWSLINE

Vol.No.55

No.39

FOR PRIVATE CIRCULATION ONLY

MARCH 25, 2019

"So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.

Luke 11:9

College Day - 2019



The College of Nursing, celebrated its College Day on 23rd February, 2019. The theme of this year was "CHAYIM" which in Hebrews means "Life". The College Day celebrations began with a prayer of dedication as Dr. Vathsala Sadan took over as the Dean of the College of Nursing.

The Chief Guest for the occasion was Dr.Sr.Regina Mary, Principal, Auxilium College, who in her inaugural address, congratulated the institution for the good work being done and encouraged the gathering to continue to serve humanity wherever placed and in whatever ways one can. She encouraged the staff and students to make a difference in whatever way possible.

The achievements of the Nursing College during the past year was



presented to the audience; one of the highlights being the National Students Conference. Following which the felicitations were given by Dr. Sunil Abraham, Deputy Director and Dr. Premila Lee, Nursing Superintendent.

During the event, the awards and prizes for the year were distributed by the Chief Guest Dr. Sr Regina Mary. The team which won the first prize at the Zenith Quiz held at Coimbatore received their prizes and trophy. The meritorious academic medals and certificates awarded by the Bureau of Nursing Education, South India Board of Nursing Education, Nurses League of CMAI was distributed to the Diploma Nursing Students. This was followed by the distribution of prizes for the individuals and class for the maximum number of voluntary blood donations.

The College Day came to an end with an entertaining evening of cultural programme. It was a perfect platform for the students to show case their talents through, songs, dances, mime and shadow play. The event was thus a wonderful time of bonding and learning.



Special Prayers: March 24 - 30, 2019

Diagnostic Radiology and Imaging :

Dr. Gibikote Sridhar V. and Staff
Mr. T.S. Ravikumar and Staff

CNI Uttar Pradesh Regional Board of Health Services

Council Member : Dr. H.J. Lyall

Hospitals : Christian Hospital, Kasganj, Memorial Hospital, Farrukhabad and others

Sunday Services : March 31, 2019

6.00 pm : **Scudder Auditorium**
Dr. Vijay Arul Dhas

6.30 pm : **Hospital Chapel**
Dr. Sam David

5.00 pm : **Friendship Chapel, KPTR Campus**
Mr. T.S. Ravikumar

4.30 pm : **Chittoor Chapel**
Mrs. Nirmala Samuel

Obituaries :

• **Mr. Jeyaraj Thomas**, retired Supervisor in the Department of Radiation Therapy on 19th March, 2019.

Let us uphold his wife, Mrs. C. Elizabeth, sons Mr. John David Chellaiah, Mr. Benjamin Gnanasunder, Therapist in Nephrology, daughter Mrs. Rubina Esther Rani, daughter-in-law Mrs. Sarojini Benjamin, Optometrist in Schell Hospital and all the bereaved members of the family in our prayers.

• **Mr. D.S. Udayakumar**, retired Clerk-Typist Gr.I, Operation Theatre on 21st March, 2019. Let us uphold his wife Mrs. Rathinamary, Retired Sr.Gr.I Clerk Typist, Nursing Services, daughter Mrs. Brinda Kumar and all the bereaved members of the family in our prayers.

• **Mr. Kannan Babu**, husband of Mrs. Esther Babu, Staff Nurse (Neuro Ward) on 19th March, 2019. Let us uphold his wife, daughter Lissy Ruby, son, Santhosh and all the bereaved members of the family in our prayers.

Erratum : (For the Newsline dated March 18, 2019).

The Clinical Epidemiology Unit with the Prof. BV Moses Centre for Evidence-Informed Healthcare and Health Policy (BVMC) and BRTC conducted a Short Course in Epidemiology between 16th December, 2018 and 15th February, 2019.

Dedication of the CMC, Vellore Chittoor Campus ,College of Nursing Building

Adjacent to the Northern side, in the CMC, Vellore Chittoor campus, a new facility for the College of Nursing was dedicated on 25th February, 2019. When the proposition for the Chittoor Campus was obtained, the major mandate by the state of Andhra Pradesh was to set up a Christian health care centre and an educational institution of excellence.

In keeping with this mandate, the dedication of the College of Nursing facilities is indeed an endeavour of much significance.

The gathering was welcomed by Mrs. Rosaline Jeyakaran, former Dean, College of Nursing and the Dean designate for the CMC Vellore Chittoor campus and by Dr. Nihal Thomas. Dr. Vathsala Sadan, Dean College of Nursing was present at the dedication.



After the prayer of dedication by Rev. Dr. Arul Dhas, the College of Nursing flag was hoisted by Dr. Sulakshni Immanuel, former Dean College of Nursing. This was followed by felicitations by Dr. Abraham Joseph, former Head, Department of Community Health and Development and Dr. Suranjan Bhattacharji, former Director. The vote of thanks was proposed by Mrs. Valliama Babu, retired Professor of Nursing.

Starting a Nursing College in the Chittoor campus will prove to be strategic in further enhancing the growth of good clinical care centers across the nation. The college when it begins to function will generate fifty B.Sc. nurses and eventually twenty five PBBSnurses per annum.

For those who like to view the photographs and videos of the dedication of the Nursing College and the previous dedication of the new labour facility, the links are given below :

<https://drive.google.com/drive/folders/14CYVVwPtCCVYXp1nbhYnyKuVN8zq7ESi?usp=sharing> and <https://wetransfer.com/downloads/0e4adeb7e3aacf5edc60ef9f5ff75f4220190306132428/6d4c30>

Endocrine Masterclass - 2019



The Department of Endocrinology, Diabetes and Metabolism conducted the “Endocrine Masterclass-2019”, which was held on 1st and 2nd March, 2019. This was a two day exam oriented training session for Endocrine postgraduates from all over the country and neighboring countries. A total of seventy trainees participated in the case

presentations, meet the professor sessions and the endocrine quiz. Fifteen extramural faculty from all major institutes including AIIMS, SGPGI, KEM and St Johns Medical College were invited to conduct the teaching sessions. In addition, twenty faculty from allied departments from CMC conducted the meet the professor sessions. The workshop was one of the first of its kind in the field in the country and will be an annual event.

Memorandum

Dr. Vasanth Mark Samuel, Assistant Professor of Surgery is being nominated as Coordinator for Shiloh 2019. The dates for Shiloh 2019 are 26th to 29th of September, 2019.

Congratulations!

• **Dr. Kavin Kumar, M.P.**, Post-Doctoral Fellow in Phonosurgery, Department of ENT Unit-V has won second prize in Poster Award session at the 15th Annual Conference of the Association of Phonosurgeons of India, PHONOCON 2019 held at Kolkata in February 2019.

Congratulations!

Continued from Page 2

• **Dr. Prashanth B. Gandhi**, DM Gastroenterology Postgraduate presented a poster titled “Von Willebrand Factor (vWF) Pheresis; How Plasma Exchange is Beneficial in Liver Failure” at Asia Pacific Association for Study of the Liver (APASL) annual conference held at Manila, Philippines from 20th to 24th February, 2019. He was chosen to be a part of APASL mentoring programme, which is one of the first such initiatives during APASL.

The following final year DM Gastroenterology and Hepatology postgraduates won prizes at the state conference of TNISG (Tamil Nadu Indian Society of Gastroenterology) held at Madurai on 23rd and 24th February, 2019.

• **Dr. Amit Singh Barpha**, DM Hepatology Postgraduate won the 1st prize for oral presentation titled 'Low Dose Steroids Along with Low Volume Plasma Exchange (PLEX) Improves Survival in Severe Alcoholic Hepatitis'.

• **Dr. Debasis Sardar**, DM Gastroenterology postgraduate won the 3rd prize for oral presentation titled 'Von Willebrand Factor Reducing Protocol to Treat Yellow Phosphorus Induced Hepatotoxicity'.

• **Dr. Anand Vimal Dev**, DM Gastroenterology postgraduate won the 1st prize for poster presentation titled 'Response to Oral Vitamin D Therapy in Crohn's Disease Patients with Vitamin D Deficiency'.

• **Dr. Anirban De**, DM Hepatology postgraduate won the 2nd prize for poster presentation titled 'Analysis of Control Measures Employed to Contain Outbreaks of Hepatitis E in India'.

Upcoming Event

Staff children who are in the final year of school between 9th & 12th Std. are invited to participate in a workshop on “**Guidance for Career Choice**” on **03rd April, 2019** between 8.00 am to 4.30 pm at **Jacob Chandy Hall in Paul Brand Centre, CMC Campus**. Inspiring and eye opening sessions will be handled by experienced faculty

Kindly register your children who wish to participate in this workshop with the Personnel Department (Phone. No.2867 / 2524) on or before **30th March, 2019 by 12 noon**.

A special session is also planned for Parents and children in 12th std between 3.30 pm & 4.30 pm **addressed by Vice Principal, CMC**.

Exemplary Service Awards 2018

The following Exemplary Awards were given during the Founder's Day celebration which was held on 10th December, 2018. The awards were given as a token of appreciation for their exemplary dedication and unique service which are qualities that adhere to the ethos of the institution.



Mrs. Malathy K.
Housekeeping Attendant Gr.III
O5 East



Mrs. Mythili Baskaran
Charge Nurse Gr.IV
O5 East



Mr. Ramakrishnan R.
Hospital Attendant Gr.III
Maternity Ward

to be continued...

Situations Vacant

1. Senior Resident with M.D. (Paediatrics) for the **Department of Child Health-II (Paediatric Nephrology)**
Preference will be given to candidates who have training in Paediatric Nephrology.

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Continued on Page 4

2. Assistant Professor with M.Ch. (Neurosurgery) for the Department of Neurological Sciences (Neurosurgery)

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail princi@cmcvellore.ac.in on or before **March 30, 2019** for item 1 and **April 06, 2019** for item 2.

3. Junior Research Fellow for the Department of Endocrinology**Job Code : 1283**

Age : Upto 28 years. Sex : Male / Female.

Qualification : M.Sc. in Life Sciences with a minimum of 55% of marks. Preference will be given to the candidates with CSIR / UGC / DBT / ICMR Junior Research Fellowships.

Nature of job : The Department of Endocrinology, Diabetes & Metabolism invites applications for two vacant Junior Research Fellow positions to work in the area of cell and molecular biology under the DBT funded Monogenic diabetes project. Students with NGS data analysis or cell culture or stem cell related research experience are encouraged to apply.

Mode of appointment : Project mode. Salary : Rs.30,000/- per month. Accommodation not provided.

4. Junior Medical Officer for the Department of Clinical Immunology & Rheumatology **Job Code : 1284**

Qualification : M.B.B.S. Mode of appointment : Project mode.

Consolidated salary : Rs.60,000/-. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff.

The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002 on or before **April 08, 2019** for Items 3 and 4.

Note: Please mention the Job Code in the application form. Applications without Job Code will not be accepted.

5. Staff III Medical Lab. Technician for the Department of Community Health

Qualifications : H.Sc.(+2) with two years Diploma in Medical Lab. Technician (CMAI). Preference will be given to the residents of Jawadhi Hills.

Salary : As per institutional rules. Accommodation not provided. Age limit : 35 years.

Job description : To work in the Department of Community Health and will be posted in Jawadhi Hills.

6. Health Aide Gr.V for the Department of Community Health

Only female candidates need to apply.

Qualifications : S.S.L.C + one year training. Preference will be given to the candidates from Kaniyambadi block with Health Aides / ANM training. Salary : As per institutional rules. Age limit : 35 years.

Job description : To make home visits and maintain registers relating to antenatal, immunization of children etc., Supervise the work of part time Community Health Workers Conduct Health Education. Should stay at the workplace in Kaniyambadi Block / Jawadhi Hills.

7. Lab Assistant (External Designation - Project) for the Department of Clinical Immunology & Rheumatology

Qualifications : H.Sc. with Two years CMAI Diploma in Medical Lab. Technician Course.

Age limit : 35 years. Salary scale : As per institutional rules.

8. Staff II Medical Lab Technician (Project) for the CMC Vellore Chittoor Campus

Qualifications : B.Sc. MLT (Recognized University) or B.Sc. 2 Years with CMAI Diploma in Medical Lab. Technician Course. Age limit : 35 years. Salary scale : As per institutional rules.

Job description : To work on Project for CMC Vellore Chittoor Campus as Medical Lab Technician.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **April 08, 2019** for Items 5, 6, 7 and 8.

CMC NEWSLINE

Vol.No.55 No.40

FOR PRIVATE CIRCULATION ONLY

APRIL 01, 2019

Many, O Lord my God, are the wonders you have done. The things you planned for us no-one can recount to you;
Psalm 40:5



International Women's Day Celebrations at CMC



At the Bagayam Campus

CMC celebrated International Women's Day for the very first time this year, with an evening to remember the outstanding women pioneers of the institution. The event, organized on the 11th of March, three days after the official day, saw the active participation of the students from the Medical, Nursing and Allied Health streams, as well as the faculty from various departments. Rev.Dr. Arul Dhas, Chaplain offered the opening prayer and Mr. Richard Samuel organizer of the event welcomed the gathering

The Chief Guest for the occasion was **Dr. Annamma Abraham**, retired faculty and psychologist and the other eminent speakers invited were Dr. Anna B. Pulimood, Principal and Dr. Vathsala Sadan, Dean of the College of Nursing.



Dr. Anna Pulimood pointed out CMC's distinction as an institution where women have always been awarded equal pay and equal opportunities for growth. She also spoke with obvious pride of the yesteryear women leaders - almost all of them from a mission background - who gave their all to the institution. She recounted, among others, the moving story of Dr. Gwenda Lewis, who contracted polio by giving mouth-to-mouth resuscitation to a polio patient who had arrested in theatre. Despite this experience that would have proved to be a death sentence for the career of many a medical practitioner, Dr. Lewis went abroad for rehabilitation and came back to serve the poor here.

Dr. Vathsala Sadan spoke about this year's theme for Women's Day and the significance of the colour purple for the day. She recalled the outstanding leaders in nursing like Vera Pitman, Florence Taylor, Delia Houghton, Pauline King and Aleyamma Kuruvilla and their invaluable contributions to the institution, which for many years, had focused its training efforts solely on nursing.

Special Prayers: March 31 - April 06, 2019

Medical Superintendent's Office:

Dr. Prasad Mathews K. and Staff

Private Consultation Office

(Alpha Clinic):

Dr. Prasad Mathews K. and Staff

Main Hospital Extension

Clinics (MAHE):

Dr. Prasad Mathews K. and Staff

CSI Jaffna Diocese

Council Members:

Rt. Rev. Dr. Daniel S.Thiagarajah

Dr. D.S. Rajasingham

Hospital: Green Memorial Hospital, Manipay

CSI Tirunelveli Diocese

Council Member : Dr. Jeyam Juliet

Hospitals :CSI Jeyaraj Annappackiam Hospital,
CSI Bellpins Indrani Chelladurai
Mission Hospital, Palayamkottai and
others

Sunday Services : April 07, 2019

6.00 pm : **Scudder Auditorium**

Rev. Pradeep George

6.30 pm : **Hospital Chapel**

Rev. Giftus Joshua

5.00 pm : **Friendship Chapel, KPTR Campus**

Rev. Dr. Finney Alexander

4.30 pm : **Chittoor Chapel**

Ms. Y.P. Jonisha Banu

Obituaries :

• **Mrs. Kasthuribai Samuel Raj**, wife of Late Mr. A.V. Samuel Raj, retired Mess Manager of Men's Hostel, Mother of Mrs. Jemima Selwyn, retired Instructor, Microbiology Department and Grandmother of Dr. Tryphena Selwyn, Batch of 2002 and Susanna Selwyn on March 23rd 2019.

• **Mrs. Kiruba Mani**, wife of Mr. Philomen and mother of Mrs. Joyce Saral Jeyakumari, Staff Nurse in A8 Ward on 27th March 2019. Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.



Continued on Page 2



Dr. Annamma Abraham in her address spoke about the women who have made a difference in her life, those woman with whom she had personally interacted with like *Treva Marshall, Mary Verghese, Ruth Myers, Florence Nichols, Edna Gault, Loretta Young, Margaret Brand, Naomi Carman, Sojibai Samson, Grace Koshy, Molly Bhanu, Rose Chacko*, and many others.

A video clip on Dr. Ramani Pulimood's talk, highlighting on how CMC enabled women in the community to train and develop careers was screened for the audience.

As part of the event, a poster exhibition was organized in the lounge of the New Examination Hall featuring ten remarkable women from the annals of CMC's history. An additional poster, by Ms. Rahael Mathew with a quote from the poem 'Phenomenal Woman' by Maya Angelou, was also featured.

Mr. Jerry, The Students' Association President, Ms. Jeby, the President of the Association of Students' in Health & Allied Sciences (ASHA), Ms. Sneha, the Student Nurses' Association (SNA) President, and Mr. Febin the Occupational and Physiotherapy Students' Association (OPTSA) President, also spoke at the meeting.



The meaningful event was concluded with a vote of thanks by Mr. Richard Samuel, organizer and convener of the event, whose efforts at organising the event was highly appreciated by all. Following this mementoes were distributed to all the woman present at the event.

At the Jawadhi Hills by the Community Health Department



On 7th and 15th March 2019, World Women's Day was celebrated at Chinnaveerapat village and Amattankollai village in Jawadhi Hills. This was initiated by the Social Workers of Community Health Department along with the Nurses and Occupational Therapist.

The programme started with a talk on the theme, 'Balance for better empowerment'.

This was followed by a quiz conducted to assess the awareness of the community regarding rights, government schemes, health issues and health facilities.

The members in the community had been asked to prepare various food items and a Rangoli for a competition. Close to one hundred and fifty participants including children were present for the program in each village. The enthusiastic response from the community was encouraging and included representation from three women's self-help groups. About ten panchayat 'Thuimai Kavalari' took part in the program which was highly interactive.

Another aspect of the programme was the distribution and planting of one hundred and five tree saplings which were given to the women participants who showed an interest. This was done to improve their awareness and participation in environmental issues, particularly reforestation.

The programmes ended on a lighter note as the various food items prepared by the community were later shared by all who attended the programme which helped to strengthen the friendship with the community.



State Level Workshop organised on 'Facility Based Newborn Care'

A state level workshop on the topic 'Facility Based Newborn Care' was organised by the Departments of Obstetrics & Gynaecology Nursing and CNE & Research, College of Nursing. The workshop took place on 7th March, 2019 with a participation of fifty nurses from seven different institutions. It was awarded six credit hours by the Tamil Nadu Nurses and Midwives council.

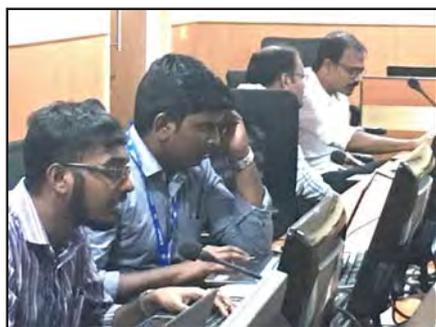
State Level Workshop organised on 'Facility Based Newborn Care' *Continued from Page 2*

The academic sessions were focused on equipping the nurses to provide 'Facility Based Care' to the newborn babies and to reduce mortality and morbidity. The morning sessions included lectures on topics such as, Thermoregulation and Protection, Hypoglycemia in Newborn, Neonatal Seizures, Rapid Assessment and Transportation of Sick Newborn.

The post lunch sessions provided hands on experience to the participants on Kangaroo Mother Care, Immediate Newborn Care, Newborn Heel Prick Procedure and Temperature Checking. The workshop was a success and the participants gained much knowledge on this essential skill.



Using Endnote and Zotero- A training module from the Professor B.V. Moses Centre for Evidence Informed-Healthcare and Health Policy



From 18th to 20th March, 2019 a three day workshop on 'Literature Searching and Reference Management Using Endnote and Zotero' was organised at the New IRB Meeting Room Facility at Bagayam Campus. The Workshop was conducted by the Professor B.V. Moses Centre for Evidence Informed-Healthcare and Health Policy. Participants from various institutions like Tata Medical Centre, Kolkata and JIPMER, Pondicherry were given training on development of search strategies in various medical databases like Pubmed, Cochrane library, Scopus, Google scholar, and other independent medical journals of the regions. The proper usage of Reference Management Softwares, Zotero and Endnote was taught, which helps in the management of references

and citation. The workshop was highly productive and proved to be a unique and useful learning experience. For further details, those interested can log on to <http://www.bvmc.in/> or <https://southasia.cochrane.org/training>.

Trauma symposium, by the division of surgery

A Trauma Symposium on the topic "Roadblocks and Challenges in Setting up a Level 1 Trauma Centre in India" was organised by the Division of Surgery on 9th March 2019. Eminent speakers from the University of Michigan, AIIMS, Amrita Institute and CMC took sessions on related topics.

The CMC trauma team hopes to build upon the lessons learned in setting up the upcoming centre in Kannigapuram.



Sports News

The prizes for the winners of the Volley Ball Tournament for Staff for the year 2018 to 2019 were distributed on 28th February by Dr. Anna B. Pulimood, Principal.

The result are as follows: Winners : RUHSA Department.

Runners up : Wellcome Department.



Notice : American Heart Association – International Training Centre

American Heart Association – Basic Life Support Course (AHA-BLS) provider level course

American Heart Association -Basic Life Support (AHA-BLS) provider level course will be held on the **25th April 2019** at the **Paul Brand Building, CMC, Vellore**. This one day course is designed for healthcare providers (doctors, nurses, paramedics) and the curriculum consists of video based , interactive lectures and skills training in cardiopulmonary resuscitation(CPR), use of Automated External Defibrillator and relieve choking in a safe, timely and effective manner to all ages –Adult, Pediatric and Infants. . The number of participants is strictly restricted to 18 as per AHA guidelines. **The registration fee is Rs.2,500/-** (cost of study materials included) and the last date for registration is **6th April 2019**. For registrations, Please contact Ms. Nitha Cathuan , Paediatric ICU (Phone No.0416-228-3366).

Continued on Page 4

American Heart Association –Paediatric Advanced Life Support (AHA PALS) course

The **AHA-PALS** course will be held on the **26th & 27th April 2019** at the Paul Brand Building, CMC. This well known Paediatric Advanced Life Support Course, accredited by the American Heart Association and American Academy of Paediatrics, is valid internationally. The number of participants is strictly restricted to 18 as per AHA guidelines. **The registration fee is Rs. 6,500/-** (cost of study materials included). The last date for registration is **6th April 2019**. This two day course is designed for healthcare providers (doctors, nurses, paramedics) who initiate advanced life care in acutely ill children, beyond basic life support, through the stabilization or transport phases of a paediatric emergency. The course consists of lectures, videos, discussions and hands - on sessions based on simulated case scenarios and aims to train the participants in early recognition and emergency management of critically ill children with an emphasis on team concept. For enquiries and registration, please contact Ms. Nitha Cathuan, Paediatric ICU (Phone:0416-228-3366).

Situations Vacant

1. Assistant Professor with DM (Neurology) for the Department of Neurology (Paediatric Neurology)

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2. Assistant Physician for the Distance Education Unit

Qualification : MD with minimum of 5 years of work experience. Candidates with qualification / experience / in adult learning and starting new blended learning courses preferred. Experience or interest in training other health professionals and health workers in primary health preferred. He/She should be willing to travel frequently to teach in the contact programmes across the country.

Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail princi@cmcvellore.ac.in on or before **April 06, 2019** for items 1 and 2.

3. Associate Research Officer for the Department of Medicine Unit-I

Job Code : 1285

Qualification : D. Pharmacy. Mode of appointment : Project mode.

Salary : As per institutional rules. Accommodation not provided.

Job description of Poison Information Specialist trainee.

The candidate will work in the Poison Information service to answer the phone help line or acute toxic exposures, provide information, document exposure and follow up in addition to maintaining poison data base and involvement in public education. They would receive training in all the above aspects.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **April 12, 2019** for Item 3.

Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.

4. Graduate Technician Trainee for the Department of Clinical Pharmacology

Qualifications: B.Sc. Chemistry.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Period : One Year Only. Stipend : As per institutional rules. Age Limit : 30 years.

Nature of Job : To perform drug assays in the laboratory.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **April 15, 2019** for Item 4.

5. Artisan Gr.IV for CMC Vellore Chittoor Campus

Qualification : S.S.L.C. + 2 year ITI certificate (Preferably with ITI in Fitter). Age limit: 35 years and below.

Salary : As per institutional rules.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **April 06, 2019** for Item 5.

6. Scudder Memorial Hospital, Ranipet - 632 401 invites applications for the post of Anaesthesiologist (2 Nos.)

Qualification : MD / DNB. Salary : Rs.1,50,000/- per month.

Qualification : MBBS, D.A. with experience. Salary : Rs.1,25,000/- per month.

Apply immediately to the Medical Superintendent, Scudder Memorial Hospital, Ranipet - 632 401.

Contact No.9715573768, Email: rao693@rediffmail.com, smhranipet@gmail.com

CMC NEWSLINE

Vol.No.55 No.41 FOR PRIVATE CIRCULATION ONLY APRIL 08, 2019



The Lord your God is with you, he is mighty to save. He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing. Zephaniah 3:17

International Symposium on Emerging Trends in Radiotherapy



The Departments of Radiation Oncology and Medical Physics organized an International Symposium on 'Emerging Trends in Radiotherapy – Pathways to the Future', on the 8th and 9th of March 2019 at the New Examination Hall, CMC Bagayam Campus. The inaugural session was led by Dr Anna Pulimood, Principal and felicitations were delivered by Dr. Prasad Matthews, Medical Superintendent. The Chief Guest for the occasion was Dr. David Ball, Director, Lung Service, Peter MacCallum Cancer Centre, Melbourne,

Australia, better known as the "Father of SBRT in Australia". He delivered the inaugural lecture, followed by the keynote address by Dr. Jake Van Dyk Professor Emeritus, Western University, London. The keynote address was on the topic "Trends in radiation oncology: Are we prepared for the future?".

The symposium had several interesting sessions, covering clinical and physical aspects of MR-Linac, Carbon-ion & Proton therapy, Stereotactic Body

Continued on Page 2

Special Prayers: April 07 - 13, 2019

Dodd Memorial Library:

Dr. Joyson Soundarajan and Staff

Gault Library:

Dr. I. Azariah Jebakumar and Staff

Archives: Dr. Reena Mary George and Staff

CSI Madras Diocese

Council Members:

Rt. Rev. Dr. J. George Stephen

Dr. J. Jerene Jayanth

Hospitals:

CSI Kalyani Multi Speciality Hospital, Chennai
CSI Rainy Hospital, CSI Hospital, Ikkadu and Kancheepuram

Sunday Services : April 14, 2019

6.00 pm : **Scudder Auditorium**
Mr. Samson Varghese

6.30 pm : **Hospital Chapel**
Palm Musicals

5.00 pm : **Friendship Chapel, KPTR Campus**
Ms. Saramma Kuruvilla

4.30 pm : **Chittoor Chapel**
Ms. Neethu Thomas

Welcome :

Dr. Balukrishna S, Professor, Department of Radiation Oncology Unit-II, on his return from study leave.

BMT Survivorship Meeting

The Department of Clinical Haematology at Christian Medical College, Vellore runs the country's largest stem cell transplantation programme and recently completed 2000 allogeneic stem cell transplants. The first stem cell transplant in CMC was done in 1986 by Padmashri Dr. Mammen Chandy. To commemorate this occasion, the Department of Haematology conducted the first survivorship meeting of allogeneic stem cell transplant recipients on the

30th of March 2019 at the New Examination Hall, Bagayam. Padmashri Dr. Mammen Chandy, the founder head of the Department of Haematology was felicitated on this occasion for his outstanding contributions towards haematology and stem cell transplantation in India. Dr. Mammen Chandy, Dr. David Dennison, Dr. Alok Srivastava and Dr. Selva Titus Chacko shared their experiences in setting up of transplant services in Vellore.

This meeting helped in bringing together a number of patients who had undergone allogeneic stem cell transplantation in CMC. The oldest survivor at this meeting was 27 years after transplant. Hundreds of



Continued on Page 2

International Symposium on Emerging Trends in Radiotherapy Continued from Page 1

Radiotherapy (SBRT) and Biodosimetry & Radiobiology which were presented by prominent faculty from Australia, Canada, Japan, Netherlands, United States and India. It highlighted the features of the sophisticated MR-linac which combines the MRI with the linear accelerator which enables visibility of the tumor when radiation is being administered to the patients.

The lectures and sessions on Biodosimetry (which was one of the first of its kind in a Radiation Oncology and Medical Physics setting) and Radiobiology, were led by prominent international and national experts such as, Dr. Nataka Suchowska, Dr. Naduparambil Jacob, Dr. Subhrajit Saha and Dr. Solomon F.D. Paul.

The round table discussion which followed was a major feature of the symposium. The topic was **“Photon vs. Proton vs. Carbon-ion: Which is Best for India?”** featuring six eminent panelists from Radiation Oncology and Medical Physics, who comprehensively brought out the pros and cons of each technology in the Indian context.

The symposium concluded with a poster competition and a quiz competition conducted by Dr. Paul Ravindran, Professor of Radiation Physics.

BMT Survivorship Meeting Continued from Page 1



transplant survivors along with their stem cell donors and other family members attended the meeting. The most emotional part of this meeting was the session where patients gave their testimony about their experiences and challenges during the peri-transplant period.

State Level Workshop on 'The Essence of Communication and Documentation in Patient Care', organised

On, 7th February, 2019, a state level workshop on ‘The Essence of Communication and Documentation in Patient Care’ was conducted by the Department of CNE and Research, College of Nursing. The focus of the workshop was to enhance the knowledge of the fifty participants in communication and documentation. The morning sessions were on communication between Nurse and Healthcare team and Nurse and Patients, followed by a lecture and group discussion by faculty from the department of Forensic Medicine. Post lunch, there were discussions on patient care documentation and communication challenges.



World Autism Awareness Day celebrated



With regard to **“World Autism Awareness Day”** the Nambikkai Nilayam (NN) Child and Adolescent Psychiatry Unit conducted an Awareness programme for pre-school and primary school teachers on 2nd April 2019. Sessions were conducted by a psychiatrist, an occupational therapist, a psychologist, and a special educator on various aspects of Autism Spectrum Disorder. There

were posters on the theme displayed during the session. Teachers in and around Vellore participated in the awareness programme and expressed that the programme has been beneficial and welcomed more such programmes. A special programme on Alternative and Augmentative Communication for the parents was scheduled on 5th April, 2019.



Graduation Ceremony at the Aadhyavikas Kids Corner

It was a proud moment for Aadhyavikas kids corner as the second batch of senior class students (Prekindergarten) graduated from the school. The graduation ceremony of Aadhyavikas was conducted on 16th March 2019 at the Aadhyavikas Kids corner, KPTR CMC campus, Kagithapattarai. Ms. Vidya Sampath, Dean and Director of Vedavalli Vidhyalaya School, Ranipet was the chief guest. Ms. Sheby Rajiv, Incharge, Aadhyavikas school welcomed the gathering. The little tiny tots expressed their gratitude by singing a thank you song and sharing their responses. The Chief Guest Ms. Vidya Sampath gave away the graduation certificates. Dr. Beena Gladwin who responded on behalf of the parents, expressed her sincere gratitude to all the staff and teachers of Aadhyavikas and Dr. Rebecca Ross proposed the vote of thanks. Dinner was organized by the school for the graduates along with their parents and guests. Aadhyavikas committee members as well as KPTR residence association members supported the occasion with their presence.

Aadhyavikas takes care of children from 4 months to 4 years of age in the Kagithapattarai campus. The school was started in 2016 and this year saw the second batch of 15 students graduating out. Aadhyavikas has been a big boon for the campus and looks after the overall development of the individual child, takes care of the children while the parents are at work and is at the centre of all campus activities.



Congratulations!

- **Dr. Vikram Mathews**, Professor, Department of Haematology has been awarded the Wellcome-DBT India Alliance Senior Fellowship (Second Fellowship).
- **Dr. Nihal Thomas**, Professor and Head, Department of Endocrinology Unit-I has been elected as a Fellow of the American College of Physicians (FACP).
- **Rev. Ananthi A. Mary**, Head, Chaplaincy has been appointed as a Board Member of the Senate of Serempore College for a period of five years from 6th December, 2018.
- **Dr. Regi Kurien**, M.S., DOHNS (Eng), Professor, won the Gold Medal in the Senior Consultant award category for paper presentation at "IASSACON 2019, Chandigarh" on 28th to 31st March, 2019.
- **Dr. Vinotha**, Associate Professor, Department of Gynaecologic Oncology has received Gold Medal for M.Ch. for Gynaecology Oncology from Tata Memorial Centre, Mumbai.
- **Dr. Franklin Irwin** Department of Radiology won the Prof.G. Shivanna Shetty prize paper award at the 71st state IRIA (Indian Society of Radiology and Imaging) conference held at Chennai from 14th to 16th December, 2018.
- **Dr. Shyjumon George**, Department of Radiology won the 1st prize in quiz competition at 71st state IRIA (Indian Society of Radiology and Imaging) conference held at Chennai from 14th to 16th December 2018.
- PICU Team - **Drs. Muniya, Siva Vyasam, Priyanka M & Mrs. Mary Juliana** has won the Second Prize at the highly competitive National level SIMWAR held at AIIMS, New Delhi on 3rd March, 2019.
- **Ms. Manjusha Elsa Mathew** and **Ms. Sharon Shashank Kotak**, B.Sc. Optometry Technology interns from the department of Ophthalmology, have won the third prize among the 28 Optometry colleges that participated in the Vasana Eye-Q Intercollegiate Optometry Quiz which was conducted in Chennai on the 24th of March 2019".

Memoranda

- **Dr. Abraham Vijay Peedikayil**, Professor, is appointed as Head of Surgery Unit-III with effect from 4th April, 2019 for a four year term.
- **Dr. B. Antonisamy**, Professor, is appointed as Head of Biostatistics Department with effect from 5th April, 2019 till his superannuation.

Library Notice : Timing During Summer Vacation

Kindly note the change of working hours of Dodd and Gault Libraries during the summer time.

LIBRARY	PERIOD	TIME
Dodd Library	1 st May 2019 to 31 st May 2019	7:00 am to 9:00 pm
Gault Library	1 st May 2019 to 31 st May 2019	8:00 am to 5:00 pm

Both the above Libraries will remain closed for **ANNUAL INVENTORY** from 11th May 2019 to 18th May 2019. However the computer lab facilities will be opened for use. Your kind cooperation is much appreciated.

- **Head, Department of Library Services, CMC.**

Obituary

Mr. Samuel Nithyanandan, husband of Mrs. Saramma Samuel, Alumnus of Diploma Nursing batch of 1967 and father of Ms. Shoba Hannah Samuel, Medical Social Worker in MICU on 31st March, 2019. Let us uphold his children, Dr. Ebenezer Samuel Thomas, Ms. Sandhya Samuel, B.Sc. Nursing batch of 1997, daughter-in-law Ms. Siji Elizabeth Thomas, both former staff of College of Nursing and all the other members of the family in our prayers.

Situations Vacant

1(a) Teaching Faculty : Applications are invited for the post of **Associate Professor / Jr. Lecturer** to work at the **College of Nursing, CMC Vellore Chittoor Campus**.

Qualification : M.Sc. Nursing. Accommodation and Salary : As per institutional policy.

1(b) Assistant Warden : Applications are invited for the post of **Assistant Warden** on term appointment basis in the **College of Nursing, CMC Vellore Chittoor Campus, Nursing Student's Hostel**.

Qualification : Graduate with Home Science / Nutrition. Previous experience as warden is preferable.

Only FEMALE, SINGLE candidates need to apply for the post.

Candidate needs to stay in the hostel. Salary : As per institutional policy.

1(c) Assistant Librarian Gr.III : Applications are invited for the post of **Assistant Librarian Gr.III** to work on term appointment basis in the **College of Nursing, CMC Vellore Chittoor Campus**.

Qualification : BLIS / MLIS. Previous experience is preferable. Salary : As per institutional policy.

Apply with biodata, certificates and testimonial copies with contact phone number, e-mail ID and address to the Dean, College of Nursing, CMC Vellore, Chittoor Campus on or before **April 22, 2019** for items 1(a), 1(b) and 1(c).

2. Associate Research Officer for the **Department of Medicine Unit-I**

Job Code : 1285

Qualification : Pharm. D Mode of appointment : Project mode.

Salary : As per institutional rules. Accommodation not provided.

Job description of Poison Information Specialist trainee.

The candidate will work in the Poison Information service to answer the phone help line for acute toxic exposures, provide information, document exposure and follow up in addition to maintaining poison data base and involvement in public education. They would receive training in all the above aspects.

3. Medical Research Assistant for the **Gynaecologic Oncology**. Qualification : MBBS.

Job Code : 1275

Mode of appointment : Project mode. Salary : Consolidated salary : Rs.40,000/-. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **April 20, 2019** for Item 2 and **April 22, 2019** for Item 3. *Note: Please mention the Job Code in the application form. Applications without Job Code will not be accepted.*

4. Junior Research Fellow for the **Centre for Stem Cell Research**

Job Code : 1286

Qualification : M.Tech and M.Sc. in Life Sciences / Biochemistry / Biotechnology with minimum of 55% of marks. Preference will be given to the candidates with CSIR / UGC / DBT / ICMR junior research fellowships.

Mode of appointment : Project mode. Consolidated salary : As per institutional rules. Accommodation not provided.

For more details of the positions and the application forms visit <http://www.cscr.in/research-opportunities/>

Please send us the duly filled application mentioning the Job Code either by soft copy to csc.edu@cmcvellore.ac.in

or by hard copy to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, Tamil Nadu on or before **April 22, 2019** for Item 4. *Note: Please mention the Job Code in the application form. Applications without Job Code will not be accepted.*

5. Staff II Medical Lab Technician (Project)/Staff III Medical Lab. Technician (Project) for the **Centre for Stem Cell Research**. Qualifications : B.Sc. MLT /H.Sc. with two years CMAI Diploma in Medical Lab. Technician Course with two years experience. Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Job Description : To work as lab technician under the Novel Approaches to Haematological Disorders (NAHD) in project mode. Age limit : 35 years. Salary scale : As per institutional rules.

6(a) Staff III Speech Therapist for the **Department of Physical Medicine & Rehabilitation (P.M.R)**

Qualification : B.Sc. (Audiology / Speech & Hearing).

6(b) Staff III Speech Technician for the **Department of Physical Medicine & Rehabilitation (P.M.R)**

Qualification : H.Sc. with Diploma in Speech & Hearing (DHELs).

Salary : As per institutional rules. Job description : To work in the Department of P.M.R.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **April 22, 2019** for Item 5 and **May 06, 2019** for Items 6(a) and 6(b).

CMC NEWSLINE

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As for God, his way is perfect; the word of the Lord is flawless. He is a shield for all who take refuge in him.
2 Samuel 22:31



World Kidney Day - 2019



The Department of Nephrology celebrated World Kidney Day on 14th March, 2019 by creating a public awareness and screening programme at the hospital campus. The theme for this year's celebration was "Kidney Health for Everyone, Everywhere". The Chief Guest for the event was Dr.V. Tamilarasi, Professor and former Head of the Department of Nephrology, who in her address spoke of the significance of such an event in preventing kidney disease and promoting kidney health. Following which felicitations were offered by Rev. Lalbiak Sanga, Chaplain, Dr. Prasad Mathews, Medical Superintendent, Dr. Premila Lee, Nursing Superintendent, Dr. Vathsala Sadan, Dean, College of Nursing, Dr. Priya Abraham, Associate Director, Dr. Santosh Varughese, Head, Nephrology Department and Dr. Indira Agarwal, Head of Paediatric Nephrology.

After the inaugural programme, tests for urine albumin, blood glucose and blood pressure were organised. In addition, height and weight estimation were done followed by

nutritional and medical counselling. Dr. Santosh Varughese led the awareness programme regarding organ donation and inspired thirty one staff to pledge to donate their organs.

Various activities and events were organised by the Nephrology team during this month long celebration. On 5th March, 2019, a health programme was conducted at Ida Scudder School, Vellore followed by a Quiz for the AHS and Nursing students on 7th March, 2019. For the staff and patients, poster and slogan competitions were held. On 13th March, 2019 a screening programme was held for the security staff which included physical assessment, blood glucose checking, blood creatinine testing, blood pressure checking and urine albumin testing. In addition, there was audiometry and pulmonary function testing performed in collaboration with the departments of ENT and Pulmonary Medicine for persons at high risk. A meet for those patients on dialysis and post kidney transplantation was organised. They were accompanied by their families and were

Special Prayers: April 14 - 20, 2019

Chaldean Syrian Church of the East

Council Members :

Most Rev. Dr. Mar Aprem
Bishop Dr. Mar Yohannan Yoseph

Hospital : Mar Timotheus Charitable
Hospital, Trichur

Council of Christian Hospitals

Council Members : Dr. P. Joshua
Mr. R. Paul Jai Singh

Hospitals : Serango Christian Hospital
Christian Medical Centre, Pithampuram
CBM Bethel Hospital, Vuyyuru
Star of Hope Hospital, Aikividu

Palm Sunday Musicals

Sunday Services : April 21, 2019

6.00 pm : Scudder Auditorium
Rev. Dr. T. Arul Dhas

6.30 pm : Hospital Chapel
Rev. Dr. M. Peter Singh

Days to remember :

World Haemophilia day - April 17

World Heritage Day - April 18

benefitted from the sessions on healthy diet for healthy kidney. This concluded with a time of activities, games and puppet show put together by Dr. Elias Sony, Consultant, Nephrology and Mrs. Reena George, Professor and Nurse Manager of Dialysis Unit.





The events and sessions were organised with the aim to generate a public awareness regarding Chronic Kidney Disease (CKD). CKD is a silent killer and the prevention and control can be achieved by following a healthy diet and keeping blood pressure and sugars in check.

Report on Course on 'Research Methodology'

The Department of CNE and Research, College of Nursing conducted a short course on 'Research Methodology' from 25th February to 1st March, 2019. The aim of the course was to review the basics of Nursing Research and to equip the participants to develop a research proposal. At the inaugural function Dr. Vathsala Sadan, Dean, College of Nursing and Dr. Premila Lee, Nursing Superintendent felicitated the gathering. Dr. Vinitha Ravindran, Professor and Head of CNE and Research, spoke about the importance and benefits of this course. The resource persons for the course were faculty from the College of Nursing and Medical College. They took rigorous sessions on quantitative, qualitative research methods and biostatistics. Interactive group activities and hands on experience on literature search, data entering and analysis proved to be of great use for the participants. The course ended with a test on research methodology. The participants felt that the course was an eye opener which empowered them to initiate research proposals pertinent to problems/issues in their own patient care areas.



Workshop on career guidance organised by the Personnel Department



A workshop on Career Guidance was organised by the Personnel Department, for the staff children studying in 9th till 12th grade, on 3rd April, 2019 at the Paul Brand building. A total of hundred and seventy five students attended the workshop. The workshop was conducted in view of the upcoming board exams and the entrance exams, to instil a sense of clarity and confidence in them. They were taken through a time of introspection, to analyse their strengths and weakness,

to confidently face life's challenges, to seek God's purpose and to focus on studies. There were sessions on choosing the right career and interview skills. The resource faculty were Mr. Ashok Vedhanayagam, Founder, SISHYA, Chennai, Mr. Mathew Asirvatham, Retired Training Officer, RUHSA, Mr. Swithun Manoharan, Sr. Vice President, TAFE, Chennai, Mr. T.S. Ravikumar, Professor in Nursing, CMC, Ms. Merlin Jenny, Clinical Psychologist, MHC and Mr. Durai Jasper, PRO, CMC. The students found this workshop to be highly informative and as it is the season of exams, the Voorhees College authorities will be providing a concession of fifty percent on the course fee for CMC entrance coaching.



Congratulations!

The Hon'ble President of India, Shri Ram Nath Kovind announced the National Institutional Ranking Framework (NIRF) - India Rankings 2019 on 8th April, 2019 in Vigyan Bhawan, New Delhi.

The National Institutional Ranking Framework ranks institutions across the country based on "**Teaching, Learning Resources,**" "**Research and Professional Practices,**" "**Graduation Outcomes,**" "**Outreach and Inclusivity,**" and "**Perception**".

Christian Medical College, Vellore was ranked 3rd in the Medical Category. Dr. Anna B. Pulimood and Dr. Judy Ann John received this award on behalf of the Institution.

Sports News

The prize distribution for the Staff Tennis Tournament for the year 2018-19 was held on 1st March 2019 at the College Campus, Bagayam. Dr. Nitin S. Kekre, Professor, Department of Urology was the Chief Guest. The results are as follows:

Winners : Dr. Anandith, Dr. Rohan and Dr. Benjamin.
Runners up : Dr. Sathiya, Dr. Sujith Chandy and Dr. Vinod.



Retirement



Mr. Vasudevan, Hospital Attendant Gr.I, Transfusion Medicine retired on 12th March 2019, after 31 years of dedicated service to the institution. His wife, Mrs. Rani is working as a Hospital Housekeeping Attendant in Transfusion Medicine. They blessed with two children. Their elder son, Mr. V. Mohan is studying B.Sc. MLT in CMC. The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.

Library Notice

The **Florence Taylor Memorial Library, College of Nursing** will remain closed for **Annual Inventory** from **13th to 18th May, 2019**.

During summer vacation the Library will function from :

20th May to 1st June, 2019 - 8.00 a.m. to 5.00 p.m. (Monday to Friday)

On Saturdays - 8.00 a.m. to 1.00 p.m.

Regular functioning will be resumed from **3rd June 2019** onwards.

Situations Vacant

1. Applications are invited for the post of **Head, Centre for Stem Cell Research, (CSCR)**, [www.cscr.in], a unit of the Institute for Stem Cell Biology and Regenerative Medicine (inStem) [www.instem.res.in], Bengaluru, an autonomous Institute under the Department of Biotechnology, Government of India [www.dbtindia.nic.in] located on the campus of the Christian Medical College (CMC), Vellore. [www.cmch-vellore.edu]

The post is on contract for up to 5 years and carries the pay scale of a Professor at CMC, Vellore, with other allowances and perks allowed for such positions in the institution.

Applicants would typically be expected to have held senior leadership positions managing research in medical / scientific organizations and have 14 years of experience after MD or Ph.D in relevant research.

Applications are available at www.instem.res.in / www.cscr.in (Downloadable) and should be sent by post to the Principal, Christian Medical College, Bagayam, Vellore – 632 002 or email to: princi@cmcvellore.ac.in, so as to reach within 30 days from the date of publication of this advertisement.

2. **Centre for Stem Cell Research (a unit of inStem, Bengaluru) & Christian Medical College, Vellore** in collaboration with National Health Mission, Odisha invite applications on purely temporary basis for the following posts to work under the project titled 'Control of Sickle Cell Disease and Thalassemia in Odisha'. **Job Code : 1287 2(a) Technical Officers (4 posts) (Communication - 1 / Training & Counselling - 1 / Lab - 1 / Data Management-1)** for the **Centre for Stem Cell Research**

(b) District Coordinators - 10 posts for the **Centre for Stem Cell Research**

(c) Pathologist - 1 post for the **Centre for Stem Cell Research**

(d) Data analyst - 1 post for the **Centre for Stem Cell Research**

Mode of appointment : Project mode. Accommodation not provided.

For application form and details on qualifications, experience, location of work and remuneration, visit <http://www.cscr.in/research-opportunities/>

Please send us the duly filled application mentioning the job code either by soft copy to cscredu@cmcvellore.ac.in or by hard copy to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, Tamil Nadu on or before **April 29, 2019** for Items 2(a), 2(b), 2(c) and 2(d).

3. Psychologist Gr.V with M.A. / M.Sc. Psychology with two years M.Phil. in Clinical Psychology for the Department of Psychiatry Unit-II. Salary scale : As per institutional rules. Accommodation not provided.

4. Tutor Gr.IV with BOT (Regular Course) for the Department of Psychiatry Unit-III
Salary scale : As per institutional rules. Accommodation not provided.

5. Assistant Professor with DM (Neonatology) for the Department of Neonatology
Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail princi@cmcvellore.ac.in on or before **April 27, 2019** for items 3, 4 and 5.

6. Counsellor Gr.V for the Department of Paediatrics Unit - III

Qualifications : MA / M.Sc. in Psychology + PG Diploma in Counselling (or) One year work experience in counselling (or) MA / M.Sc. in Counselling Psychology (or) MA (Pastoral Theology & Counselling).

Note : Only regular mode will be accepted, Private or correspondence will be not accepted.

Job description : Counselling on various aspects of adolescent health such as nutrition, exercise, violence and safety, mood related problems, sexual and reproductive health, substance abuse, abuse of other forms including sexual abuse. Salary scale : As per institutional rules. Age limit : 35 years.

7. Staff II Medical Lab Technician (Project) / Staff III Medical Lab. Technician (Project) for the Centre for Stem Cell Research

Qualifications : B.Sc. MLT / H.Sc. with two years CMAI Diploma in Medical Lab. Technician Course with two years experience. Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Job Description : To work as lab technician under the Novel Approaches to Haematological Disorders (NAHD) in project mode. **Selected candidates will be posted in Odisha State.**

Age limit : 35 years. Salary scale : As per institutional rules.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **April 22, 2019** for Item 6 and **April 29, 2019** for item 7.

8. Staff Nurses B.Sc. to work in a project on term appointment basis under the Department of Paediatrics Unit-III

Qualification : B.Sc. Nursing. Salary : Project scale. Accommodation not provided.

Apply with biodata, photograph, certificates, testimonials references to the Dean, College of Nursing, Christian Medical College, Vellore - 632 004, on or before **April 27, 2019** for item 8.

9. Accountant-Cum-Cashier Gr.III (Project Mode) for the Centre for Stem Cell Research

Qualification : B.Com / M.Com + 1 year computer training.

Salary : As per institutional rules. Age limit : 30 years and below.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **April 29, 2019** for Item 9.

10. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri-632 106 invites applications for the following post of **Graduate Lab Technician Gr.IV.** No. of Vacancy : 01. Experience : 0-2 years.

Qualifications : PG. Diploma in Histopathology and Museum Techniques.

Qualifications : PG. Diploma in Medical Microbiology.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R & LC., Karigiri" addressed to the Director, SIH-R & LC., Karigiri - 632 106. Last date for receipt of applications is **April 30, 2019.**

11. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri-632 106 invites applications for the following post of **Veterinarian.** No. of Vacancy : 01.

Qualifications : Bachelor in Veterinary Science (B.V.Sc) / Master of Veterinary Science (M.V.Sc).

• Candidate interested in research mycobacterial disease, managing an animal laboratory and helping in livestock for rehabilitation. • Salary commensurate with qualification and experience.

Candidate can apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R & LC., Karigiri" addressed to the Director, SIH-R & LC., Karigiri, Pin - 632 106, or email your updated resume along with the scan copies of all your testimonials to director@karigiri.org

Last date for receipt of applications is **April 30, 2019.**



HE IS ALIVE

THE EMPTY TOMB: AN ICON OF HOPE IN DESPAIR

One can only imagine the emotional turmoil the Galilean women experienced when they found the empty tomb of Jesus. Their perplexity and despair; their hopelessness and sudden loss of peace and joy must have been a traumatic experience for them. However, they were saved from this hopelessness when two men in dazzling apparel appeared before them. The question which they asked changed history forever - "why do you seek the living among the dead? As he told earlier **HE IS NOT HERE. HE IS RISEN!**"

The resurrection of Jesus brought a tremendous impact on world history. What does one learn from this empty tomb experience- the ultimate truth that Jesus has risen from the dead!! He has conquered death, not only for himself, but in doing so he has saved each and every one of us. The hope which was lost has been restored again through this miracle of resurrection. Let us therefore rejoice and shout Hallelujah!

Death is swallowed up in victory: 1 Corinthians 15:54

The burdens and cares of life are many. Our despair may stem from several origins; it could be physical, emotional, economic, social and so on. When the path seems dark and uncertain, the ray of hope that shines from Jesus' resurrection will be enough to lead the way. There is a sense of warmth and assurance in this truth.

"I have conquered the clutches and consequence of sin, since I have resurrected from its wages, death, and I go ahead of you" : Mark 16:6,7

Hence, the empty tomb becomes an **Icon of our Hope in Despair**. What a joyful experience to be led by the **JUBILANT VICTOR**, through the paths of righteousness and tranquillity.

Apostle Paul says, "*if Christ has not been raised, then our preaching is in vain and your faith is in vain... if Christ has not been raised, your faith is futile and you are still in your sins... but in fact Christ had been raised from the dead... Christ the first fruits, then at his coming those who belong to Christ: 1 Corinthians 15:14-24.*

This is the foundation of the Christian faith. Thus, the empty tomb becomes an **Icon of our Affirmation of Faith**. Dear friends, as we face empty tombs in our lives, let us not give in to perplexity or apprehension, rather let us be aware of the truth behind the empty tomb and face life with courage and confidence. Let the empty tomb always remain as an Icon of Hope in Despair.

*Because He lives, I can face tomorrow, because He lives all fear is gone,
Because I know, he holds the future and life is worth the living just because He lives.*

WISH YOU ALL A HOPE FILLED EASTER!

(Rev. Ananthi A. Mary, Head, Chaplaincy)

State Level Workshop on 'Recent Trends and Advancements in Genito-Urological Nursing'

The Department of Medical Surgical Nursing Specialty-I and CNE & Research, College of Nursing organized a state level workshop on 'Recent Trends and Advancements in Genito-Urological Nursing' on March 27th, 2019. There were fifty participants from nine different institutions. The workshop was awarded six credit hours by the Tamil Nadu Nurses and Midwives Council.



The major objective of the workshop was to enhance the competencies of nurses in caring for patients with genito-urological disorders and diseases with respect to the recent trends and advancements.

The participants gained hands on training in Ileal conduit care, care of urinary drainages, bladder wash / irrigation, self-testicular examination, urethral dilation and intermittent catheterization through the skill stations.

Events from the Department of Clinical Virology



The Department of Clinical Virology has accomplished yet another achievement by obtaining the accreditation from National Accreditation Board for Testing and Calibration Laboratories (NABL) as a **Proficiency Testing (PT) provider** in accordance with **ISO/IEC 17043:2010**.

Participation in a PT (EQAS) program has become an integral part of the diagnostic laboratory activities as it improves the technical competency and confidence in providing quality report to the patients. The Department of Clinical Virology started the Virology PT(**CMCVIROEQAS**) programmes for the first time in India in the year 2017 with the aim of enhancing the quality of the virology assays in laboratories across the country under the aegis of Indian Association of

Medical Microbiologists (IAMM) and the Department of Clinical Microbiology.

What is the CMCVIRROEQAS PT programme?

This programme has two different parameters namely serological and molecular. There are 3 surveys for all serological panels and 2 surveys for molecular panels with 12 and 4 annual challenges respectively. The serology parameters include markers for BBVS, Dengue, Acute Hepatitis and HBV serology. The molecular parameters include quantitative estimation of HIV-1 RNA, HBV DNA, HCV RNA and CMV DNA. Currently there are about 580 laboratories participating in the serology panels and 40 laboratories in the molecular panels from across India.

The department obtained the accreditation for the routine diagnostic services with NABL in 2011 in accordance with ISO 15189:2012, and has one of the few state-of-the-art Virology laboratories associated with a medical college having the largest repertoires of assays offered.

This achievement was obtained by the whole hearted co-operation of all the staff from the department and support of the administration.

The First Master Class in Paediatric Neurology

The Department of Neurological Sciences organised the 'First Master Class in Paediatric Neurology' under the aegis of the Indian Academy of Neurology (IAN), Paediatric Neurology subsection on April 5th and 6th in the New Examination Hall, Bagayam. This was special as it was the first academic event conducted by this body for the post graduates in Neurology. Currently, most childhood neurological disorders, in the country are attended to by paediatricians and adult neurologists. The response was overwhelming with nearly two hundred delegates,



comprising paediatricians, neurologists and post graduates in these fields. The academic sessions were robust and interactive with two international and twenty one national faculty. The faculty included Paediatric Neurologists from all major institutes and from related specialties. The two day event ended with a well conducted quiz. The inaugural function was attended by Dr. J.V. Peter, Director, Dr. Anna Pulimood, Principal and Dr. Paul M.J., Associate Medical Superintendent along with Dr. Sanjeev Thomas, past president of the IAN, Dr. Vrajesh Udani (Mumbai) and Dr. K.P. Vinayan (Kochi), chairperson and convenor of the Paediatric Neurology subsection and Dr. Chandran Gnanamuthu and Dr. Vivek Joseph, former and current head of the Department of Neurological Sciences. The subsection sincerely hopes this will set the trend for more to get interested in the field of Paediatric Neurology and offer the best available services.

Congratulations!

- **Dr. Lallu Joseph**, Assistant Manager, QMC - Directorate has been nominated as the "Secretary General" of the Consortium of Accredited Healthcare Organizations (CAHO), India for a period of two years.
- **Dr. Ananth P. Abraham**, Postgraduate resident in Neurosurgery has won the II Prize in Quiz competition at Narayana Paediatric Neurosurgery Course held from 31st March, 2019 to 1st April, 2019 held at Bengaluru.
- **Dr. Haripriya G.R.**, 2nd year Post Doctoral Fellow in Audiovestibular Diseases won first prize for oral paper presentation titled, Vestibular epilepsy at the 38th Annual Conference of the Neuro-Otological and Equilibriometric society (NES) of India which was held from 29th to 31st March 2019 in Bengaluru.

Sports News

The Allied Health Sciences Sports Day was conducted on 9th March, 2019 at Oval Ground, Bagayam. Dr. Rabin Chacko, Professor and Head, Dental Unit-I, was the Chief Guest and distributed the awards to the following winners.

Overall Championship : Transfusion Medicine and Immunohaematology.

Individual Championship (For Men) : Samuel Joash Spurgeon (Respiratory Therapy).

Individual Championship (For Women) : Sheetal Devdas (Dialysis Technology).



Retirement

Mr. G. Sampath, Sr. Hospital Attendant, RUHSA retired on 20th March 2019, after 39 years of dedicated service to the institution. He has two daughters and a son. His son, Mr. S. Dhasaradhan is working as a Hospital Attendant in Q Block.

The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.



Situations Vacant

1. Assistant Professor / Senior Resident for the **Department of Neurological Sciences (Paediatric Neurology)**
Qualification : DM (Paediatric Neurology) or DM (Neurology) with MD Paediatrics or MD (Paediatrics) with two years experience / Special Training in Paediatric Neurology.

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2. Senior Resident with **MS / DNB (Ophthalmology)** for the **Department of Ophthalmology**

Age limit : <40 years. Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail princi@cmcvellore.ac.in on or before **April 27, 2019** for items 1 and 2.

3. Staff III Speech Therapist for the **Child & Adolescent Psychiatry Unit (Nambikkai Nilayam)**

Qualifications : B.Sc. (Speech Therapy and Audiology).

Continued on Page 4

Note : Only regular mode will be accepted, private or correspondence will be not accepted. Salary scale : As per institutional rules.

Age limit : 35 years. Job Description : Clinical Work.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies".

Note : Only online applications will be accepted; Hard copies will not be accepted. Applications will close on **May 06, 2019** for Item 3.

4. Applications are invited for the following posts for the **CMC Vellore Chittoor Campus**:

4(a) Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB in Orthopaedics.

4(b) Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / Professor / Physician with D.Ch / MD / DNB in Paediatrics.

4(c) Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / Professor / Physician with DA / MD / DNB in Anaesthesia.

4(d) Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / Professor / Physician with MD / DNB in General Medicine.

Salary : As per institutional rules.

Applications through online application system, please log on to <http://www.cmch-vellore.edu> Link: "Vacancies" or email to dir.hr@cmcvellore.ac.in

Applications will close on **May 06, 2019** for Items 4(a),4(b), 4(c) and 4(d).

5. Assistant Warden to work in the **Staff Nurses' Hostel**

Qualification: Any graduate preferably B.Com graduate with experience in computer application. (10 + 2 + 3).

Salary scale : As per institutional rules. Age : Below 35 years.

Others : Only Unmarried female candidate need to apply.

Apply to the Nursing Superintendent, CMC, Vellore – 632 004 with bio-data, copies of certificates and testimonials on or before **May 06, 2019** for item 5.

6. Health Center Auxiliary to work in **CHAD Hospital**

Only female candidates need to apply. Qualification : 12th Std with Diploma in Health Assistance. Preferably married. Apply with biodata, photograph, certificates, testimonials references to the Dean, College of Nursing, Christian Medical College, Vellore - 632 004, on or before **May 04, 2019** for item 6.

7. Engineer Gr.IV for the **Department of Radiation Therapy**

Qualification : B.E. or B.Tech in Electronics Communication Engineering. Salary : As per institutional rules.

Essential : Experience in managing Radiation Oncology Information System Network.

Desirable : Work experience in MATHLAB and PYTHON.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **April 27, 2019** for item 7.

8. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri-632 106 invites applications for the following post of **Driver Gr.IV**. Age : Below 30 years.

Qualifications : H.Sc. pass with HTV License holder and 5 years experience in Heavy Transport Vehicle Driving. Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R&LC., Karigiri" addressed to the Director, SIH-R&LC., Karigiri, Pin-632 106.

Last date for receipt of applications is **April 27, 2019**.

Special Prayers: April 21 - 27, 2019

CHIPS : Mr. Ebenezer Sundarraj and Staff

Community Health and Development :

Dr. Vinod Abraham and Staff

Mrs. Rajeswari Siva and Staff

United Methodist Church of America, USA

Council Member : Dr. Arvind Roop Kumar

Voluntary Health Association of India

Council Member : Mr. Alok Mukhopadhyay

Vellore CMC Foundation Inc.

Council Members : Dr. Honorine Ward

Mr. John Anthony Riehl

Sunday Services : April 28, 2019

6.00 pm : **Scudder Auditorium**

Dr. Sunil Abraham

6.30 pm : **Hospital Chapel**

Mr. T.S. Ravikumar

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Obed John

4.30 pm : **Chittoor Chapel**

Rev. Mani Bhushan Das

Welcome:

Dr. Uday George Zachariah, Professor, Hepatology, on his return from sabbatical leave on 16th April, 2019.

Memoranda :

Dr. Tony Thomson Chandy, Professor is appointed as Head of Anaesthesia Unit-I, with effect from 12th April, 2019 for a four year term.

Mr. Nandakumar T., Assistant Manager (Internal Audit) is appointed as Acting Head of the Internal Audit Department with effect from 15th April, 2019 until further notice.

CMC NEWSLINE

Vol.No.55 No.44 FOR PRIVATE CIRCULATION ONLY APRIL 29, 2019

For wisdom is more precious than rubies, and nothing you desire can compare with her.

Proverbs 8:11



Dr. Gagandeep Kang becomes the first Indian woman to be elected Royal Society Fellow



Gagandeep Kang, Professor and the Laboratory Director of the Wellcome Trust Research Laboratory, Division of Gastrointestinal Sciences, on sabbatical as Executive Director, Translational Health Science and Technology Institute, An Autonomous Institute of the Department of Biotechnology, Ministry of Science and Technology, Government of India, New Delhi, has become the **first Indian woman scientist** to be elected as a **Fellow of the Royal Society (FRS) in 360 years**.

Professor Kang has built a strong inter-disciplinary research programme that uses careful and detailed field epidemiology with molecular tools for characterization of infectious agents and host response to infection to understand and change factors that affect transmission, development and prevention of enteric infections and their sequelae. Observational, interventional and mechanistic studies on enteric infection and nutrition have demonstrated the complex

relationships between gut function and physical and cognitive development. She has established a strong training program for students and young faculty in clinical translational medicine aiming to build a cadre of clinical researchers studying relevant problems in India.

The Royal Society is a Fellowship of many of the world's most eminent scientists and is the oldest scientific academy in continuous existence. The society has included many leading scientists over the past four centuries including Albert Einstein and Stephen Hawking.

Nobel laureate Venki Ramakrishnan, who is the president of the Royal Society, responded to the appointment of its new members in a Tweet "Over the course of the Royal Society's vast history, it is our Fellowship that has remained a constant thread and the substance from which our purpose has been realized: to use science for the benefit of humanity,"

Continued on Page 2

Special Prayers: April 28 - May 04, 2019

Nursing Superintendent's Office :

Dr. Premila Lee and Staff

CSSD : Mrs. Florence Ponnice and Staff

Staff Nurses Hostel :

Ms. Amirtha Renjitham and Staff

Christian Nurses League of CMAI

Council Member: Ms. Jancy Johnson

CMC Ludhiana, Punjab

Council Member: Dr. William Bhatti

CNI Nagpur Diocese

Council Members: Rt. Rev. Sharad Y. Gaikwad
Mr. Sunil Jonathan

Hospital : Mure Memorial Hospital, Nagpur.

Sunday Services : May 05, 2019

6.00 pm : **Scudder Auditorium**

Rev. Raja. L

6.30 pm : **Hospital Chapel**

Rev. Lalbiaksanga Pachau

5.00 pm : **Friendship Chapel, KPTR Campus**

Rev. Giftus Joshua

4.30 pm : **Chittoor Chapel**

Rev. Vijay Kumar

Congratulations :

• **Dr. Asha Mary Abraham**, Professor, Department of Clinical Virology has been awarded the "**Fellow of the Royal College of Physicians (London)**".

• **Dr. Elizabeth Vinod**, Assistant Professor, Department of Physiology has won the second prize for oral presentation during the second annual conference of the Indian Biologics Orthopaedics Society held at Sri Ramachandra Institute of Higher Education and Research, Chennai on 30th March, 2019.

• **Dr. HariPriya G.R.** and **Dr. Anu Alex**, Post Doctoral Fellows in Audiovestibular Diseases stood first in the quiz competition conducted at the 38th Annual conference of the Neuro-Otological and Equilibriometric Society (NES) of India, held from 29th to 31st March 2019, Bengaluru.

Memorandum :

Dr. Amit Jiwan Tirkey, Professor is appointed as Acting Head of Head & Neck Surgery Unit-II, with effect from 24th April, 2019 during the period when Dr. Rajinikanth J., is on sabbatical leave.

Dr. Gagandeep Kang becomes the first Indian woman to be elected Royal Society Fellow

Continued from Page 1

“This year’s newly elected Fellows and Foreign Members of the Royal Society embody this, being drawn from diverse fields of enquiry-epidemiology, geometry, climatology - at once disparate, but also aligned in their pursuit and contributions of knowledge about the world in which we live, and it is with great honour that I welcome them as Fellows of the Royal Society,” he added.

CMC celebrates this news and congratulates Prof. Gagandeep Kang for the years of continued scientific productivity and accomplishments.

MBA (HHSM) Hospital, Immersion Programme

The Department of Hospital Management Studies and Staff Training and Development (HMSSTD) conducted the first hospital immersion programme for the 2nd Batch of MBA (HHSM) participants, from 1st to 6th April 2019. MBA in Hospital and Health Systems Management (HHSM) is a four-semester Work Integrated Learning Programme, conducted in collaboration with Birla Institute of Technology and Science (BITS), Pilani, Christian Medical College (CMC), Vellore and Bombay Hospital, Mumbai. In fulfilment of the MBA (HHSM) course curriculum, one week of hospital immersion programme was held in Vellore during the third semester.



The programme began with prayer by Rev. Joji Philip, Chaplain. Dr. Samuel N.J. David, Senior Manager and Head, HMSSTD welcomed the batch of MBA (HHSM) participants and encouraged the participants to learn as much as possible during the programme so that they could be strategic leaders in the field of healthcare. Felicitations were offered by Dr. Deepak Abraham, Associate Director (HR) who highlighted the importance of medical professionals being trained in healthcare management, so that they can manage hospitals efficiently and thereby create a positive impact in the lives of patients. During the programme, Dr. J.V. Peter, Director addressed the participants and highlighted the salient features of the MBA (HHSM) programme and congratulated them for choosing to pursue the course. He also highlighted his experience in pursuing a similar course from BITS and discussed his thesis topic briefly. Dr. Anna Pulimood, Principal also addressed them by encouraging them to know the true meaning of leadership and listed few unique characteristics of leadership and the importance of exhibiting these, while leading others.

The hospital immersion programme was attended by thirty four participants, mostly medical doctors from across the country. During the programme, the participants were coached on practical aspects of Hospital and Health Systems Management through case studies, department visits, interactions, presentations, group discussions and so on. The programme was well appreciated by all the participants through their lively participation and candid feedback.

Report of Safe Motherhood Day



National Safe Motherhood Day, which falls on April 11, ensures that women are given proficient awareness on safe pregnancy and childbirth, and the theme for this year is “Midwives for Mothers”. The Department of Obstetrics and Gynaecological Nursing organised various events on the theme “Respectful Maternity Care”. An exhibition which effectively highlighted the significance of safe motherhood was organised along with the Dietary Department. Rev. Deborah, Chaplain dedicated the programme and Mrs. Ebenezer Ellen Benjamin,

Professor and Head of OG nursing, delivered the welcome address. The Chief Guest for the event was Mrs. Nirmala Manoharan, Retired Professor of Maternity nursing who addressed the participants, felicitations were offered by Dr. Manisha Madhai Beck, Head of OG-IV unit and Mrs. Nirmala Margret, Additional Deputy Nursing superintendent. Dr. Vatsala Sadan, Dean, College of nursing distributed the prizes to the winners of the various contests. Programmes similar to this were conducted in the CMC, Vellore, Chittoor Campus, which proved to be highly beneficial.

Events from the MCI Nodal Centre

The MCI Nodal centre for National Faculty Development, CMC Vellore has conducted five **MCI Curriculum Implementation Support Programmes (CISP)** for all curriculum committee members of affiliated colleges from February to April 2019. The purpose of the MCI CISP is to prepare and support faculty and medical colleges in

Continued on Page 3

planning, implementing and evaluating the new competency based curriculum which is to be implemented from the academic year 2019 through a multi tiered approach. The CISP programme developed by an expert group from the Medical Council of India provides the much needed intellectual support to colleges to transition smoothly from



the existing to the new competency based curriculum. The programme is aimed to train the trainers and capacitate deans and curriculum committee members of the affiliated medical colleges under the MCI –Nodal Centre. A total of hundred and twenty curriculum committee members were trained in this programme.



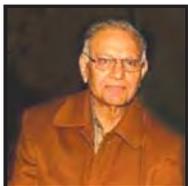
Yet another achievement for the College of Nursing

Q- Infinity 2019 is an annual event organised by the Apollo College of Nursing, Chennai. This year two teams from College of Nursing, CMC participated in the Intercollegiate Quiz Programme on Medical Diagnostics and Pharmacology. Among the five teams which qualified for the final round, the team from CMC won the first prize. Congratulations to the team for their hard work and enthusiastic performance.

Ms. Bessy Prakash - IV year B.Sc. Nursing
 Ms. Deepa Sebastian - IV year B.Sc. Nursing
 Ms. Gnancy. H - IV year B.Sc. Nursing



Obituaries



• **Dr. Ernest Lall** (batch of 1949) on March 13, 2019. Dr. Lall was in the last batch of Pakistani students whom CMC admitted in the first three years after Independence. He came from a third generation Christian family in Sialkot. **In the citation to the Paul Harrison Award of 1984**, CMC described their work thus: “[Drs. Ernest and Pramila Lall] took over the Christian Hospital in Taxila in Pakistan, on the verge of closing down. They have built it up into a stable, large general hospital which, at peak season, serves as many as 1000 inpatients. Employing no more than 100 staff members and utilizing a judicious combination of high technology and common sense barefoot approach, they have evolved a unique hospital where the standard charge is only Rs.120 for eye operations or Rs.200 for general surgery. Every employee is well paid, helped to acquire their own houses and is given free education for their children up to the university level.” The work of the hospital had been honoured by their country with the Presidential Award in 2002 and the Nazriya Pakistan Council Award in 2010, the only Christians to be so honoured in Pakistan. But their precariousness of their situation was brought home when, in 2012, Islamic militants attacked the hospital chapel on a Sunday, killing three staff members and injuring 23. The following excerpts from his obituary in the National News Pakistan provide a window into what Dr. Lall meant to the beleaguered Christians in Pakistan: “Dr. Lall was the first Executive Secretary of the autonomous Presbyterian Church of Pakistan. He was instrumental in the creation of the Christian Hospital Association of Pakistan, the first cooperative body of Protestant and Catholic churches. He was a founder member of the Presbyterian Medical Board, founder member of Dar-ul-Hikmat, founder member of the Society for Cooperative Development and a Board Member of Gordon College Rawalpindi, Christian Hospital Quetta and Christian Hospital, Tank.” Dr. Pramila Lall is “back at work in the Eye Department, seeing over 60 patients a day, six days a week.” For those who would like to get in touch with the family, the contact details of his wife Dr. Pramila Lall are given below: Email: pramilalall@yahoo.com <<mailto:pramilalall@yahoo.com>>

• **Mr. S.A. John**, father of late Dr. G.D.Sundararaj, former Head of Orthopaedics Unit-I, on 20th April, 2019.



• **Mr. Ooshan**, House-keeping Attendant Gr.III, PMO (R.P), son of Mrs. Meeramma, retired staff House-keeping Attendant, Q Block and brother of Yesuraja, House-keeping Attendant P.M. Office, on 23rd April, 2019. He is survived by his wife, Mrs.Lakshmi, House-keeping Attendant, S Ward and three children.

• **Mr. Sikha Manohara Dev**, father of Dr. Georgene Singh, Professor, Anaesthesia Department and father-in-law of Dr. Chandra Singh, Associate Director (Finance), Professor and HOU, Urology Unit-I on 25th April, 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Notice : The Eighth Advanced Vaccinology Course in India (INDVAC 2019)

INDVAC, a comprehensive overview of Vaccinology and related issues, will be held from September 16th – 25th 2019, at Christian Medical College, Vellore.

Who can apply: Community Health specialists, Physicians, Paediatricians, Microbiologists, Virologists, Research Nurses and Clinical Trialists, Infectious Disease specialists, Vaccine industry. **Course Fees:** Rs. 25,000/- (scholarships are available) and Rs. 10, 000/- for Academic / NGOs.

To Register: Apply online at www.indvac.org. **The Last Date** for submission of Forms is **May 31, 2019**.

INDVAC 2019 is supported by Bill and Melinda Gates Foundation Christian Medical College, Vellore.

Situations Vacant

1. Senior Resident with MS (Orthopaedics) term appointment of 2 years for the **Department of Orthopaedics Unit-II**
Eligibility : Minimum of 3 years experience (post MS). Those with higher designations need not apply.

Salary : As per institutional rules. Accommodation provided (Subject to availability).

2. Errata: Lecturer (AH) Gr.III for the **Department of Psychiatry Unit-II**

Qualification : M.A. / M.Sc. Psychology with 2 years M.Phil. in Clinical Psychology.

Salary scale : As per institutional rules. Accommodation not provided.

3(a) Assistant Professor with MD (General Medicine) for the **Department of General Medicine**

Minimum experience : Completed one year after passing MD General Medicine as a Senior Resident / Assistant Professor in a MCI recognized institute.

3(b) Senior Resident with MD / DNB (General Medicine) for the **Department of General Medicine**

Salary scale : As per institutional rules. Accommodation provided. (Partly furnished, depending on availability).

4. Senior Resident with MD in Dermatology, Venereology & Leprosy for the **Department of Dermatology Unit-I**

Salary scale : As per institutional rules. Accommodation provided. (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail princi@cmcvellore.ac.in on or before **May 04, 2019** for items 1, 2 and **May 11, 2019** for items 3(a), 3(b) and 4.

5. Junior Research Fellow for the **Department of Bioengineering**

Job Code : 1288

Qualification : B.E. / B.Tech with GATE qualification or M.E. / M.Tech in Electrical / Electronics / Instrumentation and other Engineering fields with the following pre-requisites. Additional Training / Experience in Bioengineering / Biomedical Engineering is desirable. Pre-requisites : Circuit Design, Assembly & Testing, Programming.

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002 on or before **May 20, 2019** for Item 5.

Note: Please mention the Job Code in the application form. Applications without Job Code will not be accepted.

6. Staff III Optometrist for the **Ophthalmology Department**

Qualifications : H.Sc. with 2 Year Diploma in Optometry / B.Sc. Optometry (preferably in CMC). Preference will be given to candidates with good inter-personal skills, who can speak more than 2 languages.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted

Job description : To work in Ophthalmology Department in shift duty (Investigation Room / Outreach Clinic).

Age limit : 35 years. Salary: As per institutional rules. Accommodation not provided.

7. Staff II AHS Medical Lab Technician (Project) for the **Centre for Stem Cell Research**

Qualifications : B.Sc. MLT (Recognized University) with minimum 55% marks. Note: Only Regular mode will be accepted, Private or correspondence will be not accepted. Age limit : 35 years. Salary scale: As per institutional rules.

Job description : To work in the area of cell and molecular biology related to stem Cell Research.

8. Graduate Technician (External Designation - Project) for the **Centre for Stem Cell Research**

Qualifications : B.Sc. in Life Sciences with minimum in 55% marks. Age limit : 35 years.

Salary scale: As per institutional rules. Only Regular mode will be accepted, Private or correspondence will be not accepted.

Job description : To work in the area of cell and molecular biology related to Stem Cell Research.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **May 06, 2019** for Items 6, 7 and 8.

CMC NEWSLINE

APRIL 29, 2019



Exemplary Service Awards 2018

The following Exemplary Awards were given during the Founder's Day celebration which was held on 10th December, 2018. The awards were given as a token of appreciation for their exemplary dedication and unique service which are qualities that adhere to the ethos of the institution.



Mrs. Samadanamma S.
Housekeeping Attendant Gr.IV
A Block Facilitation



Mr. Sarathkumar M.
Hospital Attendant Gr.IV
Operation Theatre



Mrs. Seema Devi D.
Hospital Attendant Gr.III
Paediatric Surgery



Mr. Sivakumar Y.
Housekeeping Attendant Gr.IV
Operation Theatre



Mr. Surajkumar K.
Hospital Attendant Gr.IV
Operation Theatre



Mr. Suresh Soundarrajan
Sr.Gr.II Artisan (Plumber)
Environmental Engineering



Mr. Velu A.
Artisan Gr.II (Welder)
Mechanical Engineering



Mr. Vijayakumar A.
Hospital Attendant Gr.I
I Ward

The following people risked their own lives and saved the Institution from major fire accidents:



Mr. Charles Soundarraj M.
Electrician Gr.IV
Electricals



Mr. Delhi Prakash R.
Electrician Gr.IV
Electricals



Mr. Jarone S.
Staff Gr.II Asst. Engr.
Electricals



Mr. Johnson Vijayakumar
Charge Nurse Gr.II
N1 Ward



Mr. Joseph
Electrician Gr.II
Electricals



Mr. Justin Babu I.
Electrician Gr.IV
Electricals



Mr. Manigandan M.
Jr. Engineer Gr. IV
Electricals



Mr. Manoharan M.
Electrician Gr.IV
N1 Ward



Mr. Niranjan Kumar D.
Fire Officer Gr.V
Fire Office



Mr. Vijayadharshan S.K.
Jr. Engineer Gr.IV
Electricals



Mr. Selvakumar P.K.
Sr. Gr.II Electrician
Electricals



Mr. Venkateshwaran A.
Fire Guard Gr.IV
Fire Office



Mr. Vetrivel K.
Junior Fire Officer
Fire Office



Mr. Anandan P.
Sergeant (SIS)
Security Office



Mr. Bharathkumar S.
Head Guard (SIS)
Security Office



Mr. Dineshkumar J.
Head Guard (SIS)
Security Office



Mr. Elavarasan R.
Head Guard (SIS)
Security Office



Mr. Venkatesan E.
Sergeant (SIS)
Security Office

Securities



Mr. Anbarasu
Security Supervisor (SIS)



Mr. Bharath B.
Assignment Manager (SIS)



Mr. Jayakanthan
Security Guard (SIS)



Mr. Jeelani A.
Security Supervisor (SIS)



Mr. Perumal
Security Guard (SIS)



Mr. Sampath Kumar
Assignment Manager (SIS)



Mr. Kothandan R.
Security Guard (SIS)



Mr. Kuppan A.
Security Guard (SIS)

to be continued...

CMC NEWSLINE

MAY 06, 2019



Exemplary Service Awards 2018

The following Exemplary Awards were given during the Founder's Day celebration which was held on 10th December, 2018. The awards were given as a token of appreciation for their exemplary dedication and unique service which are qualities that adhere to the ethos of the institution.



Dr. Ashok Sundarram
Fellowship Trainee (Post MBBS)
Accident and Emergency



Mrs. Esther Rani P.
Staff Nurse (B.Sc.)
Paediatric Orthopaedics



Mrs. Hepsiba K.
Housekeeping Attendant Gr.IV
KN ICU



Mr. Praveen V.
Hospital Attendant Gr.III
P1 Ward
(Part of the Fire Rescue Team)



Mr. Velan N.
Hospital Attendant Gr.III
OPD



Mr. Wesley
PG Diploma in Cardiac Technology

Securities



Mr. Raman A.
Security Guard (SIS)



Mr. Sampath Kumar M.
Security Guard (SIS)



Mr. Selvaraj D.
Security Guard (SIS)



Mr. Tamilvanan
Security Guard (SIS)



Mr. Venkatesan N.
Security Guard (SIS)



Mr. Venkatesan S.
Security Guard (SIS)



Mr. Venkatesan G.
Security Guard (SIS)

Others



Mr. Mathew
Supervisor
Sodexo Services



Ms. Durga
Cashier
Vellore Good Samaritan Canteen



Mr. Keerthiseelan
Care Taker
Cycle Stand



Mr. Arul
Care Taker
Cycle Stand



Mr. Ravi
Care Taker
Cycle Stand



CMC NEWSLINE

Vol.No.55 No.45 FOR PRIVATE CIRCULATION ONLY MAY 06, 2019



Blessed are all who fear the Lord, who walk in his ways. You will eat the fruit of your labour; blessings and prosperity will be yours.
- Psalm 128 : 1, 2

CMC Observes Autism Awareness Month



The internationally recognised World Autism Awareness Day falls on 2nd April and the entire month of April is observed as the World Autism Awareness month. In CMC, the celebrations were organised by the Department of Developmental Paediatrics in collaboration with Paediatric Nursing Services on 6th April, 2019.

Why observe the Autism Awareness Month?

It is a measure taken by the United Nations Organisation to create a public awareness about those people with Autism Spectrum Disorder (ASD). Autism is a neuro-developmental condition which affects communication and socialization; and has restrictive, repetitive movements, interests or behaviours. Early diagnosis and early intervention can improve the outcome of children with this condition. However, due to lack of awareness, even among health professionals, it remains an undiagnosed condition in early

childhood losing precious time for intervention.

In keeping with this objective, the theme for this year was “Assistive technologies, Active participation”.

The inaugural programme began with a prayer by the chaplain and a welcome address by Dr. Beena Koshy, Professor and Head, Developmental Paediatrics. Felicitations were offered by Dr. Prasad Mathews, Medical Superintendent, Dr. Chandra Singh, Associate Director, Dr. Premila Lee, the Nursing Superintendent and Mrs. Alice Sony, the Associate Dean of Nursing. Dr. Samuel Philip Oommen, Professor, Developmental Paediatrics, proposed the vote of thanks.

As part of the month long celebrations various competitions such as poster, essay, slogan and painting were held. The prizes for there were distributed during the inaugural session.

Special Prayers: May 05 - 11, 2019

Department of Medicine :

Dr. Thambu David Sudarsanam and Staff
Dr. Alice Joan Mathuram and Staff
Dr. Sowmya Sathyendra and Staff
Dr. Samuel George Hansdak
Dr. I. Ramya and Staff
Dr. Shirley David and Staff

Geriatric Medicine :

Dr. Surekha Viggswarpu and Staff
Dr. Shirley David and Staff

Clinical Immunology and Rheumatology:

Dr. John Mathew and Staff

Medical ICU and HDU :

Dr. Binila Chacko and Staff
Dr. Shirley David and Staff

Clinical Epidemiology Unit :

Dr. Thambu David and Staff

Acute Medicine : Dr. K.P.P. Abhilash and Staff

CSI North Kerala Diocese

Council Members: Rt. Rev. B.N. Fenn
Dr. Jairaj Periyar

Hospital : CSI Mission Hospital, Codacal and others

Sunday Services : May 12, 2019

6.00 pm : **Scudder Auditorium**

Dr. Sunil Holla

6.30 pm : **Hospital Chapel**

Dr. Biju George

4.30 pm : **Chittoor Chapel**

Rev. Vijay Kumar

Memoranda :

Dr. Uday George Zachariah, Professor is appointed as Head of the Department of Hepatology with effect from 1st May, 2019 for a four year term.

Dr. Raj S., Professor is appointed as Head of the Department of Anaesthesia with effect from 5th May 2019 for a four year term.



Continued on Page 2

The organising team put up an exhibition with various informative stalls.

On 13th April, a CME was conducted on “Update on Autism” by the Department of Developmental Paediatrics. The dignitaries present at the event were Dr. Prasad Mathew, Medical Superintendent, Dr. Sushil John, Vice-Principal, Dr. Srinivas S, Retired Director, Professor and Head of Paediatrics, JIPMER, Pondicherry and Dr. Chhaya Prasad, Director, Asha Development Centre, Chandigarh. The academic sessions were on medical aspects, approach to intervention, speech interventions, using assistive technologies, school interventions and vocational training prospects. The events were very beneficial to the public and the efforts of the team are greatly appreciated.



Observance of Fire Service Week



The Fire Service Week is globally observed from 14th April 2019 to 29th April, 2019 and the Fire Service Day is observed on 14th April, 2019. This week of observance is a reminder of



the sacrifices of the many firemen who have saved thousands of lives from fire accidents. During this week, organisations usually display and demonstrate their fire safety equipments and makes sure they are always combat ready.



The fire wing in CMC conducted demonstrations using various fire fighting appliances on 17th April.

The demonstrations began with prayer by Rev. Edwin Sam followed by a talk on fire service by Mr. Natarajan, Chief Fire Officer, Special talks were rendered by Mr. Ebenezer Sundarraj, General Superintendent, Mr. Sukumar Soloman, Associate General Superintendent, Mrs. Sarala Stanley, Superintendent Engineer, (Fire

& Safety Convenor), Mr. Jayasankar, Superintendent Engineer, Mr. K. Sundaram, Chief Security Officer, Mr. W. Abdul Latheef, Security Officer and Mr. Niranjan Kumar, Fire Officer.

Proficiency testing by the Department of Clinical Microbiology

The Department of Clinical Microbiology began as a national EQAS provider in 1993 till 2006. Owing to the increase in the number of the participating laboratories, the service split into a North and South EQAS Zone. Since October 2016, the department has been the EQAS providers. From 2014 with the NABL accreditation, and now as the newly accredited **Proficiency Testing (PT) provider** in accordance with ISO / IEC 17043:2010, the department has been tremendous in its growth. This accreditation was awarded on 27th December 2018. Over the last two years the service has expanded into a multi-tiered programme with 801 participating laboratories.

The objective is to validate and strengthen the competency of the participating centres in India and in the neighbouring countries, to ensure standardized microbiology diagnostic capability.

IAMM EQAS programme

The Tier 1 EQAS program for the diagnostic laboratory assesses the diagnostic competency in bacteriology smear reporting, identification of organisms from culture and susceptibility testing along with infectious disease serology testing. It consists of 27 challenges per year.

Proficiency testing by the Department of Clinical Microbiology *Continued from Page 2*

The advanced Tier 2 EQAS programme for the diagnostic cum research laboratories validates the competency in molecular identification of bacterial pathogens causing meningitis and respiratory infections and the molecular detection of antimicrobial resistance genes of diagnostic importance: namely, Extended spectrum beta-lactamases (ESBL): (SHV, TEM, VEB, PER), Amp –C (MOX, CIT, DHA, ACC, EBC, FOX), CTX-M (ESBL) : (CTX-M1, CTX-M2, CTX-M8, CTX-M9, CTX-M25) and Carbapenemases: (VIM, NDM, KPC, OXA-48, GES, SPM). This advanced program consists of 3 challenges twice yearly.

ICMR-AMR EQAS

In addition, the department is also the PT provider for the EQAS program for Antimicrobial Resistance Mechanisms detection by phenotypic and molecular methods, which is supported by Global Health Security Agenda (GHSA) and Indian Council of Medical Research (ICMR). At present, this highly advanced EQAS programme is being conducted for 12 large tertiary care centers across India, with additional sites to be included this year. To ensure quality and validated competency of our department, we participate and excel in the north zone IAMM-Bacterial EQAS, UKN-EQAS for vaccine preventable invasive bacterial agents. WHO-GFN-EQAS-Denmark for Enteric pathogens, GASP EQAS-Australia for Sexually transmitted infections, Mycobacteria RNTCP EQAS and INSTAND-QA for Mycobacteria detection, identification and susceptibility testing, UKN-EQAS and EUROIMMUNE EQAS- UK for auto-immune serology and the Medical Mycology EQAS-Chandigarh for fungal pathogen identification and susceptibility test.

With this quality assured approach, excellent service is provided to the patients and community.

Sports News

The prizes for Badminton (Staff) tournament 2018-19 were distributed by Dr. Vinu Moses, Professor, Department of Radiology who was the Chief Guest for the occasion. The tournament took place in the recently installed Badminton Court in Bagayam Campus. The results are as follows:

Badminton :

Singles : Winner : Mr. Ravi, Engineering & Planning.

Runners-up : Mr. G. Gopinath, Main O.R.

Doubles : Winners : Mr. G. Gopinath, Main O.R. and Mr. Kiran Kumar, O Block.

Runners-up : Mr. Ravi. P., Engineering & Planning and Mr. Sam Arul Doss, Transfusion Medicine.

Veterans Single : Winner : Dr. Vinu Moses, Radiotherapy; Runners-up : Mr. Suresh V.S, Pharmacy.

Veteran Double : Winners : Mr. Magendran G. and Mr. Suresh, I.S., Medical Records.

Runners-up : Mr. Balaji V., Medical Records and Mr. Santhanam S., Endocrine Surgery.



Retirements



Mr. J. Panneer Selvam, Hospital Attendant Gr.I, College of Nursing retired on 5th April 2019, after 32 years of dedicated service to the institution. He has one son and a daughter. Son, Mr. P. Ramesh Kumar is working as engineer in FORD company at Chennai and daughter, Ms. Amudha Valli is working as a teacher in private school.

Mr. K.M. Mahadevan, Sel. Gr. Staff Clerk Gr.I, Department of Stores retired on 4th May, 2019 after 34 years of dedicated service to the institution. His son, Mr. Praveen Kumar is an I.T. Operations Engineer in Accenture Services, Chennai.



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Notice:

BBA (Hospital Administration) is a **3 year full time course** offered under Thiruvalluvar University by Auxilium College (Autonomous), Vellore in collaboration with the Christian Medical College, Vellore represented by the Department of Hospital Management Studies & Staff Training and Development, Vellore. The application for this course is available at www.auxiliumcollege.edu.in Interested women candidates can apply.

Situations Vacant

1. Assistant Professor with MS (Orthopaedics) for the Department of Orthopaedics Unit-I

Experience : Should have at least one year teaching exp as (Asst. Professor) in any MCI recognized teaching institution.

Salary : As per institutional rules. Accommodation provided: (Partly Furnished, Depending on availability).

2. Senior Resident with MS / DNB (Ophthalmology) for the Department of Ophthalmology

Age limit : <40 years. Salary : As per institutional rules. Accommodation provided (Subject to availability).

3. Psychologist Gr.V with M.Sc. (Psychology) (Regular Course) for the Department of Reproductive Medicine

Salary scale : As per institutional rules. Accommodation not provided.

4. Assistant Physician with MD (General Medicine / Pulmonary Medicine / Anaesthesia) in the Division of Critical Care Medicine (Medical ICU / HDU)

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

5. Senior Resident with MD (General Medicine) / MS (General Surgery) for the Department of RUHSA

Age limit : <40 years. Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

6. Associate Research Officer Gr.IV for the Wellcome Trust Research Laboratory, Division of Gastrointestinal Sciences

Qualification : M.Sc. (Biomedical Genetics / Molecular Virology).

Experience : Preference will be given for those who have experience in next generation sequencing (NGS) and bioinformatic analysis of NGS data. Salary scale : As per institutional rules. Accommodation not provided.

7. Psychologist Gr.V with M.Sc. in Psychology with experience of working with children and survivors of violence

(physical and sexual abuse, human trafficking, domestic violence, etc.) for the Department of Forensic Medicine. Additional experience of working with government officials such as the District Child Protection Officer, Child Welfare Committee and the police is desirable. The applicant should be able to read, write and speak fluently in English and should also be well versed in Tamil (able to speak and understand; reading and writing preferable).

Salary scale : As per the institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail princi@cmcvellore.ac.in on or before **May 11, 2019** for item 1 and **May 18, 2019** for items 2, 3, 4, 5, 6 and 7.

8. Junior / Senior Research Fellow (2 posts) for the Department of Haematology

Job Code : 1289

Qualification : M.Sc. / M.Tech Life Science. Mode of appointment : Project mode.

Salary : As per DBT Guidelines. Accommodation not provided.

The print out of the application with certificates and testimonial copies should be sent by soft copy (Email to : haemedu@cmcvellore.ac.in) or by hard copy to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before **May 20, 2019** for Item 8.

9. Staff II Cardiac Technician (Project) for the Department of Cardiology Unit-III

Qualifications : B.Sc. in Cardiac Technology.

Age limit : 35 years. Salary scale : As per institutional rules.

Job description : To work in Heart Failure Registry project.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **May 13, 2019** for Item 9.

10. Management Intern for Quality Management Cell

Qualifications : Fulltime MBA / MHA / Bachelors in Engineering / Masters in any Science discipline / P.G. Diploma in Hospital Administration / Bachelor in Pharmacy.

Stipend : Rs.9,640/-. Term : One year (can be extended up to two years).

Job description : Help in conducting audits, data analysis, report generation, documentation and implementation.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **May 11, 2019** for Item 10.

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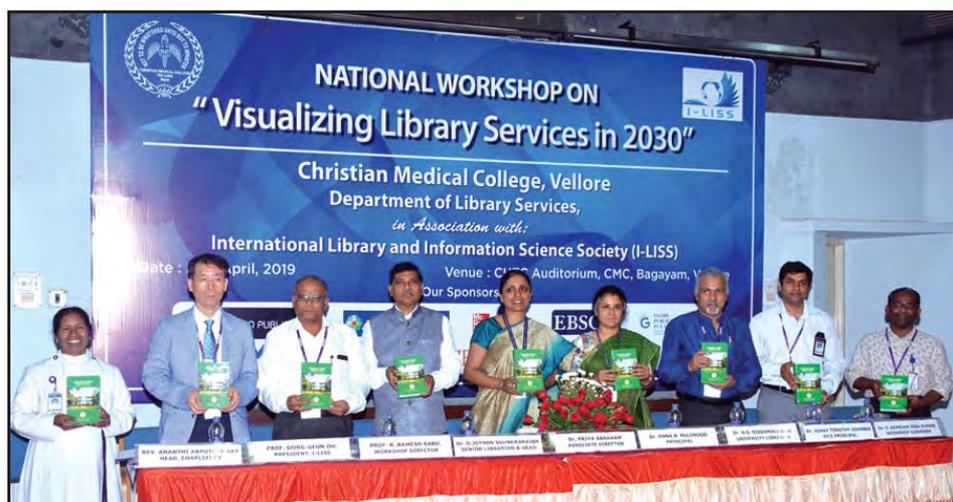
MAY 13, 2019

You have made known to me the paths of life; you will fill me with joy in your presence.

Acts 2:28



National Workshop on "Visualizing Library Services in 2030"



The Department of Library Services, in association with the International Library and Information Science Society (I-LISS) organized a National Workshop on "Visualizing Library Services in 2030". The workshop was held on 27th April 2019 at CHTC Auditorium, in honour of Dr. D. Joyson Soundrarajan, Senior Librarian and Head, who is superannuating this year.

The workshop began with an inaugural prayer by Rev. Ananthi Arputha Mary, Head of Chaplaincy and Dr. Priya Abraham, Associate Director inaugurated the workshop by releasing **Festschrift volume** with ISBN in honour of Dr. Joyson Soundrarajan. This was followed by a welcome speech by Dr. I. Azariah Jeba Kumar, Senior Librarian of Gault Library. Felicitations were offered by Dr. Anna B Pulimood, Principal, Dr. Vinay Timothy Oommen, Vice-Principal and Dr. Priya Abraham,

Associate Director, who spoke about the impact the Library services has had on the staff and students. They reminisced the numerous hours spent under the library roofs as students. The efforts of Dr. Joyson in archiving about 9500 faculty publications and the creation of the E-Library were highly appreciated.

Professor Dr. B. Ramesh Babu, the Workshop Director, Co-President of I-LISS and former Professor of Library Science at University of Madras highlighted the significance of the workshop. He is also part of the editorial board of the Festschrift volume.

Present at the workshop was Professor Dong-Geun Oh, President of I-LISS from the Keimyung University, South Korea and Dr. H.S.Siddamalliah, former Principal Librarian of NIMHANS Bangalore, who

Continued on Page 2

Special Prayers: May 12 - 18, 2019

Clinical Haematology :

Dr. Biju George and Staff
Dr.Selva Titus Chacko and Staff

Medical Oncology:Dr. Ashish Singh and Staff
Dr.Selva Titus Chacko and Staff

Centre for Stem Cell Research :
Dr. Alok Srivastava and Staff

CSI Madhya - Kerala Diocese

Council Members:

Most Rev. Thomas K. Oommen
Rev. Thomas Paikad

Hospital : CSI Hospital, Pallom and Mallappally

CSI Madurai - Ramnad Diocese

Council Members: Rt. Rev. Dr. M. Joseph
Rev. A. David Jebaraj

Hospital : CSI Christian Mission Hospital, Madurai

Sunday Services : May 19, 2019

6.00 pm : **New Exam Hall**
Rev. Paul Ravikumar

6.30 pm : **Hospital Chapel**
Dr. Rabin Chacko

4.30 pm : **Chittoor Chapel**
Rev. Mani Bhushan Das

Memoranda :

- **Dr. Sajjan Philip George**, Professor of Anaesthesia - appointment as Head of Anaesthesia Unit-II is extended from 5th May 2019 for a four year term.

- **Dr. Vinoo Mathew Cherian**, Professor is appointed as Head of the Department of Orthopaedics, with effect from 15th May 2019 until further notice.

- **Dr. Pippa Deodhar** is appointed as Coordinator in Principal's Office to help in the Promotion of Research. Her contact ID is centenary.research@cmcvellore.ac.in

Congratulations :

- The Superintendent of Police, Vellore District has appreciated the services of the institution (CMC Vellore) towards rendering assistance during the Lok Sabha Election & Tamil Nadu Legislative Assembly Bye Election on 18th April 2019.

- **Mrs. Reena George**, Professor in College of Nursing for being invited as a member of the International Society of Nephrology, South Asia Regional Board. She is one among the few nurses to be included as a representative in this Board, representing the institution and country in contributing to the ICN mission of "Building Capacity of Health Care Professionals".



delivered the keynote address. In the address he specifically spoke about the unique challenges faced by the medical librarian. Dr. B. Ramesha, Head and Chairman of Library and Information Science, Bangalore University talked on the theme which is "Vision of Libraries in 2030". Dr. S. Ally Sornam, Professor and

Head of Library and Information Science Department, Bishop Heber College, Tirucharappalli, spoke about balancing life and work and reorganisation of priorities.

Dr. Medha Joshi, Consultant Information Services, National Cancer Grid, Tata Memorial Centre Mumbai, spoke on Libraries and Librarianship in Post Digital Era. Dr. R. Sevukan, Professor and Head of Library and Information Science and School of Media and Communication, Pondicherry University, explained the ethical and social responsibilities of librarians. Dr. Neeraj Kumar Singh, Librarian, Punjab University, Chandigarh, gave insights on writing and publishing Scientific Research papers. Dr. P. Rajandran, Chief Librarian of SRM University Chennai, highlighted about the Electronic Information Resources in libraries.

In the Valedictory function, Dr. R. Senthil Kumar, Senior Librarian, Dodd Memorial Library, welcomed the gathering. Dr. Anand Zachariah, Professor of Medicine, in his valedictory address, narrated an incident on how two lives were saved by the information readily available at the Dodd Library and applauded the library services and offered his felicitations to Dr. Joyson. Dr. I. Azariah Jeba Kumar, Workshop Convener and Senior Librarian of Gault Library sincerely thanked all those who worked for the success of this memorable event. The closing prayer was offered by Rev. Deepak Gnanaprakash.

CMC celebrates Occupational Health Week

The International Day for "Health and Safety at Work" is celebrated on 28th April; every year. Since 2015, CMC has made it a tradition to celebrate Occupational Health and Safety day as a week-long programme. This year it was celebrated from April 22nd till April 26th and the theme was "Eat Right to perform Better".

The 'Staff Educational and Awareness' sessions started on April 22nd with the welcome address by Dr. Reginald Alex, Coordinator, Occupational Health. The sessions were conducted by Mrs. Manimegalai and Mrs. Jayalakshmi from the Dietary Department for different categories of staff on various days. The programme was enthusiastically attended by a large number of the staff and the feedback from them was encouraging.



The valedictory function was held on 26th April at 4.00 pm in CK Job Hall. It started with prayer by Rev. Edwin. Welcome and opening address was delivered by Dr. Deepak Abraham, Associate Director (HR) and felicitation was given by Dr. Premila Lee, Nursing Superintendent. The celebrations came to an end with the prize distribution for the cookery and slogan competition and vote of thanks by Dr. Kanagalakshmi, SSSS.



Special thanks is extended to Mr. Samuel David, Senior Manager and Head, Hospital Management Studies and Staff Training Department and Dr. Lallu Joseph, Quality Manager for their valuable contributions in coordinating the programme.

A Call to partner at the Reynolds Memorial Hospital, Washim

Reynolds Memorial Hospital in Washim is an 80-year-old hospital located in the Vidarbha region of Maharashtra. Founded in 1936 by Dr. Orpha Speicher, a missionary from the Church of the Nazarene; it evolved from a mud walled school building with no beds, equipment and water to a building with a surgical wing, maternity wing, laboratory, pharmacy and chapel by 1950. In response to the medical needs and to empower the local community, a diploma course in Nurses Training was started in 1953. Over the years this has grown to become a College and at present is known as the Nazarene Nurses Training College with a strength of 250 students. The College has helped educate and train students from the surrounding community and has had a positive impact in academic, vocational and economic upliftment. The region of Vidarbha figures as one of the worst drought-hit regions in the country and has high farmer suicide rates. There is a great need for ethical, cost-effective medical care and also opportunity to bring about change in the region. A functional hospital committed towards delivering holistic compassionate care is needed. Moreover, a base hospital is essential to continue training of qualified nurses who would respond to the needs of the region. In such context, Christian Medical College, Vellore and Emmanuel Hospital Association have come together to help revive and restore the hospital's services and the Nursing College. Renovation of essential areas, OPD and Wards has been underway and construction of a new operation theatre is near completion. The time is right for restarting the clinical services with a proposal to develop it to a functional 100 and above bedded hospital.

**From the
Missions
Department**

Inviting doctors, nurses, allied health professionals, and others to partner and make a difference. Experience the joy of serving through whatever way possible.

For more details regarding the hospital and the work please contact the Department of Missions, Directorate at **0416 - 228 6121 / 6117**, email id: missionsoffice@cmcvellore.ac.in

Those interested can send in their applications to the mentioned email id.

Events from MCI -Nodal centre



The MCI Nodal centre for National Faculty Development, CMC Vellore conducted the MCI Curriculum Implementation Support Programmes [CISP] for In-house CMC faculty from 9th – 11th April, 2019. The purpose of the MCI CISP is to prepare and support faculty and medical colleges in planning, implementing and evaluating the new competency based curriculum which is to be implemented

from the academic year 2019 through a multi tiered approach. The Curriculum implementation Support Programme (CISP) developed by the Expert Group constituted by the Medical Council of India, provides the much needed intellectual support to colleges for smooth transition from existing to the new competency based curriculum.

Obituaries

• **Dr. Ranjit Mathew Oommen** (MBBS batch of 1965) husband of Dr. Molly Elizabeth Mathew (nee Abraham) (MBBS batch of 1966) on May 3, 2019 at Kota Kinabalu, East Malaysia. After completing his MBBS in CMC, Dr. Oommen joined for MS General Surgery in 1980. He worked in Malaysia for many years bringing a new level of surgical care both in the mainland and later in Kota Kinabalu. He was very highly admired by those he worked with and was awarded an honorary FRCS in recognition of his capabilities. His wife and he began the first Palliative care unit in Malaysia and in recognition of this he was awarded the honorary title of Datuk by the Malaysian Government. Two years ago he suffered a stroke which impaired his reading and operating abilities. This had deep impact on his mind and he never fully recovered from it despite all the attention and care of his wife and others. Dr. Molly bravely took all this in her stride. Dr. Ranjit is now with his Master whom he served faithfully for many years. He was a very good and caring human being. He leaves behind his wife Dr. Molly Elizabeth Mathew and three daughters (Liza, Anu and Amy) and their families. For those who would like to get in touch with the family, the contact details of his wife, Dr. Molly Elizabeth Mathew are given below Email: mollymathewmollymathew@gmail.com



• **Mr. Srinivasan**, retired Telephone Operator, father of Mr. Murali, Clerk-Typist, Operation Theatre, Mr. Parandhaman, Pharmacist, Schell Hospital, father-in-law of Mrs. Vedalatha Murali, Computer Terminal Operator, Well Baby Clinic and Mrs. Usha, Stenographer, Medical Genetics on 3rd May 2019.

• **Mrs. Beatrice**, mother of Mr. James Christopher L, Sr. Accountant, Accounts Department and mother-in-law of Mrs. Amutha James, Staff Nurse in SSHS, on 4th May, 2019.

• **Mr. Krishnan I.**, father of Mr. Govindaraji, Hospital Attendant, Department of Neurological Sciences, Grandfather of Ms. Srivha, Staff Nurse MHDU, Ms. Jayasri, Staff Nurse, J Ward and Mr. Silambarasan, Hospital Attendant 'A' ward on 5th May 2019.

Continued on Page 4

- **Mrs. Indira Mali**, wife of Mr. B. Pandian, retired Sel.Gr.Sr. Health Educator, M.S. Office, mother of Mr. P. Nishanth Kumar and Mr. V.P. Rajkumar on 7th May, 2019.
- **Mr. V.E.A. Augustine**, husband of Mrs. Hilda Augustine, father of Dr. Emmanuel Kishore, Medical Officer, father-in-law of Dr. Sarah George Emmanuel, Medical Officer (CMC Vellore Chittoor Campus) and grandfather of Mr. John Emmanuel and Ms. Joanna Emmanuel (Final year MBBS student) on 7th May, 2019.
- **Mr. D. Daniel**, retired teacher from Govt. School, Latheri, father of Mr. Joshua Daniel, MRL Gr.I in Medical Records Department on 8th May, 2019.
- **Mrs. Asha Pauline**, Staff Nurse in OPD Services, wife of Mr. Suresh, Asst. Engineer, Civil Engineering and daughter of Mr. O. Paul Mohan, retired staff, Virology and Mrs. Sheela Sivagami, retired staff, Medical Ward on 9th May, 2019.
- **Prof. C.T. Titus**, former Principal of Marthoma College, Thiruvalla, father of Mr. Regi Mathew Titus, Sr. Engineer in Bio-Medical Engineering Department, father-in-law of Dr. Nirmala Panchikal, AMO, MS Office, on 9th May, 2019.

Let us uphold the bereaved members of the families in our prayers at the time of grief and loss.

Situations Vacant

1. Eratta : Senior Resident with MS (Orthopaedics) for the Department of Orthopaedics Unit - I
Salary : As per institutional rules. Accommodation provided (Partly Furnished, Depending on availability).

2. Tutor Gr.IV with BOT (Regular Course) for the Department of Neonatology
Salary scale : As per institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail princi@cmcvellore.ac.in on or before **May 18, 2019** for item 1 and **May 25, 2019** for item 2.

3. Applications are invited for the following posts for the **CMC Vellore Chittoor Campus**:

3(a) Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB in Orthopaedics

3(b) Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / Professor / Physician with D.Ch / MD / DNB in Paediatrics

3(c) Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / Professor / Physician with DA / MD / DNB in Anaesthesia

Salary: As per institutional rules.

Applications through online application system. Please log on to <http://www.cmch-vellore.edu> link "Vacancies" or email to dir.chittoor@cmcvellore.ac.in with all testimonials and certificates on or before **May 20, 2019** for items 3(a), 3(b) and 3(c).

4. Technician Trainee for the Department of Anaesthesia

Qualifications : H.Sc. with Science Subject. Preference will be given to those who completed CMAI (2 Years) Anaesthesia Technician course with minimum 6 months internship in Anaesthesia.

Stipend : As per institutional rules. Age limit : 30 years.

Nature of job: Handling and maintenance of anaesthesia equipment's including sterilization. Selected candidates will have to do onsite oncalls in any campuses including Kannigapuram.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **May 27, 2019** for Item 4.

5(a) Fire Officer Gr.IV Qualification : Graduate + 1 year Diploma in Fire and Safety Engineering.

5(b) Electrician Qualification : SSLC + 2 year Govt. ITI Electrician Certificate + B - License.

5(c) Artisan (Fitter) Qualification : SSLC + 2 year Govt. ITI Fitter Certificate.

5(d) Fire Guard Qualification : SSLC + 1 year Diploma in Fire and Safety Engineering.

Salary : As per institutional rules. Age limit : 35 years and below.

6. Non-Medical Technician Trainee for the Communications Department

Qualification : Graduate + DCA. Salary : As per institutional rules. Age limit : 35 years and below.

Job description : Candidate should attend calls and have good communications skills, should know multiple languages. They should also be willing to work in shifts.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **May 18, 2019** for Items 5(a), 5(b), 5(c), 5(d) and 6.

CMC NEWSLINE

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FOR PRIVATE CIRCULATION ONLY

MAY 20, 2019



Yours, O Lord, is the greatness and the power and the glory and the majesty and the splendour, for everything in heaven and earth is yours. Yours, O Lord, is the kingdom; you are exalted as head over all. Wealth and honour come from you; you are the ruler of all things. In your hands are strength to all. Now, our God, we give you thanks, and praise your glorious name. 1 Chronicles 29:11-13

A report on the 4th Post Graduate Examination course



The 4th Post graduate Examination Course was conducted by the Paediatric Orthopaedics unit on 23rd March, 2019 at the C.K.Job Hall, Paul Brand Building. The course is one of the best in the country and is well attended.

It focuses on preparing the postgraduate students to be exam-ready by training them in common orthopaedic conditions seen in children like congenital deformities, adolescent hip pathology, cerebral palsy, neuromuscular locomotor disability, tumours and neglected trauma.

The course began with prayer by Rev.Pradeep George followed by registration and breakfast. Dr. Thomas Palocaren welcomed the gathering and the rules and procedures were announced by Dr. Abhay Gahukamble.

Tailored to the pattern of the MS orthopaedic final degree practical examinations, this course includes sessions on long case presentation, short case presentation, Histopathology specimen identification and viva-voce on Prosthetics and Orthotics.

Faculty present at the panel were Professor Benjamin Joseph and Professor K Sriram; Professor Vrisha Madhuri, Professor Thomas Palocaren and Professor Abhay Gahukamble from the Paediatric Orthopaedics, Professor Jennifer from Pathology and Professor Henry, from PMR. They taught the participants the ways and methods of examining a child with orthopaedic condition and spinal deformity and cerebral palsy management.

During the workshop, the new edition of the PG course handout

Continued on Page 2

Special Prayers: May 19 - 25, 2019

Dental and Oral Surgery:

Dr. Jagadish Ebinezer and Staff

Dr. Rabin K. Chacko and Staff

Dr. Bala Seetharaman and Staff

Kotagiri Medical Fellowship Hospital, Kotagiri

CSI Medak Diocese

Council Members : Rt. Rev. A.C. Solomon Raj
Dr. M. Laxmi Kanthiah

Sunday Services : May 26, 2019

6.00 pm : **New Exam Hall**

Rev. Subirlal Nath

6.30 pm : **Hospital Chapel**

Dr. Aby S. Charles

4.30 pm : **Chittoor Chapel**

Dr. Jeeva Rathnam

Congratulations :

• **Dr. Deepak Abraham**, Professor and Head, Department of Endocrine Surgery has been invited as "Distinguished Visitor" to the Endocrine section of the Annual Meeting of The Royal Australian College of Surgeons.

• **Dr. Priya Abraham**, Professor, Department of Clinical Virology has been awarded the FRCPATH.

• The following **Pathology faculty** won prizes for poster presentations at the NUHS Surgical Pathology Course 2019 held at National University Hospital, Singapore, 2nd - 3rd May, 2019:

Dr. Anne Jennifer Prabhu, Professor, Pathology, won the 1st place for her poster titled, 'BCOR Overexpression In Sarcomas - A Morphologic Continuum of Mixed Round and Spindle Cell Tumours'.

Dr. Sramana Muckhopadhyay, Assistant Professor, Pathology, won the 3rd place for a poster titled 'Extraskeletal Osteosarcoma - Diagnostic Challenges; An Institutional Experience'.

with contributions by Dr. Shyam Sunder, Dr. Nabila Khan, Dr. Vinod, Dr. Arun and Dr. Abishek and the Paediatric Orthopaedic team was released.

The course concluded with a positive feedback from the participants and the vote of thanks was proposed by Dr. Deeptiman James.

'Challenges in Nursing Care of Patients with Substance Abuse': A state level workshop



On the 24th April, 2019 a state level workshop was conducted by the Departments of Psychiatric Nursing and CNE & Research, College of Nursing on '**Challenges in Nursing Care of Patients with Substance Abuse**'.

It was centred on teaching and equipping nurses on using the motivational enhancement therapy while dealing with substance abuse and on taking history and assessment. During the workshop, there were various educational sessions on reasons for substance abuse, assessment with medical and psychological management, nursing care and legal implications in substance abuse disorders. The workshop was attended by 52 delegates from 7 different institutions and was highly appreciated by all.

Dedication of new services



The **CMC Day Care Pharmacy** at CMC Diagnostic and Day Care Centre, Vallalar, Sathuvachari was inaugurated and initiated on Wednesday, 1st May 2019. Rev. Margaret Deborah offered the prayer of dedication, Dr. Sujith J. Chandy, Head, Pharmacy Services and Dr. Sara Chacko offered their felicitations. This Pharmacy will cater to OP Patients, Cath. Lab patients and Day Care Surgery patients.

8th & 7th Advance Course in Medical Education (ACME) conducted by the Department of Medical Education



The Medical Education Department, CMC, Vellore (MCI Nodal centre for National Faculty Development) conducted the 8th and the 7th Advance Course In Medical Education (ACME). From 2nd - 7th May 2019, the 8th **MCI Advance Course in Medical Education (ACME)**, which has a duration on one year was conducted for the 2019 A Batch . This is the first contact

course for this particular batch which was attended by twenty five senior faculty members from 39 affiliated medical colleges.

From 7th - 9th May 2019, the 7th **MCI Advance Course in Medical Education (ACME)** was conducted for the 2018 B Batch as their second contact course during these classes. There were research presentations from twenty participants, detailing the implementation of various educational projects in their respective



institutions. Amongst those, the following participants received prizes :

Dr. Medha R., Additional Professor, JIPMER, Puducherry was awarded the best poster for her presentation titled *“Is blunder lecture as a revision exercise effective in improving the learning outcomes in Biochemistry in first year medical students?.”*

Dr. K. Gunanithi, Associate Professor, Melmaruvathur Adiparasakthi Institute of Medical Sciences, Melmaruvathur was awarded the runner up prize for the poster titled *“An Educational Interventional study on the impact of Pictorial concept priming before small group lecture session on the performance of I year Medical Undergraduates at different cognitive levels.”*



Other notable presentations were :

1. “Comparison Between the Effectiveness of a Lecture and Video Demonstration in Learning Hand Hygiene among Second Year MBBS Students”.
2. “Mandatory Observed Clinical Case (MOCC) and Mandatory Observed Practical Procedure (MOPP): The role of two novel methods in the Competency-based Medical Education for work place-based assessment for the surgical undergraduates – the ACME Study”
3. “The impact of Early Clinical Exposure in first year medical students in Physiology”.
4. “Perception and Performance of second year MBBS students after Simulation training for Phlebotomy”.
5. “Curriculum Development of Occupational Health Module for Master of Public Health programme”.

The contact course of the Advance Course in Medical Education (ACME) was awarded 6 credit hours by the Tamil Nadu State Medical Council.

Obituaries

- **Mrs. Kousalya**, mother of Mrs. Sunitha Wilson, Hospital Attendant, PM Office and mother-in-law of Mr. Selva Wilson, Hospital Attendant, Department of Medical Records on 8th May, 2019.
- **Mr. R. Natarajan**, father of Mrs. V.Gangabai, Sr.Clerk, Department of Clinical Microbiology on 9th May, 2019.
- **Mrs. Parimala Karunakaran**, mother of Mr. James Bakthan, MRT. Gr.II, Department of Medical Records on 14th May, 2019.

Let us uphold the bereaved members of the families in our prayers at the time of grief and loss.

Retirements



Mr. A. Sekaran, Sr. Hospital Attendant, Electrical Department retired on 5th April 2019, after 33 years of dedicated service to the institution. He has two daughters. His elder daughter, Ms. Sandhya is studying B.Sc. Nursing in CMC.

Mr. M.S. Mani, Sr. Hospital Attendant, Ophthalmology Department retired on 5th May 2019, after 41 years of dedicated service to the institution. He has three daughters and a son, Mr. M. Sudhakar is working as a Hospital Attendant in PMO (R.P.)



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God’s blessings on their retired life.

Notice:

American Heart Association – International Training Centre

American Heart Association – Basic Life Support Course (AHA-BLS) provider level course

American Heart Association - Basic Life Support (AHA-BLS) provider level course will be held on the **28th June 2019 at the Paul Brand Building, CMC, Vellore**. This one day course is designed for healthcare providers (doctors, nurses, paramedics) and the curriculum consists of video based, interactive lectures and skills training in cardiopulmonary resuscitation(CPR), use of Automated External Defibrillator and relieve choking in a safe, timely and effective manner to **all ages –Adult, Pediatric and Infants**. The number of participants is strictly restricted to 18 as per AHA guidelines. **The registration fee is Rs. 2,500/-** (cost of study materials included) and the last date for registration is **1st June 2019**. For registrations, Please contact Ms. Nitha Cathuan, Paediatric ICU (Phone No.0416-228-3366).

Situations Vacant

1. Assistant Surgeon with MS (Orthopaedics) for the Department of Hand Surgery

Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

2. Eratta : Assistant Professor with MS (Orthopaedics) for the Department of Orthopaedics Unit-I

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.

Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **May 25, 2019** for items 1 and 2.

3. Staff II Perfusionist for the Department of Cardiothoracic Surgery

Qualifications : B.Sc. with PG Diploma Cardio Pulmonary Perfusion Care Technology Course (with 1 year internship) / B.Sc. in Cardio Pulmonary Perfusion Care Technology (with 1 year internship). Priority will be given based on experience.

Salary scale : As per institutional rules. Age : 35 years.

Job description : Managing Cardio Pulmonary Bypass, IABP, ECMO, taking care of Heart Lung Machine, Ventilators, Monitors and ECHO machine. On call duties involves covering ICU and OR emergencies, weekends and night duties on rotation. Training / Teaching of B.Sc. Cardio Pulmonary Perfusion Care Technology Students.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **June 03, 2019** for Item 3.

4. Administrative Assistant Gr.V (Project Mode) for the Child Health Unit-III

Qualification : Graduate + 1 year PGDHA (or) 5 years experience in CMC.

Salary scale : As per institutional rules.

Age limit : 30 years and below.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **May 25, 2019** for Item 4.

CMC NEWSLINE

Vol.No.55 No.48 FOR PRIVATE CIRCULATION ONLY MAY 27, 2019

Save us, O Lord our God, and gather us from the nations, that we may give thanks to your holy name and glory in your praise.
Psalm 106:47



International Nurses Day celebrated at CMC



12th May, 2019 is celebrated world wide as the international day for nurses, to mark the outstanding contributions that a nurse makes to the society. The theme for this year is “Nurses – A Voice to Lead – Health for All”.

In CMC, The Trained Nurses Association of India (TNAI), Vellore hosted a weeklong celebration to commemorate the day. Various activities and competitions were organised for the staff and the students. There was active and enthusiastic participation in events such as rangoli competition, poster competition, quiz competition and cultural events.

On 4th May, 2019 the programme was inaugurated in the Rachel Fillebrown Hall, Staff Nurses Hostel. Dr. Premila Lee, Nursing Superintendent and President of TNAI local unit welcomed and addressed the gathering. Dr. J.V. Peter, Director, in his address as the Chief Guest emphasized the importance of Nursing as the soul, strength and success of the health care

team. Mrs. Rosalind Balan, Retired Professor, College of Nursing was the Guest of honor and distributed prizes to the winners. There was a spectacular presentation by the staff, depicting the various roles of nurses which in turn works towards restoring health for all.

During the programme the prizes and awards for the various competitions were distributed. The Best Nurse Awards for exemplary service were awarded to:

- »Ms. Emmimal Kennedy, Charge Nurse (Neuro ICU)
- »Ms. Metilda Ravi, Staff Nurse (Acute Pain services)
- »Ms.Ponmani, Auxillary Nurse (A5)
- »Ms. Mahalakshmi, MPH W (Gastroscopy Room)

The overall championship was won by the Department of Surgical Nursing.

The celebrations concluded with much motivation and encouragement. The nurses were given a special Nurses Day Badge as a token of appreciation, towards their selfless services.

Special Prayers: May 26 - June 01, 2019

Laundry: Mr. Ebinezer Sundarraj and Staff

Hospital Maintenance :
Mr. Ebinezer Sundarraj and Staff

College Maintenance:
Mr. Ebinezer Sundarraj and Staff
Mr. A. Thanikachalam and Staff

Security Services:
Mr. K. Sundaram and Staff

Baptish Church of Mizoram
Council Members : Rev. R. Lalbiakliana
Dr. Lalramzauva

Hospital : Christian Hospital, Serkawn

Sunday Services : June 02, 2019

6.00 pm : **Scudder Auditorium**
Rev. Finney Alexander

6.30 pm : **Hospital Chapel**
Rev. Deepak Gnana Prakash

4.30 pm : **Chittoor Chapel**
Rev. Jeeva Rathinam



Department of Radiology organises the First Annual Conference of the Society of Chest Imaging and Interventions (SCII)



On 12th and 13th April 2019, the First Annual Conference of the Society of Chest Imaging and Interventions (SCII-CON 2019) was conducted by the Department of Radiology, at the New Examination hall building at Bagayam Campus.

The objectives of the conference were to enhance and update the knowledge of the participants in the field of chest imaging, particularly in interstitial lung disease. The dignitaries on dais for the inaugural event included, Dr. Ashu Seith Bhalla, President of SCII, Dr. Bhavin Jankharia, Jankharia Imaging, Mumbai, Dr. Nihal Thomas, Associate Director,

Dr. Anna Pulimood, Principal, Dr. Henry Prakash, Deputy Medical Superintendent, Dr. Aparna Irodi, Organizing Secretary, and Dr. Shyamkumar N.K. and Dr. Sridhar Gibikote, Organizing Chairperson. The renowned faculty present at the conference, among the others were Dr. Rekha Cherian from University of Pennsylvania State, USA, Dr. Sudhakar Pipavath from University of Washington, USA and Dr. Mini Pakkal from the University of Toronto, Canada. This conference was awarded 20 credit points by the The Tamilnadu Dr. MGR Medical University, Chennai.

Throughout the course of the two day event, lectures, interactive sessions and mock multi disciplinary meeting were conducted on topics such as interstitial lung diseases and thoracic neoplasms.

As part of the events there were oral and poster presentations, which were highly appreciated by the delegates. The prize winners of the presentations are given below :



- » Case report e-posters : First prize: Dr Goldwin, CMC Vellore. Topic: “Koch and His Kin”
Second prize: Dr S. Krithika, Sri Sathya Sai Medical College, Chennai. Topic: “Fetal Chest Does not Miss Anomalies”
- » Educational exhibit e-posters : First prize: Dr. Priyanka Naranje, AIIMS, New Delhi. Topic: “Structured Reporting Format of CT-Angiography in Hemoptysis”
Second prize : Dr. Madhusudhana B, Narayana Health City, Bangalore. Topic: “Spectrum of Causes of Pulmonary Hypertension”
- » Scientific posters : First prize: Dr. Sheerah Mathew, CMC, Vellore. Topic: “Pulmonary Manifestations of Sjogren’s Syndrome”
Second prize: Dr.Soumya Susan Regi, CMC, Vellore . Topic: “ Pulmonary Manifestations of ANCA-vasculitis”
- » Oral papers : First prize: Dr. Sourav Panda, CMC, Vellore. Topic: “Utility of Cine MRI in Evaluation of Cardiovascular Invasion by Mediastinal Masses”
Second prize: Dr. Bhoomi Angirish, Picture This by Jankharia, Mumbai. Topic: “The role of HRCT Imaging in Tropical Pulmonary Eosinophilia”
- » SCII Main Quiz by Dr. Vimal Raj : First prize: Dr. Linu Kuruvilla, CMC, Vellore
Second prize: Dr. Shruti Barki, CMC, Vellore
- » SCII Lobby Quiz : First prize : Dr. Hiren Panwala, Dr. Harshavardhan and Dr. Pradosh Kumar Sarangi
- » SCII Online quiz : First prize: Dr. Tahleel Altaf Shera
Second prize: Dr. Imtiyaz Khan

The department is immensely thankful to all those who offered assistance in making this event a huge success.

Sports News

The College Annual Sports Day was held on 30th April, 2019. The prizes were distributed by the Chief Guest, Dr. Paul M.J., Professor of Endocrine Surgery.

Results :

- Overall Athletic Championship - Findlay House
Individual Champion (Men) - Johnny Timothy Neelan and Samuel Joash Spurgeon
Individual Champion (Women) - Ashna Christine Philip
Cherian Medal for Best Athlete - Ashna Christine Philip
Best Incoming Fresher - Raelle Susan Mathew



Obituaries

• **Dr. Rachel John** (MBBS batch of 1944) mother of Dr. Abraham John (MBBS batch of 1983) on 18th May, 2019 at Kerala. Dr. Rachel John did her MBBS and Diploma in Obstetrics and Gynaecology from CMC, Vellore. After her MBBS she worked in medical mission hospitals in Andhra and in the Malabar region of Kerala. After her DGO she worked at Lisie Hospital, Ernakulam, Little Flower Hospital, Angamally and many other mission hospitals within Kerala. Dr. Rachel was a very principled, deeply spiritual person whose life and work reflected in her personality. She was a very dedicated Gynaecologist and was extremely passionate about her work. She also worked with great sensitivity, compassion and had deep concern for the economically disadvantaged. She was married to Late Mr. K. John Abraham (Engineer in FACT) in 1963. They have 2 children – Dr. Abraham John (batch of 1983) and Mrs. Mary Mathew Abraham. The funeral was held at St. Peters Marthoma Church, Manganam, Kottayam on 21st May, 2019. For those who would like to get in touch with the family, the contact details of Dr. Abraham John are given below: Email: aby_john@hotmail.com Mobile: 9995995044

• **Ms. M. Priyadarshini**, Daughter of Mrs. Rani, In-charge Nurse, Radiology Department on 19th May, 2019.

• **Rev. Dr. O. Rajendra Prasad**, retired Presbyter, CSI Vellore Diocese, father of Mr. Gideon Joshua Prasad, Jr. Lecturer / Nurse Manager (OR Nursing), College of Nursing on 22nd May, 2019.

• **Ms. Suseela Lazarus**, Bible Women, former Chaplain, Chaplaincy Department on 23rd May, 2019.

• **Dr. John Kenneth Philip** (MBBS batch of 1988) on 23rd May, 2019 in Bangalore. He was 48. He completed his MBBS in CMC, Vellore, followed by his undergraduate service obligation at RUHSA, CMC. He did his MD Microbiology also from CMC Vellore from 1997 to 2000. Following his post-graduation, John worked at Manipal Hospital, Bangalore, Sagar Apollo, Bangalore, LV Prasad Eye Institute, Hyderabad, St John's National Academy of Health Sciences, Bangalore and lastly with Narayana Hrudalaya, Bangalore. He was also a National Lead Assessor for NABL for several years. Dr. John was a talented musician and excellent microbiologist. He is fondly remembered for his larger than life personality, culinary skills and friendliness. He was the son of late Mr. James John, retired Transport Engineer, CMC Hospital.

He is survived by his wife, Serene Hepzibah, daughter, Christine, aged 11 years, mother Mrs. Lilly James, (retired Headmistress of Government Girls' Higher Secondary School, Arcot), and sister, Janet (BPT Alumnus of CMC). The funeral service will be held on 24 May, 2019 at 11 am in his home (801, Phase 2, Street 25, Near RTO Office, Sathuvachari, Vellore) followed by the final committal at 12:15pm at the Toll Gate Cemetery.

For those who would like to get in touch with the family, the contact details of his mother Mrs. Lilly James are given below : Email: lillyjamespallavi@gmail.com Mobile: 9600299730

Let us uphold the bereaved members of the families in our prayers at the time of grief and loss.

Retirement

• **Mrs. D. Vanitha Kamalakaran**, Instructor, Department of Clinical Microbiology retired on 1st May, 2019 after 34 years of dedicated service to the institution. She joined the Department of Clinical Microbiology in the year 1984 as a Junior Technologist. She began her career working closely with the then stalwarts in Microbiology in the area of Streptococcus. Being very meticulous in her work she was given many responsibilities in the department which required great attention to detail in techniques. Her hard work and diligence have greatly benefitted the department. She has been actively involved in diagnostics particularly in the area of Serology, Antimicrobial susceptibility and Mycobacteriology.

She also contributed much to the IAMM EQAS programme in the area of serology. She served as the course coordinator for the Post Graduate Diploma in Medical Microbiology (PGDMM) for a brief period. She is known for her cheerful attitude at work and she strongly believed in passing on skills and knowledge to her juniors.

Continued on Page 4

She has been a mentor to many. Her strong work ethics has set high standards and earned the respect of everyone in the department. Her contributions, hard work, commitment and dedication are noteworthy and will always be remembered with admiration. Her husband, Mr. Kamalakaran, retired as a senior Selection Grade Technician from the Microbiology Department.

The CMC community is thankful for her years of dedication and commitment to the institution and wishes her God's blessings on her retired life.

**Situations Vacant**

1(a) Senior Resident with MD Pathology (Term Appointment) for the **Department of General Pathology**
Age limit : <40 years. Salary : As per institutional rules. Accommodation provided (Subject to availability).
Initial appointment will be as Senior Resident for one year and can be upgraded to Assistant Professor in the 2nd year (as per the latest MCI guidelines)

1(b) Assistant Professor with MD Pathology (Term Appointment) for the **Department of General Pathology**
Experience: Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution. Salary : As per institutional rules. Accommodation provided (Subject to availability).

1(c) Associate Professor with MD Pathology (Term Appointment) for the **Department of General Pathology**
Experience : Should have five years teaching experience as (Asst. Professor) in any MCI recognized teaching institution with 2 papers published during the Asst. Professor period (as per the latest MCI guidelines).
Salary : As per institutional rules. Accommodation provided (Subject to availability).

2. Senior Resident / Assistant Professor with MD (Forensic Medicine) for the **Department of Forensic Medicine**
Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).
Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution for applying Assistant Professor Post.

3. Senior Resident with MD in Dermatology, Venereology & Leprosy for the **Department of Dermatology-I**
Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

4. Senior Resident with MD (Psychiatry) for the **Department of Psychiatry Unit-I**
Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

5. Assistant Librarian Gr.III for the **Department of Chaplaincy**
Qualification : Graduate + BLIS and one year CMC Trainee Passed.
Salary : As per institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **June 08, 2019** for items 1(a), 1(b), 1(c), 2, 3, 4 and 5.

6. Technician Trainee for the **Department of Vascular Surgery**
Qualifications : H.Sc. Preference will be given to male candidates. Age limit : 30 years.
Stipend : As per institutional rules. Nature of job : To work in the Department of Vascular Surgery.
Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>
Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**
Applications will close on **June 06, 2019** for Item 6.

7. Assistant Warden for the **Student Nurses Hostel**
Qualification : Graduate (Only female candidates need to apply). Candidate need to stay in the Hostel.
Salary scale : As per institutional rules. Preference will be given for unmarried / widowed candidates.
Apply with biodata, photograph, copies of Certificates, testimonial/s to the Dean, College of Nursing, Christian Medical College, Vellore - 632 004 on or before **June 08, 2019** for item 7.

8. Kings's Matriculation Higher Secondary School, MBKGP, Kasam, Katpadi, Vellore-632 007 - Teachers Wanted. Applications are invited for the post of **B.T Asst. in History**
Qualifications: B.A / M.A. with B.Ed. and minimum 3 years Teaching experience at High School Level.
Letter of application along with photocopies of certificates & testimonials may be sent to the Principal / Director / Correspondent. King's Matric. Hr. Sec. School, MBKGP, Kasam, Katpadi, on or before **June 03, 2019**.
E. Mail id : principal.kingsschool@gmail.com

CMC NEWSLINE

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FOR PRIVATE CIRCULATION ONLY

JUNE 03, 2019

Ask the Lord for rain in the Springtime; it is the Lord who makes the storm clouds. He gives showers of rain to men, and plants of the field to everyone.

Zechariah 10:1



Dr. Anuradha Bose Retires



Dr. Anuradha Bose joined CMC, Vellore in 1976 for the MBBS course and retired on 1st June, 2019. She went on to do her DCH in CMC following which she completed her MD Paediatrics in Madurai Medical College. She is married to Dr. Benjamin Perakath, also of the batch of 1976. They have two sons, Aditya and Vikram Perakath.

Dr. Anu Bose joined the Community Health Department as an academic general paediatrician in 1997, and has been there ever since. During her period in the department, she developed the low cost nursery, initiated the high risk paediatric clinic and trained numerous postgraduate students and interns. She retires as a Professor of Paediatrics.

Beyond the clinical work, Dr. Anu has been actively involved in academic and research work of the Department of Community Health. Her work focused on the four leading causes of infant and childhood mortality, namely - neonatal, vaccines and vaccine preventable diseases,

malnutrition and injury. Dr. Anu Bose was introduced early to the field of injury prevention and has since worked on drowning and suicide in India and on the burden of road traffic injury. Her most cited work is on adolescent suicides, where she and her co-authors reported the highest rate of teen suicides in the world. She is the Course Director of the Advanced Vaccinology Course in India (INDVAC), which has been conducted annually since 2010, at Christian Medical College, Vellore.

Dr. Anu is known for her personality which instilled admiration and at the same time demanded the best care for our patients. She was a true community paediatrician who moulded treatment and care required for a child into one that was most cost effective and as hassle free for the parents as possible. Her witty comments throughout her teaching sessions made them extremely enjoyable and memorable. Outside the walls of the hospital,

Special Prayers: June 02 - 08, 2019

Endocrinology :

Dr. Simon Rajaratnam and Staff
Dr. Nihal Jacob Thomas and Staff
Dr. Thomas V. Paul and Staff

Khasi Jaintia Presbyterian Assembly

Council Members: Rev. P. Hynniewta
Dr. R. Nongrum

Hospital : Gordon Roberts Hospital, Shillong,
Norman Tunnel Hospital, Jowai.

Sunday Services : June 09, 2019

6.00 pm : **Scudder Auditorium**
Dr. Lionel Gnanaraj

6.30 pm : **Hospital Chapel**
Dr. Edwin Stephen

4.30 pm : **Chittoor Chapel**
Rev. Vijaykumar

Memoranda :

- **Dr. Mathew Joseph**, Professor, will be coordinating the development of Trauma Services when Dr. Sukria Nayak, Professor and Head, Department of General Surgery and Division of Surgery, is on leave.
- **Dr. Sowmya Sathyendra**, Professor, is appointed as Head of Medicine Unit-III with effect from 1st June 2019 for a four year term.

Dr. Anu could keep you in splits of laughter– there really was never a dull moment with her.

Drs. Anuradha and Benjamin Perakath have been “foster” parents for a number of medical students. She was the Warden of Women’s Hostel for several years. In her own words, “it is the strength of CMC Vellore that stays with us in all that we do”. As she retires, CMC family thanks Dr. Anu for all her contributions to the department and the institution.

Logo and Tag-line contest organised as part of the Lifestyle Medicine Campaign

The Department of Medicine Unit 4 in collaboration with the Departments of Dietary, Physiotherapy and Chaplaincy has been providing holistic and comprehensive care to the patients through the Lifestyle Medicine approach in Wellness Clinic. They are also providing training to the undergraduates, interns and postgraduates posted in the Department of Medicine Unit-IV and facilitating research in various areas of Lifestyle Medicine.

As a part of the Lifestyle Medicine campaign, a Logo and Tag line contest was organized in the month of April, 2019. There were 68 entries in the logo and 104 entries in the tag line section. Mr. Santoshkumar Rajendran, Associate Research Officer, Department



of Nephrology was declared winner in the Logo section and Dr. Ankita Priya, final year PG Registrar, Physiology was adjudged winner in the Tag line section. The prize and certificates were distributed by Dr. J.V.Peter, Director, to the winners, runners up and the participants. He also encouraged the practice of healthy lifestyle for all the staff and students of the institution.

Renovations and expansions at CHAD



The dedication of the renovated CHAD ward extension took place on the 4th May 2019, beginning with an opening prayer by Rev. Dr. Arul Dhas. Dr. Vinod Joseph Abraham, Professor and Head of the Community Health Department welcomed the gathering and gave an overview to the history of the ward which was built in the 1950s as one of the first few wards in the then Rural Hospital. As the hospital grew and developed, the ward served a need for admitting patients requiring tendon transplant surgeries and also patients with Hansen's disease admitted for care of their ulcers as well as to address their social needs. As the condition of the ward had deteriorated, the administration in

CMC had kindly agreed to renovate the ward which was possible through a generous donation from the State Bank of India towards Community Health and Development. The renovated ward now has 25 beds, some of which will continue to be used for patients under the HLRS Unit and for patients with Hansen's disease requiring care.

The programme was graced by Dr. J.V. Peter, Director, Dr. Anna Pulimood, Principal, Dr. Prasad Mathews, Medical Superintendent, Dr. Vathsala Sadan, Dean – College of Nursing, Dr. Solomon Sathishkumar, Council Secretary, former staff who had retired from the department, senior faculty from other departments in CMC and College of Nursing, and staff from Engineering department and College Maintenance in addition to staff from the



Community Health Department. Rev. Deepak gave a short dedication message and prayer following which a special song was rendered by staff of the department – 'May we be a shining light to the nations'.

Dr. J.V. Peter, Director, CMC offered his felicitations. Dr. Jasmin Helan thanked the administration and the entire team from Engineering department, College Maintenance and Community Health Department who were involved in the completion of the ward.

Dr. Kuryan George introduced the guests of honour – Dr. Sulochana Abraham and Dr. Jayaprakash Muliyl, who then shared some of their experiences following which they formally opened the ward.

Congratulations!

The Superintendent of Police, Vellore District has appreciated the services of the institution (CMC Vellore) towards rendering assistance during the Lok Sabha Election and Tamil Nadu Legislative Assembly Bye Election on 18th April, 2019.



Sports News



- The Summer Sports coaching camp was successfully conducted, for the staff children, in the month of April 2019. The coaching camps were held at Kagithapattarai and college campus, for Basketball, Badminton and Football. The camp was attended by more than 150 children.



On 1st May 2019 the valedictory function was held, during which the awards and certificates were distributed by Dr. Balaganesan, Physical Director and Dr. Thomas Palocaren, Professor and Head, Paediatric Orthopaedics.

Obituaries

- **Mrs. Esther Nirmala Bai**, wife of Mr. Benson Santharaj and mother of Mrs. Hilda Mercy George, Junior Lecturer, College of Nursing, on 27th May 2019.
- **Mr. M. Selvaraj**, father of Mrs. S. Kumari, Secretary, Wellcome Trust Research Laboratory, Division of Gastrointestinal Sciences on May 29, 2019.

Let us uphold the bereaved members of the families in our prayers at the time of grief and loss.

Retirements



- **Mr. Sankaran**, Sr. Hospital Attendant, A Block retired on 7th May 2019, after 35 years of dedicated service to the institution. He has three daughters. His elder daughter, Mrs. Thenmozhi is working as a Staff Nurse in Q6 East, second daughter, Mrs. Poongothai is working as a Dialysis Therapist in AK Lab and younger daughter, Mrs. Jamuna is working as a Clerk in Head Post Office, Vellore.

- **Mr. D. Manivannan**, Sr. Field Worker, CHAD retired on 11th May 2019, after 31 years of dedicated service to the institution. He has a son and a daughter. Son, Rohit is studying in 7th Std. and his daughter, Mamta is studying in 5th Std.



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Situations Vacant

1. Senior Resident with MS (Orthopaedics) for the Spinal Disorders Surgery Unit

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2(a) Senior Resident with MD (Biochemistry) for the Department of Biochemistry

Age limit : <40 years. Salary : As per institutional rules.

Accommodation provided (Subject to availability).

Continued on Page 4

2(b) Assistant Professor Gr.II with MD (Biochemistry) for the Department of Biochemistry

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution. Salary : As per institutional rules. Accommodation provided (Subject to availability).

2(c) Demonstrator (Non PG) with MBBS for the Department of Biochemistry

Salary : As per institutional rules. Accommodation provided (Subject to availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **June 15, 2019** for items 1 and 2(a), 2(b) and 2(c).

3. Applications are invited for the following posts for the CMC Vellore Chittoor Campus

(a) Senior Resident / Assistant Physician / Associate Physician / Physician with DVL / MD (Dermatology) (Part Time / Full Time)

(b) Senior Resident / Assistant Professor / Assistant Physician with MD / DA / DNB in Anaesthesia. (The Job requirement is for chronic pain & Palliative Care and High Dependency Unit, rotation in Anaesthesia)

(c) Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB in Orthopaedics

(d) Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / Professor / Physician with D.Ch / MD / DNB in Paediatrics

Salary : As per institutional rules.

Please log on to <http://www.cmch-vellore.edu> link "Vacancies" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, email Id and address.

Applications will close on **June 17, 2019** for Items 3(a), 3(b), 3(c) and 3(d).

4. Graduate Technician Trainee for the Department of Clinical Gastroenterology & Hepatology

Qualifications : B.Sc. (Science Subject). Preference will be given to male candidates.

Stipend : As per institutional rules. Age limit : 30 years.

Job description : To Assist in Endoscopy Lab.

Job condition : Apart from regular duty, may need to do shift duty.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **June 17, 2019** for Item 4.

5. Christian Medical College, Vellore Chittoor Campus (Administrative Block)

Applications are invited from a **reputed caterer to run a Hostel mess and a Canteen facility** for providing healthy food at CMC Vellore Chittoor Campus (9 kms from Chittoor town towards Vellore).

Eligibility : Should have experience in Catering and Hospitality in the Health Care sector.

Apply with valid registration, fssai certificate, GST No., previous experience and profile to The Associate Director, CMC Vellore Chittoor Campus, 189 Kothapalle Post, 190 Ramapuram Village, Gudipala Mandal, Chittoor District, Andhra Pradesh - 517 132 on or before **June 17, 2019** for item 5.

6. Applications are invited for the post of Teacher in Balavihar Kids Corner

Qualification : Montessori / TTC / Degree.

Preference will be given to the female candidates who are fluent in English, have a teaching experience and are below 30 years of age.

Interested candidates may apply to Balavihar Kids Corner, CMC Hospital Campus, Vellore - 632 004, Phone : 0416 - 228 3499 email : balavihar@cmcvellore.ac.in on or before **June 14, 2019** for Item 6.

Making a Difference - Chinchpada Christian Hospital

JUNE 10, 2019



A day at Chinchpada Christian Hospital

A young man who said he was 19 years of age but looking much younger -and at once much older-staggered into the hospital few weeks ago. He was emaciated, wearing ragged, dirty clothes that were too big for him. His face was pale and gaunt, and he was so frail that he could barely stand. Strangely, there was no one with him and he had no bag of belongings that he had brought along. Just a piece of paper. As we helped him to a bed looking over his shoulder for whoever might have come with him, he clarified that he was alone. He had travelled five hours on a bus from his far away village with not a rupee on him, pleading with the bus conductors of the two buses he took, not to throw him out even though he didn't have money for a ticket because he desperately needed to get to **Chinchpada Hospital**. Someone in his village who had seen his plight had written down the name of the hospital and said, **"Go to this hospital. They helped me get well for very little money. Poor people are treated well there. They will take care of you."**

He had been quite ill for a few months. He lived with his father, who had taken a second wife after his own mother left them for another man years ago. She had never again made contact with him. He has two younger sisters, one of whom was recently married and had left home. The other was working as a labourer in the fields, earning her keep and studying in class 9, living with her maternal grandmother in another village. He had mostly had to fend for himself over the years as a child. His father, quite a poor man himself, would reluctantly pay the school fees and buy his books, but lately had stopped doing even that. Living with his step mother became increasingly difficult. He tried to seek help from his uncle who agreed to let him stay, but not provide any other support. But he longed to study and learn. So he began to work in a hotel in the village centre, washing dishes and cleaning, so that he could earn enough to buy his books and continue to study. He struggled to cope with work with his progressively failing health although he came very close to taking his class 10 exam but didn't manage as he could no longer work from exhaustion, and he had no money for the fee. He was bitterly disappointed. His uncle, seeing that he was ill, took him back to his father's house, saying he could not support him any longer. His father refused to take him to a doctor, so he went on his own. He was found to have insulin requiring Diabetes, and was started on insulin. He had to beg his father for money to buy the insulin each time, as the government hospital did not have it in stock. His father would intermittently give him money, but never accompanied him to the doctor. *Eventually, his father stopped supporting his treatment altogether. He went back to his uncle and his grandmother asking for help, but they refused.* This is when he met the kind man in his village who gave him the address of **Chinchpada Christian hospital**. Without a word to anyone, he clutched that piece of paper and got on the long bus journey.



He was severely dehydrated on first assessment, with a thready pulse and a barely recordable blood pressure. His blood sugar levels were over 600mg/dl as he had been off insulin for many days. His limbs were pitifully thin; weak from Diabetic neuropathy; and swollen from malnutrition, and possibly from renal involvement from the poorly controlled Diabetes. You could count every rib, and it took all of his energy to

give us a brief initial history. He had a borderline oxygen saturation, and needed some oxygen. We marvelled at how he had managed that bus journey on his own in such a state. He was shifted to the ICU and started on an insulin infusion, rehydration, and supportive management.

As he related the rest of his story in a relatively flat, emotion-less tone once he began to improve, we listened in growing horror at the extent of apathy that we human beings are capable of. The only time there seemed to be a hint of emotion was when he said repeatedly after every few sentences with pleading eyes: “when you get me well, I will stay here with you.



I will work very hard...please don't send me away.” When we asked for a way to contact any of his family, he said again in that flat voice, “It won't make any difference. No one cares whether I live or die.”

We all stood speechless by his bedside, trying to look busy with examining him and studying his chart as we exchanged glances, each one fighting back tears as we tried to make sense of this unbelievably broken world that Ajay (name changed) inhabited...that we all co-inhabit with Ajay. Is it really the same world? How come the rest of us are so unfairly blessed?

We had sung at devotion that morning: “jaisey maataa sambhaalti hai, waisey Yesu sambhalegaa... kabhi bhi na chodeyгаа, kabhi bhi na tyageyгаа...” (As a mother cares for her child, so Jesus will care for you. He will never leave you nor forsake you..)

I thought wryly to myself, what an insult actually, for Jesus to compare his perfect, unconditional, self giving love with the fallen love of Ajay's mother and father who had completely forsaken him! Yet he allows that comparison for us to be able to understand his heart just a little...what a gracious God!

Over the ensuing day Ajay regained some strength and we marvelled at his voracious appetite for the simple but nutritious Diabetic food that was cooked in our canteen for him. He began to smile just a little. He even picked up the courage to ask if he could have some tender coconut water (which was rapidly procured from the market.) He was given a scrub bath with warm water, soap and shampoo, after which he looked quite a different colour from when he had arrived. His long nails were cut and his even longer hair oiled after the shampoo, despite which they refused to settle down on his scalp. He was dressed in the first set of new clothes he ever had from since he could remember...

We told him of Jesus, the Son of God who loves him...this God who came down from the splendour of heaven to earth, and suffered every bit of the pain, rejection and loneliness that Ajay himself had been through. He suffered all this on the cross so that Ajay might have Life...and he rose from death, conquering it so that death itself was swallowed up by Life!

Unbelievably for us again, he said, “I believe...” He had had Christian teachers in his school who had told him of Jesus! His family, he said, worshipped “shaitaan” (we didn't ask for further clarifications!), but he knew that followers of this Jesus would care for him, and this was the confidence with which he had come all the way to Chinchpada. We marvelled yet again...

how was it possible for this child after the utter depravity and rejection that he had experienced most of his life, to comprehend and grasp so easily the love of the Heavenly Father? Why is it so much harder for those of us who live in comfort?

We are unsure of what the future holds for Ajay...all the odds for a long and care-free life here on earth are against him..but we have more than a sneaking feeling that Resurrection Power is at work in him..and his heavenly Father has all of eternity to make it up to him. Hallelujah!

“The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly” (John 10:10).

Ashita Singh, Chinchpada Christian Hospital.

CMC NEWSLINE

Vol.No.55 No.50 FOR PRIVATE CIRCULATION ONLY JUNE 10, 2019



Trust in the Lord with all your heart and lean not on your own understanding. *Proverbs 3:5*

Professor T.S. Ravikumar Retires



Professor T.S. Ravikumar, Professor and Head, Department of Emergency Nursing, College of Nursing retired on 1st June, 2019 after twenty eight years of exemplary service to the institution. He is an alumnus of College of Nursing and belongs to the first batch of male nursing students who joined in the year 1979. He was a brilliant student with excellent leadership qualities. He started his career as staff nurse in surgical ward in 1984. On completion of PBBSC Nursing in the year 1989, he joined College of Nursing as a Tutor and continued his service as faculty after completing Master's Degree in Nursing in 1994. Currently, he is pursuing Ph.D in Disaster Management from VIT University, Vellore.

He received specialized training in Trauma Nursing from Minneapolis, USA and Oxford, UK, Mass Casualty Management from Ramban Hospital, Haifa, Israel, and Early Management of Trauma course from Department of Emergency Medicine, CMC, Vellore. He has contributed extensively towards training students and staff in BLS/ACLS, Trauma Management and Disaster Management. Apart from his valuable contributions to the development of the Emergency

Nursing department; he had been instrumental in initiating and implementing various programmes at national and international level.

He has initiated and coordinated CMC-Emergency Response Team (CERT) and various activities with regard to Emergency and Disaster Preparedness. He is currently involved as a member in helping with module preparation and training at national level on National Emergency Life Support-Nursing, Ministry of Health Government of India (NELSN). He is a resource person of Tamil Nadu Accident and Emergency Care Initiative(TAEI). He has contributed towards emergency and disaster training and management, nationally and internationally in various capacities. He is a member of Asia Pacific Emergency and Disaster Nursing Network (APEDNN) and has immensely contributed towards training on disaster management in South East Asian Regions (SEAR). He has served the community during disasters as an effective team member managing relief work after the Tsunami at Srilanka, earthquake at Nepal, floods at Chennai and bomb blast at the Tamil Nadu Explosive

Special Prayers: June 09 - 15, 2019

Obstetrics and Gynaecology and Gynaecologic Oncology

Dr. Annie P. Villoth and Staff
Dr. Elsy Thomas and Staff
Dr. Lilly Varghese and Staff
Dr. Manisha Madhai Beck and Staff
Dr. Jiji Elizabeth Mathew and Staff
Dr. Abraham Peedicayil and Staff
Mrs. Ebenezer Ellen Benjamin and Staff

Reproductive Medicine Unit:

Dr. Aleyamma T.K and Staff
Mrs. Ebenezer Ellen Benjamin and Staff

Neonatology Unit:

Dr. Santhanam Sridhar and Staff
Dr. Niranjan Thomas A.W. and Staff
Dr. Kurien Anil Kuruvilla and Staff
Mrs. Ebenezer Ellen Benjamin and Staff

Menonite Medical Board of the Mennoite Church in India

Council Member: Dr. Sandeep Patonda
Hospital: Dhamtari Christian Hospital,
Chattisgarh.

Sunday Services : June 16, 2019

6.00 pm : **Scudder Auditorium**
Rev. Joseph Devaraj
6.30 pm : **Hospital Chapel**
Dr. Gladwin Ganapur
5.00 pm : **Friendship Chapel, KPTR Campus**
Rev. Paul Ravikumar
4.30 pm : **Chittoor Chapel**
Dr. V. Rhesa Noel

Welcome :

Dr. Juliet Kanaga Jeeva, Medical Officer, Staff Student Health Service, on her return from study leave.

Limited. He is also highly recognized as a disaster management expert by The Tamil Nadu Dr. MGR Medical University, Chennai and has conducted many Disaster Management training programmes for nursing students in the institution and country.

Mr.T.S.Ravikumar had served in various administrative capacities as the Additional Deputy Nursing Superintendent, Additional Deputy Dean, advisor of various committees

Continued on Page 2

of Student Nurses Association and as president of Trained Nurses Association of India, CMC Vellore Branch. He was also a member of Emergency Nurses Association, USA and Honorary Secretary of Student Christian Movement, North Tamil Nadu.

Mr. T.S. Ravikumar is an excellent teacher, imparting knowledge, values and professional skills to the students, creating an enjoyable learning environment. He is an open minded, dedicated, generous person, greatly committed to his calling. He has the unique ability to make any situation lighter with his sense of humor. Mr. T.S. Ravikumar is a voracious reader, excellent orator and a remarkable quiz master. He delights in sharing the gospel and utilizes every opportunity to share God's Word at retreats and churches. His strong faith in God has helped him guide, support, mentor and nurture many staff and students. His parents are Mr.Mani and Mrs. Meera Mani. Mrs.Meera Mani served as a Charge Nurse in CSSD, CMC. His wife Mrs. Vasanthi Ravi is also an alumnus of College of Nursing, working as a Charge Nurse in A-Block. They are blessed with two daughters and two grandchildren. Their eldest daughter Mrs. Dolly Lenny Vasanthan is working as a Senior Programmer in CHIPS and her husband, Mr.Lenny Vasanthan is a Lecturer in Physiotherapy Department. Their second daughter Mrs.Deborah works in Quality Management Cell as a Management Intern and her husband Mr.Joel is working in an IT Department in Chennai.

The CMC community thanks Mr.T.S.Ravikumar for his dedicated service and wishes him the very best as he starts a new phase in life.

World Asthma Day observed by CMC



World Asthma Day is observed on the first Tuesday of the month of May, every year. The focus of this observation is to increase awareness of this condition among the people and to reiterate the fact that it can be kept under control with regular inhaled corticosteroids.

Asthma cannot be cured but can be kept under control if it is diagnosed correctly and treated appropriately. It is a chronic inflammatory disease of the airways which occurs when the inflamed airways encounter allergens and irritants such as house dust, pollens, fungi, smoke, cold air and so on. These will lead to

bronchoconstriction which causes symptoms like cough, breathing difficulty and chest tightness.

Asthma has affected about 30 crore people all over the world. In India, approximately 10% of the population has asthma, which is about 13 crore people. Most often the neglect and misconceptions regarding asthma comes from the social stigma it carries regarding the usage of inhaled medications.

If not diagnosed early and treated appropriately, asthma can lead to various complications:

» Exacerbations of asthma: This occurs due to respiratory infections or exposure to a heavy load of substances to which the patient is allergic. This might need an emergency visit to the hospital and a subsequent admission. In rare circumstances, a delay in medical attention can even lead to death.

» Poor response to treatment: Formation of scar tissue in the airways can lead to a disease which is very similar to COPD (Chronic Obstructive Pulmonary Disease – a disease that is seen most commonly in smokers). This leads to poor quality of life and ultimately results in respiratory failure.

One of the major steps in avoiding these complications and improving the patient's quality of life is the use of inhaled corticosteroid. It is important for asthma to be taken seriously and to create awareness the Department of Pulmonary Medicine, conducted an asthma awareness camp on 7th May, 2019. A total of 202 patients with respiratory symptoms attended the camp and Spirometry test were conducted for 131 patients. Around 97 patients were newly diagnosed to have asthma.



This initiative was coordinated by Dr. Jebin Roger S, Assistant professor in the Department of Pulmonary Medicine under the supervision of the head of the Department, Pulmonary Medicine, Dr. D.J. Christopher. The event began with a prayer by the chaplain followed by a welcome speech by Dr.D.J.Christopher. The significance of the event was put into perspective by Dr. Jebin Roger S. and the camp was declared open by Dr. Prasad Mathews, Medical Superintendent.

The camp proved to be a significant endeavour in creating awareness and educating the public on the prevention and care of the disease.



Congratulations!

Dr. Prema Dhanraj, retired Professor and Head of the Department of Plastic Surgery was awarded the title of “Doctor of Divinity” (Honoris Causa) by the Academy of Ecumenical Indian Theology and church Administration on 11th May, 2019 at Chennai. Excerpt from the citation : 'In admiration and appreciation of the inspiring life of this remarkable individual, who stands as a symbol of hope for people with burn injuries and unparalleled champion of people in need, the title of “Doctor of Divinity”(Honoris Causa) is conferred on Dr.Prema Dhanraj by the Academy of Ecumenical India Theology and Church Administration, on this the Eleventh Day of May 2019 at Chennai'.

Obituaries

- **Mrs. Susheelammal**, mother of Mr. S. Mohan, Driver, Department of RUHSA on 1st June, 2019.
- **Mrs. Gunamani**, wife of Mr. D. Sathianathan, retired staff in Accounts Department, mother of Mr. S.Prabhakaran, staff in MCTT, grandmother of Mrs. Saranya, Staff Nurse in Radiology, Mr. Stalin, Radiographer in Radiology and Mr. Lenin, P.G. Cytogenetic student on 2nd June, 2019.
- **Dr. Susan Sebastian**, mother of Dr. K.S. Jacob, retired staff, Department of Psychiatry, mother-in-law of Dr. Molly Jacob, Department of Biochemistry and grandmother of Dr. Amita Jacob, Department of General Medicine on 2nd June, 2019.
- **Ms. J. Olive Blessy Saral**, daughter of Mrs. Victoria, Staff Nurse in Urology OPD and Mr. John Ruskin and sister of Ms. J. Nancy Niranjana on 3rd June, 2019.



• **Dr. Eunice G. John** (MBBS batch of 1958-59) on 3rd June, 2019 in Chicago, USA. She was born in Mangalore, did her premedical in Mangalore as well as Wilson College Mumbai . She joined the batch of 58-59 at CMC. After completing her MBBS and serving her mission commitment, she joined the DCH programme at CMC. She later went to the US and did her paediatric residency at Tulane University at New Orleans. Following that she completed a Paediatric Renal fellowship at the Albert Einstein University at New York.

She then moved to Chicago to join the paediatric nephrology programme at University of Illinois where she continued for 42 years. She was responsible for developing the program and received many accolades. She had been active in research and has numerous publications. She became head of the department there and was loved by both her staff and patients. She was the recipient of Best Teacher Award 11 times, was nominated for Best Top Doctor 10 times since 1999 and received the UI Health Class Act Award 4 times for patient care. Her surviving relatives are her niece Smitha and nephew Suneeth, as well as Suneeth's son Gabriel.

She was a loving daughter, sister and aunt, being very involved in taking care of all of them.

She was loved by all who came in contact with her - family, friends, colleagues, staff and patients for whom she went beyond the call of duty. For those who would like to convey condolences, kindly click on the below link:

<https://www.smithcorcoran.com/obituary/eunice-g-john-m-d/>

- **Mr. A.Carmel**, husband of Mrs. A. Prema, father of Mr. Lawrence, In-charge, Stores and Ms. Mary Nancy, Programmer, CHIPS on 5th June, 2019.
- **Mr. S. Jothi Ramalingam**, husband of Mrs. Mala and father of Mr. J. Sathishkumar, Clerk Typist, Hospital Maintenance, on 7th June, 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Admission Notice

Master of Hospital Administration Admission 2019: Applications are invited for the Master of Hospital Administration (MHA) course commencing in August 2019. Details regarding application procedure and eligibility are available at our website: <http://admissions.cmcvellore.ac.in> Last date to submit the completed application form to the Registrar, CMC, Vellore is **1st July, 2019**. Selection will be through a written test followed by an interview.

Registrar, email : registrar@cmcvellore.ac.in

Situations Vacant

1. Senior Resident with M.D. (Anaesthesiology & Intensive Care) for the Department of Accident & Emergency Medicine

Age limit : <40 years. Salary : As per institutional rules.
Accommodation provided (Partly furnished, depending on availability).

2. Senior Resident with M.D. (Pharmacology) for the Department of Pharmacology and Clinical Pharmacology

Age limit : <40 years. Salary : As per institutional rules.
Accommodation provided (Partly furnished, depending on availability).

3. Senior Resident with MD / DNB (Anaesthesia) for the Department of Anaesthesia

Salary : As per institutional rules. Accommodation provided (Subject to availability).

4. Tutor Gr.IV with BOT (Regular Course) for the Developmental Paediatrics Unit

Salary scale : As per institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **June 15, 2019** for item 1 and **June 22, 2019** for items 2, 3 and **June 30, 2019** for item 4.

5. Project Associate for the Department of Bioengineering

Job Code : 1290

Qualification : B.E. / B.Tech with GATE qualification or M.E. / M.Tech in Bioengineering / Biomedical Engineering / Computer Science / Information Technology / Electrical / Electronics / Instrumentation / Mechanical Engineering.

Skills : PC and Micro-controller programming Circuit. Duration : 1 year.

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002 on or before **June 24, 2019** for Item 5.

Note: Please mention the Job Code in the application form. Applications without Job Code will not be accepted.

6. Staff III Critical Care Therapist for the Medical ICU / MHDU

Qualifications : B.Sc. Critical Care Technology degree of the Tamil Nadu Dr. MGR. Medical University (or) H.Sc. with Diploma in Critical Care Therapy Course (CMAI) obtained from CMC Hospital.

Salary scale : As per institutional rules. Age limit : 35 years.

Job description : To look after ICU Equipment and to assist with the care of critically ill patients.

7. Staff III Radiographer for the Department of Radiology

Qualifications : H.Sc. with two years CMAI Diploma in Radiodiagnosis Technology (or) B.Sc. Radiology also can apply.

Salary scale : As per institutional rules. Accommodation not provided. Age limit : 35 years.

Job description : Candidates will be posted in routine and special procedure areas including ultrasound in Main and Peripherals and will have to do shift duties.

8. Staff III Graduate Technician (Project) for the Department of Clinical Haematology

Qualifications : B.Sc. MLT with first class.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Age limit : 35 years. Salary scale : As per institutional rules. Job description : To work in project mode.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **June 24, 2019** for Items 6, 7 and 8.

9. Ida Scudder School, Vellore - 632 006, Tamil Nadu (Affiliated to the CISCE, New Delhi) invites applications for the post of Office Assistant

Applicants should be graduates / postgraduates with proficiency in English and Computers.

Apply to "The Correspondent" Ida Scudder School, No.1, Kalinjur Main Road, Viruthampet, Vellore-632 006, Tamil Nadu, furnishing the CV, latest passport size photograph, photo copies of all the necessary certificates and other related documents, on or before **June 14, 2019**.

CMC NEWSLINE

Vol.No.55

No.51

FOR PRIVATE CIRCULATION ONLY

JUNE 17, 2019



Blessed are the merciful, for they will be shown mercy. Blessed are the pure in heart for they will see God. Blessed are the peacemakers, for they will be called sons of God. Matthew 5:7-9

Dr. Joyson Soundrarajan Retires



Dr. D. Joyson Soundrarajan, Selection Grade Senior Librarian and Head of Library Services, retired on 2nd June, 2019 after 36 years of exemplary service to the institution. When he joined CMC in the year 1983, he was already well versed in Index Medicus, a Bio-medical database which preceded the days when computers and internet were present at the library. Later on, he became an expert in Medline search, especially in the biomedical literature databases of the National Library of Medicine to retrieve bibliographical information of journal articles with abstracts.

His tenure as a senior librarian was eventful. He initiated numerous 'Memorandum of Understandings' with various other organizations which increased the wealth of database stored at the library. He was able to obtain articles and literature which were highly informative and beneficial to the faculty and students of CMC.

In 2009, he had the privilege of visiting the ACT Health Science Library, Canberra, Australia, during his Senior Training Fellowship. Using this opportunity he acquired more MOU's with other health science libraries and established a possibility for Inter Library Article service.

It was during his tenure as the Head that the archiving of 9300 full text articles and publications from the faculty of CMC, was initiated. He used the Dspace software to upload these publications into the institutions library website. He also initiated and successfully implemented RFID based Library management system at Gault Library, Bagayam. The electronic resources saw a different milestone in his period.

The Department of Library Services was able to organise various academic sessions under his guidance. In the past three and a

Special Prayers: June 16 - 22, 2019

Civil Engineering:

Mr. S. Balasubramanian and Staff

Planning Engineering:

Mr. V. Jayasankar and Staff

Mechanical Department:

Mr. T. Prasad and Staff

Electrical Department:

Mr. S. Sukumar Solomon and Staff

Air Conditioning Engineering:

Mr. S. Sukumar Solomon and Staff

Environmental Engineering:

Mr. V. Jayasankar and Staff

Electronic Engineering:

Mrs. Indumathi and Staff

Telephone Exchange:

Mr. Ebenezer Sundarraj and Staff
Mr. Dinesh and Staff

CSI Rayalaseema Diocese :

Council Members:

Rt. Rev. Dr. B.D. Prasada Rao
Dr. Naveen

Hospitals: CSI Arogyavaram Medical Centre, Madanapally and MLL Hospital, Madanapally and others

Sunday Services : June 23, 2019

6.00 pm : Scudder Auditorium

Dr. Samuel George Hansdak

6.30 pm : Hospital Chapel

Dr. David Chase

5.00 pm : Friendship Chapel, KPTR Campus

Rev. Gosparlyne Snaitang

4.30 pm : Chittoor Chapel

Dr. Babeesh Chacko

Continued on Page 2

half years, two major conferences were organised. In August 2017, an International Conference was organized with participants from more than five countries. During this, the Pre-conference volume with ISBN was released for which Dr. Joyson was the editor. In April 2019, a National Workshop was organised during which a Festschrift Volume with ISBN was released.

His innovations and hard work have won him many recognitions and accolades. Dr. Joyson was recognized by the Library Professional Bodies across the country and was awarded with **Dr. A.P.J. Abdul Kalam Best Librarian Award** for the year 2016 by Noolagam Pesugerathu. In 2016, he won the **S.J. Kulkarni Award for Best Medical Librarian in the country** by Medical Library Association of India and the **Best Librarian** award in the Health Science Information field at the 1st National Convention on Open Access to Health Information by Rajasthan Medical Library Association in the year 2018. He is still an active member in many professional bodies in various capacities.

To his credit, he has published more than twenty five articles in Library and Information Science Journals and five Books Chapters. He has also attended many National and International conferences as keynote speaker and chief guest.

He has been an external evaluator for M.Phil and Ph. D thesis. He was a member of the Doctoral Committee at Bharathidasan University, Bharathiar University and Periyar University. He also served as an observer and advisor of CMC associated Libraries.

As a person, he is very dedicated and sincere. He is an excellent leader and mentor, always encouraging his team to work towards further developments.

Dr. Joyson's wife Mrs. Jayamanoranjitham Joyson, is a retired B.Ed. assistant teacher. His son Mr. Jackson Daniel Raj is a nurse working in the Middle East and is married with a son. His daughter Ms. Jency Monica is a software engineer with the Mindtree IT Consulting at Bangalore.

The Institution is thankful for the many years of sincere service rendered by Dr. Joyson and wishes him all the very best in his future endeavors.

Workshop organised on 'Developing a Protocol for Systematic Reviews'

From 20th to 24th May, 2019 a workshop on 'Developing a Protocol for Systematic Reviews' was conducted by the Professor B.V. Moses Centre (BVMC) for Evidence Informed-Healthcare and Health Policy. The workshop took place in the New IRB Meeting Room Facility at the Bagayam Campus. The resource persons and organizing committee comprised of Dr. Thambu David, Dr. Mohan Kamath, Mr. Richard Kirubakaran, Mr. Venkatesh and Mr. Jabez Paul.

There were twenty four participants' from across the country, especially from AIIMS Rishikesh - New Delhi, Indian Institute of Public Health, JSS College of Pharmacy

– Ooty, The Leprosy Mission Trust India, Clinical Development Services Agency – Delhi, Ragas Dental College and PIMS – Pondicherry.

The agenda of the workshop included introduction to evidence informed healthcare, assessing risk of bias with tools like **Revman** and grading of studies to create summary of findings using **GRADE**.

The participants were highly appreciative of the information gained during the workshop. The centre will be hosting similar workshops in the future. Further details can be obtained at <http://www.bvmc.in/>



Sports News



• Heartly congratulations to the **CMC's Basket Ball team** for winning the **National Level Intercollegiate Tournament SWISH 2019** organized by SRM Dental College, Ramapuram, Chennai.

• The **Staff Cricket Tournament** for the year 2018-19 was held on 4th May, 2019 in which a total of 32 teams participated. The Chief Guest for the event was Dr. Simon Pradeep Pavamani, Vice-Principal (PG), who distributed the prizes to the following winners.

Results :

Winners : Department of Haematology

Runners up : Department of Medical Engineering

Man of the Match : Mr. Ramesh (Haematology)

Man of the Series : Mr. Ashish Mathew (Medical Engineering)



Retirements

Mr. V. Anbalagan, Hospital Attendant Gr.I, Department of RUHSA retired on 11th May 2019, after 29 years of dedicated service to the institution. He has a son and a daughter. Mr. Deepak is working as an X-Ray Technician in Radiology Department and Ms. Ragavi is studying B.Sc. Nursing in CMC.



Mrs. Kiruba Williams, Multipurpose Health Worker retired on 14th May 2019 after 36 years of service to the institution and she worked in CHAD (Community Health and Development) Department. Her husband Mr. Williams worked in CHAD as an Artisan. Her daughter, Ms. Priya Soundarawadani works as a Staff Nurse in Community Health Nursing Department and her second daughter Ms. Preethi Pricilla is a Charge Nurse in Neonatal ICU.

Mr. A. Kannan, Sr. Hospital Attendant, MICU / SICU Office retired on 25th May 2019, after 37 years of dedicated service to the institution. He has two daughters and a son. His elder daughter, Ms. Kavitha is working as a Health Aid in CHAD, second daughter, Ms. Sonia is a Staff Nurse in CHAD and his son, Mr. Prabhu is working as a Hospital Attendant in O3 West.



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Obituaries

• **Mr. Devaraju**, father of Dr. Turaka Vijay Prakash, Asst. Professor, Department of Medicine Unit-II, on 2nd June, 2019.

• **Dr. Ruby Jyoti Charles** (MBBS batch of 1965) on 5th June 2019.

• **Mrs. Joyce Issaac**, mother of Mrs. Rachael Christy, Staff Nurse in G3 South Ward, on 11th June, 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Sponsorship for Master of Hospital Administration (MHA) Course 2019-2020

Applications are invited from staff for sponsorship of their children for admission to **Master of Hospital Administration (MHA) course** in the Christian Medical College, Vellore for the Academic Year 2019-2020. The Sponsorship forms are available in the Directorate. Please produce your ID Card at the time of receiving the application form. Last date to submit the completed application form to the Director, CMC, Vellore is **1st July, 2019**.

Situations Vacant

1. Senior Resident with M.S. (General Surgery) for the **Department of General Surgery Unit-III**

Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

2. Demonstrator (Non PG) with MBBS the **Department of Pharmacology**

Salary : As per institutional rules.

Accommodation provided (Subject to availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **June 22, 2019** for item 1 and **June 29, 2019** for item 2.

CMC NEWSLINE

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No.52

FOR PRIVATE CIRCULATION ONLY

JUNE 24, 2019



Is anyone of you in trouble? He should pray. Is anyone happy? Let him sing songs of praise.

James 5:13

Dr. Mathew Alexander Retires



Dr. Mathew Alexander, Professor and former Head of the Department of Neurology and Neurological Sciences, retired on 3rd June 2019 after nearly 27 years of dedicated service to the institution.

Professor Alexander (MA) is widely regarded as one of the most dynamic, astute clinical neurologists and inspirational teachers both nationally and internationally. This is attributable to his immense passion for Neurology, genuine concern for patient well-being and student growth with an ability to give constructive feedback. Professor MA always strived for clinical excellence in terms of exemplary assessment, diagnostic and treatment skills, all this uniquely combined with compassion and empathy. His 'never say die' attitude has often translated into 'medical miracles' with respect to patient outcomes. His commitment to clinical excellence has helped enhance the reputation of the department and institution as a center for providing care especially for the most challenging cases.

Professor MA completed his undergraduate training from Trivandrum Medical College in 1982. He subsequently did his postgraduate training in General Medicine from Kasturba Medical College, Mangalore in 1987. He is a renowned alumnus of Sri Chitra Thirunal Institute of

Medical Sciences and Technology, Thiruvananthapuram, an Institute of National Importance, where he completed his three-year DM (Neurology) in 1992. He had a brilliant academic career and subsequently joined the Department of Neurological Sciences at CMC Vellore in 1992. He did his subspecialty fellowship training in "Neuromuscular Disorders and Clinical Electromyography" at the prestigious Montreal Neurological Institute, Canada in 1999 to 2001. He also did fellowships with the Electromyography division at the Johns Hopkins School of Medicine, Baltimore and Massachusetts General Hospital, Boston. His main areas of interest include Neuromuscular Disorders, Clinical Electromyography, Neuroimmunology and Tropical Neurology.

Professor MA has always emphasized the need for providing technical expertise at affordable cost while building a state of the art Neurology division. During his tenure, the faculty strength went from 2 in November 2006, to 13 in November 2018 when he went for his terminal sabbatical leave. This includes three faculty members in Paediatric Neurology. Under his leadership, various subspecialties including Stroke, Epilepsy, Paediatric Neurology, Cognitive Neurology, Neurometabolic and Neuromuscular disorders have developed with support from PMR, Medical Genetics, Medicine, Child Health and Bioengineering Departments.

Special Prayers: June 23 - 29, 2019

Gastrointestinal Sciences :

Dr. C.E. Eapen and Staff
Mrs. Jasmin Anand and Staff

Clinical Gastroenterology and Hepatology:

Dr. C.E. Eapen and Staff
Dr. Ebby George Simon and Staff
Dr. Amit Kumar Dutta and Staff
Mrs. Jasmin Anand and Staff

Wellcome Trust Research Laboratory:

Dr. C.E. Eapen and Staff

Medical Genetics: Dr. Sumita Danda and Staff

CSI South Kerala Diocese

Council Members :

Dr. P.K. Rosebist
Dr. Ranjith R.P.

Hospital: CSI Medical College and Hospital, Karakonam and others

Church Mission Society

Council Members: Mr. Hugh Skeil
Mrs. Rhena Clouston

Sunday Services : June 30, 2019

6.00 pm : **Scudder Auditorium**
Dr. Santhosh Varughese

6.30 pm : **Hospital Chapel**
Mr. Hugh Skeil

5.00 pm : **Friendship Chapel, KPTR Campus**
Mrs. Anna Jagadish

4.30 pm : **Chittoor Chapel**
Dr. Sujatha Charles

Continued on Page 2

The number of DM Neurology seats increased from one to two in 2005 and then to 4 from 2016. When the department has a period of crisis in 2007-2008 and the seats were reduced from two seats to one, Professor MA was instrumental in preventing this disaster. He has been an exceptional teacher and mentor for several generations of residents from the length and breadth of the country. All of them now are currently well reputed and settled in various parts of the country and abroad. He set the standards for work ethic for his students and colleagues. The ‘MA grand-rounds’, and the rounds on a motorized wheelchair during his brief period of disability will remain engraved in everyone’s memory.

The Clinical Neurophysiology Lab has become one of the most comprehensive of its kind with Single Fiber EMG, multichannel surface EMG, Quantitative Autonomic Function Testing and Transcranial Magnetic Stimulation. Professor MA started a new degree program under The Tamil Nadu Dr. M.G.R. Medical University, the B.Sc. in Neuro Electrophysiology in 2012. He subsequently initiated the Faculty Improvement programme for the existing Neurotechnologists from Diploma to Degree ultimately leading to the vision of Allied Health Teaching faculty.

At the Institutional level, Professor MA has been part of the Executive Committee and Council and has helped the administration on important issues including salary increase, planning of new campus development at Kannigapuram, facilitating extension of retirement age, MCI approval for various courses and engaging with the private sector for CSR funds.

At the National and International level, Professor MA has been Convenor of the Clinical Neurophysiology subsection of the Indian Academy of Neurology (IAN) since 2016 and is the National Delegate to the International Federation of Clinical Neurophysiology. He has been the convener for Clinical Neurophysiology Symposia in International Conferences. He organized a landmark meeting, the first national IAN – EMG Workshop at Vellore in 2014. He was the co-organizer for the prestigious “Asia-Oceanian Congress of Clinical Neurophysiology” in Bengaluru in 2017. He is a renowned and much sought after speaker at international and national conferences and a reviewer for several medical journals. He was the co-chair on the national committee of the IAN for drafting treatment guidelines. He has been a visiting faculty at international centers of repute including Mayo Clinic (Rochester), Wayne School of Medicine (Detroit), Case Western Medical University (Cleveland) and McGill University (Montreal). He has several DBT, ICMR funded projects and research articles in internationally acclaimed journals. He is currently in National Neurosciences Center at Brunei, and part of an international group which will help build Neurology services in lesser privileged countries.

His wife, Dr. Sunithi Mani is Professor of Radiology. Their son Mayank is in tenth grade. As a family, they were at the center of the community, always available for any guidance or help. MA went well beyond the role of friend or physician, and has touched countless lives wherever he went.

Professor Mathew Alexander always emphasises the need for “good mentoring, dream building and stewardship” in the larger interests of the Department and Institution. CMC thanks him for his outstanding contributions to the institution and wishes him God’s blessings for his future endeavors.

CMC observes World Anti Tobacco Day



On 31st May, 2019 the Department of Pulmonary Medicine observed the Anti Tobacco day, by organizing an awareness programme. Dr. Joy Mammen inaugurated the programme and spoke about the hazards of smoking and tobacco usage.



The awareness programme was organized to educate the patients on the urgency and importance of quitting smoking. A total 113 of patients with smoking and related respiratory disease were assessed and Spirometry (lung function test) was done on 70 smokers. They were shown how smoking affects the lungs, blood vessels and nervous system leading to various problems from myocardial infarction (heart attack) to sexual dysfunction. The current Indian statistics do not truly reflect the extent to which smoking has destroyed the society. Misinformation of not identifying smoking as a disease has led to various misconceptions which state that quitting can be harmful. With proper medical assistance and scientifically proven non pharmacological and pharmacological methods, quitting smoking has become a reality. The withdrawal symptoms can be controlled with proper medical advice. CMC provides good nicotine dependence and counseling with medical aid in the Smoking Cessation Clinic.



Message from MCI –Nodal centre - Medical Education Department

The MCI Nodal centre for National Faculty Development, conducted the **MCI Curriculum Implementation Support Programs [CISP]** for In-house CMC faculty and Curriculum Committee Members of affiliated colleges from 4th – 6th June, 2019. The purpose of the MCI CISP is to equip faculty and medical colleges in planning, implementing and evaluating the new competency based curriculum which is to be implemented from the academic year 2019 through a multi tiered approach. The Curriculum Implementation Support Program (CISP) developed by the Expert Group constituted by the Medical Council of India, provides the much needed intellectual support for a smooth transition from the existing to the new competency based curriculum.



Notices

• **Wanted : A host for a lady staff from Makunda Christian Hospital, Assam** who will be undergoing exposure for 2 weeks in the Department of Biochemistry from **29th June to 13th July 2019**. **No food arrangements required**. Those who are willing kindly **contact the Department Missions at : 0416-2286121/ 6117 or email to missionsoffice@cmcvellore.ac.in**

• Applications are available for the following vocational training courses in **RUHSA Community College, RUHSA Campus, P.K.Puram**. The courses offered are **2 wheeler mechanism, 4 wheeler mechanism, AC and Refrigeration mechanism, Electrical wiring and Motor recoiling Mechanism, Computer Hardware Training**.

Contact : 8300031373 / 8300031305. Last date of application is **6th July, 2019**.

Situations Vacant

1. Senior Resident with MD (Dermatology) for the Department of Dermatology Unit-II

Salary : As per institutional rules. Accommodation provided (Partly Furnished, Depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **July 06, 2019** for item 1.

2. Medical Officer for the Distance Education Unit

Job Code : 1291

Qualification : Any MBBS with minimum 5 years of work experience or any MD with 1-2 years of work experience. Candidates with training or work experience in blended learning and mental health preferred. Additionally experience and / or training in research methodologies and medical education is helpful. He / She must be willing to travel periodically to teach in the department's contact programmes.

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

3. Project Officer (Admin) for the Distance Education Unit

Job Code : 1291

Qualification : Any Postgraduation or BE / BBA with minimum 3 years of work experience in administration, preferably in an educational institution. Job involves student support, running contact programmes for students, handling students' assignment and projects with regular travel across the country. Fluency in English is required. Basic knowledge in finance / accounting is also required. Preference will be given to candidates with experience in working in any distance mode of medical learning.

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

4. Research Fellow for the Wellcome Research Unit

Job Code : 1292

Qualification : M.Sc., Ph.D or M.Sc. with 3 years experience in Molecular Diagnostics.

Job description : Standardize and carry out Laboratory assays, prepare reports and presentation, field visits occasionally.

Mode of appointment : Project mode. External salary : Rs.55,000/- . Accommodation not provided.

5. Junior Research Fellow for the Department of Endocrinology**Job Code : 1293**

Qualification : M.Sc. experience in Molecular Biology.

Age limit : Upto 35 years. Sex : Male / Female.

Nature of job : To work in Molecular Endocrinology Laboratory.

Mode of appointment : Project mode.

Salary : As per institutional rules.

Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002 on or before **July 08, 2019** for Items 2, 3, 4 and 5.

Note: Please mention the Job Code in the application form. Applications without Job Code will not be accepted.

6. Sr. Pharmacist Gr.IV (Project) for the Department of Endocrinology

Qualifications : B.Pharm with Tamil Nadu State Pharmacy Council Number.

Age limit : 30 years.

Salary scale : As per institutional rules.

Accommodation not provided.

Only regular mode will be accepted. Correspondence course will not be accepted.

Job description : To work in Clinical Trials as a Non-Medical Co-ordinator.

7. Staff III Anaesthesia Technician for the Department of Anaesthesia

Qualifications : B.Sc. (Operation Theatre and Anaesthesia Technology 3 years + 1 year internship) or H.Sc. with CMAI Diploma in Anaesthesia Technology (2 year course + 1 year internship).

Salary : As per institutional rules.

Age limit : 35 years.

Job description : Anaesthesia Technician.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**Applications will close on **July 08, 2019** for Item 6 and 7.**8. Applications are invited for the post of Librarian in Aadhyavikas Kids Corner Library, KPTR Campus.**Qualification : 12th pass, knowledge of Microsoft Office and Email.

Timing 4 p.m. - 7 p.m. on week days and 9 a.m. - 12.00 p.m. on Saturdays. Sunday - Holiday.

Preference will be given to candidates who are fluent in English and are comfortable with children.

Interested candidates may apply to Aadhyavikas Kids Corner, Kagithapattarai Campus, CMC, Vellore - 632 004. Phone : 0416 - 2287254, email : aadhyavikascp@gmail.com on or before **July 06, 2019** for item 8.

9. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri - 632 106 invites applications for the following posts :**9(a) Pharmacist.** Qualification : Bachelor in Pharmacy.**9(b) Radiographer.** Qualification : B.Sc. in Radio Diagnosis Technology / Radio Imaging Technology.

Experience : 0-2 years.

Apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R & LC., Karigiri" addressed to the Director, SIH-R & LC., Karigiri, Pin-632 106, or email your updated resume along with the scanned copies of all your testimonials to director@karigiri.org

Last date for receipt of applications is **July 06, 2019** for Items 9(a) and 9(b).

CMC NEWSLINE

Vol.No.56

No.01

FOR PRIVATE CIRCULATION ONLY

JULY 01, 2019

The Lord lives! Praise be to my Rock! Exalted be God, the Rock, my Saviour! 2 Samuel 22:47



Training programme from the Bomb Detection and Disposal Squad (BDDS)

From 3rd to 8th June, 2019 a Bomb Detection and Disposal Squad (BDDS) training programme was organised by the Chief Security Officer Mr. K. Sundaram. The training was to create awareness among the security personnel on bomb threat and prevention.

Following the Easter Sunday when Sri Lanka was hit by multiple bomb blasts, security was tightened in all Christian Institutions and churches across Tamil Nadu. CMC being one of the most iconic Christian institutions in India, precautionary measures were advised to be taken by the security team of the institute.

On request from the institution, the Director General of Police of Tamil Nadu (Operations) Mr. Ashis Bangrah IPS sent the **BDDS team from the Tamil Nadu Commando School** comprising of Inspector Mr.K. Alaguraj, Sub-Inspector Mr. A. Joseph, Head Constable Mr. S. Palani and the police sniffer dog for this specialised training.

A total of **497 security personnel** including **12 lady security guards** and staff from the **Fire Department** attended the programme, which was



conducted as two sessions per day for three batches.

The programme for Batch 1 on 3rd June began with prayer, led by Rev. Ananthi A. Mary, head of chaplaincy. The dignitaries present were, Mr. Ebinezar Sunderraj, General Superintendent, Mr. Sukumar Solomon, Associate General Superintendent, Mr. Sundaram, Chief Security Officer, Mr. Natarajan, Chief Fire Officer, Mr. Abdul Latheef, Security Officer, Mr. Purushothama Chetty, Deputy Security Officer, Mr. Rabindranath,



Audit Facilitation Officer and Mr. Reuban Gnanaraj, Safety Officer. Batch 2 began their training on 5th June. Mr. Durai Jasper, Public Relations Officer, led the team in prayer. The dignitaries present were Dr. Vijay Aruldas, Acting Head (OP Services & MRD) and Mr. Natarajan, CFO. The training for Batch 3 was on 7th June.



Special Prayers: June 30 - July 06, 2019

Dietary : Mr. Ebinezer Sundarraj and Staff
Mrs. Manimegalai B. and Staff

Dermatology :
Dr. Susanne A. Pulimood and Staff
Dr. Renu E. George and Staff
Mrs. Ilavarasi Jesudoss and Staff

Assemblies of God in North India :

Council Member : Mr. Prabhakar David

Hospital: Mission of Mercy Hospital and
Research Centre, Kolkota

Sunday Services : July 07, 2019

6.00 pm : **Scudder Auditorium**
Dr. Justin Paul

6.30 pm : **Hospital Chapel**
Rev. Rainard Pearson

5.00 pm : **Friendship Chapel, KPTR Campus**
Rev. Paul Ravikummar

4.30 pm : **Chittoor Chapel**
Rev. Vijay Kumar

The programme began with an opening prayer by Rev. Joseph Devaraj and Dr. J.V. Peter, Director, felicitated the BDDS team from Tamil Nadu Commando School. The others present were Mrs. Sophia Vijayanandan, Additional Deputy Dean from College of Nursing and Dr. Rabi Raja Singh Radiation Safety Officer from the Department of Radiation Oncology. The training was highly beneficial for the participants.

CMC Felicitates Dr. Gagandeep Kang



Christian Medical College, Vellore was proud to honour Dr. Gagandeep Kang, Professor, The Wellcome Trust Research Laboratory, CMC Vellore and Executive Director, Translational Health Science and Technology Institute, Faridabad, on her election as *Fellow of the Royal Society*. Dr. Gagandeep is the first Indian woman to receive this honour, and it is a matter of great pride and joy for the entire community and the Institution. Dr. K. VijayRaghavan, Principal Scientific Adviser to the Government of India, graced the occasion with his presence.

The function, held on June 15, 2019, commenced with prayer by Rev. Dr. Finney Alexander. Dr. Sushil John, Vice Principal (HR) welcomed the gathering. Dr. J.P. Muliyl, former Principal and Head of Community Health introduced Dr. Gagandeep. Felicitations were offered by the Director, Dr. J.V. Peter, the Vice Principal (Research), Dr. Biju George, the Associate Medical Superintendent, Dr. Joy Mammen and the former Head of Gastrointestinal Sciences, Dr. George Kurian.

The Principal Scientific Adviser, Dr. K. Vijay Raghavan honoured Dr. Gagandeep with a traditional Ponnadai, while the Director, Dr. J.V. Peter presented a plaque to Dr. Gagandeep. Dr. K. Vijay Raghavan felicitated Dr. Gagandeep and also addressed the faculty and students present on the occasion. He elucidated on the tremendous capacity that human beings have, both culturally and technologically to influence nature. There was, therefore a need, he said, to reimagine medical education to equip young people to deal with a very complex world. Dr. T. Jacob John, former Head of Microbiology and Virology, honoured Dr. VijayRaghavan with a Ponnadai, while Dr. Joy Mammen presented the book 'One Step at a Time' to him.



In her response, Dr. Gagandeep thanked the institution and her team for providing the environment and the experiences to flourish and grow. She paid tribute to her family and friends who have formed a reliable support system. She said the ability to learn from failure, to move ahead and the joy of working as a team and collaborating with others are what helped her in her work and life.

Dr. C.E. Eapen, Head of Gastrointestinal Sciences concluded the function with the vote of thanks.

7th Annual Master Class for Postgraduates organized by the Department of Urology

The Department of Urology conducted its 7th Annual Master Class for Postgraduates from May 31st to June 1st 2019 at the exam hall in Bagayam Campus. There were **128 final year postgraduates** from across the country who participated in it. Sixteen



distinguished faculty and heads of Urology from various premier centres in India participated in this extremely popular and highly rated teaching programme. It included lectures on contemporary topics and 24 cases were discussed. There was a two hour session on instruments. An online teaching platform from BJUI knowledge was introduced. All postgraduates participated in the case presentation. Intramural faculty from Medical oncology, Clinical Epidemiology and Nuclear medicine enriched the programme with their lectures and discussions. The participants gave an excellent feedback regarding the programme which was indeed gratifying.

Congratulations!

The following students were awarded prizes/medals at the **University Convocation which was held on 29th June 2019.**

Dr. Perla Harsha Teja	1. Alathoor Narendra Memorial Endowment Gold Medal 2. Shri B. Nagi Reddi Memorial Gold Medal - DM Cardiology
Dr. Sharon Anbumalar Lionel	The T.N. Dr. M.G.R. Medical University Medal – DM Clinical Haematology
Dr. Kripa Elizabeth Cherian	The T.N. Dr. M.G.R. Medical University Medal – DM Endocrinology
Dr. Meenakshi S.	The T.N. Dr. M.G.R. Medical University Medal – M.Ch. Paediatric Surgery
Dr. Thomas Shawn Sam	The T.N. Dr. M.G.R. Medical University Medal – M.Ch. Endocrine Surgery
Dr. Prateek Malik	Prof. Arthur Daniel Gold Medal – MD Radio-Diagnosis

To be continued...

Memoranda

- **Dr. Paul Prabhakar Abhilash**, Professor, Department of Emergency Medicine is appointed as Deputy Medical Superintendent for a four year term with effect from 24th June, 2019.
- **Dr. Aby Abraham**, Professor, Department of Haematology is appointed as Deputy Medical Superintendent for a four year term with effect from 7th July, 2019.
- **Dr. Mark Ranjan Jesudason**, Professor is appointed as Head of General Surgery Unit-II is extended for a four year term with effect from 24th June, 2019.
- **Dr. Regi Kurien**, Professor is appointed as Acting Head of ENT Unit-III (Rhinology & Anterior Skull base) with effect from 21st June, 2019 until further notice.
- **Mrs. Shalini Chandran**, Associate Professor of Nursing is appointed as Additional Deputy Nursing Superintendent for a four year term with effect from 25th June, 2019.
- **Mr. S. Denzil Ranjitsingh**, Senior Manager (Finance & Accounts) is appointed as Associate Treasurer with effect from 29th June, 2019 for a four year term.

Obituaries



• **Dr. Premalatha Naomi Abraham** (MBBS batch of 1959-60), wife of Dr. Abraham Joseph (MBBS batch of 1958-59) on Saturday, June 22, 2019 in Chennai. The funeral Service will be held on Tuesday, June 25, 2019 12.00 noon at St. Paul's Marthoma Church, Velachery, Chennai.

Dr. Premalatha Abraham belonged to the batch of 1959-60. After graduation, she did her Diploma in Clinical Pathology in CMC and later worked in Dermatology for 3 years. She went on to work in a mission hospital in Kerala before going to Dubai, where she worked for 12 years. After her retirement, she settled down in Chennai. Dr. Premalatha was a loving and lovable person with a pleasant smile on her charming face. She was a gentle person, with never an ill word about anybody. They have 4 children, Dr. Sabitha, Dr. Bindhu, Rishi and Lethika.

For those who would like to get in touch with the family, the contact details of her husband Dr. Abraham Joseph are given below: Email: abrahamjoseph2005@gmail.com Mobile: 9444116090.

- **Mr. Rajasekar**, (former Hospital Attendant, Surgery OPD), father of Mrs. Helen Priscilla, Staff Nurse, and Mr. Henry Premkumar, Hospital Attendant RUHSA Department on June 24, 2019.
- **Mrs. K. Bharthadevi**, retired Teacher, w/o. late Mr. M. Dharmadoss, retired MRD Staff and mother of Mr. D. Gokulnath, Principal's Office, on June 24, 2019.
- **Mrs. Rathna Mukherjee**, mother of Dr. Partho Mukherjee, Associate Professor, Urology and mother-in-law of Dr. Deepti Bal, (MBBS Batch of 2004), on 28th June 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Notice

• Indian Academy of Paediatrics –Basic Life Support Course (IAP-BLS):

Basic Life Support (IAP-BLS), 2017-18 update will be held on **15th July 2019** at the Paul Brand Building, CMC Vellore. IAP-BLS course is designed to provide a wide variety of health care students, professionals and other personnel, the cognitive and skills training in cardiopulmonary resuscitation (CPR) and use of an Automated External Defibrillator (AED) to save lives. The ability to recognize life-threatening emergencies, provide CPR, use an AED and relieve choking in a safe, timely and effective manner to **all ages – Adult, Paediatric and Infants are the main highlights of the curriculum**. The registration fee for this course is **Rs.1000/-** (including course material) and the certificate given is valid nationally. The last date for registration is **2nd July 2019**. For registrations, please contact Ms. Nitha Cathuan or Dr. Ebor Jacob, Paediatric ICU phone No: 0416-2283366.

• Indian Academy of Paediatrics – Advanced Life Support (IAP- PALS) course:

The IAP-PALS provider level course will be held on the **22nd and 23rd July, 2019** at the Paul Brand Building, CMC Vellore. This well known Paediatric Advanced Life Support Course, accredited by the Indian Academy of Paediatrics, is valid nationally. The number of participants is strictly restricted to 30 as per IAP guidelines. The registration fee is **Rs.5000/-** (cost of study materials included). The last date for registration is **6th July 2019**. This two days course is based on the latest 2017 IAP updated guidelines. For enquiries and registration, please contact Ms. Nitha Cathuan or Dr. Ebor Jacob, Paediatric ICU (Phone No: 0416 2283366).

Note: It is mandatory for the participants to complete the IAP-BLS training prior to the IAP-ALS course. IAP-BLS course has been scheduled on **15th July 2019** and the registration fee is Rs. 1000/- (cost of study materials included).

Situations Vacant

1. Psychologist with M.A. or M.Sc. in Psychology with specialization in Child Development or Counselling or Developmental Psychology (Correspondence Course not eligible) for the Developmental Paediatrics Unit.

Salary : As per institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **July 06, 2019** for item 1.

2. Staff III Dialysis Therapist for the Department of Paediatrics Unit–II (Paediatric Nephrology)

Qualifications: B.Sc. (Life Sciences) with PG Diploma in Dialysis Therapy or B.Sc., Dialysis Therapist. Preference will be given to candidates who have training in performing in CRRT therapy.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Salary scale : As per institutional rules. Age limit : 35 years.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **July 15, 2019** for Item 2.

3. Junior Engineer Gr.IV (Project Mode) for the Department of Biomedical Engineering

Qualifications : Diploma in Electronics & Communications Engineering / Biomedical Engineering.

Salary : As per institutional rules.

Age limit : 30 years and below.

(For Service and teaching facility at CMC Kannigapuram Campus to coordinate the installation / commissioning work of Pneumatic tube system and medical electronics / Biomedical equipment).

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **July 06, 2019** for Item 3.

CMC NEWSLINE

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To God belong wisdom and power; counsel and understanding are his. Job 12:13

Mr. Pandian B. Retires



Mr. Pandian B., He has experience in working with Sel. Grade Sr. Health Educator Department of Psychiatry, General Superintendent Office and the Medical Superintendent Office, where he worked till his superannuation under the Chief Minister's Comprehensive Health Insurance Scheme. Mr. Pandian is a sincere worker and an enthusiastic and committed staff. As a person he is of a pleasant nature and very helpful to all those around him especially to the patients.

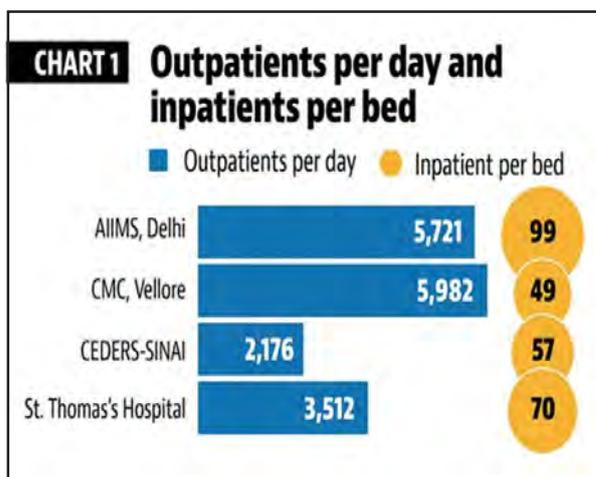
He joined CMC in the year 1984 as lecturer in Health Education under the All India Post Partum Programme. Later he was transferred to the Principals Office where he worked as an Associate in Health Education and took classes for B.Sc., P.C., B.Sc., Nursing Students in the College of Nursing and the BOT, BPT students.

He is blessed with two sons, Mr. P. Nishanth Kumar and Mr. V.P. Rajkumar. The CMC family wishes him a blessed and peaceful retirement.

An overview of the health care scenario in India

An excerpt from the Hindustan Times

The health care scenario in India has not seen a positive growth in the recent years. The deplorable and alarming decline in the quality of health care is indeed a fact which required serious probing. **Amidst this bleak situation, there are certain hospitals- AIIMS-Delhi and Christian Medical College Vellore (CMC-Vellore), which have taken on this burden even though they are insufficiently staffed and tight for resources.**



In the survey conducted recently by the Hindustan Times, (Dated: June 28, 2019) a comparison between AIIMS-Delhi and Christian Medical College

Continued on Page 2

Special Prayers : July 07 - 13, 2019

General Pathology : Dr. Vivi Miriam Srivastava and Staff

Forensic Medicine : Dr. Mousumi Sen and Staff

Cytogenetics : Dr. Vivi Miriam Srivastava and Staff

Council of Baptist Churches in North East India

Council Members : Rev. Dr. Akheto Sema
Dr. Bamin Tada

Hospital : Satribari Chran Hospital,
Guwahati

Johart Christian Medical Centre

Tura Christian Hospital

Evangelical Mission Hospital, Tilda

Christian Hospital, Berhampur and others

Eastern Regional Board of Health Services

Council Members : Dr. Minal K. Nanda
Mr. Milind Gude

Hospital : Evangelical Hospital, Khariar

Christian Hospital, Mungeli and others

Friends of Vellore, U.K.

Council Members : Dr. Ajit Butt
Mrs. Ruth Tuckwell

Sunday Services : July 14, 2019

6.00 pm : **Scudder Auditorium**
Dr. M. Stanly David

6.30 pm : **Hospital Chapel**
Rev. Edmond Jonathan

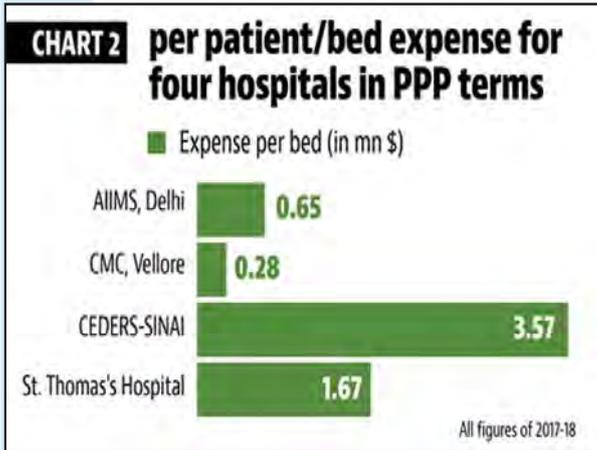
5.00 pm : **Friendship Chapel, KPTR Campus**
Mr. Lipoktemshi

4.30 pm : **Chittoor Chapel**
Dr. Ram Kumar

Welcome :

• **Dr. Sukesh Chandran**, Professor, Department of Transfusion Medicine, on his return from sabbatical leave.

• **Mr. Arockiaraj Arul Prakash**, Deputy Superintendent Engineer, Department of Biomedical Engineering, on his return from sabbatical leave.



Vellore (CMC-Vellore), with Cedars-Sinai Medical Center, Los Angeles and St. Thomas’s Hospital, UK shows that the Indian hospitals tend to a lot more patients at a fraction of the cost than the ones abroad. Both AIIMS-Delhi and CMC-Vellore treated more than two million outpatients in 2017-18. A lot of the patients who come to hospitals such as AIIMS-Delhi and CMC-Vellore are from far-off places. Forty-six per cent of all inpatient admissions at CMC-Vellore were from outside Tamil Nadu in 2017-18.

Hospitals such as AIIMS-Delhi and CMC-Vellore also handle a lot more students at subsidised rates than their western counterparts and they tend to a lot more patients and students than their western peers at a fraction of the money spent by the latter. A comparison

of purchasing power parity (PPP) adjusted expenses per patient and per bed proves this point. These numbers suggest that even top-notch medical institutions in India might be working under a much bigger squeeze than their international counterparts.

Achievements from the Department of Ophthalmology

The Outreach Services team from the Department of Ophthalmology participated in the 15th Annual Vision 2020: The Right to Sight-India conference which was held on 8th and 9th June, 2019 at the Aravind Eye Hospital, Chennai.

At the conference the following awards were won:

Dr. Anika Amritanand won the second prize for podium presentation in the Cataract session for “Correlation between Visual Acuity at Discharge and on Final Follow-up in Patients Undergoing Manual Small Incision Cataract Surgery”.

Dr. Pratibha Obed won the second prize for podium presentation in the Community Outreach session for “Acute Hazardous Work-related Exposure to Eyes of Health Care Workers in a Tertiary Care Hospital in South India-An Observational Study”

Dr. Dhanashri A.J. won the second prize for best poster presentation on "Prevalence and Profile of Pre-senile Cataract in Patients Undergoing Cataract Surgery through Outreach Services of a Teaching Hospital in South India.”

There were presentations by Dr. Sonika and Dr. Dhanya on “Profile of Patients Referred for Glaucoma Workup from Community Clinics to Tertiary Care Facility” and on “Profile of Ocular Morbidity Presenting to a Secondary Health Care Facility”, respectively.



Dedication of the Dental Laser Clinic



The Dental Laser Clinic was inaugurated on 1st July, 2019 by Dr. T. Samraj, former Head of Dental & Oral Surgery & Former Associate Director, Dr. Anna B. Pulimood, Principal and Dr. M.J. Paul, Associate Medical Superintendent. Dr. Daniel, Associate Surgeon, Dental-II welcomed the gathering. In his address, the Chief Guest Dr. Samraj traced the history of dental treatments from simple procedures to advanced treatments and encouraged the faculty to continue advancing in their quest for excellence. The Principal Dr. Anna B.Pulimood congratulated the

faculty and staff of the Unit for their progress in incorporating the latest modalities in dental treatment. Rev. Paul Ravikumar offered the prayers and dedicated the facility followed by a vote of thanks by Dr. Jagadish Ebenezer, Head of Dental and Oral Surgery. The Dental Laser Clinic will be a Referral Clinic functioning on all **Tuesdays and Thursdays**. This clinic offers advanced alternative treatment options for patients with Oral Mucosal Lesions and several other dental diseases.



Memoranda

- **Mr. Barkos Warjri** is appointed as Chairman of CMCVA for the year 2019-2020 from 1st July, 2019.
- **Dr. John Cherian Oommen** is appointed as Vice-Chairman of CMCVA for the year 2019-2020 from 1st July, 2019.
- **Dr. Thomas Samuel Ram**, Professor is appointed as Associate Director (Missions) with effect from 12th October, 2019 for a four year term.
- **Dr. Azariah Jeba Kumar I**, Senior Librarian is appointed as Head / In-charge of Library Services with effect from 3rd June, 2019 till his superannuation.
- **Mr. S. Robby Pria Sundersingh** term as Treasurer is extended from 4th September, 2019 to the close of 31st January 2020.
- **Mr. Abraham Oommen** is appointed as Treasurer with effect from 1st February, 2020.
- **Mr. David Chandran** is appointed as General Superintendent with effect from 17th July, 2019.

The Department of Pulmonary Medicine has been functioning as two units since 2013. The second unit has been renamed as Department of Respiratory Medicine in keeping with the change in nomenclature by the MCI for the MD course.

- **Dr. Richa Gupta**, Professor will be Acting Head of the Department of Respiratory Medicine with effect from 3rd July 2019 until further notice.
- **Dr. Barney Isaac**, Associate Professor will be Acting Head of the Department of Pulmonary Medicine with effect from 3rd July 2019 till the return of Dr. T. Balamugesh from sabbatical leave.

Obituaries

- **Mrs. K. Malliga**, mother of Mr. K. Palani, Clerk-Typist, Department of Clinical Microbiology, on July 2, 2019.
- **Dr. M.R. Krishnamurthy** (MBBS batch of 1961) on June 27, 2019. He led a distinguished life dedicated to both his work and family, initially working for a number of years in a remote mission hospital in Odisha. After going to the UK, he applied himself in plastic surgery for the majority of his career and then later joined general practice with his wife, Dr. Kalpana. Importantly, he was proud to have initiated and funded a number of impactful charities both in the UK and in India. His legacy of two accomplished children, Rachna and Sundip, and four grandchildren continue his memory. The funeral service will be held at Maldon Baptist Church, Essex CM9 5HD, United Kingdom on Monday, July 8, 2019 followed by the cremation at 3.30 pm at Three Counties Crematorium, Braintree, Essex. For those who would like to get in touch with the family, the contact details of his wife Dr. Kalpana Krishnamurthy (MBBS batch of 1961) are given below: Email: kalpanaandkrish@gmail.com



Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Retirements



- **Mr. A.C. Balakrishnan**, Sr. Hospital Attendant, M.S.O.P.D retired on 26th May 2019, after 38 years of dedicated service to the institution. He has two daughters and a son. His son Mr. Sathish Babu is working as Hospital Attendant in Medical Ward.

- **Mr. P. David Livingstone**, Sr. Selection Gr.I Pharmacist, Department of Pharmacy, retired on 1st June 2019 after 33 years of dedicated service to the institution. Mr. David joined as a student in 1983 and completed his Diploma in Pharmacy and joined as a Lab. Assistant/Pharmacist in 1986. He worked in various divisions of Pharmacy and has conducted practical exams for D.Pharm students, Quality Control Lab, Pharmacy Stores and Main Pharmacy. He was the supervisor of Main Pharmacy from 2014 to 2018. His wife Mrs. Cordelia David is a retired Sel. Gr. Sr. Pharmacist who worked in Pharmacy Services. They have two daughters and one son. their elder daughter Mrs. Eileen is working in Qatar as an Occupational Therapist, son Dr. Niger is doing his first year M.D in Geriatrics (CMC) and younger daughter Ms. Ebinezer is working as an Occupational Therapist in CMC.



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Situations Vacant

1. Senior Resident with MS (Orthopaedics) for the Department of Orthopaedics Unit-III

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2. Senior Resident with MD / MS (Obst. & Gynae.) + Two years Post Doctoral Fellowship in Reproductive Medicine for the Department of Reproductive Medicine

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

3. Psychologist / Clinical Psychologist Gr.V with M.A. (Psychology) / M.Sc. Psychology for the Department of RUHSA

Salary : As per institutional rules. Accommodation not provided.

4. Training Officer Gr.V for the Department of RUHSA

Qualification : Masters in Sociology / Social Work / M.Sc. Medical Sociology / Masters in Health Management / Masters in Public Health / Masters in Hospital Management + 2 years appropriate experience or M.Phil in Social Science. Salary : As per institutional rules. Accommodation not provided.

5. Special Teacher / Special Educator with M.Ed Special Education in Mental Retardation or M.Sc in Rehabilitation Science for the Developmental Paediatrics Unit

Language Proficiency : English, Tamil and Hindi.

Salary scale : As per institutional rules. Accommodation not provided.

6. Tutor Gr.IV with BPT Graduate IAP recognized College / University for the Department of Physical Medical and Rehabilitation (PMR)

Should have completed 6 months of compulsory internship on or before 30.06.2019.

Age limit : Below 30 years. Salary scale : Approximately Gross Salary: Rs.30,000/- per month.

Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **July 13, 2019** for items 1, 2 and **July 20, 2019** for items 3, 4, 5 and 6.

7. Staff III Optometrist (Project) for the Department of Ophthalmology

Qualifications : B.Sc. Optometry. Age limit : 30 years. Salary scale : As per institutional rules.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

8. Optical Dispensary Trainee for the Department of Ophthalmology

Qualifications : H.Sc. (+2), with Diploma in Optometry or equivalent. Preference will be given to candidates with good inter-personal skills and customer relationship.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Stipend : As per institutional rules. Period of Training : One year. Age limit : 30 years.

Job description : Will be trained in the running and management of Optical Dispensary to improve skills in marketing and sales of spectacles.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **July 22, 2019** for Items 7 and 8.

9. Artisan (Non ITI) Gr.IV for the Communications Department

Qualifications : 8th standard with previous training or experience in CMC.

Salary : As per institutional rules. Age limit : 35 years and below.

Job description : Candidate should attend faults in Surveillance System. Telephones and should have experience in wiring. They should be willing to work in call duties and shifts.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **July 13, 2019** for Item 9.

CMC NEWSLINE

Vol.No.56 No.03

FOR PRIVATE CIRCULATION ONLY

JULY 15, 2019

When times are good, be happy; but when times are bad, consider: God has made the one as well as the other.
Ecclesiastes 7:14



Mr. J. Pinto retires



Mr. J. Pinto, Senior Manager, Department of Accounts retired on 12th May 2019 after 37 years of dedicated service to the institution. He joined CMC in the year 1980, in the Internal Audit Department where he worked till 1988. He then went to work with the Sultanate of Oman and returned to CMC in 1991. Since then he has been working in the Accounts Department. He completed his Masters degree in Business Administration with specialization in Finance and Hospital Administration in the year 1997. In 1998, Mr. Pinto was promoted as Officer (Admin.) and reached the level of Senior Manager in 2015. He held the post of Deputy Treasurer from July 2014 till his superannuation.

From July to September 2005, he was awarded the Senior Training Fellowship to visit NHS Hospital at Northumbria, New Castle Upon Tyne, United Kingdom and from February 2011 to December 2014, he worked as the Chief Finance Officer in Primus International Super Specialty Hospital at Abuja, Nigeria, when he went on his sabbatical leave. He is known for his dedication in work and has been the key factor in many of the developments in the department.

While integrating CMC Finance LAN with CMC HIS and migrating from Foxbase to Oracle platform, his role was integral. He has been on the faculty for the M.Phil (HHSM) course run by BITS, Pilani and CMC and also for various Diploma and Fellowship courses conducted by CMC. His involvement with Mission outreach work of CMC with various mission hospitals including CSI Hospital (Erode), KMF Trust hospital (Kotagiri), Roberts Hospital (Shillong) and Reynolds Memorial Hospital (Washim) is commendable. He has deep commitment and great knowledge in his work. He is well loved by all.

Mr. Pinto's wife, Mrs. Johnsi Rani worked as Supervisor in YWCA / Good Samaritan Canteen and retired last year. He has two sons. His elder son Mr. P. Sushil Immanuel is working as Associate Research Officer in Wellcome Research and daughter in law Mrs. Eileen, an alumnus of CMC Occupation Therapy, works in Qatar. His second son Mr. P. Sunil Reuban is working as Branch Manager in Canara Bank

Special Prayers: July 14 - 20, 2019

Neurological Sciences :

- Dr. Baylis Vivek Joseph and Staff
- Dr. Vivek Mathew and Staff
- Dr. Ari George Chacko and Staff
- Dr. Ranjith K. Moorthy and Staff
- Dr. Christhunesa Soundararajan C. and Staff
- Ms. Rebecca Sumathi Bai and Staff

Jeypore Evangelical Lutheran Church

Council Members : Rt. Rev. Asish Kumar Palo
Dr. Hemaprabha Mohanty

Hospital : Christian Hospital, Nabarangpur and Bissamcuttack

Sunday Services : July 21, 2019

- 6.00 pm : **Scudder Auditorium**
Rev. Dr. Rayappan Isaac
- 6.30 pm : **Hospital Chapel**
Mr. Durai Jasper
- 5.00 pm : **Friendship Chapel, KPTR Campus**
Dr. D.K. Titus
- 4.30 pm : **Chittoor Chapel**
Dr. David Raj

Welcome :

- **Dr. Nirmal T.J.**, Professor, Department of Urology Unit-II, on his return from study leave.
- **Dr. Jachin Velavan**, Associate Physician, Distance Education, on her return from study leave.

and daughter in law Mrs. Monica Betty is pursuing M.Sc. (Nursing).

The CMC community is thankful for his years of dedication and commitment to the Institution and wishes him God's blessings on his retired life.

State Level Workshop on 'An Update on Basic Research Methods'

A state level workshop was conducted by the Department of CNE and Research, College of Nursing on the topic 'An Update on Basic Research Methods'. The workshop was held on 20th and 21st June, 2019 with participation of forty five delegates from nine different institutions.

The first day of the workshop had discussions on various topics such as writing a problem statement, objectives, formulating hypothesis, searching and synthesizing literature and choosing appropriate research designs.

On the second day, the participants were introduced to choosing the right sampling method, sample size calculation and writing a research proposal. Hands-on experience on using SPSS was provided and the participants were allowed to work in teams to discuss the different aspects of research.



CME on "Comprehensive Management of Stroke in the Elderly"



The Departments of Geriatrics and Physical Medicine & Rehabilitation conducted their 4th Annual CME titled "Comprehensive Management of Stroke in the Elderly" which was held on Saturday, 29th June 2019. Sixty Physiotherapy and Occupational Therapy staff and students from various colleges and hospitals in and around Tamil Nadu, Andhra Pradesh and Karnataka participated.

The programme started with a word of prayer by Rev. Manibhusan Das, Chaplain following which Mr. Andrew Babu, Head of Physiotherapy Unit welcomed the gathering. The felicitation addresses were given by Dr. Anna B. Pulimood, Principal, Dr. K. Prasad Mathews, Medical Superintendent, Dr. Surekha V, Professor and Head, Geriatrics, Dr. Jacob George, Professor and Head of PMR Unit-II and Mr. Sanjeev Padankatti, Head, Occupational Therapy Unit.

Dr. Prabhakar A.T. explained about Acute Management of Stroke following which Dr. Surekha V. spoke about Medical Management. Dr. Jacob George gave a lecture on management of CRPS. This was followed by the rehabilitation session in which Physical Therapy Management was elaborated by Dr. Karthick Babu S. from Manipal College, Communication Strategies in Stroke, by Mr. Sanjeev Padankatti and Mrs. Bharathy R. spoke on Leisure Activities and Nursing Care respectively.



A quiz programme was conducted by Mr. Lenny Vasanthan for which winners were awarded prizes and certificates. After the quiz, participants attended four different skill stations for practical demonstration of outcome measures, swallowing, motor control & learning and gait by Mr. Samuel Kirubakaran, Mrs. Selvarani Daniel, Dr. Karthick Babu, Mr. Udhaya Prakashraj J. and Mr. Lenny Vasanthan.

The CME was well appreciated by all participants and faculty, and will continue to be helpful in the training of the therapists in the management of elderly, in order to "add life to years".

Workshop on ISO 15189:2012 by the Cytogenetics Unit

The Cytogenetics Unit in collaboration with the Foundation for Quality, India (FQI) conducted a four day training programme on "Laboratory Quality Management Systems and Internal Audit as per ISO 15189:2012" from 24th to 27th June, 2019 in CMC. The faculty for this workshop were Dr. Venkatesh Thuppil and

Continued on Page 3

Dr. Annabel D. Souza from FQI. Twenty four participants including faculty and technical staff from various laboratories within the institution attended the workshop. The programme included a detailed systematic review of the ISO 15189:2012 standard, exercises involving application of the standard and quality manual preparation, and mock audits. At the close of the workshop, participants were awarded certificates.



Congratulations!

• **Ms. Iswarya Y**, secured The Tamil Nadu Dr. M.G.R. Medical University Medal for the Post Basic B.Sc. Nursing programme.

• The following students were awarded prizes / medals at the **University Convocation which was held on 29th June 2019.**

Dr. Koti Krishna Amulya - The T.N. Dr. M.G.R. Medical University Medal – **MD Radio-Therapy**
Dr. Mathuravalli S. - Dr. G.V. Suraiya Begum Gold Medal – **MD Biochemistry**
Dr. Rakesh Mishra - The T.N. Dr. M.G.R. Medical University Medal – **MD Geriatrics**
Dr. Vivekanandan K.S. - The T.N. Dr. M.G.R. Medical University Medal – **MD Psychiatry**
Dr. Ranjan S.S. - The T.N. Dr. M.G.R. Medical University Medal – **MD P.M.R**
Dr. Snehil Kumar - The T.N. Dr. M.G.R. Medical University Medal – **MD Immunohaematology & Blood Transfusion**

Dr. Sasank K. - Dr. C.M.K Reddy Gold Medal – **MS General Surgery**
Dr. Roshni J. - 1. Dr. Rema Mohan Gold Medal. 2. Thiru C.K. Kumaraswamy 51st Birthday Commemoration Gold Medal – **MS Ophthalmology**

Dr. Alice Jesuntha A. - The T.N. Dr. M.G.R. Medical University Medal – **D.G.O**
Dr. Cheruba Susan George - The T.N. Dr. M.G.R. Medical University Medal – **D.P.M**
Dr. Hajari Shreya Swaroop Sing - The T.N. Dr. M.G.R. Medical University Medal – **D.D.V.L**

Memoranda

• **Dr. K. Prasad Mathews**, Medical Superintendent is appointed as Acting Head of Dental and Oral Surgery Unit-II, with effect from 7th July 2019 until further notice. **Dr. Soumya S.V.**, Associate Professor, will be In-charge of the day to day functioning of this Unit.

• *Erratta:* **Mr. Abraham Oommen** is appointed as Treasurer with effect from 1st February, 2020.

Obituaries

• **Mr. Oommen Chandy**, father of Dr. Bobeena Rachel Chandy, Associate Professor, PMR Unit-I, father-in-law of Dr. Rajdeep Ojha, Scientist, PMR, on 5th July, 2019.

• **Mr. S. Appasdurai**, father of Mr. A. Deepak Praveen Raj, CHIPS Department, on 6th July, 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Notice: From the Missions Department

Toys and Cycles (old / used) are required for one of the Mission Hospitals which is starting Occupational Therapy services. Our CMC Graduate J. Keren Gloria who is presently doing her service obligation has come up with this proposal to ask the community here at CMC to donate those that are not being used by children in your homes. If interested contact **Missions Department** on 6121 / 6117 (or) missionsoffice@cmcvellore.ac.in. We will arrange to collect them from your homes.



Situations Vacant

1(a) Senior Resident with MD (Radiology) for the Department of Radio Diagnosis

Salary scale : As per institutional rules. Age limit : <40 years.

Accommodation provided (Partly Furnished, Depending on availability).

1(b) Assistant Professor with MD (Radiology) for the Department of Radio Diagnosis

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution. Salary : As per institutional rules. Accommodation provided (Partly Furnished, Depending on availability).

2. Senior Resident with MS (Orthopaedics) with 2 years experience - post qualification for the Department of Paediatric Orthopaedics Unit

Preference will be given to those with experience in Paediatric Orthopaedics.

Salary : As per institutional rules. Age limit : <40 years. Accommodation provided (Subject to availability).

3. Senior Resident with MD (Paediatrics) for the Department of Paediatrics Unit - III

Salary scale : As per institutional rules. Accommodation provided (Partly Furnished, Depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **July 20, 2019** for items 1(a), 1(b) and **July 27, 2019** for item 2 and **August 14, 2019** for item 3.

4. Project Coordinator for the Department of Neurological Sciences**Job Code : 1294**

Age : Upto 45 years. Sex : Male / Female.

Qualification : B.Sc. / M.Sc. Life Sciences. Preferably with previous work experience in Clinical trials and Research Projects with GCP (Good Clinical Practice) training.

Job description : To work in a clinical project which will involve patient recruitment, follow up, data management and coordinating with National and International Research Networks teams.

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

5. Project Associate for the Department of Bioengineering**Job Code : 1295**

Qualification : B.E / B.Tech. Bioengineering / Biomedical Engineering / Computer Science / Information Technology / Electrical / Electronics / Instrumentation / Mechanical Engineering.

Skills required : Micro-controller / PC Programming and Electronic circuit design and Fabrication. Some prior experience in signal / image processing is desirable.

Duration of the project position : One year. Mode of appointment : Project mode.

Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002 on or before **July 22, 2019** for Item 4 and **July 31, 2019** for Item 5. *Note: Please mention the Job Code in the application form. Applications without Job Code will not be accepted.*

6. Field Worker Gr.V for the Department of RUHSA

Qualification : +2. Salary : As per institutional rules. Age limit : 35 years and below.

Note : Women are encouraged to apply.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **July 20, 2019** for Item 6.

7. Application invited for the post of Director Designate for a National / International reputed institute for Human Relations, Counselling and Psychotherapy at Vellore.

A Post Graduate degree in Counselling Psychology, Licenced as clinical Psychologist or equivalent training at CCC or elsewhere in India or Aboard with 10 years experience in the field, a Christian preferably CSI within age range of 35 to 55 years. Application due by **July 30, 2019**. Selected candidate will work from 1-1-2020 for one year under study and to take charge from 1-1-2021 if confirmed. for more details see the website: www.cccindia.org (or) Contact the Director, Christian Counselling Centre, 17/B, Arani Road, Sainathapuram, Vellore- 632 001. Tamil Nadu.

8. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri-632 106 invites applications for the following post of Specialist - Ophthalmology. Qualification : Diploma / DNB / MS (Ophthal).

• Salary commensurate with qualifications and experience. • Family quarters will be provided.

Candidate can apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R&LC., Karigiri" addressed to the Director, SIH-R&LC., Karigiri, Pin - 632 106, or email your updated resume along with the scan copies of all your testimonials to director@karigiri.org

Last date for receipt of applications is **July 20, 2019** for Item 8.

Know your Department - Gynaecologic Oncology

JULY 22, 2019



The Beginnings:

Before the Gynaecologic Oncology unit came into being, gynaecological cancers were treated by the Department of Obstetrics and Gynaecology for several decades.

- In 1996 the Reproductive Medicine Unit separated and began to function on its own. The remaining three units retained their status quo.
- Dr. Paranjothy was interested in trophoblastic tumours and many of the stalwarts of yesteryears were well versed in radical hysterectomy for cervical cancer.
- Dr. Lakshmi Seshadri had training in colposcopy in Sydney and Dr. Alice George worked with Prof Margret Davies in Adelaide.
- The department decided on sub-specialisation and Dr. Abraham Peedicayil went to the Mayo Clinic to do a fellowship in gynaecologic oncology from 2008 to 2011.
- In 2010, the three general units were re-organised into five functional units. Thus OG Unit-I was designated as the gynaecologic oncology unit and all women's cancers were referred to this unit headed by Prof Alice George. Prof Lakshmi Seshadri moved in to this unit along with Drs Rachel Chandy and Anitha Thomas. Dr. Abraham Peedicayil joined this unit on his return and took over the headship. After Drs Alice and Lakshmi retired, Drs Vinotha Thomas and Ajit Sebastian also joined as junior faculty.
- In 2013, the department started a 2-year institutional gynaecologic oncology fellowship with Dr. Rachel and Dr. Anitha as the first batch of fellows. This programme was upgraded to a University Fellowship in January 2015 with Dr. Ajit Sebastian and Dr. Dhanya Thomas as the fellows.
- In 2015, in order to start the M.Ch course the unit separated off to become a full-fledged department.
- In 2016, The 3-year M.Ch course was started with Dr. Anitha Thomas and Dr. Priya Bhati as the first batch of MCh trainees.

How does the Department function?

The department works in close collaboration with the Departments of Medical Oncology, Radiation Oncology, Radiology, Pathology and Palliative Care. A weekly multidisciplinary meeting is held to discuss difficult cases, plan treatments and review the biopsy reports. Quite often intra-operative consultations are sought from colorectal surgery, urology, vascular surgery and plastic surgery so that complex operations can be undertaken to remove all gross tumour. The department has kept up with the advancements of technology with endoscopy, sentinel node mapping and hyperthermic intraperitoneal chemotherapy.

The department organises regular home visits, which keeps a check on the patients who default treatment. The designated social worker assists in mobilising finances, psychosexual counselling and scheduling hospital visits and the oncology nurse takes care of wound care, stoma care and patient follow up. Both the social worker and the nurse, assist in after life care too.



P.T.O

Cancer Screening Clinic:

This clinic emphasises the importance of early detection as well as primary prevention. The clinic aims to work in close collaboration with community health departments (CHAD, RUHSA), Family Medicine and Community Nursing.

Survivor Meet:

Every year, the department organises a survivor meet where cancer patients with their spouses are invited for a time of sharing, education and celebration. This meet provides holistic care and upholds the integrity and personhood of the patient.



Academic Activities:

Scientific publications, CME's, workshops and national conferences are frequent activities which are organised by the department. The faculty and trainees are encouraged to attend workshops and conferences for their career growth as well as dissemination of the work done at Vellore. Cancer care is expensive and research in to cost-effective approaches, less morbid treatments and personalised medicine need to be kept in mind.

Advancements for the future:

Robotic surgery has been an unfulfilled dream. In the future, the department hopes to expand and consolidate its clinical services, improve patient follow up, be involved in cancer research and be a part of a larger cancer centre in one of the new campuses of CMC.

CMC NEWSLINE

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FOR PRIVATE CIRCULATION ONLY

JULY 22, 2019



As the body without the spirit is dead, so faith without deeds is dead. James 2:26

Dr. Sunil Jonathan Holla retires



Dr. Sunil Jonathan Holla, Professor of Anatomy retired on 23rd June, 2019 after 33 years of dedicated service to the institution. He joined CMC, as a MBBS student in 1977 and joined the Department of Anatomy as a Non-PG demonstrator in 1986, after completing his service obligation at Jivan Jyothi Christian Hospital, Robertsganj, UP. He joined the department as a member of the faculty in 1990, and after completion of MS Anatomy in CMC, from the year 2007 to 2011, he headed the department.

During his tenure in CMC, he worked at B.P. Koirala Institute of Health Sciences (Dharan, Nepal), Kathmandu University Medical School (Banepa, Nepal), Mekelle University (Ethiopia) and American University of Antigua while on sabbatical leave. While at Kathmandu University, he received the 'Favorite Basic Science Teacher Award' in 2004.

Dr. Sunil's field of interest was Medical Education. He completed Fellowship in Medical Education Research (FAIMER) at PSG Coimbatore, associated with FAIMER Institute, USA and Advance Course in Medical Education (ACME) at MCI Nodal Centre, St. John's Medical

College, Bangalore. He actively contributed to the Medical Education Unit in CMC. He was a co-convenor for the MCI Nodal centre for National Faculty Development at CMC and for the Advanced Course in Medical Education. He served as an MCI-appointed observer and resource person at training workshops in other institutions as well. He was a member of the committee which drafted the curriculum for Basic Sciences for Medical Council of India in 2011 and of the committee which revamped the MBBS Curriculum of the Tamil Nadu Dr. M.G.R. Medical University in 2016. Apart from this, he was a Member of Board of Studies for MD Anatomy of the Tamil Nadu Dr. M.G.R. Medical University and also a Member of Board of Studies for MBBS of Manipal University.

Dr. Sunil was instrumental in getting more computers and LCD projectors for teaching purpose in the department. He had visited TUFTS University, Boston, USA in 2009 for training in E-learning.

Special Prayers: July 21 - 27, 2019

Clinical Microbiology :

Dr. Joy Sarojini Michael and Staff

Clinical Virology : Dr. Rajesh K. and Staff

CSI Vellore Diocese

Council Members :

Rt. Rev. Sharma Nithyanandham

Dr. C. Anbu Suresh Rao

Hospital : Scudder Memorial Hospital, Ranipet and CSI Hospital, Vandavasi

Council for World Mission

Council Members :

Most Rev. Thomas K. Oommen

Rev. Dr. D.R. Sadananda

Sunday Services : July 28, 2019

6.00 pm : Scudder Auditorium

Mr. T.S. Ravikumar

6.30 pm : Hospital Chapel

Dr. Solomon Victus

5.00 pm : Friendship Chapel, KPTR Campus

Mrs. Nirmala Raj

4.30 pm : Chittoor Chapel

Dr. Vijatha

He was also instrumental in uploading the anatomy teaching resource materials onto the e-learning web site. Digitalization of Dr. Harsha's diagrams was one of his pet projects. He recently co-authored the 1st South Asian Student's edition of Gray's Anatomy.

Within the institution, the responsibilities he shouldered were many. He was the Chief Superintendent of Examination, served as the Men's Hostel doctor for 2 years, was the co-ordinator for the Foundation Course for MBBS students, was a

Continued on Page 2

member of the Administrative Committee of CMC, Vellore from 2015 to 2017 and a member of the task force to implement the extension of employability of Medical Faculty from 60 years to 65 years in CMC.

Dr. Sunil was deeply interested in medical missions. He served as the co-ordinator for Secondary Hospital Program for MBBS students from 2007 to 2011. Closer to retirement he finished the PG Diploma in Family Medicine course in 2018 and worked as a Medical Officer at The Duncan Hospital, Raxaul, Bihar for 4 months in 2018.

His wife, Muriel, is supportive of all his activities. They have two sons, Jonathan who is currently doing his M.S. Orthopaedics in CMC and David who works as a chief sub-editor in New Indian Express, Hyderabad. Dr. Sunil's love for God and his devotion to his family are his outstanding qualities. CMC family thanks Dr. Sunil Holla for his valuable contributions and years of dedicated service to the institution and wishes him God's blessings on his retired life.

Workshop on HIV update

The Department of Infectious Diseases and Transfusion Medicine conducted a work shop on 'HIV Infection - An Update' from 20th to 22nd June 2019. There were twenty five participants from private and government sectors all over India. The workshop was inaugurated with a word of prayer and introduction to the workshop by Dr. Joy Mammen, Professor and Head, Department of Transfusion Medicine followed by welcome speech by Dr. Priscilla Rupali, Professor, Department of Infectious Diseases.



The focus of the workshop was to develop and improve competency in managing HIV patients. The initial session was on "Changing HIV Epidemiology in India" by Dr. O.C. Abraham followed by sessions on case based approach to various opportunistic Infections, HIV prevention and management dealt by various faculties from CMC. Dr. Joy Mammen led a session on "Strategies for Safe Blood Transfusion", highlighting the need for promoting voluntary blood donation in minimising the risk for transfusion related infections.

Apart from the lectures the participants had the opportunity to visit the virology lab and learn about various diagnostics in making quick diagnosis and monitoring HIV therapy. The concluding session was an impressive talk given by Dr. Anand Zachariah about the "History of AIDS in India, and Development of HIV Care in Vellore; Lessons for Future" where he outlined the proactive role of CMC in treating HIV patients during the initial epidemic and assisting government in evolving various HIV care policies. In the last day, the participants also visited the CMC NACO antiretroviral therapy centre and learnt about the working pattern and programmatic management of HIV care. The workshop was much appreciated by the participants. The Tamil Nadu M.G.R. Medical University has awarded thirty credit points for the same.

Congratulations!

• **Dr. Nitin S. Kekre**, Professor of Urology Unit-II, for being elected as President of Association of Southern Urologist of the South Zone branch of Urological Society of India for a period of one year.

• The following MBBS students won University Medals at the Tamil Nadu Dr. M.G.R. Medical University convocation which was held on 29th June, 2019.

Ms. Namrata Mathew - The Balfour Memorial Prize and The Gangadaram Lakshmi Narayanamma Prize
Ms. Celine Sarah Thomas - The Dr. A.C. Asirvada Nadar Memorial Prize
Mr. Desai Sudhamsh Reddy - The Dr. A.C. Asirvada Nadar Memorial Prize

Memoranda

• The Unit of Paediatric Orthopaedics which was functioning as a separate unit from 14th December 2007, will henceforth function as Department of Paediatric Orthopaedics with effect from 1st May, 2019.

Dr. Thomas Palocaren, Professor will continue to Head this Department.

• **Rev. Dr. T. Arul Dhas**, Reader is appointed as Head of Chaplainy Department with effect from 15th July, 2019 until further notice.

• **Mrs. Shandrila Gnanatheebam R.**, Professor in Community Health Nursing, is appointed as Deputy Registrar, College of Nursing for a period of four years with effect from 12th August, 2019.

Retirements



• **Mr. K. Balachandran**, Accounts Officer, Accounts Department retired on 31st May 2019, after 33 years of dedicated service to the institution. His son, Mr. B.Venkat Narayanan is working in a Private Company in Chengalpet.

• **Mr. D. Santhakumaran**, Artisan Non I.T.I Gr.I (Pump Driver), Environmental Engineering Unit retired on 1st June 2019, after 32 years of dedicated service to the institution. He has a son and a daughter. His son, Mr. Sasikumar is doing internship after completion of DHEM course at CMC Kannigapuram Campus and daughter, Ms. Saraswathy is doing internship in 'A' Block, after completion of Diploma Nursing in CMC.



• **Mr. S. Arputharaj**, Hospital Attendant Gr.I, Pharmacy Service retired on 3rd June 2019, after 32 years of dedicated service to the institution. He has a son and a daughter. His son, Mr. Edwin is pursuing M.Phil., (Physical Education) in Sports University, Chennai and his daughter, Ms. Catherine Mary is doing M.Sc. Maths.

The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Situations Vacant

1. Assistant Professor with M.Ch (Paed. Surgery) for the Department of Paediatric Surgery
Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2. Tutor Gr.IV with BOT (Regular Course) for the Department of Paediatrics Unit-II (Paediatric Rheumatology)

Interested to work with children with various rheumatic diseases.

Salary : As per institutional rules. Accommodation not provided.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **July 27, 2019** for item 1 and **August 03, 2019** for item 2.

3. Applications are invited for the following posts for the CMC Vellore Chittoor Campus

• **Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / Professor / Physician with DA / MD / DNB in Anaesthesia.**

• **Senior Resident / Assistant Surgeon / Assistant Physician / Associate Surgeon / Associate Physician / Surgeon with MS / MD / DNB / DGO in Obstetrics & Gynaecology.**

• **Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB in Orthopaedics.**

- **Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / Professor / Physician with D.Ch / MD / DNB in Paediatrics.**
- **Senior Resident / Assistant Surgeon / Assistant Physician / Associate Surgeon / Associate Physician / Surgeon with MS / DNB in General Surgery.**
- **Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with D.LO / MS in ENT.**

Salary : As per institutional rules.

Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies" or email to dir.hr@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address.

Applications will close on **August 05, 2019** for Item 3.

4. Staff II Developmental Therapist for the Department of Developmental Paediatrics

Qualification : B.Sc. in any speciality with PG Diploma in Clinical Child Development or PG Diploma in early intervention of PG Diploma in Developmental Therapy : Multiple Disabilities (Physical and Neurological) (PGDDT) or PG Diploma in Developmental Therapy (PGDDT).

Salary : As per institutional rules.

Age limit : 35 years. Accommodation not provided.

Job description : Assessing and offering assistance to children with developmental delay.

5(a) Graduate Technician Trainee for the Department of Clinical Haematology

Qualifications : B.Sc. Life Science or B.Sc. MLT.

Stipend : As per institutional rules. Age : 30 years.

5(b) Staff II Molecular Genetics / Cytogenetics Technician for the Department of Clinical Haematology

Qualifications : B.Sc. with PG Diploma in Molecular Genetics / PG Diploma in Cytogenetics.

Stipend : As per institutional rules.

Age limit : 35 years.

Accommodation not provided.

Job description : Performing special tests and supervising as necessary routine tests and ensuring that the hospital policies and Department of Haematology SOPs and guidelines are being followed, in addition, they should develop new assay methods.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **August 05, 2019** for Items 4, 5(a) and 5(b).

6. Ida Scudder School, Vellore - 632 006, Tamil Nadu (Affiliated to the CISCE, New Delhi)

The school invites applications for :

(a) Part time Chemistry teacher proficient in English to teach students of classes 6 to 11, on leave vacancy.

(b) Full time trained Physical Education teacher proficient in English.

Apply to the Correspondent, Ida Scudder School, No.1, Kalinjur Main Road, Viruthampet, Vellore – 632 006, Tamil Nadu, on or before **July 27, 2019** by furnishing your CV.

CMC NEWSLINE



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The way of the Lord is a refuge for the righteous, but it is the ruin of those who do evil.

Proverbs 10:29

CMC Provides : Expanding the Footprint

*Receiving the gift of hearing:
The story of two brothers*

Born two years apart, **Hasan and Ayan** aged 5 and 3 years respectively belong to a poverty stricken family in Bihar. Their parents Mrs. and Mr. Babudin Ansar, began to notice that both the little brothers were not responding to noise and were showing signs of delayed speech at the age of 8 to 9 months.

Difficult financial conditions and an opportunity to work as a daily wage labourer relocated the family to Bangalore. The father, now, manages to earn Rs 15000, per month, which is a meagre sum, for a family of five staying in a rented house.

The condition of the children did not show improvement, they still failed to respond to any auditory stimuli. The parents took them for an evaluation in Bangalore and the boys were diagnosed with **bilateral profound hearing loss. Their only resort to gain hearing will be Cochlear implants.**

Cochlear implants can amount up to 7.8 to 15 lakhs. They were able to raise one or two lakhs through the Bihar Chief Minister Scheme. With no source for money and the boys getting older slowly, the family rushed to CMC, as their last resort. Little did they know, that all their problems were going to be solved, here within the humble walls of CMC.



It was 2017, the time when CMC, got chartered under the TN's CM Comprehensive Health Insurance Scheme for Cochlear implant. **This liaison enabled the Department of ENT to help 40 children thus far; full charges covered.** Around the same timeline, the **Graeme Clark Foundation from Melbourne, Australia**, announced to provide 12000 AUD (nearly six lakhs), for implanting one deserving child with profound hearing loss. Graeme Clark Foundation is a charity organisation named to honour Professor Graeme Clark who was the Chair of Otolaryngology at the University of Melbourne. He had led the group that worked for nearly thirty years in developing the first multi channel Cochlear implant in the world. They were able to raise enough money for two Cochlear implants, which came to around Rs.16.5 lakhs. The Foundation specially acknowledges the Simone Jeha family for their contribution.

Hasan and Ayan were implanted on 19th and 21st of June 2019

Special Prayers: July 28 - August 03, 2019

ENT : Dr. Rita Ruby Anbuselvi A. and Staff
Dr. Regi Thomas and Staff
Dr. Ajoy Mathew Varghese and Staff
Dr. Reji Kurien and Staff
Dr. Anjali Lepcha and Staff
Dr. Suma Susan Mathews and Staff
Dr. Balaseetharaman and Staff

ENT Head & Neck Surgery - I:

Dr. Rajiv C. Michael and Staff

American Leprosy Mission, USA

Council Member: Dr. Jerry Joshua
Hospital: SLR & TC, Karigiri and others

Sunday Services : August 04, 2019

6.00 pm : **Scudder Auditorium**

Rev. Dr. Arul Dhas T.

6.30 pm : **Hospital Chapel**

Rev. Raja L.

5.00 pm : **Friendship Chapel, KPTR Campus**

Rev. Lalbiaksanga Pachau

4.30 pm : **Chittoor Chapel**

Rev. Mani Bhushan Das

Memoranda :

- The Department of Anaesthesia has been functioning as five units since August 2011. The third unit which was functioning as the unit of Neuroanaesthesia has been renamed as **Department of Neuroanaesthesia.**

- **Dr. Georgene Singh**, Professor is appointed as Acting Head of this Department with effect from 24th July, 2019 until further notice.

- **Dr. Rebekha Dass Zechariah**, Assistant Physician, is appointed as Acting Head of Distance Education Unit with effect from 20th July, 2019 until further notice.

- **Dr. Geeta Chacko**, Professor is appointed as Head of the Department of General Pathology with effect from 26th July, 2019 for a four year term.

respectively and the 'switch on' was done on 6th of July.

Both the brothers were able to hear for the first time in their lives through the holistic care of CMC and the generous contribution from Graeme Clark Foundation.

The family is ever grateful, along with the Paediatric ENT team for this life altering donation.

Course on Neurological Infectious Diseases

The Department of Infectious Diseases, in collaboration with the University of Liverpool conducted the **First Neurological Infectious Disease Course in the Country on 11th and 12th July 2019**. The welcome note was given by Professor Tom Solomon, UK and Dr. Priscilla Rupali. The 2-day Neurological



Infectious Diseases Course (Neuro-ID) provided updates to clinicians of all grades (including medical students) working in Adult and Paediatric Neurology, Internal Medicine, Infectious Diseases, Acute Medicine, Emergency Medicine and Medical Microbiology. The course covered all common and important neurological infections, as well as some rarer conditions, with emphasis on practical approaches to the problems encountered on wards and in the clinic. The Keynote lecture was given by distinguished Emeritus Professor Jacob T. John on “**Outbreaks of Non-infectious Encephalopathy Misclassified as Infectious Encephalitis**”.



Ninety participants attended the two day course which offered lectures, clinical bedside session and practical laboratory sessions in bacteriology, virology, Paediatrics and Neurology. Expertise was offered by international faculty from UK, Brazil, Malawi and also National Faculty from outside the institution. The Best case presentation was awarded to Dr. Balam Rathish (Internal Medicine), Kerala and the winner of the quiz was Dr. Surendran. R and Dr. Veeren Ganta from Apollo Chennai.

Sports News

Football Tournament 2018-19

On 13th July 2019, the prizes were awarded to the winner of the Tournament by the Chief Guest Dr. Reginald George Alex, Professor, Department of Emergency Medicine.

Results :

Winners : Department of Pharmacy
Runners up : Department of Medical Engineering



Obituaries

- **Mr. Henry J.**, father of Ms. Rexline Jayapriya, MRT Gr.I in Medical Records Department on July 25, 2019. Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.
- **Dr. Annie Mathai** (nee Jacob), batch of 1979-80 after a brief illness on 23rd July, 2019. Dr. Annie is the wife of Dr. Varughese Mathai (batch of 1977), and the youngest daughter of late Rev K. V. Jacob and daughter-in-law of Drs. Rachel and KV Mathai. Annie joined CMC in 1979 after finishing her pre-degree in All Saints College, Trivandrum. Tall, slim and with a wonderful sense of humour, Annie had an indomitable spirit. She was well known for her witty banter and wry, hilarious comments, which brightened the lives of the batchmates and all who knew her. Annie excelled at her studies, had good clinical acumen and was a champion table tennis player. She was kindhearted, straightforward and meticulous. She had the courage and determination to stand up for what was right, and she always had time for those who needed her. She was a gentle and warm-hearted person, a loving wife and devoted mother to her two children. She never missed a reunion and there was fun and laughter when she was around. After finishing her MBBS, Annie went on to complete her MS Ophthalmology and a fellowship in medical and surgical retina at the reputed Sydney Eye Hospital in Australia. She spent several years as a senior surgeon, professor and faculty for Retina at the Christian Medical College, Vellore. She then moved to Hyderabad and joined the Retina Vitreous Services at LV Prasad Eye Institute in Hyderabad. Her areas of interest were vitreoretinal diseases, diabetic retinopathy and uveitis. Annie was an exemplary teacher.

Her professionalism always inspired her students, whether they were undergraduates, postgraduates or fellows. She would teach at every opportunity, be it when caring for the outpatient, teaching surgery in theatre or academic discussions on grand rounds. Whether she was a senior colleague or co-registrar she would always be a trusted friend, there for you, to cheer or correct as appropriate and take over from where you left off without reservations. She was a role model for all her colleagues and as she passes on, she leaves a void in the ophthalmology fraternity that no one else can fill. The funeral was held in Hyderabad on Friday 26th July, 2.00 pm at St. Andrews Marthoma Syrian Church, Secunderabad.



Our thoughts and prayers are with her husband Dr. Varughese Mathai, children - Rohit and Manisha, and all the members of the family. Condolences can be mailed to drvmathai@yahoo.co.in

Alumni Reunion 2019 - Programme

The Alumni Reunion will be held on August 8 to 10, 2019. This year, the special batches are 1949, 1954, 1959 - 60, 1964, 1969, 1974, 1984, 1989, 1994. The schedule for the reunion is as follows:

Thursday, 8th August, 2019 - Entire day for special batches to have their own programme

Friday, 9th August, 2019		
Time	Venue	Programme
1.45 pm	Scudder Auditorium	Meet the Students
3.30 pm	"	Tea
4.00 – 5.30 pm	"	CME
6.00 – 7.00 pm	"	Dr. Ida S Scudder Humanitarian Oration

Saturday, 10th August, 2019		
Time	Venue	Programme
8.00 am	Scudder Auditorium	Tree Planting & Registration
9.00 – 9.45 am	"	Open Meeting
9.45 – 10.15 am	"	Refreshments
10.15 – 11.15 am	"	General Body Meeting
11.15 am – 12.45 pm	"	Introduction & Photographs
1.00 pm	Men's & Women's Hostels	Lunch for all visiting alumni and special reunion batches
5.30 pm	Scudder Auditorium	Thanksgiving and Dedication Service
7.00 pm	Scudder Hall	Alumni Dinner for all Alumni
8.00 pm onwards	Scudder Auditorium	College Motto Award & Entertainment by Special Batches

- **Recipient of the Alumni Award 2019 - Mrs. Anu Mammen**
- **Recipient of the College Motto Award 2019 - Dr. Helen Samuel (1994)**

Notice: American Heart Association – International Training Centre

• **American Heart Association – Basic Life Support Course (AHA-BLS) provider level course**
 American Heart Association -Basic Life Support (AHA-BLS) provider level course will be held on the **26th August 2019 at the Paul Brand Building, CMC, Vellore**. This one day course is designed for healthcare providers (doctors, nurses, paramedics) and the curriculum consists of video based, interactive lectures and skills training in cardiopulmonary resuscitation(CPR), use of Automated External Defibrillator and relieve choking in a safe, timely and effective manner to all ages – Adult, Paediatric and Infants. The number of participants is strictly restricted to **18** as per AHA guidelines. **The registration fee is Rs.2,500/-** (cost of study materials included) and the last date for registration is **6th August 2019**. For registrations, Please contact Ms. Nitha Cathuan , Paediatric ICU (Phone No.0416-228-3366).

• **American Heart Association –Paediatric Advanced Life Support (AHA PALS) course**

The AHA-PALS course will be held on the 27th & 28th August 2019 at the Paul Brand Building, CMC. This well known Paediatric Advanced Life Support Course, accredited by the American Heart Association and American Academy of Paediatrics, is valid internationally. The number of participants is strictly restricted to 18 as per AHA guidelines. **The registration fee is Rs.6,500/-** (cost of study materials included). The last date for registration is **6th August, 2019**. This two day course is designed for healthcare providers (doctors, nurses, paramedics) who initiate advanced life care in acutely ill children, beyond basic life support, through the stabilization or transport phases of a paediatric emergency. The course consists of lectures, videos, discussions and hands - on sessions based on simulated case scenarios and aims to train the participants in early recognition and emergency management of critically ill children with an emphasis on team concept. For enquiries and registration, please contact Ms. Nitha Cathuan or Dr. Ebor Jacob, Paediatric ICU (Phone No.0416-228-3366).

Situations Vacant

1. Senior Resident with M.D. (PMR) for the Department of P.M.R. (Physical Medicine and Rehabilitation)
Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2. Registrar (Non PG) / Senior Resident Gr.III with MBBS / MD for the Department of Cardiology
Salary : As per institutional rules. Accommodation provided (Partly Furnished, Depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **August 10, 2019** for items 1 and 2.

3. Centre for Stem Cell Research (a unit of inStem, Bengaluru) & Christian Medical College, Vellore in collaboration with National Health Mission, Odisha invite applications on purely temporary basis for the following posts to work under the project titled '**Control of Sickle Cell Disease and Thalassemia in Odisha**'. The posts of different categories of staff are : **Job Code : 1296**

3(a) Technical Officer (Communication)

Qualification : MPH, PG Mass communications, MSW-Community Development / Medical Social Work, Any PG with 2 years experience at district level with IEC / BCC programme, MA Health Education.

3(b) Technical Officer (Lab)

Qualification : DMLT with 10 years experience / Sr. Technologist (B.Sc.) with 5 to 10 years experience Desirable.

3(c) Data Analyst

Qualification : M.Sc. Statistics / M.Sc. Biostatistics with 1 year experience.

Mode of Appointment : Project mode.

Accommodation not provided.

For more details of the positions and the application forms visit <http://www.cscr.in/research-opportunities/> Please send us the duly filled application mentioning the job code either by soft copy to: cscrcedu@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before **August 12, 2019** for Items 3(a), 3(b) and 3(c).

4. Staff II Cardiac Technician for the Department of Cardiology

Qualifications : B.Sc. in Cardiac Technology or B.Sc.(Sciences Subject) with PG Diploma in Cardiac Technology.

Age limit : 35 years. Salary scale : As per institutional rules.

Job description : To assist in Cath Lab, Echo Cardiology, ECG, Treadmil and Holter.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **August 12, 2019** for Item 4.

CMC NEWSLINE



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Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you. **Luke 6 : 38**

14th Annual Post Graduate CME in Haematology



The 14th Annual Post Graduate CME in Haematology was conducted by the Departments of Haematology and Transfusion Medicine and Immunohaematology from 3rd to 5th July, 2019 for the students from Medicine, Pathology and Paediatrics. The aim of this CME was to give them a better exposure to the field of Haematology especially in the laboratory and clinical aspects. The participation was good with three hundred and thirty six students from sixty seven colleges along with twenty eight students from CMC. The Tamil Nadu Dr. M.G.R Medical University awarded **30 credit points** to this CME. The CME was packed with lectures on few of the salient features of

Haematology, interactive clinical case discussions and demonstrations in the laboratories. Alongside the academic sessions, there were sessions on career and training opportunities available within the country.

As part of the CME, two quiz programmes were conducted, on both days. The following are the prize winners:

On 4th July, 2019 : 1st Prize – Government Medical College, Thrissur.

2nd Prize – Government Medical College, Thrissur.

3rd Prize – Madurai Medical College.

On 5th July, 2019 : 1st Prize – Christian Medical College, Vellore

Workshop on Literature Searching and Reference Management

The Prof BVMC Centre (Professor Bhooshnam V. Moses Centre for Evidence Informed Healthcare) conducted a Workshop on Literature Searching and Reference Management Using Endnote and Zotero from July 15 to 17, 2019. There were around 14 participants from various institutions

from India such as JIPMER (Pondicherry), Hindu Mission Hospital (Tambaram), Government Nursing College (Kannur), Institute of Medical Sciences (Banaras), SDM College of Ayurveda (Udupi), Ajman University (Dubai) and CMC.



Special Prayers: August 04 - 10, 2019

Nephrology and AK Lab :

Dr. Santosh Varughese and Staff
Dr. Vinoi George David and Staff
Mrs. Ilavarasi Jesudoss and Staff

Emmanuel Hospital Association

Council Members: Dr. Joshua Sunil Gokavi
Dr. Deepak Samson Singh

Hospitals : The Duncan Hospital, Raxaul
Makunda Christian Hospital, Herbetpur
Christian Hospital, Prem Jyoti Community
Hospital and Chinchpada Christian Hospital.

Evangelical Lutheran Church in Madhya Pradesh

Council Members: Dr. Rajiv Choudhrie
Dr. Deepa Choudhrie

Hospital : Padhar Hospital, Betul and others

Sunday Services : August 11, 2019

6.00 pm : **Scudder Auditorium**
Dr. Anna B. Pulimood

6.30 pm : **Hospital Chapel**
Mrs. Nirmala Samuel

5.00 pm : **Friendship Chapel, KPTR Campus**
Dr. Patricia

4.30 pm : **Chittoor Chapel**
Mr. Prince

2nd Prize - K.A.P.V. Medical College, Trichy.

3rd Prize – T.M.M.C, Mumbai and Andhra Medical College, Visakhapatnam.

For those who would like to access more details kindly log on to: www.pgcmehematology.net

Continued on Page 2

The Workshop began with sessions on "Developing Search Strategies" for various Biomedical Databases such as Pubmed, The Cochrane Library, Scopus and many more. There was a detailed session on Reference Management Techniques using Endnote and Zotero, developing libraries, removal of duplicates, import / export options and citations.

Similar workshops will be organized by the Centre in the upcoming days. For more details please visit www.bvmc.in

Training in Family Medicine organized



The Medical Education Department conducted courses in family Medicine for the MBBS students who are serving in Mission Hospitals. A total of 45 faculty members from different departments in CMC were involved in the diverse teaching sessions and assessments of the participants.

• **24th June to 6th July 2019: Contact Course 1 in Postgraduate Diploma in Family Medicine (PGDFM)** was conducted for the students of the MBBS batch of

2019, who are currently serving as medical officers at various Indian Mission Hospitals and secondary hospitals. They were given training pertaining to secondary level health care.

• **9th and 10th July, 2019:** The MBBS batch of 2018 underwent assessment in theory and practical exams. They received training in handling online MCQ exams, final project presentations and Objectively Structured Clinical Examination (OSCE). Given below are few of the notable presentations by the students based on the needs of their secondary hospitals:



- “Knowledge about HIV and HIV Felt Stigma in People Living with HIV/AIDS”
- “Aseptic Techniques and Practices during Urinary Catheterization in a Peripheral Mission Hospital”
- “Prevalence of Malnutrition and its Correlation with Socio -demographic Factors among Primary School Children aged 5-11 years”



- “Knowledge in Attitude of Hand Hygiene and Bio Medical Waste Management among Health Care Workers”
- “Knowledge of Post Partum Warning Signs among Women who Delivered at CSI Mission Hospital, Nagercoil”.

Welcome

- **Dr. Sunil Chandy**, Professor, Department of Cardiology Unit-III, on his return from sabbatical leave.
- **Dr. Suceena Alexander**, Professor, Department of Nephrology, on her return from study leave.
- **Dr. Ronald Albert Benton Carey**, Associate Professor, Medicine Unit-IV, on his return from sabbatical leave.

Memoranda

- **Dr. Lilly Varghese**, Professor - appointment as Head of Obstetrics and Gynaecology Unit-II is extended from 8th July, 2019 for a four year term.
- The Unit of Cytogenetics which was functioning as a separate unit from January 2003, will henceforth function as Department of Cytogenetics with effect from 25th July, 2019. **Dr. Mary Purna Chacko**, Professor is appointed as Acting Head of this department with effect from 26th July, 2019 until further notice.
- **Dr. Thomas Samuel Ram**, Professor, functioning as Head of Radiation Oncology Unit-I from 9th September, 2018 will complete his term as Head of this unit at the close of 8th September, 2022.

Congratulations!

• The Poster from Centre for Stem Cell Research and Department of Physical Medicine & Rehabilitation, titled “**Aiming PTEN, Seeking Pulse, Finding DOX; A Targeted Transient In Vivo Approach to Facilitate Functional Repair in Mice Spinal Cord Injury**” was presented at the International Society for Stem Cell Research (ISSCR) annual meeting held at Los Angeles, California on June 2019. Mr. Franklin Herbert working for his Ph.D. degree at Dr. Sanjay Kumar’s laboratory (CSCR, Lab3) was awarded the 2019-ISSCR travel award and this poster also received 2019-ISSCR Merit award for scientific excellence.

• The following candidates were successful in the **Postgraduate Diploma Examination** held in **May 2019**. (University Results Published on 12.07.2019)

Anu Annie John	- D.A.	Abinaya S.	- D.G.O.
Beulah	- D.A.	Angel Gnanaprema J.	- D.G.O.
Jubin Merin Jacob	- D.A.	Bhuvana Preethi S.	- D.G.O.
Kalyani Suraj Nandkumar	- D.A.	Devi M.	- D.G.O.
Steffi Chinnu Johns	- D.A.	Devibala Divya M.	- D.G.O.
Pragya Kafley	- D.C.P.	Madhuri Kabadi	- D.G.O.
Shruthi V.	- D.C.P.	Dhanashri A. J.	- D.O.
Surya Mary Mathew	- D.D.V.L.	Dhanlya D.	- D.O.
Anitha Sara Oommen	- D.L.O.		

To be Continued ...

Obituaries



• **Dr. Philip Zachariah** (MBBS batch of 1954) on July 18, 2019. He had been grappling with Multiple Myeloma for over ten years and passed away peacefully in the Owen Sound Hospital, Ontario, Canada at the age of 83. As a student, he was noted for a mischievous but innocuous sense of humour, his casual mastery of examinations and assignments and a robust sense of independence. As preparation for a career in surgery, he worked as a demonstrator in Anatomy at CMC for one year. He then proceeded to the UK and won Fellowships of all the three Colleges of surgeons. He married his classmate Dr. Sara P George (MBBS batch of 1954) and they migrated to Canada. He chose to work as general surgeon in relatively small towns where his wide ranging expertise and professionalism could make a difference for good. They finally settled in Hanover, Ontario where he continued to be involved in surgery well into his 80s.

It was true of Philip that “though in distant parts we roam, his spirit will be dear”. CMC connections were an important part of his life. He particularly cherished the opportunity to return to the Anatomy Department late in his career as a visiting faculty member for a part of three successive years, teaching applied anatomy.

The memorial service for Dr. Philip Zachariah will be held at the Trinity Anglican Church, Durham on the 3rd of August at 11.30 am. It is Dr. Philip’s wish that donations in lieu of flowers, if desired, could be made to the Christian Medical College Vellore, (givecmcv.org/donate).

He is survived by Dr. Sara and two sons, Mr. Kuruvilla and Mr. George. Those who wish to be in contact with the family in their bereavement can reach George at gtz2101@columbia.edu

• **Mrs. Priya Raju Dhingra**, wife of Mr. Sandeep Dhingra and daughter of Dr. Renu Raju, former Head, Schell Eye Hospital on 29th July, 2019.

• **Mr. Ganesan**, father of Mr. G. Sivakumar, Sr. Accountant, Cost Accounts in Accounts Department on 30th July, 2019.

• **Mrs. A. Maria Thinees**, mother of Mrs. E. Priscilla Gnana Selvi, Staff Nurse, G7 South Ward, mother-in-law of Mrs. R. Delphina Immaculate, Clerk-Typist, NS Office and Mr. Edwin Emmanuel, Radiographer on 30th July, 2019.

• **Mr. Kondala Rao B.**, father of Dr. Bandaru Sri Vidya, Post Doctoral Fellowship in Audio Vestibular Diseases and father-in-law of Dr. Sri Lakshmi J.P. Rao G., Radiology Department on 30th July, 2019.

• **Mrs. Subbammal**, mother of Mr. N. Sundarraj, Ward Clerk, P1 ward and mother-in-law of Mrs. Nirmala, Ward Clerk, O Block and grand daughter of Mrs. Steffy Priyadharshini, Staff Nurse, OR, on 1st August, 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Retirements



• **Mr. R. Chidambaram**, Staff Clerk Gr.II, Department of RUHSA retired on 5th June 2019, after 9 years of dedicated service to the institution. He has a son, Mr. Chandravannan who is working as Hospital Attendant in Department of RUHSA.

• **Mr. G. Meganathan**, Sr. Hospital Attendant, 'O' Block retired on 21st June 2019, after 37 years of dedicated service to the institution. He has two sons and a daughter. His eldest son, Mr. Stalin is working as a Hospital Attendant in Rehab Institute, Mr. Lenin, his second son is working as a Hospital Attendant in 'L' ward and his daughter, Ms. Suganya is a Staff Nurse in 'C' ward.



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Situations Vacant

1. Tutor with Ph.D. in Biological Sciences for the **Department of Clinical Immunology and Rheumatology** Should have at least 5 years experience in post Ph.D.

Salary : As per institutional rules. Accommodation not provided.

2. Tutor with Ph.D. in (Biological Sciences / Basic Science) for the **Department of Pharmacology and Clinical Pharmacology**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **August 10, 2019** for item 1 and **August 17, 2019** for item 2.

3. Centre for Stem Cell Research (a unit of inStem Bengaluru) and Christian Medical College, Vellore invites applications on purely temporary basis for the post of **Scientific Programme Manager** to work under the project titled 'Novel Approaches to Haematological Disorders (NAHD).

Scientific Programme Manager for the **Centre for Stem Cell Research**

Job Code : 1297

Qualification : Ph.D. with more than 3 years of experience / M.Sc. with more than 5 years of experience in laboratory and project management. Mode of appointment : Project mode.

Salary : As per institutional rules. Accommodation not provided.

For more details of the positions and the application forms visit <http://www.cscr.in/research-opportunities/>

Please send us the duly filled application mentioning the job code either by soft copy to: cscredu@cmcvellore.ac.in or by hard copy address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, Tamil Nadu on or before **August 19, 2019** for Item 3.

4. Trainee Clinical Pharmacist (Two posts) for the **Department of Infectious Diseases**

Job Code : 1298

Qualification : Doctor of Pharmacy (Pharm D).

Description : Training will be provided in various aspects of Infectious Diseases and Antimicrobial Stewardship.

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002 on or before **August 19, 2019** for Item 4.

5. Artisan Non I.T.I. Gr.IV (Mason) for the **Department of Engineering Civil**

Qualification : 8th Std. with 4 years of experience. Salary : As per institutional norms.

Application forms to be downloaded from www.home.cmcvellore.ac.in Link: "Vacancies".

Icon : "Artisan Non I.T.I. Gr.IV. Apply with xerox copies of all your certificates to the Personnel Manager, Christian Medical College, Ida Scudder Road, Vellore-632 004 on or before **August 12, 2019** for Item 5.

6. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri - 632 106 invites applications for the following post of **Nursing Tutor**

Qualification : M.Sc. – Nursing (freshers can also apply) / B.Sc. Nursing (with two years Teaching Experience).

Salary commensurate with qualifications and Experience.

Candidate can apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R&LC., Karigiri" addressed to the Director, SIH-R & LC., Karigiri, Pin - 632 106. Or email your updated resume along with the scan copies of all your testimonials to director@karigiri.org

Last date for receipt of applications: August 10, 2019.

CMC NEWSLINE

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I will praise the Lord all my life; I will sing praise to my God as long as I live. Psalm 146:2

Inauguration of the CONCH, Kannigapuram Outreach Clinic



The College of Nursing Community Health (CONCH) Kannigapuram Outreach Clinic was inaugurated on 9th July 2019. The inaugural ceremony began with a prayer and devotional song by Rev. Pearson, Chaplain and welcome address by Mrs. Greeda Alexander, Professor, Department of Community Health Nursing. The Chief Guest for the occasion was Dr. J.V. Peter, Director. Dr. Vathsala Sadan, Dean, CON, gave a brief overview of the CONCH programme following which felicitations were offered by Dr. Prasad Mathew, Medical Superintendent, Dr. Premila Lee, Nursing Superintendent, Mr. E. Vijayakumar Addl. Superintendent of Police, Vellore, Mrs. Tamilselvi, Headmistress, Govt. Middle School, Kannigapuram and Mr. Pasupathi, Member of the Kannigapuram Youth Club. Following the felicitations, the people of the concerned village honoured the dignitaries.

The inauguration was graced by the presence of former Deans of College of Nursing, village leaders and influential people from CONCH villages, doctors from LCECU, CHAD, RUHSA and Heads of various

Departments, nursing faculty of College of Nursing and Staff from various departments of CMC and the local public.

Rev. Dr. Arul Das, Chaplain, offered the prayer of dedication and the clinic was inaugurated by Dr. J.V. Peter, Director. Mrs. Rajeswari Siva, Professor and Head of the Department of Community Health Nursing proposed the Vote of thanks. A tree planting ceremony was also held, during which the dignitaries planted trees around the clinic. Dr. Vibisha from CHAD was posted to see patients after the inauguration. The clinic was conducted till 3.30 pm and eighty five morbid and first aid clients were registered and treated

The clinic will be conducted on **Tuesdays and Fridays by Doctors from CHAD and LCECU. It will provide secondary level health care services to the people of Kannigapuram and the surrounding 25 villages where CONCH services are being provided, currently.**

Special Prayers: August 11 - 17, 2019

Physical Medicine and Rehabilitation Rehabilitation Institute :

Dr. Raji Thomas and Staff
Dr. Judy Ann John and Staff
Dr. Jacob George and Staff
Dr. Premila Lee and Staff

Tamil Evangelical Lutheran Church

Council Members: Justice K. Venkataraman
Dr. C.A. Nelson Jesudasan

Hospital : St. Joseph Eye Hospital,
Trichy and others

Gossner Evangelical Lutheran Church

Council Members: Rt. Rev. Johan Dang
Mrs. Sujaya Kujur

Indian Evangelical Lutheran Church

Council Members: Justice D. Hariharanthaman
Mr. M. Karunakaran

Sunday Services : August 18, 2019

6.00 pm : **Scudder Auditorium**
Dr. M.J. Paul

6.30 pm : **Hospital Chapel**
Dr. Vijay Aruldhass

5.00 pm : **Friendship Chapel, KPTR Campus**
Dr. Rabin Chacko

4.30 pm : **Chittoor Chapel**
Mr. Desigan M. Anurag

Memorandum :

Dr. Ashwin Oliver A., Assistant Professor is appointed as Missions Co-ordinator in the Missions Department under Directorate with effect from 16th August, 2019 for a two year term.



Creating social awareness among school children



Suicide is a pressing problem faced by our country, especially within the age group of sixteen to twenty five. The Medical Nursing team along with Medicine Unit-V organized an educational programme on 18th July, 2019 for class 6 to 10 students in the Thorapadi Government High School. Around four hundred to five hundred students and twelve teachers participated in the programme which was on the theme ‘Suicide Prevention and Stress Management. The team engaged students with a lively role play based on the theme

and a session on “learning tips”. Posters were displayed and first aid management on seizures, wounds, fever and snake bite was shown as a practical demonstration by the nursing students. The students were encouraged to place any burning questions they had in a “question box”. Those questions led to a fruitful discussion on topics such as coping with studies and interpersonal relationships etc. It was a satisfying experience for those involved. The team is immensely grateful to Dr. Ramya I, Head, Medicine Unit-V and Mrs. Angeline Jeya Rani, Nurse Manager, E ward who were instrumental in organizing the programme.



Chaplaincy conducts the all staff retreat in English - 2019



All staff retreat in English 2019 was held in New Exam Hall on 7th July, 2019. Dr. Justin Paul a Cardiologist from Madras Medical College was a speaker. He spoke on the theme “Covenant Community”. Two hundred staff from various departments attended the retreat. There was a separate session for the children. The retreat ended with lunch at 1.30 pm. Dr. Justin Paul was also the speaker for the community worship service held at 06.00 pm in Scudder Auditorium on the same day. The retreat was a blessing to the entire community.

14th Annual Post Graduate CME in Haematology

Erratum : The 14th Annual Post Graduate CME in Haematology was jointly conducted by the Departments of Haematology and Transfusion Medicine & Immunohaematology from 3rd to 5th July, 2019. This programme targets post-graduate students from Medicine, Pathology and Paediatrics, exposing them to the field of Haematology. 336 students from 67 colleges along with 28 students from our institution attended the CME programme this year. It is anticipated that participants of this CME will be able to take with them a better understanding of both laboratory and clinical aspects of Haematology at the end of the programme. It is also hoped that by attending this annual CME, physicians-in-training will be sensitized to the many career opportunities in Haematology, both in the laboratory and in the clinic.

The CME programme ran over two and a half days and was designed to include didactic lectures on important topics in Haematology, interactive clinical case discussions and a tour and demonstration in the laboratories. The candidates were given many opportunities to discuss all aspects of Haematology with experts in the field, including the potential for training in this specialty within the country and the career prospects. The Tamil Nadu Dr. M.G.R Medical University awarded 30 credit points to this CME.

Two quiz programmes were conducted, drawing participation from different medical colleges. On the first day 4th July, 2019, the winner were: 1st Prize – Govt. Medical College, Thrissur, 2nd Prize – Govt. Medical College, Thrissur, 3rd Prize – Madurai Medical college.

Winners on the second day 5th July, 2019 were : 1st Prize – Christian Medical College, Vellore; 2nd Prize - K.A.P.V. Medical College, Trichy; 3rd Prize – T.M.M.C, Mumbai & Andhra Medical College, Visakhapatnam

Further details of the 14th Annual Post Graduate CME in Haematology can be accessed at: www.pgcmehematology.net

Anti Tobacco Day competitions

The Department of Pulmonary Medicine observed the Anti Tobacco day, in the month of May. Various awareness programmes were organized regarding the dangers of tobacco use. Along with these, the department has organized a slogan and poster competition on 31st May, 2019. The winners of the competitions are given below:

Slogan Competition :

- 1st prize : V. Merlin - L ward
2nd prize : Arul Mary Vinciya - MTS4 ward
3rd prize : Sathiyam - Neuro ICU

Poster Competition :

- 1st prize : Abhilakshinee Digal - M3 ward
2nd prize : Sheeba Mebel - Labour Room
3rd prize : Priya Velce - ANM MTS4

Congratulations!

• **Dr. Molly Jacob**, Professor, Department of Biochemistry, has been awarded the Fellowship of the Royal College of Pathologists, UK.

• **Dr. Tina George**, Assistant Professor, Department of General Medicine has won the first prize for the paper presentation at the Tamil Nadu, Association of Physicians of India Conference (TAPICON) held on 29.07.2019 and 30.07.2019 at Madurai - for the paper title "Vaginal Lactobacillus in Women with Urinary Tract Infection in a Tertiary Care Centre in South India - A Case Series".

• The following candidates were successful in the **Postgraduate Diploma** Examination held in **May 2019**. (University Results Published on 12.07.2019)

Aaskar S.	- D. Ortho.	Santhoshi S.	- D.P.M.
Jacob Joe Kandoth	- D. Ortho.	Shivadharshini K.	- D.P.M.
Renju Mathew Thomas	- D. Ortho.	Shubha A.	- D.P.M.
Robin G. Alex	- D. Ortho.	Amy Sara Abraham	- D.M.R.D.
Anna Mary Thomas	- D.C.H.	Ima Kirti	- D.M.R.D.
Derrick John Johnson	- D.C.H.	Joseph Chacko Paul	- D.M.R.D.
Mukkala Priyanka	- D.C.H.	Lalthanpari	- D.M.R.D.
Prathiba Evangelin A.	- D.C.H.	Renu Susan Ninan	- D.M.R.D.
Raja Rajeswari R.	- D.C.H.	Sherin V. Roy	- D.M.R.D.
Ciju Benjamin	- D.P.M.	Neethu Jose	- D.M.R.T.
Divya Sekhar	- D.P.M.	Tarun Jose	- D.M.R.T.

Retirements



• **Mrs. Vennila Asokan**, Sr. Selection Gr.I Pharmacist, Department of Pharmacy, retired on 1st July 2019 after 39 years of dedicated service to the institution. Mrs. Vennila joined as a student in 1978 and completed her Diploma in Pharmacy and joined as a pharmacist in 1980. She worked in various sections of Pharmacy such as Main Pharmacy, OPD Pharmacy, SSSS Pharmacy, Casualty Pharmacy and A Block Pharmacy. She was the supervisor of OPD Pharmacy from 2006 to 2010. She was a hard working and dedicated person.

Her husband, Mr. Asokan is a retired TEL employee. They have three sons, their elder son Mr. Aswin is working in ICMR, Chennai as Project Officer, their second son, Mr. Anish, is working as a Junior Engineer in Applied Materials India Pvt. Ltd, Bangalore and their third son, Mr. Eswanth is working as a Hospital Maintenance Engineer in ESI Hospital, Vellore.

• **Mr. M. Binny Raj**, Sr. Hospital Attendant, Directorate retired on 7th July 2019, after 36 years of dedicated service to the institution. He has a son, Mr. Joyson Samuel who is a Staff Nurse in Casualty.



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Obituary

• **Mrs. Mariamma Varghese**, mother of Dr. George M. Varghese, Department of Infectious Diseases and mother-in-law of Dr. Lalee Varghese, Department of ENT and grandmother of Ms. Lenita George, MBBS batch of 2019, on 5th August, 2019.

Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.

Situations Vacant

1. Erratum : Tutor with Ph.D. in (Biological Sciences / Basic Science) for the Department of Pharmacology and Clinical Pharmacology

Salary : As per institutional rules. Accommodation not provided

2. Senior Resident with MS (Orthopaedics) for the Department of Spinal Disorders Surgery Unit

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **August 17, 2019** for item 1 and **August 24, 2019** for item 2.

3. Training Officer / Technical Officer / Junior Officer for the Department of Pulmonary Medicine

Qualification : MBA, MHA, MPH, Masters in Bio-Tech, B.Tech / BE.

Job Code : 1299

Mode of appointment : Project mode.

Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore-632 002 on or before **August 26, 2019** for Item 3.

4. Staff III Dental Mechanic for the Department of Dental and Oral Surgery

Qualifications : H.Sc. with Diploma in Dental Mechanic with State Dental Council Number.

Note : Only regular mode will be accepted, private or correspondence will be not accepted.

Salary : As per institutional rules. Age limit : 35 years.

Job description : Dental Mechanic.

5. Staff III Dietitian for the Department of Paediatric Unit-II (Paediatric Nephrology)

Qualifications : B.Sc. with P.G. Diploma in Dietetics or M.Sc. in Clinical Nutrition and Dietetics / Food Science and Nutrition / Food Service Management and Dietetics.

Salary : As per institutional rules. Age limit : 35 years.

Job description : To handle children with renal problems.

6. Receptionist Trainee for the Outpatient Services

Qualifications : H.Sc. (+2) / Graduates with Science subjects. Proficiency in English is a must. Preference will be given to those with multilingual skills. (only female candidates need to apply).

Stipend : As per institutional rules.

Please note that only regular mode will be accepted. Correspondence will not be accepted.

Accommodation not provided. Age limit : 30 years.

Job description : To guide patients at the Outpatient Services.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **August 26, 2019** for Items 4, 5 and 6.

CMC NEWSLINE

Vol.No.56 No.08 FOR PRIVATE CIRCULATION ONLY AUGUST 19, 2019



The highest heavens belong to the Lord, but the earth he has given to man. Psalm 115 :16

Handholding Mission Hospitals for NABH Entry Level Certification



The Quality Management Cell along with Christian Medical Association of India, (CMAI) conducted a training program for mission hospitals on “Implementation of NABH Entry Level Standards” on 18th and 19th of July 2019 in New Examination Hall, Bagayam. The programme was inaugurated by Dr. J.V. Peter, Director, Dr. Suceena Alexander, Deputy Director (Quality) and Dr. Sam David, Department of Missions. Forty five participants from sixteen mission hospitals across the country attended the programme. The participants included clinicians, administrators, nurses and other allied health professionals from hospitals such as Arogyavaram Medical Centre, Emmanuel General Hospital, Gifford Memorial Hospital, Champa Christian Hospital, TLM group of hospitals, The Leprosy Mission Hospitals, CSI Mission General Hospital, Sankeshwar Mission Hospital, Christa Mitra Ashram, Jalna Mission Hospital, Metas

Adventist Hospital, Mure Memorial Hospital, Umri Christian Hospital and Tura Christian Hospital.

The training sessions were led by Dr. Lallu Joseph, Quality Manager. The faculty included Mr. B. Rabindranath, Dr. Shalom Abraham, Mr. Reuben Gnanaraj and Mr. Jacob Prabhu. Each training session was followed by a group activity which urged the participants to assess the status of their respective hospitals. Certain individuals were identified and assigned responsibilities with focus on implementation. The Safety Cell and Fire Department of CMC conducted a Mock drill on fire emergency providing the participants with a firsthand experience on how to respond to fire along with a demonstration on patient evacuation.

Continued on Page 2

Special Prayers: August 18 - 24, 2019

Principal's Office :

Dr. Anna B. Pulimood and Staff

Medical Students

(SA President) : Mr. Jerry Dominic John

Allied Health Students

OPTSA President : Mr. Febin V. Saji

ASHA President : Ms. Jeby Raja Jesura T.

Wardens

Men's Hostel : Dr. Vaibhav Londhe

Women's Hostel : Dr. Anuradha Rose

DJ Hostel : Mr. Andrew Babu

Fitch Hostel : Mrs. Sushila Russell

CMC Alumni Association:

Dr. Abraham Peedicayil

Registrar's Office : Dr. Elizabeth Tharion

Medical Education : Dr. Minnie Faith

Continuing Medical Education:

Dr. Tony Abraham Thomas

Bioethics : Dr. Kuryan George

Distance Education: Dr. Rebekah Zechariah

Inter Ashram Fellowship

Council Members : Rev. Dr. Alexander Abraham

Dr. Oby J. Cherian

Hospitals : Christian Fellowship Hospital, Oddanchatram and Ambilikai

Christian Fellowship Hospital, Rajnandgaon and Khariar Road

Bishop Walsh Memorial Hospital, Tadakam

Sunday Services : August 25, 2019

6.00 pm : **Scudder Auditorium**

Special Service by MBBS Batch of 2016 : Dr. Sudha Jasmine

6.30 pm : **Hospital Chapel**

Dr. Asha Elizabeth Mathew

5.00 pm : **Friendship Chapel, KPTR Campus**

Mrs. Lakshmi Andrew

4.30 pm : **Chittoor Chapel**

Mrs. Nirmala Samuel

Welcome :

Dr. Deepthi Boddu, Assistant Professor, Paediatrics Unit-I, on her return from study leave.

CMC being the Centre for Quality Promotion (CPQ) of the Consortium of Accredited Hospitals (CAHO) has the required resources to handhold mission hospitals and rural hospitals, in this endeavour. The institution will continue to support these hospitals through CMAI. Along with the Quality Management Cell, Dr. Priya, Dr. Sunitha and Dr. Abhijit of CMAI have evolved the strategy to help these hospitals to get the entry level NABH certification.



Inauguration of Sanitary Complex at Panchayath Union Middle School, Kilminnal



Under the CONCH programme a sanitary complex was inaugurated at the Panchayath Union Middle School, Kilminnal, on 9th July, 2019. The complex was built at the request of the headmistress, Mrs. Vasavi, and the well wishers in the village to mark the the Diamond Jubilee Celebration of the Kilminnal Panchayath Union Middle School .

The construction included, four facilities for women and two facilities for men along with five lavatories and two staff restrooms which were refurbished. Under the Corporate Social Responsibility (CSR) project of CMC, two lavatories in the Primary School, were renovated.



Dr. J.V. Peter, Director, inaugurated and dedicated the facilities. Felicitations were offered by Mr.Natarajan, Nattanmai, Mr.Munniswamy, President, Parent Teacher Association and Dr. Vathsala Sadan, Dean, College of Nursing. Mrs. Vasavi, Head Mistress in her vote of thanks, expressd her heartfelt gratitude towards CMC for providing this facility.

Workshop on "Management of Medically Unexplained Symptoms"



The CME Department in association with Psychiatry Unit-II conducted a Workshop on “Management of Medically Unexplained Symptoms (Including: Irritable Bowel syndrome, Dhat Syndrome, Somatization Disorder)” on 20th of July, 2019.

The four hour scientific programme was conducted with the aim of exposing the participants to the theory behind the practice, demonstrating the techniques of approach and the skills required in management of medically unexplained symptoms in routine clinical practice, using videos of actual patient interactions. It ended with an interactive session, where participants brought up challenging clinical situations they had faced. Methods of handling such situations were discussed.

The workshop was attended by participants across various clinical, paramedical and nursing specialties and was well appreciated by the participating students and faculty alike.

Congratulations!

- On 1st August 2019, at the meeting organized by the International Society for Endocrinology and South Asian Federation fo Endocrine Societies, at Colombo, Sri Lanka, **Dr. Nihal Thomas**, Professor and Head (Unit-I), Endocrinology was awarded : **The Dr. Henry N. Rajaratnam Oration** on "Forays in to the Pathogenesis and Differential Diagnosis of Young Onset Diabetes in India - Insights from Vellore".
- **Dr. Reena George**, Professor and Head, Palliative Care Unit has been elected to the Fellowship of the Royal College of Physicians, Edinburgh.

• The following awards were won at the meeting organized by the **International Society for Endocrinology and the South Asian Federation of Endocrine Societies at Colombo, Sri Lanka** from 1st to 3rd August 2019.

Dr. Riddhi Das Gupta, Associate Professor, Department of Endocrinology, Diabetes and Metabolism was awarded the 3rd prize for the best oral paper presentation entitled - "Elucidating the Metabolic Role of the Incretin Axis and Extra Pancreatic Glucagon Secretion in Indian subjects with Fibrocalcific Pancreatic Diabetes" and received the **Young Investigator Award - 2019**.

Dr. Nitin Kapoor, Associate Professor, Department of Endocrinology, Diabetes and Metabolism received the following awards : **1st prize for the best oral paper presentation** entitled - "Bone Health in Morbidly Obese Postmenopausal Women - A Paradox". **2nd prize for the best poster presentation** entitled - "The Manifestations of Wilson's Disease with Respect to Renal Tubular Dysfunction, Bone Health and Body Composition". **3rd prize for the best oral presentation** entitled - "Obesity Indicators and Their Role in Identifying Metabolic Disorders in the South Asian Population".

• **Dr. Pansuriya Himanshu Gangdasbhai**, Post Doctoral Fellow in Paediatric Neurology for having won the special prize in platform presentation at the "NEUROPEDICON 2019" held at Hyderabad from 26th to 28th July, 2019 on the topic "Clinical Course and Outcome after Bone Marrow Transplantation in Childhood Cerebral Adrenoleukodystrophy : A Single Centre Experience".

Obituary

Mrs. Sarojini John, mother of Mrs. Lily Abraham, Staff Nurse in Clinical Pharmacology Unit, on 13th August, 2019.

Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.

Retirements



• **Mr. A. John**, Driver, Department of Electricals retired on 15th July 2019, after 35 years of dedicated service to the institution. His wife, Mrs. Siromani is working in CKC School, Bagayam. They are blessed with a son and a daughter. His son, Mr. Lawrence is a Radiographer in the Department of Radiology and his daughter, Ms. Angel Mary is a Receptionist in Schell Eye Hospital.

• **Mr. M. Ganesan**, Sr.Gr.I Artisan Non I.T.I., Department of Engineering Civil retired on 2nd August 2019, after 36 years of dedicated service to the institution. He has a son and two daughters. His son, Mr. Mohanraj is a Hospital Attendant in General Pathology.



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Situations Vacant

1. Senior Resident with MS (E.N.T) for the Department of E.N.T. Unit - I

Age limit : <40 years. Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

2. Senior Resident with MS (E.N.T) for the Department of E.N.T. Unit - II

Age limit : <40 years. Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

3. Senior Resident with MD (General Medicine) for the Department of General Medicine Unit-V

Age limit : <40 years. Salary : As per institutional rules.

Accommodation provided (Subject to availability).

4. Senior Resident with MD (Paediatrics) with two years experience in Paediatric Nephrology for the Department of Paediatrics Unit – II (Paediatric Nephrology)

Age limit : <40 years. Salary : As per institutional rules.

Accommodation provided (Partly Furnished, Depending on availability).

5(a) Assistant Professor for the Department of Anaesthesia

Qualification : MD (Anaesthesia).

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.

Salary : As per institutional rules. Accommodation provided (Subject to Availability).

5(b) Senior Resident for the Department of Anaesthesia

Qualification : MD (Anaesthesiology). Salary : As per institutional rules.

Accommodation provided (Subject to availability). Age limit : < 40 years.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **August 24, 2019** for items 1, 2 and **August 31, 2019** for items 3, 4 and **September 15, 2019** for items 5(a) and 5(b).

6. One year "Clinical Occupational Therapist" for the Department of PMR (OT)

Eligibility : BOT Graduate from a Recognized College/ University. Should have completed six months of compulsory Rotatory Internship. Experience : Less than 4 years after internship completion.

Age limit : Less than 30 years. Monthly stipend : Rs.9,620/-. Accommodation not provided.

Apply with resume, including dates of work experience, mobile numbers, postal address and email ID photocopies of work experience and other relevant certificates to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, on or before **August 24, 2019** for item 6.

7. Applications are invited for the following posts for the CMC Vellore Chittoor Campus :

Senior Resident / Assistant Physician / Assistant Professor / Associate Physician / Associate Professor / Physician with DA / MD / DNB in Anaesthesia. Salary : As per institutional rules.

Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies" or email to dir.chittoor@cmcvellore.ac.in with biodata, certificates and testimonial copies with contact phone number, email Id and address.

Applications will close on **September 02, 2019** for Item 7.

8. MCTT Gr.III for the CMC Vellore Chittoor Campus

Qualifications : Graduates and those who have completed 1 year MCTT training course in CMC. Candidates having good interpersonal skills, living within 15 km of the CMC Chittoor Campus and with ability to communicate fluently in English and the local languages spoken in the region would be desirable.

Salary scale : As per institutional rules. Age limit : 35 years.

Job description : To work in payment counters, Medical Records and OPD counters in CMC Vellore Chittoor Campus round the clock. Duty will be in shift on rotation basis including night shift. They will also be posted to other Units of CMC as per need.

9. MRT Gr.III / Staff III Technician (MRT) for the CMC Vellore Chittoor Campus

Qualifications : Graduates / H.Sc. who have completed one year Medical Record Technician Trainee Course (Preferably in CMC) or equivalent. Candidates having good interpersonal skills, living within 15 km of the CMC Chittoor Campus and with ability to communicate fluently in English and the local languages spoken in the region would be desirable. Salary scale : As per institutional rules. Age limit : 35 years.

Job description : To work in Medical Records, OPD and Payment counters in CMC Vellore Chittoor Campus round the clock. Duty will be in shift on rotation basis including night shift. They will also be posted to other Units of CMC as per need.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". *Note : Only online applications will be accepted; Hard copies will not be accepted.*

Applications will close on **September 02, 2019** for Items 8 and 9.

10. Clerk Typist (Term appointment basis for selection work).

Qualifications : Graduate (regular course), English typewriting lower and D.C.A. (Proficiency in MS Office).

Age : Less than 35 years as on 31st July, 2019. Consolidated Salary : As per institutional rules.

Those who have worked earlier for selection work need not apply.

Apply with xerox copies of all your certificates to the Personnel Manager, Christian Medical College, Ida Scudder Road, Vellore - 632 004, on or before **September 02, 2019** for Item 10.

CMC NEWSLINE

Vol.No.56 No.09 FOR PRIVATE CIRCULATION ONLY AUGUST 26, 2019

For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened.

Luke 11:10



Report on the 4th Certificate Course in Hospital Infection Control and Antimicrobial Stewardship



Organised by the Hospital Infection Control Committee of CMC, the 4th Certificate course on Hospital Infection Control and Antimicrobial Stewardship took place from 29th July to 2nd August 2019. The aim of this course was to train microbiologists, clinicians and administrators, involved in infection control programmes in their respective institutions.

The Tamil Nadu MGR University awarded 30 credit points for this course. There were twenty nine candidates from Tamil Nadu, Andhra Pradesh and Telangana, Kerala, Maharashtra, Gujarat, Assam, Odisha, Uttar Pradesh, Chattisgarh, Rajasthan and United Arab Emirates. The inaugural function started with an invocation from the Infection Control Nurses which was followed by a prayer by Ms. Saramma Kuruvilla, Chaplain. The welcome address was given by Dr. Priscilla Rupali, Deputy Chairman of HICC, Dr. Prasad Mathews, Medical Superintendent and Chairman HICC, Dr. Anna Pulimood, Principal and Dr. Premila Lee, Nursing Superintendent gave their felicitations.

Dr. Joy S. Michael, the organising Chairperson of the course and the secretary of the HICC compeered the ceremony and gave the overview of the course. The inauguration programme ended with a vote of thanks by Dr. Malathi M, HICC officer and organising secretary of the course.

The participants were provided insight into the tools and resources required for combating Healthcare Associated Infections (HAIs). The five day workshop had various sessions which dealt with specific aspects of hospital infection control such as patient safety, health care associated infections, environment and healthcare worker safety. The sessions also covered antimicrobial resistance and antimicrobial stewardship, infection control in specialised area and hands on practical training on hand hygiene.

Group discussions were led by the external faculty, Dr. Vijay Samuel Richard and Dr. Malini R. Capoor.

Special Prayers: August 25 - 31, 2019

Ophthalmology: Dr. Sanita Mary George Korah and Staff
Dr. Sheeja Susan John and Staff
Dr. Padma Paul and Staff
Dr. Shirley David and Staff

Low Cost Effective Care Unit :

Dr. Sunil Abraham and Staff
Dr. Shirley David and Staff

Department of Family Medicine:

Dr. Sunil Abraham and Staff
Dr. Shirley David and Staff

Shalom Family Medicine Centre:

Dr. Sunil Abraham and Staff
Dr. Shirley David and Staff

Van Allen Hospital, Kodaikanal

International Service Fellowship (Interserve)

Council Members: Mr. Eappen John
Mr. Vijay Alexander

Christoffel Blinden Mission

Council Member : Dr. Sara Varughese

Sunday Services : September 01, 2019

6.00 pm : **Scudder Auditorium**
Ms. Saramma Kuruvilla

6.30 pm : **Hospital Chapel**
Mr. Lipoktemshi

5.00 pm : **Friendship Chapel, KPTR Campus**
Rev. Margaret Deborah

4.30 pm : **Chittoor Chapel**
Rev. Vijay Kumar



The discussions were very interactive and informative, which provided clarity and guidelines on setting up an infection control programme and biomedical waste management.

Continued on Page 2

Report on the 4th Certificate Course in Hospital Infection Control and Antimicrobial Stewardship

Continued from Page 1

Case studies and group discussion regarding investigating and managing outbreaks were undertaken by Dr. Joy S. Michael. Various surveillance methods and antimicrobial susceptibility techniques including molecular methods were explained and demonstrated in the Department of Clinical Microbiology. Site visits to the central sterile supply department, laundry and intensive care units were also organized. An interactive session on blood borne viruses was taken by Dr. Priya Abraham, Addl. Secretary, HICC.

The workshop concluded with felicitation of the candidates and certificate distribution by Dr. Prasad Mathews and Dr. Balaji V. The report of the workshop was read by Dr. Dhanalakshmi and vote of thanks was given by Dr. Priscilla Rupali.

State Level Workshop in 'Childhood Diabetes: Comprehensive Nursing Management'

The Departments of Paediatric Nursing and CNE and Research, College of Nursing conducted a state level workshop on '**Childhood Diabetes: Comprehensive Nursing Management**' on the July 26, 2019, with a focus on nursing management of children with Diabetes Mellitus. A total of fifty two delegates from seven different institutions attended the workshop. The sessions included an overview of childhood Diabetes, nutrition for the child with Diabetes, prevention and management of complications, patient education aspects with hands on skill sessions on Insulin therapy, glucose monitoring, management of hypoglycemia and sick day management.



CME on Paediatric Dermatology organised



The Department of Dermatology, Venerology and Leprosy Unit - I conducted a CME on Paediatric Dermatology on 19th and 20th July, 2019 with a special focus on genodermatoses. Paediatric Dermatology, a relatively new subspecialty is designed to improve the approach and management of the ever growing cutaneous disorders in children which need multispecialty intervention. The CME attracted two hundred and sixty delegates representing more than forty five

medical colleges from various parts of the country including all states of south India, Maharashtra, Uttarakhand and even from the neighbouring country of Nepal. The CME was live telecasted to ten mission hospitals and fifteen alumni. It was accredited with twenty CME points by the Tamil Nadu Dr.M.G.R. Medical University, Chennai.

The speakers included, eminent faculty from CMC, PGIMER Chandigarh and St John's hospital, Bangalore along with international faculty Professor Celia Moss OBE, Consultant Dermatologist, Birmingham Children's Hospital and Dr. Ravi Gutta, an American Board certified Consultant in Allergy and Immunology with fellowship from Cleveland clinic USA; currently working in Mediclinic City Hospital, Dubai, UAE. They led discussions on allergy & urticaria, molecular genetics, genodermatoses, cytogenetics, phototherapy, auto-inflammatory syndromes, contact dermatitis, principles of topical therapy, trichoscopy, neonatal emergencies, panniculitis and so on. Both the dermatologists and paediatricians perspective was presented during the sessions. The e-Poster competition and annual paediatric dermatology quiz attracted postgraduates from over thirty colleges.

Since the focus of the CME was on genodermatoses, there was a special workshop conducted with almost forty patients representing a wide range of rare conditions. There was also a session for patients affected by epidermolysis bullosa (EB) with participation from consultants from various specialities such as paediatric ENT, PMR, paediatric dentistry, nursing team, child health, dietary and the Dermatology team. The participants and the families were highly benefited from this session.

73rd Independence Day Celebrations



The 73rd Independence Day celebrations were observed in a grand manner at the various campuses of CMC. In the College Campus the flag was hoisted by Dr. Rabin Chacko, Professor of Dental Surgery and the speaker for the occasion was Dr. Samuel C. Raj, Professor of Hand Surgery.



At the Hospital Campus, Dr. Sukria Nayak, Associate Director and Head, Department of Surgery hoisted the flag and gave the message. The celebration were organized at the CMC Vellore, Chittoor Campus, where Dr. Deepak Abraham, Associate Director (HR) spoke eloquently and hoisted the flag. The programme was followed by a community breakfast and a tree planting campaign.

Obituaries



• **Dr. (Major) Vinod Kumar Shetty** (MBBS batch of 1958-59) on August 18, 2019. Dr. Vinod Kumar Shetty was a stalwart in many ways. He was the first in his family to take up Medicine and the first student from Mangalore to join CMC Vellore. After graduating from Vellore, he joined the Army and did MS - General Surgery and MS - Orthopaedics from AFMC, Pune. He was a gold medalists in both. He was the first army doctor to do 108 parachute jumps. He gave 16 years of dedicated service to the Indian Army.

After retirement from the Army he worked in Bangalore initially at St. Martha's Hospital and subsequently in other hospitals. He had many additional roles such as Chief Medical officer of Brooke Bond India and a Professor of Anatomy at MVJ Medical College. He was one of the founding members of Anga Karunya Kendra (an artificial limb centre providing free Jaipur foot to amputees) and Karunashreya (a hospice for poor patients who were terminally ill) He did a lot of charity work by providing free treatment for patients. But most importantly he was a patient, gentle and caring human being. A loving husband, father and grandfather and a giant among men at 6 foot 3 inches! The Uttarakriya ceremony to be held at 12.30 pm on Saturday, 31st August 2019 at Sena Vihar Hall, Kammanahalli Main Road, Kalyan Nagar, Bangalore - 560 043. Our thoughts and prayers are with his wife, Mrs. Shobha, sons Dr. Shilpith and Mr. Sahith, and all the members of the family. For those who would like to get in touch with the family, the contact details of his son Dr. Shilpith Shetty are given below: Email: shettys@doctors.org.uk Mobile: 9341930945.

• **Pastor. Chelladurai Muthupandian**, Founder of Arputhar Yesu Ministry, husband of Mrs. Malathi Chelladurai, former Charge Nurse in SICU, father of Dr. Deena Susie, 1st year PG in Physiology, Mr. Steve Dhinakaran and Ms. Divina, on 19th August, 2019.

• **Mr. Yeswantha Rao**, Hospital Attendant Gr.III, PMO (R.P) passed away on 18th August, 2019. He joined CMC in August 1990. He has a son and two daughters. His son, Mr. Karthick is working as Operation Theatre Technician in Apollo Hospital, Chennai, his eldest daughter, Ms. Ramya is studying B.Sc. Nursing course in A.E.C.S. Maruti Nursing College, Bangalore and younger daughter, Ms. Geetha has completed Radiology Technician course in Apollo Hospital, Chennai. He has served CMC for 29 years.



Our thoughts and prayers are with the bereaved members of the families at this time of sorrow and loss.

Retirement



Mrs. Baggialakshmi Ramesh, Sr. Grade Nursing Auxilliary, retired on 5th August, 2019 after serving the institution for 40 years. She joined CMC as an Auxilliary Nursing student in 1976. After her training she worked in M ward, C ward, R ward, H ward, K ward and M2 ward. She is a hard working staff who maintained good clinical skills and accountability at work. She was bestowed with the 'Best Nursing Auxilliary' award in 2006 for her exemplary work. She is married to Mr. Ramesh. She is blessed with one daughter Mrs. Vaidegi who lives in Trichy with her husband Mr. Venkatesan and assists in his business. She is also blessed with one grandson.

CMC and the Nursing Service thank Mrs. Baggialakshmi Ramesh for her long service in this institution and wish her God's blessings on her retired life.

Situations Vacant

1(a) Assistant Professor with M.Ch. (Endocrine Surgery) for the **Department of Endocrine Surgery**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

1(b) Senior Resident Gr.III with M.S. (General Surgery) for the **Department of Endocrine Surgery**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2. Associate Research Officer Gr.IV with MPH (Master of Public Health) (Regular Course) for the **Clinical Genetics Unit.**

Preference will be given for those who have experience in research.

Salary scale : As per institutional rules. Accommodation not provided.

3. Assistant Professor with M.D. (Physiology) for the **Department of Physiology**

Experience : Should have at least three years teaching experience as (Asst. Professor) in any MCI recognized teaching institution.

Salary : As per institutional rules. Accommodation provided (Subject to availability).

4. Senior Resident with MD (General Medicine / Pulmonary Medicine / Anaesthesia) for the **Division of Critical Care Medicine**

(**Medical ICU / HDU**). Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

5. Senior Resident with M.S. (General Surgery) for the **Department of General Surgery Unit - I**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

6. Senior Resident with M.S. (General Surgery) for the **Department of General Surgery Unit - IV**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

7. Assistant Professor with DM (Critical Care Medicine) / IDCCM / IFCCM / EDIC with two years Fellowship in Critical Care (or) MD (Anaesthesia / General Medicine) with two years fellowship in Critical Care Medicine for the **Division of Critical Care Medicine (Surgical ICU / SHDU / AICU)**

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

8. Registrar (Non PG) / Senior Resident with MBBS / M.D. (General Medicine) for the **Department of Cardiology Unit - IV.**

Working Hours : 08.00 A.M. to 04.30 P.M. Monday to Friday.

Academics : Saturday From 08.00 A.M. to 10.00 A.M. Job Description : Outpatient Care on Tuesday and Thursday.

Inpatient Care : Monday, Wednesday and Friday. Light Work Hours and Good Work Atmosphere.

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

9(a) Senior Resident with MD (Pathology) for the **Department of General Pathology**

Age limit : <40 years. Salary : As per institutional rules. Accommodation provided (Subject to availability).

Initial appointment will be as Senior Resident for one year and can be upgraded to Assistant Professor in the 2nd yr (as per the latest MCI guidelines).

9(b) Assistant Professor with MD (Pathology) for the **Department of General Pathology**

Experience : Should have at least one year teaching exp as (Asst. Professor) in any MCI recognized teaching institution.

Salary : As per institutional rules. Accommodation provided (Subject to availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 or by e-mail: princi@cmcvellore.ac.in on or before **August 31, 2019** for items 1(a), 1(b), 2, 3, 4 and **September 07, 2019** for items 5, 6, 7, 8 and **September 09, 2019** for items 9(a) and 9(b).

10. Assistant Surgeon / Associate Surgeon / Surgeon with MDS in Dental & Oral Surgery for the **CMC Vellore Chittoor Campus**

Salary : As per institutional rules.

Please log on the <http://www.cmch-vellore.edu> Link: "Vacancies" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and Address. Applications will close on **September 09, 2019** for item 10.

11. Computer Terminal Operator (Project Mode) for the **Department of Haematology**

Qualification : Any Degree with one year Computer training / English typewriting lower.

Age limit : 30 years and below. Salary : As per institutional rules.

12. Administrative Assistant Gr.V for the **Department of Materials**

Qualification : Graduate + 1 year PGDHA. Salary : As per institutional rules. Age limit : 35 years and below.

Preference will be given to candidates with suitable experience in Materials Management.

Job description : Responsible for receiving goods and documentation, co-ordinating with department, issuing materials and managing the stock, ordering and follow-up of material.

13. Accountant Cum Cashier Gr.III for the **Centre for Stem Cell Research**

Qualification : B.Com + 1 year computer training. Salary : As per institutional rules. Age limit : 35 years and below.

Preference will be given to candidates with experience in MS Office and Accounts package.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies".

Note : Only online applications will be accepted; Hard copies will not be accepted.

Applications will close on **August 31, 2019** for Items 11, 12 and 13.

14. Applications are invited for the post of **Teacher in Balavihar Kids Corner.** Qualification: Montessori / TTC / Degree.

Preference will be given to the candidates who have experience. Fluency in English is a must.

Interested candidates may apply to Balavihar Kids Corner, CMC Hospital Campus, Vellore. Phone : 0416-2283499.

email : balavihar@cmcvellore.ac.in On or before **September 06, 2019** for item 14.

CMC NEWSLINE

Vol.No.56 No.10

FOR PRIVATE CIRCULATION ONLY

SEPTEMBER 02, 2019



Let heaven and earth praise him, the seas and all that move in them. *Psalm 69:34*

Annual Alumni Reunion 2019



Batch of 1994

The Medical Alumni Reunion was held from August 8th to 10th, 2019. Over 200 alumni from various parts of the world gathered in Vellore to take part in the celebrations. **The special batches were 1944, 1949, 1954, 1959-60, 1964, 1969, 1974, 1984, 1989 and 1994.**

On August 9, 2019, the celebrations commenced with the representatives of the special reunion batches sharing their experiences with the medical students. The alumni who spoke included Dr. Jeyabalan (1959-60), Dr. P.S. Varughese (1964), Dr. George Mathew (1969), Dr. Sanjay Kalra (1974), Dr. Balla Christina Patricia (1984), Drs. Esther Manoharam and Shirin Gergan (1989) and Dr. Ajit Mammen (1994). This was followed by a CME session. The speakers included Dr. Sunil Nadar (1984), Dr. John S.K. Murala (1989) and Dr. Pradipta Ghosh (1994). **The 8th Dr. Ida S. Scudder Humanitarian Oration was delivered by Dr. Harsh Mander in the evening.**

The General Reunion on August 10, 2019 began with traditional tree planting and the Alumni meeting in Scudder Auditorium. The Director, Dr. J.V. Peter and the Principal, Dr. Anna Pulimood presented some of the newer developments in CMC to the

alumni. The Medical Superintendent, Dr. Prasad Mathews offered his felicitations. The President of the Student's Association Mr. Jerry Dominic John welcomed the alumni on behalf of the student body. The Alumni Association presented the **Alumni Award of Distinction to Mrs. Anu Mammen**, in recognition of her immense contribution to CMC.

This was followed by the General Body Meeting of the Alumni Association. The Silver Lining – Alumni Journal was released during the General Body meeting. This initiative was taken by Dr. Gahukamble Abhay Deodas, Editor of the Alumni Association and a few copies were given to the senior alumni which was followed by the special batch introductions and photographs. The alumni proceeded to the Men's and Women's Hostels, where the current students, along with the alumni, entertained the crowd.

At the Thanksgiving Service in the Scudder Auditorium, Dr. Varghese Philip (1974) gave the message. The newest batch of alumni (the present interns), were given the charge to serve and not to seek to be served. Dr. P. Zachariah (1949) and Dr. Sara Varghese (1954) passed on the torch of light to Dr. Noella Sase and Dr. John Pradeep, the representatives of the batch of 2014.

Special Prayers :September 01 -07, 2019

Orthopaedics :

Dr. Vinoo Mathew Cherian and Staff
Dr. Pradeep Mathew Poonnoose and Staff
Dr. Thilak S. Jepegnanam and Staff
Dr. Thomas Palocaran and Staff
Dr. Venkatesh K. and Staff
Dr. Premila Lee and Staff

Hand and Leprosy Reconstructive Surgery:

Dr. Binu Prathap Thomas and Staff
Mrs. Rebecca Sumathy Bai and Staff

Malankara Jacobite Syrian Orthodox Church Council Members:

H.G. Thomas Themotheos
Mr. John Paul K.

Hospitals: MBM Mission Hospital, Kothamangalam
St. Mary's Hospital, Manarcadu
Christian Charitable Mission Hospital, Manganam and others

Sunday Services : September 08, 2019

6.00 pm : **Scudder Auditorium**
Dr. Judy Ann John
6.30 pm : **Hospital Chapel**
Dr. Rohit Ninan Benjamin
5.00 pm : **Friendship Chapel, KPTR Campus**
Mr. Lipoktemshi
4.30 pm : **Chittoor Chapel**
Dr. Rhesa Noel

Congratulations!

Dr. J.V. Peter, Director for having qualified the M.Phil degree in Hospital & Health Systems Management from the Birla Institute of Technology & Science, Pilani (Rajasthan).

Dr. Helen Samuel (1994) was honored with the College Motto Award (in absentia) for her life of faith and commitment, effectively translated to one of service in the spirit of our alma mater. Dr. Mammen Chandy (1969) who

Continued on Page 2

was awarded the Padma Shri earlier this year was felicitated. This was followed by the informal entertainment, which had the packed Scudder auditorium in splits of laughter. The alumni left with loads of photographs and memories of happy times spent in Vellore.

College Motto award citation :

Dr. Helen Samuel joined CMC Vellore for her MBBS training in 1994 as the Government of India candidate from Andaman & Nicobar Islands. While classes typically began in July of each year, Helen joined the rest of her batch mates in September and found herself having to play “catch-up”. She was very quiet, maybe even shy but always had a smile on her face.



After she completed her MBBS, Helen went back to the islands and joined the Directorate of Health Services in October 2001. Her first posting in the Government service was at the Primary Health Centre in Hutbay, Little Andaman. This PHC is in the capital of Little Andaman, and it takes 6-8 hours by ship to reach Port Blair from this location. The PHC is a 35-bedded facility with a daily OPD attendance of 180-200 patients, provides basic laboratory and imaging facilities and caters to a population of 15,000 people. As a young doctor called to serve in a remote area, Helen knew that she had her work cut out for her and soon realised that her training in CMC was coming in handy all the time! After the Tsunami hit in December 2004, the islands were devastated, and the losses were enormous. Helen was involved in rebuilding and restoring the PHC that was razed to the ground. It took several months to get the medical centre up and running.

“We all lost so many loved ones.... None of our houses survived the Tsunami, so I could relate to the peoples’ state of mind”, said Helen as she chatted with a friend. Helen served at the Hutbay PHC for 14 years and was the only doctor in the PHC for 8 of those 14 years. This meant having to be available for 24 hours a day, seven days a week and missing out on several family events, sacrificing sleep, food and even church time. As part of her medical care, Helen took care of an indigenous tribe called the ‘Onge’ people, having to cross a creek full of crocodiles and then out in the open seas for 20-30 minutes to reach their homes. This seemed doable when the weather was fair but during the rains and thunderstorms - “I still have nightmares”, says Helen. She is so thankful to God Almighty for keeping her team and herself safe during those stormy days. **Helen received the Lieutenant General Commendation in 2010 for her work in this medical centre. Her work with Hansens’ disease patients in the area led to another award for ‘Best Doctor - National Programmes for Elimination of Leprosy’ as she detected and treated the most number of patients in the area. These awards were the least of her priorities.**

In 2015, Helen was transferred to Campbell Bay, Great Nicobar, where she was able to change clinical practice in several areas, particularly in Obstetrics care. She was able to change the norm of all antenatal care being referred to Port Blair and trained her team to provide the same care in their PHC. She organised Family Planning camps every year, the beneficiaries ranging from 50-200 people each year. Through the years, she has been unable to leave her PHC even for short periods. She says “the internship in CMC helped me to be ready for this”. Apart from her rigorous clinical work, Helen is an administrator and leader; these roles come with their additional responsibilities. She has been responsible for all the clinical services, administrative work, drawing and disbursing for 2 PHCs and ten sub-centres. The local aviation services provide helicopters to get across islands and depending on the distance between the islands and refuelling services; these choppers can take 3-9 passengers on a flight. The tickets for these helicopter rides are issued on the previous day, and it is not easy to get a ticket, especially for a patient in dire need of higher medical care. Helen fought the system and was responsible for ensuring that two air tickets were ear-marked for patients when the helicopter services started in 2007/08. This was an uphill task, but in the end, it all worked out in the best interest of the patients who were in need.

For the past 20 years, Helen has been working tirelessly to serve the people of the islands; her work has dramatically blessed the local people and the government. Helen has numerous challenging and inspiring stories, many of which seem impossible for a single person to have managed, but she attributes it to God above and her Alma Mater. She says after the training she received in CMC; she cannot think of any other way to practice! Helen Samuel has demonstrated the true meaning of our motto, “Not to be ministered unto, but to minister”, by her selfless work in a needy part of India. Her life is an inspiration to all the young graduates of the Christian Medical College who want to fulfill the vision of Aunt Ida. **The CMC Alumni Association is proud to present the College Motto Award 2019 to Dr. Helen Samuel.**

Continued on Page 3

Alumni Award citation :

Mrs. Anu Mammen came to Vellore after her marriage to Dr. Mammen Chandy in 1974, having studied in Coonoor, Madras and Trichur. In Vellore, their first abode was in MIQ and her first innings as a teacher was as a volunteer in Ida Scudder School. They moved out of MIQ to a small house in Katpadi when their first son was born. With Dr. Mammen's busy schedule, duties and long hours, the times were not easy. Mrs Mammen had to collect water from the street taps carrying the child in her arms. In 1978 after their second son was born, they moved back to the hospital campus living in Harley street where there was constant battle with rats.



The next move was to Men's Hostel where Dr Mammen was the Deputy Warden. At a time when phones were considered a luxury, she remembers almost being ducked by the students of the hostel as she had to go to the hostel to take phone calls. Despite these initial episodes, she enjoyed the time she stayed in the Men's hostel wardens' quarters when the students would come in freely with their needs. The family moved to Australia in 1981. In 1984 on their return, she joined Vidyalayam teaching English and Social Studies to the senior classes and Hindi to the younger ones. Her students remember the Hindi word "ANAR" to this day as she brought a box full of pomegranate seeds to class.

While working in Vidyalayam, she not only was an excellent teacher, but younger students who had not yet adjusted to the school would seek her and cling to her for comfort and motherly affection. Slow learners would approach her for encouragement and support. In addition to her active involvement in the school plays in which tall or short, shy or not, she made sure that every one of the students participated, the project in social studies was particularly enjoyed by the students and many of them talk about the class on the history of Vellore where she took them to the Fort and "everything came alive". Her students talk about her ability to command love, admiration and respect and her overreaching capacity to love and to nurture. In the words of one of some of her students, "She is the reason why many of us speak English the way we do as she was very insistent that we speak slowly and clearly", above all her interest in each of her students, her willingness to encourage us and the ability to draw out the potential in us has made an impact and a difference in our impressionable minds".

Mrs. Susan Abraham, a former principal of Vidyalayam, who was Mrs. Mammen's role model and inspiration, talks about Mrs Mammen being an excellent teacher, a good disciplinarian who endeared herself to both students and colleagues with never an ill word about any one. Mrs. Mammen firmly believed in the all around development of children as well as creating in them a passion to help those who were not as fortunate. She continued in Vidyalayam till 2002, with a break in between for 2 years when Dr. Mammen was away. After a three-month course in Counselling, she visited patients in the Rehabilitation Centre. Recognising the need for a library for the patients, she collected books and transported the books bed to bed on a trolley creating a mobile library. She functioned as a Trustee in the Mary Varghese Trust and later took on the role as the Secretary of the Trust.

All the while she listened to the stories that Dr. Mammen narrated about the patients in the Haematology ward and especially of the children. Recognising the need to make a difference in the ward which was in a dilapidated state, she then put her heart and soul in to changing the atmosphere. She designed an attractive place, carefully selecting the furniture, curtains and books, where patients and particularly the children had to stay for an extended period while undergoing long drawn out treatment. When the A-ward was later built, she created the play room work area for the children making it a haven where the little ones could spend their time in fun and recreation and where they could function as normally as possible. When Dr. Mammen took over as Director of the Tata Memorial Centre, Kolkota, she moved along with him and continued her work with the children admitted to the haematology wards there. In campus life, she judged essay competitions, directed plays and with her artistical skills was responsible for decorating the Big Bungalow for important functions. Her role in the Women's Fellowship of the Church and College area fellowship are also noteworthy. Much of her work was behind the scene as a paver of the way for it all to happen. In her own words, she enjoyed every moment of it finding fulfilment in filling whatever role she had to play. To quote Rabindranath Tagore, it would be true to say of Mrs Anu Mammen - "I slept and dreamed that life was joy, I woke and found that life was service, I served and found that service was joy".

The Alumni Association joins the CMC community in thanking Mrs Anu Mammen for her many years of service and commitment to our children and to those in need through her exemplary characteristics of integrity, high level of commitment, compassion and professional excellence and is proud to honour her with the Alumni Award for the year 2019.



Batch of 1949



Batch of 1954



Batch of 1959 - 60



Batch of 1964



Batch of 1969



Batch of 1974



Batch of 1984



Batch of 1989



Various batches of alumni

Dedication of the Basketball Court

During the Alumni Reunion on August 10, 2019, the renovation of the Basketball Court in the College Campus was inaugurated through the generous contribution of the Batch of 1969. The institution is extremely grateful to this batch and to Dr. Renu Raju, Professor, Department of Ophthalmology, Chittoor Campus, who dedicated the Basketball Court.



Breast Feeding Week 2019

August 1st to 7 is observed world wide as the “World Breast Feeding Week”. The Department of Neonatology and Maternity Nursing conducted various awareness programmes and activities to reiterate the significance of breast feeding. The theme for this year was “Empower Parents : Enable Breast Feeding”. The inaugural programme began with an opening prayer by Rev. Saramma Kuruvilla followed by the welcome address by Mrs. Dorothy Devakirubai Singh, Additional Deputy Nursing Superintendent and Professor Department of Maternity Nursing. Dr. Niranjan Thomas, Professor of Neonatology Department introduced the Chief Guest Dr. Prabhakar D. Moses, Former Professor & Head of Child Health Department. Dr. Santhanam Sridhar, Professor & Head of Neonatology Department honoured the Chief Guest. In his address, Dr. Prabhakar D. Moses, spoke on the importance and benefits of breast feeding, following which felicitations were given by Dr. M.J. Paul, Deputy Medical Superintendent and by Dr. Bala Seetharaman, Deputy Nursing

Superintendent. On 5th August, a Quiz Programme was conducted for the nurses of maternity nursing department followed by an interactive session for the 'Breast feeding mother' support group on the 6th of August. On 7th August, an outreach programme was conducted in Chittoor campus for the mothers followed by a quiz programme for the nurses from the Department of Neonatology. Apart from these, various educational programmes in the postnatal and antenatal wards were conducted. Special health education was given for the mothers who came to HRIC & LRIC OPD, by the lactation consultant, Mrs. Gracy Mary.



Simulation Workshop organised



In collaboration with IAPA (Indian Association of Paediatric Anaesthesiologist), a simulation workshop was organized by the Department of Anaesthesia on 13th July, 2019. The workshop was attended by 70 participants. The faculty for the course was Dr. Indu Sen (PGI, Chandigarh), Dr. Elizabeth Joseph (Thrissur), Dr. Ebor Jacob (PICU), Dr. Debasis Adhikari (Paediatric Casualty), Dr. Kishore Pichumutthu (MICU), Dr. Prince

James (Pulmonary Medicine), Dr. Richa Gupta (Pulmonary Medicine) and 30 faculty from Department of Anaesthesiology. There were seven skill stations which used seven high fidelity manikins. The Laerdal company supported this programme with 3 high fidelity manikins and 4 technicians to run the programme. There was also a skill station for hands on ICD placement for both pleural effusion and pneumothorax on goat thorax. The organising chairperson Dr. Raj Shahajananda welcomed the delegates and Dr. Ebor Jacob gave an overall debriefing. The workshop was well appreciated and concluded with a vote of thanks by organizing secretary Dr. Ekta Rai and memento distribution.

Sports News

Dr. Henry Prakash, Professor, PMR Department was the Chief Guest and distributed the prizes to the winners of the **Founders Day Staff Sports Table Tennis** which took place on 5th July, 2019.

Singles : Winner : Mr. Srinivasan, Department of Pharmacy

Runner : Dr. Jeyanth, Department of Urology

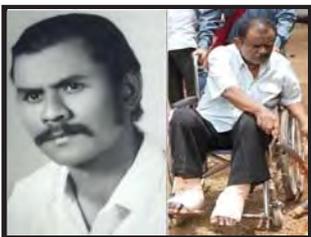
Doubles : Winners : Mr. Srinivasan, Department of Pharmacy and Mr. Joshua, Physiotherapist.

Runners : Mr. Daniel, Department of Radiology and Dr. Sebastian, Department of Radiology.



Obituaries

• **Mrs. Sulochana**, mother of Mr. S. Satheesh Kumar, Electrician, Electrical Department on 23rd August, 2019.



• **Dr. Edward A. Ratnam** (MBBS batch of 1965) on 27th August, 2019. He joined CMC along with the batch of 1964 when they were doing their Anatomy posting. He was doing medicine in Myanmar and was in his 2nd year there when he had to walk across the border with a duffel bag, a mat rolled under his arm and the clothes on his back. He was 6 foot tall with dignity etched on his cheerful frame as he proudly joined CMC as a candidate sponsored by the Government of India, always carrying the gentle smile. He was one of the gentlest and kindest human beings, affectionate, quiet spoken, always smiling and a thorough gentleman. He loved singing and he would sing at the drop of a hat in his white dinner jacket. "Oh Diana" was a particular favourite. He worked as a surgeon in the Kolar Gold Fields and later in Salem Steels, where he met his lovely wife Mrs. Latha, a trained Staff Nurse, an absolute angel who looked after him in his later years. When Dr. Edward came for the 50th Reunion in 2014, he braved all odds to join his batchmates in a wheel chair and bare feet as he could no longer use footwear because of the swelling in his feet. He joined in all the kondatems, even singing "Oh Diana" and dancing the Baila in his wheelchair. He was such a sport and was loved for indomitable spirit, his courage, his dignity and for his cheerfulness despite all the ups and downs in his life. He never let life push him down. Mrs. Latha was by his side and ministered to him when he was almost bedridden from February 25th till he passed away on 27th August, 2019 at 4.40 pm. For those who would like to get in touch with the family, the contact details of his wife and daughter are given below : Mrs. Latha, Mobile : 91-9944982170 and Ms. Sangeetha, Mobile : 91-9944618279.

Email : sangeethaprimerose@gmail.com

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

Situations Vacant

1. Senior Resident with MD (Psychiatry) for the Department of Psychiatry Unit-II

Age limit : <40 years. Salary scale : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

2(a) Assistant Professor Gr.I with MCI recognized postgraduate degree in DM / DNB (Endo) for the Department of Endocrinology, Diabetes & Metabolism

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2(b) Senior Resident with MCI recognized postgraduate degree in DM / DNB (Endo) for the Department of Endocrinology, Diabetes & Metabolism

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

3. Assistant Physician with MD (General Medicine) for the Department of Medical Oncology

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

4. Assistant Professor Gr.I with DM (Gastroenterology) for the Department of Gastroenterology

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, email: princi@cmcvellore.ac.in on or before **September 07, 2019** for Items 1, 2(a), 2(b), 3 and 4.

5. Senior Resident / Study Physician for the Department of RUHSA

Job Code : 1300

Qualification : MD Community Medicine / DNB Family Medicine.

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

6. Physician for the Department of Infectious Diseases

Job Code : 1301

Qualification : MD / MBBS.

Mode of appointment : Project mode.

Salary : As per institutional rules. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **September 09, 2019** for Items 5 and 6.

7. Graduate Technician Trainee for the Department of CHIPS (Computerised Hospital Information Processing Services)

Qualifications: Any bachelor's degree with Diploma in Computer Application (1 Year Course) and typewriting.

Preference will be given to those with 2 years experience with Biometric and RFID technology.

Note : Only Regular mode will be accepted, Private or correspondence will be not accepted.

Stipend : As per institutional rules. Age limit : 30 years.

8. Technician Trainee for the Department of HPB Surgery

Qualifications : H.Sc. (Science Group). Preferably CMAI course dealing with instrument handling.

Stipend : As per institutional rules. Age limit: 30 years.

Nature of Job: Responsible for handling and maintenance of operating room equipment in HPB operating room equipment like the CUSA, Water jet, Laparoscope etc. Work will involve night calls for emergencies and will need to stay back during HPB operations till they finish.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **September 09, 2019** for Item 7 and **September 16, 2019** for Item 8.

9. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following post of Programmer. Qualification : B.E. or B.Tech. in Information Technology.

Experience : Preference will be given to candidates who had worked for minimum 2 years in developing Hospital Information System. Candidate should have expertise programming skills in FoxPro, Visual basic 6, DotNet, Java Script and SQL server Database maintenance.

- Candidate should bring a sample soft copy of the project developed
- Salary commensurate with qualifications and Experience

Candidate can apply with bio-data along with photocopies of certificates and a demand draft for Rs.50/- in favour of "SIH-R & LC., Karigiri" addressed to the Director, SIH-R & LC., Karigiri, Pin - 632 106. Or email your updated resume along with the scan copies of all your testimonials to director@karigiri.org

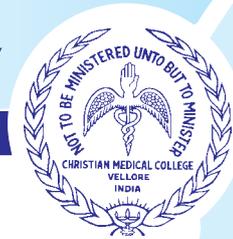
Last date for receipt of applications is **September 07, 2019**.

CMC NEWSLINE

Vol.No.56 No.11

FOR PRIVATE CIRCULATION ONLY

SEPTEMBER 09, 2019



In the beginning was the Word, and the Word was with God, and the Word was God. He was with God, in the beginning.

John 1:1-2

The College of Nursing Alumni Reunion - 2019 *Grow Engage Inspire*



First M.Sc. Nursing Batch (1968-69)

The College of Nursing Alumni Reunion was held on 5th July, 2019. Seven decades of graduates were gathered together, to reflect back at their days in their Alma Mater.

The inaugural programme commenced with an opening prayer by Rev. Rainard Pearson, Chaplain. The devotion was led by the B.Sc. Batch of 1984 - "The Women of Faith". Dr. Vathsala Sadan, Dean and the President of the alumni association, welcomed the homecoming alumni and Dr. J.V. Peter, Director, presented the institution.

During the business session, Dr. Vathsala Sadan Dean and Dr. Premila Lee, Nursing Superintendent, presented a summary of recent initiatives of the College and Nursing Services. Over the past years, nursing has witnessed tremendous and robust changes leading towards corridors of success and quality patient care. Known to be the pioneers of education and service, globally and extensively; nurses stand as stakeholders and stewards of health care. Fifty years of success,

Special Prayers : September 08 -14, 2019

Hospital Choir and College Choir

Reynolds Memorial Hospital, Washim

Samavesam of Telugu Baptist Churches

Council Members : Dr. Devaraj Voola

Mrs. G. Jamuna Rani Diwakar

Reformed Church in America

Evangelical Lutheran Church in America

Council Member : Mr. Y. Franklin Ishida

Sunday Services : September 15, 2019

6.00 pm : **Scudder Auditorium**

Dr. George Chandy

6.30 pm : **Hospital Chapel**

Hospital Choir Sing Song Service

5.00 pm : **Friendship Chapel, KPTR Campus**

Mrs. Elsi Caleb

4.30 pm : **Chittoor Chapel**

Dr. Suranjan Bhattacharji

dedication, and hard work have passed by **since the inception of the M. Sc. Nursing Programme and this reunion marks its Golden Jubilee.** The M.Sc. Batch of 1968 and 1969 were honored during the inaugural session and the joy was manifold!

Continued on Page 2

Mr. S. Sekar retires



Mr. S. Sekar, Senior Selection Grade Training Officer, Department of RUHSA retired on 10th June, 2019 after 40 years of dedicated service to the Institution. He joined RUHSA as a Rural Community Organizer in the year 1979 and was promoted to a Training Officer in the year 1988. Mr. Sekar played the role of a liaison between RUHSA and various Government and Non-Government Organizations in

organizing various community development programmes. He planned and coordinated regular and Ad-hoc training programmes on community development. He was instrumental in empowering the rural women to start the Self Help Groups (SHGs) with the help of RCO's and Women Development Corporation,

Chennai that became a movement with 430 SHGs with more than 7000 members in K.V. Kuppam block. He was a co-opted member from RUHSA to a society started for the handloom weavers for export of handloom garments. Mr. Sekar composed folk songs on different health issues that are used to educate rural population during health education programmes. He is blessed with two daughters Mrs. Maragathavalli and Mrs. Rajalakshmi, both of whom are working as school teachers. The CMC community thankfully acknowledges the committed service of Mr. Sekar and wishes him God's blessings in his retired life.

The College of Nursing Alumni Reunion - 2019: *Grow Engage Inspire* Continued from Page 1

The alumni went down the memory lane and shared not just their experiences, but also the legacies of their teachers and mentors. The students had the privilege of interacting with the B.Sc. Batch of 1984. The lifestories shared had created a special bonding between those who had passed out of the portals of this institution and the students who are yet to establish themselves in the world, outside. They shared moments where they experienced a turning point in their own intellectual and professional development from their Alma Mater.



B.Sc. Nursing Batch of 1984



The turnout was very good this year! In attendance also were the spouses and children of some of the alumni. It was a rewarding moment to have the former teachers and tutors for the reunion. Truly, it was a great show of friendships, concern for each other, fond memories of those who could not attend, of teachers who taught, of friends and classmates, of the classrooms and hostel, of the hospital and the wards, the patients, and of CMC! Beyond all joy and celebration, the reunion was a day of thanksgiving.

An update on Disaster Management by the Quality Cell and Safety Cell

Safety of patients and staff ranks high on the list of goals of the institution. With a view to prepare the staff to handle the emergencies, the **Safety Cell and Quality Management Cell** along with the respective departments have developed various emergency protocols, trained the staff and conducted drills in theatre, wards, OPD services, ICUs and laboratories. Specific drills like **child abduction emergency drill in paediatric wards, radiation emergency drill evacuating brachytherapy and radio nuclide patients** were also conducted.



Mock drills for theatres are conducted once in 6 months, zone wise. During this drill, a major fire was simulated and the entire communication and evacuation process were observed by the Quality / Safety team who assess the operating team, individuals and offices for their response times and adherence to the prescribed protocols. Following the drill, all the participants gathered in the recovery area for debriefing. The suggestion and recommendation are to be noted and implemented.

Ward mock drills are conducted weekly as per the schedule which consists of one cycle covering every ward in the main campus. During the exercise, emergency evacuation protocol and the first response to fire were emphasized since it is the crucial step to confine the hazard and minimize the risk. After the briefing, the staff are asked to enact on the protocol including managing critical, semi-critical and non-critical patients. Fire scenario is initiated and the staff are asked to respond to it. The response is observed and the issues noted during the drill are discussed during debriefing. The noted issues are intimated to the concerned departments for rectification and follow up. The support from Nursing Service in conducting the drill and the response of the fire team during the drill is appreciated.

The protocol for handling ICU emergencies, mob violence management and bomb threat management has been developed through the series of meeting conducted by Quality / Safety teams along with concerned medical, nursing, fire, security and engineering teams. The Department Quality Managers have undergone the "Training the trainers programme on mob violence and bomb threat management". The trained DQMs will in turn train the unit doctors. From mid August, the drills will commence for mob violence management. Special training on the same for security team was also conducted.





The much awaited fully functional emergency communication system which will be available, round the clock was installed connecting all the areas of the main hospital campus. This will play a major role in swiftly transmitting the information in an emergency. Given above are the approved

CODE	TYPE OF EMERGENCY
RED	FIRE
BLUE	CARDIAC ARREST
PINK	INFANT / CHILD ABDUCTION
BLACK	BOMB THREAT
ORANGE	HAZMAT / BIO TERRORISM
PURPLE	VIOLENCE (PATIENT / ATTENDANT/MOB)
GREEN	MASS CASUALTY

hospital emergency codes, which will be implemented in a months' time.

Congratulations !

- On the 8th August, 2019, there was a 'CME Excellence Summit and Awards', organized by the Integrated Health and Wellness Council with support from omniscuris, India's largest CME platform and CNN News 18 and others. The Summit was attended by Central Ministers, Secretaries of various ministries, Presidents of the State Medical Councils and other dignitaries. Mr. Ashwini Kumar Choubey, Honourable Minister for Ministry of Health and Family Welfare, Government of India, gave away the following awards :
Dr. D.J. Christopher, Professor and Head, Department of Pulmonary Medicine : CME Excellence and Dronacharya Award for exceptional CME contributions in the field of Pulmonary and Respiratory Diseases.
Dr. Debasish Danda, Professor, Department of Rheumatology : CMC Excellence Innovation Award (organization) as President of Indian Rheumatology Association.
- **Dr. Riya Jose**, Assistant Professor, Department of Anaesthesia has won the Best Paper Presentation Award in ISACON, Tamil Nadu 2019 held from 27th to 28th July, 2019 in Chennai.
- The **5th Annual South Zone Critical Care Conference (Thematic Conference on Gut, Liver and Nutrition)** was held at Visakhapatnam on 17th and 18th August, 2019 by the South Zone Wing of Indian Society of Critical Care Medicine (ISCCM). **Dr. Santhoshkumar E**, first year DM Hepatology Registrar won the 1st prize for his paper presentation titled "Plasma Exchange (PLEX) an Evolving Modality of Treatment in Acutely Ill Liver Patients - Our Experience with First 100 Patients".
- **Ms. B. Manimegalai, Ms. Jayalakshmi K, Ms. Priya K and Mr. S. Ramesh**, Department of Dietetics have been conferred with "Best Paper Award 2019" for their articles published during Research Peace Award 2019 awarded by International Journal for Research Under Literal Access in Association with World Research Council and United Medical Council on 15th August, 2019 in Trichy.

Retirement

Mrs. Lily Abraham, Department of Clinical Pharmacology retired on 21st August, 2019 after 16 years of exemplary service to the institution. After her Diploma Nursing (batch of 1983), she joined CMC in 1993, as a staff nurse in O2 Ward for three years. She joined the Clinical Pharmacology Unit in 1996 and her prime responsibilities included active surveillance of adverse drug reactions (ADR) from the wards. She used to cover majority of the wards in the hospital on a daily basis, filling the ADR forms and compiling the adverse drug reactions encountered by the inpatients of the hospital. She was the main person involved in this activity of active ADR reporting, in the hospital at that time. When the Unit initiated the modern Therapeutic Drug Monitoring service in 2002, Mrs. Lily very happily joined this venture. In spite of the job description being different from what she was accustomed to, she only saw the positive side and with pride, carried on her work in the best way possible. The success of a Therapeutic drug monitoring service needs an active patient counselling and blood sampling section, both of which she had been actively involved in from its inception. Her skill in blood sampling of both, adults and children (which may involve up to 12 hours of sampling) needs a special mention. Her concern for the patients is commendable. The patients have commented that the presence of Mrs. Lily in the department is very soothing and strengthening, in particular when they have to undergo the tests which can be difficult for them at times. She is known for her cheerful attitude at work and she strongly believed in passing on skills and knowledge to her juniors. Her strong faith has helped to guide and support her co-workers and an example to many with regard to her dedication and care to her elderly parents. Her husband, Mr. Abraham is a retired Navy Officer. She is blessed with two children. Anu Jacinth Abraham, completed her BOT in CMC and MOT in Kovai Medical College and is currently employed in the National Rehab School in Delhi. Ms. Tina Christina Abraham, her second daughter is currently employed as a school teacher in Spring Days School. The CMC community and the Department of Pharmacology and Clinical Pharmacology, thanks Mrs. Lily Abraham for the dedicated service and wishes her the very best as she starts a new phase in her life.



Obituaries

- **Mr. Samson Sagayam N**, former Physical Director, husband of Mrs. Juliet Samson, father of Mr. Jenifal Samson and father-in-law of Mrs. Magdalene Samson on 31st August, 2019 at Nagercoil.
- **Mr. Achuthan Kutty V**, father of Mrs. A. Subhashini, Clerk-Typist, Civil Engineering Department and father-in-law of Mr. Balasubramanian, Hospital Attendant, Department of Endocrine Surgery on 5th September, 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

Situations Vacant

- 1. Assistant Professor Gr.I with MCI-recognized Postgraduate degree in DM (Nephrology) for the Department of Nephrology.** Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).
- 2. Assistant Professor Gr.I / Senior Resident with MCI-recognized Postgraduate degree in M.Ch. (Urology) for the Department of Urology.** Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).
- 3. Tutor Gr.IV with BOT (Regular Course) for the Developmental Paediatrics Unit** Salary scale : As per the institutional rules. Accommodation not provided.
- 4. Assistant Professor Gr.I with MCI-recognized Postgraduate degree in M.Ch.(Neurosurgery) for the Department of Neurosurgery.** Salary scale: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).
- 5. Assistant Professor with MCI-recognized Postgraduate degree in DM (Neurology) for the Department of Neurology & Paediatric Neurology** Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).
- 6. Senior Resident with MCI-recognized Postgraduate degree in M.D. (Biochemistry) for the Department of Clinical Biochemistry.** Experience : Preferably one year experience in Clinical Laboratory. Age limit : <40 years. Salary : As per institutional rules. Accommodation provided (Subject to availability).
- 7. Senior Resident with MCI-recognized Postgraduate degree in M.D. (Pharmacology) for the Department of Pharmacology and Clinical Pharmacology.** Age limit : <40 years. Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).
Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, email: princi@cmcvellore.ac.in on or before **September 14, 2019** for Items 1, 2 and **September 15, 2019** for Item 3 and **September 21, 2019** for Items 4, 5, 6 and 7.
8. Applications are invited for the following posts for the **CMC Vellore Chittoor Campus :**
 - 8(a) Senior Resident / Assistant Physician / Assistant Professor / Associate Physician / Associate Professor / Physician with DA / MD / DNB in Anaesthesia**
 - 8(b) Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / Professor / Physician with D.Ch. / MD / DNB in Paediatrics**
 - 8(c) Senior Resident / Asst. Surgeon / Associate Surgeon / Surgeon with DO / MS / MD in Ophthalmology**Salary: As per institutional rules.
Please log on <http://www.cmch-vellore.edu> Link "Vacancies" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and Address. Applications will close on **September 23, 2019** for Items 8(a), 8(b) and 8(c).
- 9. Graduate Technician Trainee (MCTT) in OPD Services.** Age limit : Below 30 years. Qualifications : Graduates with computer knowledge, interpersonal skills and multilingual capabilities. Note: Only Regular mode will be accepted, Private or correspondence will be not accepted. Stipend : As per institutional rules. Accommodation not provided. Job description : To work in MCTT Counters in CMC and peripheral units. Duty will be in shift on rotation basis including night shift.
- 10. Technician Trainee for the Department of Neurological Sciences.** Age limit : 30 years. Stipend : As per institutional rules. Qualifications : H.Sc. Only male candidate need to apply. Nature of job : To work in Neurosurgery O.R.
- 11. Social Worker Gr.V (Project) for the Department of P.M.R (Rehabilitation Institute).** Age limit : 30 years. Qualifications : M.S.W or M.A. Sociology. Salary scale : As per institutional rules. Job description : Field Work and inpatient care, must be willing to do extensive field work around 100 km radius from CMC which often warrant travel by motorbike. Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.** Applications will close on **September 23, 2019** for Items 9, 10 and 11.
- 12. Engineer Gr.IV.** Qualifications : B.E. (E.E.E). Age : Less than 35 years. Salary : As per institutional norms. Preference will be given to the candidates who have experience in Designing MSB Panel, DG Synchronization panel, UPS system, Solar system with 'C' Licence and 2 years work experience in an Hospital setting. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; 4 Hard copies will not be accepted.** Apply on or before **September 14, 2019** for Item 12.

CMC NEWSLINE

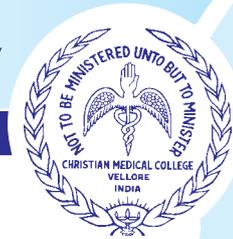
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FOR PRIVATE CIRCULATION ONLY

SEPTEMBER 16, 2019

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

Colossians 3:12



Dr. Ida S. Scudder Humanitarian Oration, 2019 ***"Let us at least nurture kindness", Harsh Mander***



Pace activist and writer, Mr. Harsh Mander, who currently serves as the Director of the Centre for Equity Studies in New Delhi, delivered the 8th Ida S. Scudder Humanitarian Oration on the 9th of August, in the Scudder Auditorium at College Campus. Mr. Mander resigned from the Indian Administrative Services after the Gujarat riots to work among the homeless. Being a passionate advocate for the marginalised, he spoke on the theme of public compassion.

"The example of public compassion which both Dr. Ida Scudder and CMC Vellore provide really represent to me the core – the missing link in finding a way out of the darkness of our times," he said.

The principal challenges of our time, which he described as one of the most cruel and barbaric in human history, were inequality coupled with indifference, rising hatred, legitimised bigotry and climate change. In India, caste - the accident of our birth - complicates and deepens inequality and allows us to have a high comfort level with the glaring inequalities all around us, he said.

Mr. Mander, who played an active role in the debates around the right to food that finally led to the passing of the National Food Security Act in 2013, recounted heart-wrenching stories of Dalit mothers in UP teaching their children how to sleep hungry and of others who ate undigested grain that they had collected from cattle dung.

He spoke of the rising hatred and intolerance all around us, which we hardly notice, that "manifests itself in an epidemic of lynchings." He recounted, from his personal conversations with the families of victims, the extreme torture involved in these lynchings that frequently last a few hours, and the legitimisation and valorisation of this hatred, as evinced by their video-taping and propagation on social media by the perpetrators themselves.

Even as he spoke of these disturbing events, his confidence in the solution to the darkness of our times – meeting hate with radical love and being aware of our duty towards each other – was evident. He reminded the audience that the only thing needed is

Special Prayers : September 15 -21, 2019

Pharmacy Service :

Dr. Sujith John Chandy and Staff

Pharmacology & Clinical Pharmacology :

Dr. Binu Susan Mathew and Staff

Poona Christian Medical Association

Council Members :

Dr. Christopher David Moses

Dr. Nitin Theodore Joseph

Hospital : N.M. Wadia Hospital, Pune

Jalna Mission Hospital, Jalna and others

Sunday Services : September 22, 2019

6.00 pm : Scudder Auditorium

Community Dedication Service -

Dr. Vinod Shah

6.30 pm : Hospital Chapel

Rev. Rainard Pearson P.

"to do small things with great love" and to nurture kindness in ourselves and in the hearts of our children (Mother Teresa).

"If India is to be saved, let us at least nurture kindness. Let us at most nurture kindness," said Mr. Mander.

The Oration, jointly organised by Christian Medical College Vellore and the US-based Vellore CMC Foundation, aims to perpetuate the legacy of CMC's founder, Ida Scudder, by honouring individuals who exemplify her courage and compassion, integrity and character, in order to inspire future generations to follow in her footsteps and emulate her dedication to the well-being of humanity.

CMC Director, Dr. J.V. Peter, welcomed the gathering. Dr. Philip Ninan, chair of the Vellore CMC Foundation, New York, introduced the speaker. Local author Mrs. Usha Jesudasan read the Citation and presented it to Harsh Mander. The vote of thanks was given by Dr. Anna Pulimood, Principal of the Christian Medical College, Vellore.

Dedication of the CCM (Cobas Connection Module)

'For His Faithfulness endures forever'. Psalm 117:2

The CCM in the Department of Clinical Biochemistry was dedicated on 30th August 2019. The programme began with a song followed by prayer by Rev. Saramma Kuruvilla, Chaplain. The welcome address and overview of the 'Evolution of Automation in Clinical Biochemistry' was given by Dr. Pamela Christudoss, Professor and Head (Ag), following which felicitations were offered by Dr. J.V. Peter, Director, Dr. Joy Mammen, Associate Medical Superintendent, Dr. Judy Ann, Vice Principal and Dr. Shravan Subramanyam, Managing Director, Roche Diagnostics, India.



The Clinical Biochemistry laboratory has its humble beginnings in the early 60s with the good old **Folin-Wu method** for blood sugar and simple photometric methods for routine chemistries requiring large volume of patients' blood with few samples processed at a time which resulted in delayed test results. Thanks to the efforts of Dr. Peter Hill from UK, the **continuous-flow batch analyser** was introduced in 1970. Dr. Robert.H. Carman and Dr. A.S. Kanagasabapathy offered valuable support towards its successful installation. In 1975 Dr. Kanagasabapathy introduced the first in-house **Radio Immuno Assay (RIA)** for thyroid hormones which was the best technique employed globally at that time for hormone analysis. In 1985, Dr.R.Selvakumar introduced the **Hitachi discrete selective analyser** with a throughput of 180 test results per hour, low sample volume with selection of one or more tests from the panel. The **Chemiluminescent technology** for the measurement of hormones and tumor markers through discrete selective analysis was introduced in 1997 which further improved sensitivity.

Since then, the department added more advanced analysers from time to time to further enhance quality, throughput, turnaround time which in turn improves patient care. The introduction of the stand alone **Cobas Preanalytical, Auto validation, Delta check** in 2014 has made further improvements in efficiency.

The new Cobas Connection Module (CCM) installed in this year has the ability of connecting the Preanalytical systems to Analytics through a fast transportation system guaranteeing quick release of results conceived for high throughput labs. From handling just 80 samples a day and 10 parameters in the early 1960's, over the years the department of Clinical Biochemistry has made it possible to handle over 6500 samples per day with 195 parameters and release of approximately 19000 test results per day. The programme was well attended by Heads, Professors, Faculty of the other Clinical Laboratories, Academic departments and Supporting departments.

Dedication of the West Block -1st and 2nd floors, (old Prince Manor Building) on 16th August 2019

After opening prayer by Rev Giftus Joshua, a prayer song lead by the nursing staff, and reading of the Bible passage by Mr. Baskar Y. (OPD Floor Manager), Dr. Prasad Mathews K., Medical Superintendent welcomed the gathering with a history of this facility and appreciated the valuable contribution the planned services will provide. Dr. Maya Thomas (Professor and Head, Paediatric Neurology), Dr. Sneha Varkki (Professor, Child Health Unit-III), Dr. Beena Koshy (Professor and Head, Developmental Paediatrics) and Dr. Mona Basker (Professor, Child Health-Unit-III) shared overviews of their respective facilities, and expressed thanks to those who had helped plan, develop and prepare these facilities :



- The Paediatric Neurology OPD will function in this area till 4 pm, after which the patients will be registered and seen at 110/127 (OPD Block 1st Floor). In addition to OPD, there will also be EMG and NCS.
- Paediatric Respiratory Care Centre includes a PFT lab, a Chest Therapy Room and Clinical Demonstration Room.
- Development Paediatrics Extension has 2 Functional Skills Labs, 2 Therapy Rooms with a children's play area, where families and children will receive intensive training.
- Child Support and Advocacy (CSA) Hub provides a specialised facility for counselling and support for children who undergo sexual abuse.

Dr. Deepak T. Abraham, Acting Director, spoke on the importance of these new facilities, congratulated the departments for their efforts and complimented all who had worked toward it.

Felicitations were given by Dr. Premila Lee, Nursing Superintendent, Er. David Chandran, General Superintendent, Dr. Prabhakar D. Moses, Former Head, Child Health and Dr. Vivek Mathew, Professor and Head, Neurology. Vote of thanks was given by Dr. Vijay Aruldas, Acting Head Outpatient Services and Medical Records. After a closing prayer by Rev. Dr.T. Arul Dhas, Head, Chaplaincy, ribbons were cut to inaugurate the different facilities.



Sports News : Integrated Sports Day - July 6, 2019

Dr. Henry Prakash, Professor, Department of PMR was the Chief Guest and distributed the prizes to the winners of the Integrated Sports Day. Around hundred and fifty students participated.

Results :

- Overall Team Championship** : Winners - ASHA
- Individual Championship for Men** : Mr. Jeryl Chellappa Jacob - MBBS
- Individual Championship for Women** : Ms. Sheethal Devadas - ASHA



Congratulations !

- **Dr. D.J. Christopher**, Professor & Head, Department of Pulmonary Medicine was awarded the Professor Dr. M. Viswanathan Oration in the Annual Conference of the Research Society for the study of Diabetes in India on 10th August, 2019 at Dindigul, Tamil Nadu.
- **Dr. Vivek K**, Senior Resident, Family Medicine, Department of RUHSA has been awarded the Best Poster for the poster titled “Understanding Stress, Stressors and Coping Ways of our Rural Teens” presented at the Family Medicine and Primary Care conference at FMPC-2019 Organized by AFPI (Association of Family Physicians of India) held on 2nd to 4th August, 2019 at IISC, Bangalore.
- **Ms. Shincy Tomy John** (Dietician, Cystic Fibrosis India Project Paediatric Unit III) won 1st prize for the poster titled “Malnutrition in Infants with Cystic Fibrosis” at Pedi Nutricon conference by Indian Academy of Paediatrics held at Trivandrum on 1st September, 2019.
- The following candidates were successful in the **Postgraduate MD / MS Examination held in May 2019. (University Results Published on 12.07.2019)**

An isha Elizabeth Mathew - MD. Anaesthesia	Gopinath M. - MD. Biochemistry
Rodrigues Joane - MD. Anaesthesia	Deepak Thomas Varughese - MD. Community Medicine
Anu Thomas - MD. Anaesthesia	Jackwin Sam Paul G - MD. Community Medicine
Jessie Daniel - MD. Anaesthesia	Kiran Kispotta - MD. Community Medicine
Juliya Pearl J. - MD. Anaesthesia	Riya Mathew - MD. Community Medicine
Namitha B. J. - MD. Anaesthesia	Thacker Sandeep Naveen - MD. Community Medicine
Rakesh Mohanty - MD. Anaesthesia	Himadri - MD. Dermatology, Venereology & Leprosy
Ruth Namratha Mannam - MD. Anaesthesia	Rhea Mani - MD. Dermatology, Venereology & Leprosy
Roshan K. Kurien - MD. Anaesthesia	
Femina Sam J. P. - MD. Anatomy	
Rajalakshmi S. - MD. Anatomy	

To be continued....

Obituaries

- **Mrs. Anna Mathew** (*nee* Ms. Anna Arputha Kumari Walter) B.Sc. (N) batch of 1963, daughter of Mr. & Mrs. Walters of Kavanur Rural Health Center and sister of Rev. Bhaskaran Kumar who is on the CMC Foundation Corporation Board, passed away on 31st August, 2019 in USA. The family had donated a fund to build a chapel in Kavanur in honor of their parents. Our thoughts and prayers are with the bereaved members of the family at this time of sorrow and loss.

Continued on Page 4

• **Mr. Raju, P.S**, father of Dr. Krishna Prabhu, Professor, Department of Neurological Sciences, Neuro Surgery Unit-I, on 7th September, 2019. Let us uphold Dr. Rama Mani (daughter-in-law), Professor, Department of Anaesthesia, grandsons Mr. Aniketh Prabhu. K, MBBS batch of 2019, Mr. Aadesh Prabhu and all the bereaved members of the family in our prayers.

• **Mrs. Gnanamani**, mother of Mrs. Mary P. Watson, OPD Manager and Facility Coordinator in Out Patient Services on 9th September, 2019. Let us uphold her son, Dr. Daniel Ezhilarasu, Former Principal, Voorhees College, Dr. Punitha Ezhilarasu, Former Dean, College of Nursing, grand daughters Dr. Melinda Ezhilarasu, Family Medicine, Dr. Sangeetha Isaac, 2004 Batch, Dr. Shalom Isaac, MICU and grandsons Dr. Selvin Theodore Jayanth, Assistant Professor, Urology Unit-II and all the bereaved members of the family in our prayers.

Retirement

Mr. P. Parthiban, Sr. Hospital Attendant, Department of Paediatric Orthopaedics retired on 5th September 2019, after 34 years of dedicated service to the institution. He has a son and daughter. His son, Mr. P. Vasanthraj is a Staff Nurse in N1(ICU) and daughter, Ms. Vasanthi is a Staff Nurse in Rehabilitation Institute.

The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.



Upcoming Events

Medical Postgraduate Graduation	: 4 th November, 2019
Medical Undergraduate College Day	: 9 th November, 2019
Medical Undergraduate Baccalaureate Service	: 10 th November, 2019
Medical Undergraduate Graduation	: 11 th November, 2019

Please note that this year, all Fellowship Certificates will be distributed at the Undergraduate Graduation on the 11th of November, 2019.

Situations Vacant

1. Senior Resident / Assistant Professor with MD +2 Years Fellowship in Critical Care Medicine for the CMC Vellore Chittoor Campus

Salary : As per institutional rules. Accommodation will be provided in Chittoor.

Apply with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address to the Principal, Christian Medical College, Bagayam, Vellore-632 002, email: princi@cmcvellore.ac.in on or before **September 28, 2019** for Item 1.

2. Consultant (Project) for the Department of Anaesthesia (Medical Consultant Stream)

Qualifications : M.D in Anaesthesia with 10 years experience. Salary Scale : As per institutional rules.

3. Graduate Technician Trainee (Child Therapist) for the Developmental Paediatrics Unit

Qualification : Bachelor Degree in Science. Note : Only regular mode will be accepted, private or correspondence will be not accepted. Only female candidates need to apply. Stipend : As per institutional rules. Age limit : 30 years. Nature of job : Assessing and offering assistance to infants and toddlers with developmental delay under supervision.

4. Laboratory Auxillary Trainee for the Department of Transfusion Medicine & Immunohaematology

Qualifications : Graduate in Zoology, Botony and Biochemistry. Preference will be given to the candidates near by Chittoor Campus. Note : Only regular mode will be accepted, private or correspondence will be not accepted.

Age limit : Below 30 years. Stipend : As per institutional rules.

Job description : To collect blood from the patients for various tests.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **September 23, 2019** for Items 2, 3 and **September 30, 2019** for Item 4.

5. Ida Scudder School, Vellore - 632 006, Tamil Nadu (Affiliated to the CISCE, New Delhi)

The school invites applications on leave vacancy for:

• **Maths Teacher** proficient in English to teach students of classes 6 to 8.

• **Hindi Teacher** proficient in English to teach students of classes 1 to 5.

Apply to "The Correspondent" Ida Scudder School, No. 1, Kalinjur Main Road, Viruthampet, Vellore – 632 006, 4 Tamil Nadu, on or before **27th September, 2019** by furnishing your CV.

CMC NEWSLINE

Vol.No.56 No.13

FOR PRIVATE CIRCULATION ONLY

SEPTEMBER 23, 2019



*Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.
Psalm 51:12*

Patient Friendly Awards 2018

The Quality Management Cell has been conducting the audit on patient satisfaction, both in the outpatient and inpatient areas from the year 2009. Field staff trained specially for this survey carry out the feedback collection on a day to day basis.

Outpatient and Inpatient feedback collection methodology:

Outpatient (OPD) Feedback:

Outpatient feedbacks are collected every day in the designated OPD's covering every area once in three months ensuring four cycles a year. Each OP feedback form has a unique ID and is collected in five languages using a five-point rating scale. Forty general patients and thirty private patients are selected from each OPD / Clinic per cycle. The respondents are selected randomly using the systematic random sampling technique. Only those patients who come for repeat consultation are included in the audit.

The questionnaire is provided in the preferred languages of the respondents. The questions include services of doctors, nurses, OPD clerks (MRO's), pharmacy, securities and laboratories. The filled up forms are then deposited in boxes specially kept in OPD for the purpose.

Inpatient (IP) Feedback:

IP feedback is collected in six languages using a ten-point rating scale. Each feedback form has a unique ID and is attached with the final bill of the patient. Respondents are requested to fill up the given form

and deposit the same in feedback box in the wards.

The feedback staff from QMC visits all the wards on a weekly basis and collects the forms. Questions on the services of doctors, nurses, pharmacy, billing, attenders and facilities are included in the questionnaire.

Different parameters are considered during analysis and importance is given for patient load. The award winners are selected based on these parameters.

The annual reports of outpatients and inpatients satisfaction are presented to the Quality Steering Committee and then circulated to wards, units and OPDs.

Patient Friendly Award:

The award ceremony for the **Best Patient Friendly** wards, OPDs, MROs and Nurses team for the year 2018 was held on 13th August, 2019 in Norman Auditorium. The ceremony commenced with prayer by Rev. Dr. Aruldas, Head of Chaplaincy, followed by a special song by the interns of Quality Management Cell. Dr. Suceena Alexander, Deputy Director (Quality) welcomed the gathering.

The dignitaries present on the occasion were Director Dr. J.V. Peter, Associate Director (Admin) Dr. Vikram Mathews, Associate Medical Superintendent Dr. M.J. Paul, Nursing Superintendent Dr. Premila Lee, General Superintendent Er. David Chandran, Deputy Director (Quality) Dr. Suceena Alexander and Chaplain Rev. Dr. Aruldas.

Special Prayers : September 22 - 28, 2019

*Malankara Orthodox Syrian Church
Catholicate of the East*

Council Members :

H.G. Dr. Yakob Mar Irenaios
Dr. Sojan Ipe

Hospital : M.O.S.C. Medical Mission Hospital,
Kolencherry and others

Community Dedication Service

Sunday Services : September 29, 2019

6.00 pm : **Scudder Auditorium**

Rev. Ashok Andrews

6.30 pm : **Hospital Chapel**

Dr. Eunice Sindhuvi

5.00 pm : **Friendship Chapel, KPTR Campus**

Rev. Paul Ravikumar

4.30 pm : **Chittoor Chapel**

Mrs. Sheela Elizabeth

Welcome :

• **Dr. Rita Caroline Isaac**, Professor, Department of RUHSA, on her return from sabbatical leave.

• **Mrs. T. Jeni Christal Vimala**, Professor, College of Nursing on her return from sabbatical leave.

Obituary:

Mrs. Manoranjitham, mother of Mr. Job Gunasekar, Hospital Attendant, Personnel Department and mother-in-law of Mrs. Jayaseeli Padmavathy, Hospital Attendant, Medicine-I on 20th September, 2019.

Our thoughts and prayers are with the bereaved members of the family at this time of grief and loss.

Mr. Rabindranath, Audit Facilitator, provided an insight into the feedback collection methodology and criteria followed in selection of the winners.



*Patient Friendly General Ward -
First Place - Schell Male Ward*

Continued on Page 2

The winners were announced by Dr. Lallu Joseph, Quality Manager. The prizes and certificates were distributed by the dignitaries. Special award was given to Civil and Electrical Engineering Department based on the “Internal User Satisfaction Survey” done by Quality Management Cell. Dr. J.V. Peter, Director congratulated the award winners and expressed happiness over high volume departments continuing to be patient friendly despite heavy workload.

Vote of thanks was proposed by Dr. Shalom Abraham. On behalf of Quality Management Cell, Directorate, the institution congratulates the award winners and acknowledges everyone who was instrumental in organizing the programme.

The prize winners :

Category	Place	Winners	Category	Place	Winners
General Wards	1 st	Schell Male ward	MRO team General	1 st	Medicine
	2 nd	G4 East		2 nd	Ophthalmology
	3 rd	M3 Ward		3 rd	OG
Private Ward	1 st	A6 Ward	MRO team Private	1 st	Ophthalmology
	2 nd	O6 East		2 nd	OG
	3 rd	A5 Ward		3 rd	PCF
OPD General	1 st	Ophthalmology - I	OPD Nursing team	1 st	Medicine & Orthopedics OPD
	2 nd	Ophthalmology - II		2 nd	OG OPD
	3 rd	Psychiatry - III		3 rd	Child Health OPD
OPD Private	1 st	Ophthalmology - II	Special awards	Departments of Civil Engineering and Electrical Engineering	
	2 nd	Urology - II			
	3 rd	Haematology			



Patient friendly Private Ward - First Place - A6 Ward



Patient friendly General OPD - First Place - Ophthalmology - I



Patient friendly Private OPD - First Place - Ophthalmology - II



Patient friendly MRO team General - Medicine



Patient friendly MRO team Private - Ophthalmology



Patient Friendly OPD Nursing team - Medicine OPD



Patient Friendly OPD Nursing team - Orthopaedics OPD



Special Awards - Civil Engineering



Special Awards - Electrical Engineering

The NHSRC Family Medicine Curriculum Experts' Workshop, hosted by the Distance Education Unit

The Distance Education Unit along with the National Health System Resource Center (NHSRC) division of the National Health Mission (NHM), New Delhi and the Department of Family Medicine, CMC, jointly organized a two-day workshop on Family Medicine Curriculum review on the 3rd and 4th of September, 2019 at CMC, Vellore.

The NHSRC Family Medicine Curriculum Experts' Workshop, hosted by the Distance Education Unit

Continued from Page 2

This workshop was aimed at bringing about a modified curriculum for family medicine in the DNB and MCI board which would include the skill sets required by family physicians working in PHCs and CHCs in India.

The workshop was initiated by Dr. Himanshu Bhushan, Head of Public Health Administration NHSRC along with other senior consultants and consultants of the NHSRC. External experts from various parts of the country, representatives from the National Health Mission, Tamil Nadu and the Assistant Programme Officer of Vellore District were invited by the NHSRC to be part of the deliberations.

Dr. Raman Kumar, President of the Association of Family Physicians of India, presented the models of curriculum and guidelines of family medicine programmes for USA, Australia and Canada. A team of family physicians from Distance Education and Family Medicine Departments had reviewed the present Family Medicine Curriculum and gave recommendations for the skills to be designed in a Life-Cycle model rather than a specialty-based model. A specialist team from CMC and the mission hospital network comprising of Dr. Sowmya Sathyendra, Dr. Paul M.J., Dr. Vinod Shah, Dr. Sujatha Charles, Dr. Sneha Titus, Dr. Anjali Abraham, Dr. Mary John, Dr. Anika Amritanand, Dr. Padma Paul, Dr. Eunice Selvaraj, Dr. Kenny David, Dr. Vijay Kumar Manda, Dr. Johann Ebenezer, Dr. Adeline Sittther, Dr. Susanne Pulimood, Dr. Jayalakshmi, Dr. Bimal Charles and Dr. Latha Paul gave valuable suggestions to strengthen the existing curriculum.

Dr. Rebekah Zechariah, Acting Head of the Distance Education Unit, welcomed the delegates and the Principal Dr. Anna Pulimood delivered the inaugural address followed by devotion by Dr. Praveen Alexander. Dr. Jachin Velavan from Distance Education Unit, summarized the premise of this curriculum review and the Life-span model was showcased by Dr. Sahaya Anbarasi and Dr. Mokshaa Mohan. Dr. Sunil Abraham, Professor and Head, Department of Family Medicine, summarized the MD family medicine training in CMC. Inputs into the vital area of evaluation methods in the family medicine curriculum was given by Dr. Venkatesan, Department of Family Medicine and Dr. Beulah Joseph from Distance Education Unit. Family medicine specialists from the CMC mission hospital network, Dr. Immanuel Rajamani from Oddanchatram, Dr. Isac David and Dr. Vijila Isac from Van Allen Hospital in Kodiakanal added valuable perspectives to the discussions. Dr. Alka Ganesh gave important insights into the Operational Guidelines for family medicine training, while Dr. Rajan Srinivasan and Dr. Summa Nidhi from Distance Education Unit presented the required skills needed by PHC/CHC doctors in the present IPHS and compiled the student feedback respectively.

The two-day deliberations culminated in the compilation of a comprehensive list of skills required for family physicians to be posted in PHCs and CHCs with an emphasis on attitude/ethical values and teamwork along with other valuable suggestions for strengthening the curriculum. This draft curriculum submitted to the NHSRC will be used for advocacy for policy making by the Ministry in framing guidelines for family medicine training in India.



Gynaecologic Oncology Cancer Survivor Meet



To support and encourage women with gynaecological cancers, the **Gynaecologic Oncology Group** which includes the Departments of Gynaecologic Oncology, Radiation Oncology, Medical Oncology and Palliative Care organised a **Cancer Survivors Meet** on 17th August, 2019 in the Paul Brand building premises. Both survivors and patients undergoing treatment were educated on how to cope with their illness with

discussions on prevention, coping with adjuvant therapies, physical fitness and psychological issues. Survivors shared their experiences on coping strategies and motivated others to complete treatment. The survivors meet was a time of heartfelt sharing. On a lighter note, the participants sang songs and played games. Each of the survivors was given a sapling.



Workshop on Developing a Protocol for Systematic Review



The Professor BVMC Centre (Prof. Bhooshnam V. Moses Centre for Evidence Informed Healthcare) conducted a Workshop on Developing a Protocol for Systematic Review from 19th to 23rd August, 2019. There were around 17 participants from various institutions from India. CMC, Vellore, AIIMS, Jodhpur, New Delhi, Bhubaneswar & Rishikesh, Safdarjung Hospital, Delhi, Sri Ramachandra Institute of Higher Education and Research, Chennai participated in the hands-on

Workshop. The Workshop covered hands-on sessions in developing search strategies, introduction to systematic reviews and Revman, assessing study quality, risk of bias, developing protocol, meta-analysis, and assessment and grading of studies and creating summary of findings table using GradePro. Professor Prathap Tharyan, Professor Thambu David, Professor Mohan Kamath, Mr Richard and Mr. Jabez Paul were the resource persons. The participants commented that the hands-on experience were highly benefitting. Similar workshops will be organized by the centre in the upcoming days. For more details please visit www.bvmc.in

Proficiency Testing Programme

The Third National Proficiency Testing Providers / Reference Material Producers (PTP/RMP) conclave organized by *National Accreditation Board for Testing and Calibration Laboratories (NABL)* was held on 30th to 31st August 2019 at ITC, Kakatiya, Hyderabad. The conclave had seventeen presentations from Proficiency Testing Providers and Reference Material producers from across the country in different fields covering testing, calibration and medical laboratories on their individual program. All presentations and discussions were evaluated by eminent panelists of officials from different government regulatory bodies including NABL on the basis of several predetermined criteria. The Proficiency Testing Program conducted by the Department of Clinical Virology, [CMCVIROEQAS] was awarded the first prize. Currently, there are 626 laboratories across the country participating in the PT programme which started in the year 2017 and obtained accreditation by NABL in March, 2019. The department was able to achieve this by the whole hearted effort of all the staff. The department takes this opportunity to thank the administration for their support.



Workshop organised by the Departments of Surgical Nursing and Continuing Nursing Education



The Departments of Surgical Nursing and Continuing Nursing Education of the College of Nursing, organized a state level workshop on 'Gastro-Intestinal Surgical Emergencies' on 21st of August 2019 focussing on the following topics; Pre-operative GI Surgical Emergencies pertaining to upper GI tract, lower GI tract and of accessory GI organs, followed by panel discussion on post operative GI surgical Emergencies. A detailed discussion on assessment and management of patients with shock, followed the previous sessions.

The Workshop also included skill stations on assessment and management of patients with acute abdomen, anastomotic leak, burst abdomen, haemorrhage and pulmonary embolism. The workshop ended with the role-play on management of patients with GI Emergencies. A total of forty two delegates from nine different institutions benefited from the workshop. TNNMC awarded 8 credit hours to the participants of the workshop. The workshop concluded with a valedictory programme and prayer.

Three Minute Thesis Competition

The 6th Three Minute Thesis Competition for CMC faculty was conducted by the Clinical Epidemiology Unit (CEU) in collaboration with the University of Queensland, Australia on 3rd August, 2019 in Quality Circle. There were 17 participants (post MD, MS and PhD) from 10 Departments of the institution who presented their work. Dr. Thambu David, Professor and Head of the CEU welcomed the participants while Dr. Sathish Kumar, Professor of Paediatric Rheumatology explained the rules. Participants had 3 minutes and one slide to present their work. Dr. Suceena Alexander (Professor, Department of Nephrology), Dr. L. Jeyaseelan, (Professor, Clinical Epidemiology Unit) and Dr. Elizabeth Renu Tharion, (Professor, Department of Physiology) were the judges.



The quality and style of the presentations were excellent. Dr. Shivendra Verma from the Department of Endocrinology won the 1st prize, Dr. Amita Jacob from Medicine, the 2nd prize and Dr. Nalini Newbigging from Medicine got the 3rd prize.

Congratulations !

The following candidates were successful in the **Postgraduate MD / MS Examination held in May 2019.**
(University Results Published on 12.07.2019)

Amita Jacob	- MD. General Medicine	Immanuel Paul Thayakaran D.	- MD. Pathology
Anil Mathew Philip	- MD. General Medicine	Rijo Isaac N P.	- MD. Pathology
Anjely Pulparampil Sebastin	- MD. General Medicine	Rima S.	- MD. Pathology
Anna Paul	- MD. General Medicine	Santhosh Raj A.	- MD. Pathology
Anusha S.	- MD. General Medicine	Niranjana Prabhu S. S.	- MD. Pharmacology
Asha Mathai	- MD. General Medicine	Premila Magdalene Wilfred	- MD. Pharmacology
Fibi Ninan	- MD. General Medicine	Alen Major Venis	- MD. Physiology
Jasper Rathniam J.	- MD. General Medicine	Ankita Priya	- MD. Physiology
Jemin J Webster	- MD. General Medicine	Farhan Adam Mukadam	- MD. Physiology
John Titus George	- MD. General Medicine	Mahatabb Nundy	- MD. Physiology
Kevin John John	- MD. General Medicine	Chinju Babu	- MD. P.M.R.
Nalini Sarah Newbigging	- MD. General Medicine	Gourav Sannyasi	- MD. P.M.R.
Rachana Shenoy K.	- MD. General Medicine	Naveen Cherian Thomas	- MD. P.M.R.
Vijay Alexander	- MD. General Medicine	Vinitha Varghese	- MD. P.M.R.
Jini Chirackel Thomas	- MD. Geriatric Medicine	Sushma Swaraj	- MD. Psychiatry
Sania Paul	- MD. Microbiology	Swetha Madhuri Chikkala	- MD. Psychiatry
Ann Susan Sam	- MD. Microbiology	Seelam Joshua Anand	- MD. Radiodiagnosis
Grace Mary George	- MD. Microbiology	Shweta Singh	- MD. Radiodiagnosis
Sonia M.	- MD. Microbiology	Shyjumon George	- MD. Radiodiagnosis
Justin Benjamin	- MD. Nuclear Medicine	Goutham Sunny	- MD. Radiotherapy
Priyanka Medhi	- MD. Paediatrics	Jeyanth P. V.	- MD. Radiotherapy
Asha Jyothi Penugonda	- MD. Paediatrics	Nikhil S.	- MD. Radiotherapy
George Varghese Mani	- MD. Paediatrics	Sobin V. Jacob	- MD. Radiotherapy
Dhivya K.	- MD. Pathology		

To be continued....

M.Sc. Clinical Nutrition Admission 2019

Applications are invited for the **M.Sc. Clinical Nutrition Course - October 2019.** Details regarding application procedure, eligibility and application download are available at College website <http://admissions.cmcvellore.ac.in>

Application forms are available online till 12:00 noon **24th September 2019.**

REGISTRAR

(e-mail: registrar@cmcvellore.ac.in)

Situations Vacant

1. Assistant Professor with MCI-recognized postgraduate degree in DM (Cardiology) for the Department of Cardiology

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2. Assistant Professor with MCI-recognized postgraduate degree in M.Ch. (Paed. Surgery) – Term Appointment only for the Department of Paediatric Surgery

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: “Vacancies”. **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **September 28, 2019** for Item 1 and **October 05, 2019** for Item 2.

3. Senior Resident / Study Physician for the Department of RUHSA

Job Code : 1300

Qualification : MD Community Medicine / DNB Family Medicine.

Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.

4. Physiotherapist for the Department of Obstetrics & Gynaecology Unit - V

Job Code : 1302

Qualification : BPT. Mode of appointment : Project mode.

Consolidated salary : Rs.20,000/- per month. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **October 07, 2019** for Items 3 and 4.

5. Project Coordinator

Job Code : 1303

Centre for Stem Cell Research (a unit of inStem, Bengaluru) & Christian Medical College, Vellore.

The Centre for Stem Cell Research (CSCR), a unit of inStem Bengaluru, in collaboration with Department of Biotechnology (Government of India) and the Christian Medical College (CMC) Vellore, invites applications to coordinate a programme for population based control of haemoglobin disorders in Odisha based on targeted population screening and counseling to impact social behavior to these disorders.

Eligibility : MBBS / MD or MPH with experience in community-based development projects. Candidates with experience of previous field based developmental work and knowledge of local language (Odiya) will be preferred.

Salary will be commensurate with experience.

For application form visit (<http://www.cscr.in/research-opportunities>)

Apply with bio-data, details of work experience and testimonials by hard copy address to the Principal, Christian Medical College, Bagayam Vellore - 632 002, Tamil Nadu, or by soft copy to cscredu@cmcvellore.ac.in on or before **October 07, 2019** for Item 5.

6. Sr. House Surgeon for the CMC Vellore, Chittoor Campus

Qualifications : MBBS with State Medical Council Registration Number.

Salary scale : As per institutional rules. Job description : To work in Chittoor Campus

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: “Vacancies”. **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **October 07, 2019** for Item 6.

7. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri - 632 106 invites applications for the following posts :

- | | |
|----------------------------------|---|
| (a) Paediatrician | - Qualifications : MD / DNB / DCH (Paed.) |
| (b) Obstetrician & Gynaecologist | - Qualifications : MD / DNB / DGO (Obs. & Gynae.) |
| (c) Anaesthetist | - Qualifications : MD / DNB (Anaesthesiology) |
| (d) Dermatologist | - Qualifications : MD / DNB (Dermatology) / DVL |
| (e) Medical Officer | - Qualifications : MBBS |

Candidate can apply with bio-data along with photocopies of certificates addressed to the Director, SIH - R & LC., Karigiri, Pin - 632 106, (or) email your updated resume along with the scan copies of all your testimonials to director@karigiri.org or personnel@karigiri.org

Last date for receipt of applications is **5th October 2019**.

CMC NEWSLINE

Vol.No.56 No.14

FOR PRIVATE CIRCULATION ONLY

SEPTEMBER 30, 2019

Let the peace of Christ rule in your hearts, since as members of one body, you were called to peace. And be thankful

Colossians 3: 15



4th Annual Symposium on Cell and Gene Therapy



The Centre for Stem Cell Research (CSCR), a unit of inStem, Bengaluru, managed by Christian Medical College, Vellore organized the 4th Annual Symposium on Cell and Gene Therapy on 5th and 6th September, 2019. This symposium brought together scientists, physicians and others interested in and responsible for developing this field in the country. The symposium was supported by the Department of Biotechnology (DBT), Government of India and Science and Engineering Research Board (SERB), Government of India. Dr. Renu Swarup, Secretary, DBT addressed the participants through video link. The programme this year focussed on immune cell therapy, cell and gene therapy in ocular disorders, gene editing, GMP manufacturing and technology advances in cell and gene therapy and applications of iPSC technology. About one hundred and fifty participants from across the country and twenty two speakers from around the world took part in the symposium.

Continued on Page 2

Special Prayers: September 29-October 05, 2019

Transfusion Medicine and Immunohaematology:

Dr. Joy John Mammen and Staff

The Salvation Army - India South Western Territory

Council Members : Colonel Nihal Hettiarachchi
Lieut Colonel Joginder Masih

The Salvation Army - India Western Territory

Council Members : Commissioner Edwin Masih
Major Andrews Christian

Hospital : Evangeline Booth Hospital, Ahmednagar.

The Salvation Army - India South Eastern Territory

Council Members : Colonel Gabriel Christian
Lieut Colonel Davidson Varghese

Hospital : Catherine Booth Hospital, Negercoil.

Sunday Services : October 06, 2019

6.00 pm : **Scudder Auditorium**
Rev. Rainard Pearson P.

6.30 pm : **Hospital Chapel**
Rev. Jim M.R. Paul

5.00 pm : **Friendship Chapel, KPTR Campus**
Rev. Dr. Finney Alexander

4.30 pm : **Chittoor Chapel**
Dr. Jeevarathnam

Mr. T. Sivashanmugam retires



Mr. T. Sivashanmugam, Selection Grade Sr. Health Educator, Department of Community Health retired on 13th September 2019 after 31 years of dedicated service to the Institution.

He joined the Community Health Department as a Non-Formal Adult Educator in the year 1988 and was promoted to a Health Educator in the year 1998. As a core member of the Health Education team, Mr. Sivashanmugam

composed folk songs on different health issues that are used to educate rural population during health education programmes and

facilitated the participation of various staff of the department as well as members in the community.

Over the years, he has been involved in programmes in the base hospital, Kaniyambadi block, Jawadhi Hills and Vellore town. Students of CMC from various streams also benefitted from his health education skills during the Community Orientation Programme.

The CMC community thankfully acknowledges the committed service of Mr. Sivashanmugam and wishes him God's blessings in his retired life.

The first day of the symposium focussed on immune cell therapy, applications of iPSC technology and technology advances. The industry participants also made a presentation on the advanced technologies that have been developed for processing and manufacturing of cell therapy products. On the first day, GMP manufacturing and regulatory aspects in cell and gene therapy were also discussed. There were presentations on advances in the CRISPR/Cas9 based genome editing as well. The key note address of the symposium was delivered by Professor David Gottlieb from Westmead Hospital, University of Sydney, Australia. He discussed the development immune cell therapy in the world and delivered the keynote address titled 'Evolution of T-cell Therapy for Infections' in the context of hematopoietic stemcell transplantation.



The second day of the symposium had various discussions on gene therapy in haemophilia and muscular dystrophy including gene editing approaches towards developing a treatment of beta-hemoglobinopathies. There was also a session on cell therapy in ocular disorders. The symposium was much appreciated by all participants as a unique event in the country. CSCR plans to hold this meeting on an annual basis to help promote this area of research in India through cross-discipline dialogue and collaborations on a diverse range of inter-connected issues relevant to the field.

5th Basic Course in Molecular Diagnostics-Workshop in Haematology



The Department of Haematology and the Department of Pathology jointly conducted the "5th Basic Course in Molecular Diagnostics", a 12-day complete hands-on training workshop, between 19th to 31st August 2019. Molecular diagnostics have become an essential part of lab investigations required in providing optimal care and has become an important tool for the health care provider in making the right treatment decisions. However, considering the dearth of trained personnel in

this area, the course focused on training twelve participants from various states in the country along with 2 participants from the institution in basic molecular techniques (DNA / RNA extraction, PCR, electrophoresis) that progressed to include more advanced methods (real time PCR, sequencing, MLPA, digital droplet PCR and NGS) in the second week. Application of these techniques in the diagnosis of inherited and acquired hematological diseases and solid tumors was emphasized. This training is designed to aid the participants in establishing and performing similar assays in their respective centers. This course also included lectures by internal and external resource persons and also included a lecture on "Advances in NGS-based Diagnostics" by **Dr. Vamshi Mohan Veeramachaneni**, Chief Scientific Officer, Strand Life Sciences, Bangalore on the penultimate day.

National Nutrition Month (Raashtriya Poshan Maah)

The Department of Dietetics, Christian Medical College, Vellore celebrated National Nutrition Month (Raashtriya Poshan Maah) on September 24, 2019 by organising a Nutrition Exhibition for the patients and general public at Christian Medical College, Vellore. Dr. S.P. Suresh, MBBS, Designated Officer of Food Safety Department, Vellore District was the Chief Guest for the occasion. Dr. S.P. Suresh spelled out the importance of celebrating these kinds of activities and emphasized to the general public the importance of good nutrition. Er. David Chandran, General Superintendent, Dr. Joy Mammen, Associate Medical Superintendent, Dr. Premila Lee, Nursing Superintendent, Dr. Judy Ann John, Vice Principal (AHS) were present during the occasion. Mrs. Manimegalai, Incharge Dietetics welcomed the guests and spoke about the objectives of organizing this nutrition exhibition. Dr. S.P. Suresh, declared the exhibition open to the public by cutting the ribbon. The nutrition exhibition mainly focused on Balanced Diet, Nutrition for first 1000 days of life, fight against anemia, prevention of diarrhea and personal hygiene. The Dieticians did a commendable job by displaying various food items pertaining to the theme chosen for celebration which was a visual treat and very informative to the general public. The nutrition exhibition was visited by many and printed educational pamphlets were distributed.



Green initiatives in the CMC Vellore, Chittoor Campus



On the 14th of September, 2019, the faculty and staff of the CMC Vellore Chittoor campus were involved in an active tree planting campaign, from 8.00 to 9.00 am in



the morning. Around 400 saplings were planted. The Andhra Pradesh forest department from Chittoor has donated several species of tree saplings numbering 6,000 which are being planted through the entire expanse of the 550 acre campus. In addition, harvesting has commenced on the two acre organic farm project, wherein several vegetables are being grown.

Memoranda

- **Dr. Bina Isaac**, Professor is appointed as Head of the Department of Anatomy with effect from 21st September, 2019 until further notice.
- **Dr. Richa Gupta**, Professor is appointed as Head of the Department of Respiratory Medicine with effect from 23rd September, 2019 for a four year term.
- **Dr. Amit Kumar Dutta**, Professor is appointed as Head of Medical Gastroenterology Unit-II with effect from 30th September, 2019 for a four year term.
- **Dr. Jiji Elizabeth Mathews**, Professor & Head of Obstetrics and Gynaecology Unit-V is appointed as Head of the Department of Obstetrics and Gynaecology with effect from 1st October, 2019 for a four year term.
- **Dr. Annie P. Villoth**, Professor will continue as Head of Obstetrics and Gynaecology Unit-III with effect from 1st October, 2019 until further notice.
- **Dr. Lekha Mary Abraham**, Professor is appointed as Deputy Registrar, Medical College, with effect from 1st October, 2019 for a period of four years.

Congratulations !

The following candidates were successful in the **Postgraduate MD / MS Examination held in May 2019. (University Results Published on 12.07.2019)**

Jedidiah Deva	- MD. Respiratory Medicine	Pradeep Zechariah	- MS. General Surgery
Blessymol Varghese	- MD. Immuno Haematology & Blood Transfusion	Rajeevan P. S.	- MS. General Surgery
Jess Elizabeth Rasalam	- MD. Immuno Haematology & Blood Transfusion	Swarna Azaria	- MS. General Surgery
Srivalli A.	- MD. Immuno Haematology & Blood Transfusion	Sarin Varghese	- MS. Obstetrics & Gynaecology
Ranju R. L.	- MS. ENT	Jeeja J.	- MS. Obstetrics & Gynaecology
Leah Thomas	- MS. ENT	Tanusha Ruth Das	- MS. Obstetrics & Gynaecology
Priyanka Schilling Amar	- MS. ENT	Libin Sam Baby	- MS. Ophthalmology
Titus Raju	- MS. ENT	Agarwal Nidhi Bajranglal Anjana	- MS. Ophthalmology
Justin Ebenezer Sargunraj J.	- MS. ENT	Bharathkum Kumar K.	- MS. Ophthalmology
Lisa Abraham	- MS. ENT	Maria Priyanka T.	- MS. Ophthalmology
Anoop Paul	- MS. General Surgery	John Premnath	- MS. Orthopaedics
Geet Midha	- MS. General Surgery	Rahul George	- MS. Orthopaedics
Geethu Rachel Iype	- MS. General Surgery	Reuben Cedric Neppoly	- MS. Orthopaedics
Gurram Divya Ralph	- MS. General Surgery	Pandiyani L.	- MS. Orthopaedics
Jalaz Joezer Rahmi	- MS. General Surgery	Shaji Pankiraj	- MS. Orthopaedics
Keerthi K.	- MS. General Surgery		

Expression of Interest for Empanellement for Manpower Agencies

CMC Vellore intends to empanel technically competent and experienced manpower agencies for providing manpower. The eligible firm shall be empanelled for a period of one year, extendable based on performance. The Applicants for this tender should have all valid statutory registrations like: 1) Permanent Registration with EPF and with ESIC 2) Registration under Contract Labour (Regulation & Abolition) Act 1970 and Rules 3) Registration of GST and 4) Pan number. Agencies having experience of managing over 200 staff / labour would be preferred. The Agency identified through the processing of tendering should form parties to the Contract to be signed between CMC Vellore and the Agency.

The interested Agencies should approach the Office of the General Superintendent CMC Vellore with a request letter to collect the application form. The filled in application form in a sealed cover should reach the Office of the General Superintendent on or before 5th October 2019. The date and time of opening of the tenders will be intimated and a representative will be permitted to be present during the opening of these tenders.

Obituary

Mr. Balaraman, husband of Mrs. Sumithra Balaraman, B.Sc. Staff Nurse, Department of Psychiatry on 23rd September, 2019.

Let us uphold his wife, children and all the bereaved members of the family in our prayers.

Situations Vacant

1. Senior Resident with MD (Family Medicine) for the Department of Family Medicine

Age limit : <40 years.

Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **October 12, 2019** for Item 1.

2. Applications are invited for the following posts for the CMC Vellore Chittoor Campus

2(a) Senior Resident / Assistant Physician / Assistant Professor / Associate Physician / Associate Professor / Physician with DA / MD / DNB in Anaesthesia

2(b) Senior Resident / Assistant Professor / Assistant Physician / Associate Professor / Associate Physician / Professor / Physician with D.Ch / MD / DNB in Paediatrics

2(c) Senior Resident / Assistant Physician / Associate Physician / Associate Professor / Physician with MD / DNB in General Medicine

2(d) Senior Resident / Assistant Surgeon / Associate Surgeon / Surgeon with DO / MS / MD in Ophthalmology

2(e) Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB in Orthopaedics

Salary : As per institutional rules.

Please log on the <http://www.cmch-vellore.edu> Link : "Vacancies" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address.

Applications will close on **October 14, 2019** for Items 2(a), 2(b), 2(c), 2(d) and 2(e).

3. Staff III Pharmacist for the Pharmacy Services

Qualifications : D. Pharm / B. Pharm. Candidates with Typing and Computer skills will be preferred.

Appointment will be given only for pharmacists who have registered in the Tamil Nadu State Pharmacy Council and who are doing or completed 1 years traineeship in the Department of Pharmacy.

Those who applied in the last one year need not apply. Salary scale : As per institutional rules.

Age limit : 35 years. Job description : Dispensing of Drugs, Charging the prescription and receiving cash.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **October 07, 2019** for Item 3.

CMC NEWSLINE

Vol.No.56 No.15

FOR PRIVATE CIRCULATION ONLY

OCTOBER 07, 2019



Into your hands I commit my spirit; redeem me, O Lord, the God of truth. Psalm 31:5

International Snakebite Awareness Day Celebrations



The 2nd International Snakebite Awareness Day was celebrated by the Department of Medicine Unit-I on 19th September, 2019. The department had organised activities for the entire month, which aimed at creating an awareness regarding snakebite prevention and appropriate first aid care amongst communities in and around Vellore. The activities included school visits by a dedicated team of nurses and doctors from the department as well as the “Snakebite Survivors’ Meet” which took place on 14th September, 2019.

The team was able to reach out to more than six hundred school children in Vellore and introduce them to concepts of safety and snakebite prevention. The “Snakebite Survivors’ Meet” was a good platform to strengthen this awareness at the grassroots level by empowering prior victims to be voices of change in their communities as peer educators. Relevant didactic hands-on sessions and focus-group discussions were conducted to enhance the awareness.

The postgraduate registrars conducted practical sessions. This was followed by a session on educational videos in multiple languages on recognizing venomous Indian snake species and puppet shows on effective snakebite prevention in the community, organized and conducted by the Department of Nursing services. There were around five hundred participants who benefitted from these events.

The inaugural programme on 19th September commenced with an opening prayer followed by a welcome address by Dr. Alice Mathuram, Professor and Head, Medicine Unit-I. Nursing staff and doctors who participated in the school visits and survivors’ meet were felicitated by the Nursing Superintendent. The Chief Guest for the occasion was Dr. Vatsala Sadan, Dean, College of Nursing who was introduced and welcomed by Dr. Shirley David, Professor and Head, Medical Surgical Nursing.

Continued on Page 2

Special Prayers : October 06 -12, 2019

Staff and Students' Health Services :

Dr. Prasad Mathews K. and Staff
Dr. Henry Kirubakaran and Staff
Mrs. Jeyalinda Christopher and Staff

Outpatient Services :

Dr. Prasad Mathews K. and Staff
Dr. Aby Abraham and Staff
Mrs. Jeyalinda Christopher and Staff

Medical Records Department :

Dr. Prasad Mathews K. and Staff
Dr. Vijaykumar Aruldas and Staff

National Council of Churches in India

Council Member : Rev. Asir Ebenezer

North Bank Baptist Christian Association

Council Members : Rev. Chowaram Daimari
Dr. Asolie Chase

Hospital : Baptist Christian Hospital, Tezpur

Sunday Services : October 13, 2019

6.00 pm : **Scudder Auditorium**

OPTSA Thanksgiving Service –
Rev. Dr. Arul Dhas T.

6.30 pm : **Hospital Chapel**

Dr. Rabi Raja Singh

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Samuel

4.30 pm : **Chittoor Chapel**

Rev. Vijaykumar

Memoranda :

• **Dr. Joy Sarojini Michael**, Professor is appointed as Vice Principal (AHS) with effect from 1st October, 2019 for a period of four years.

• **Dr. Dincy Peter C.V.**, Professor is appointed as Head of Dermatology, Venereology & Leprosy Unit-II with effect from 4th October 2019 for a four year term.

Welcome :

Dr. Sneha Varkki, Professor, Department of Paediatrics Unit-III, on her return from sabbatical leave.

Obituary:

Mrs. G. Lourdhumary, mother of Mr. A. Antony Raj, Co-ordinator & Campus In-charge, CMC Kaniyambadi Stores on 3rd October, 2019.

Our thoughts and prayers are with the bereaved members of the family at this time of grief and loss.

The Chief Guest spoke on the need to implement the **WHO Global Strategy on Snakebite Envenoming** and to further expand community education on snakebite prevention and first-aid. Following this, Dr. J.V. Peter, Director, Dr. Prasad Mathews, Medical Superintendent and Dr. Premila Lee, Nursing Superintendent addressed the gathering. The vote of thanks was proposed by Sr. Meenakshi.



It is hoped that this event plays an important role in increasing community awareness towards snakes, snakebite prevention and appropriate first aid care in the days to come.

6th Short Course in Hospital Infection Control organised for Nurses



The Office of the Nursing Superintendent, in collaboration with the Hospital Infection Control Committee, successfully conducted their 6th Short Course for nurses of mission, private and Government hospitals from 16th to 21st September, 2019. The course was designed as an update on knowledge and skills pertaining to Hospital Infection

Control, through lectures, practical sessions, group discussions, skill demonstration, field and microbiology laboratory visits by Medical and Nursing faculty. A total of fifty four delegates registered, representing thirty one different hospitals from fourteen states and one union territory across India.

The inaugural ceremony began with devotion led by the Chaplain Rev. Dr. Arul Dhas. The dignitaries present at the workshop were Deputy Nursing Superintendent Mrs. Balaseetharaman, Deputy Chairman of HICC Dr. Priscilla Rupali, HICC Secretary Dr. Joy Sarojini Michael, Additional Joint Secretary HICC, Mrs. Ilavarasi Jesudoss and HICC Officer, Dr. M. Malathi.

The sessions included various aspects of infection control, accreditation and quality. The participants were encouraged to form Infection Control Committees in their own facilities. There were visits to wards, CSSD, laundry, waste disposal sites, OR and ICUs followed by demonstration in methods of environmental surveillance, detection of antibiotic resistance and testing in the Microbiology laboratory. The course concluded on 21st September with a valedictory ceremony chaired by Dr. Premila Lee, Dr. Joy Sarojini Michael, Mrs. Ilavarasi Jesudoss and Dr. M. Malathi.

New and Expanded Community Eye Clinic dedicated at RUHSA

The Community Eye Clinic was dedicated at RUHSA campus on the 9th August 2019. Comprehensive Eye Care is a pressing need in this area for both acute and chronic conditions and the Outreach unit of the department of Ophthalmology has been instrumental in pursuing a vision of accessible and affordable care for all. Their dedication, RUHSA's commitment and the generosity of the MBBS batch of 1994 celebrating their 25th Reunion resulted in developing the expanded Eye Clinic in RUHSA hospital. The dedication prayer was offered by Rev. Margaret Deborah, Senior Chaplain, Dr. Abraham Peedicayil, Chairperson, Alumni Association opened the Community Eye Clinic and Mr. David Chandran, General Superintendent unveiled the dedication plaque. The presence of the Alumni batch 1994





along with their families added much flavour to this celebration. It was a proud moment for all involved in getting the clinic ready in record time for the 1994 MBBS batch to dedicate their 25th reunion project during the reunion. RUHSA is proud to be the vehicle for presenting the message of hope to the marginalized and vulnerable people in Vellore District and thankful to all who made this possible.

Dedication of the M.Ch. Hand Surgery Programme

Professor G.A. Anderson, former Head of Dr. Paul Brand Centre for Hand Surgery unveiled a plaque to commemorate the inauguration of the M.Ch. in Hand Surgery programme (1st in India) in presence of Dr. J.V. Peter, Director. Rev. Arul Dhas, Head of Chaplaincy, Dr. Binu P. Thomas, Professor and Head, Department of Hand Surgery along with staff and students on 18th September, 2019. The Department of Hand Surgery is also happy to announce that American Society for Surgery of the Hand (ASSH) had published an article on Professor G.A. Anderson in their website. The link for the above is given below: (<http://asshperspectives.org/2019/09/professor-george-a-anderson/>)



Notices

- The notice which was published in the last week's 30.9.2019 CMC Newslines - "Expression of Interests for Empanelment for Manpower Agencies" is withdrawn.
- The 56th Early Management of Trauma Course (EMTC) for Doctors & Nurses, will be held on 14th, 15th and 16th November, 2019. As there has been a great demand for the same, seats are restricted to 35 on a first-come-first-serve basis. Registration fee is Rs.6000/-. For further details contact : Mr. Senthil Kumar, Secretary, Department of Emergency Medicine - Phone No.2225.

Note: Registration will not be entertained after 25th October, 2019.

Retirement



Mrs. V. Vijaya, Sr. Hospital Attendant, Department of Radiation Therapy retired on 1st October 2019, after 38 years of dedicated service to the institution. Her husband, Mr. Panchatcharam retired as Sr. Hospital Attendant from M.S. OPD in the year 2018, They have a son and a daughter. Their son, Mr. Yesudoss Sudhakar is a Lecturer in Clinical Bio-Chemistry and daughter, Dr. Beulah Subashini is working as an Assistant Professor in the Department of Microbiology.

The CMC community is thankful for her years of dedication and commitment to the institution and wishes God's blessings on her retired life.

Situations Vacant

1(a) Senior Resident Gr.III with MD (DVL) for the Department of Dermatology Unit - II

Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

1(b) Registrar (Non PG) with MBBS for the Department of Dermatology Unit - II

Salary : As per institutional rules.

Accommodation provided (Partly furnished, depending on availability).

2. Senior Resident with MS (OG) for the Department of Community Health

Salary : As per institutional rules. Accommodation provided (Subject to availability).

3(a) Tutor (P & O) Grade IV for the Department of PMR (Prosthetics & Orthotics)

Qualification : Bachelor in Prosthetics & Orthotics (BPO).

Experience : Should have 5 years of experience in the field of Prosthetics & Orthotics services from Rehabilitation Council of India (RCI) recognized institution.

Salary : As per institutional rules. Accommodation not provided.

3(b) Lecturer Gr.III (AHS) for the Department of PMR (Prosthetics & Orthotics)

Qualification : Master in Prosthetics & Orthotics (MPO).

Experience : Should have 5 years of experience in the field of P & O services from RCI recognized institution with 3 publications. Salary : As per institutional rules. Accommodation not provided.

4. Psychologist Gr.V for the Department of Forensic Medicine

Qualifications : M.Sc. in Psychology with experience of working with children and survivors of violence (physical and sexual abuse, human trafficking, domestic violence, etc.). Additional experience of working with Government officials such as the District Child Protection Officer, Child Welfare Committee and the police is desirable. The applicant should be able to read, write and speak fluently in English and should also be well versed in Tamil (able to speak and understand; reading and writing preferable).

Salary scale : As per the institutional rules. Accommodation not provided.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **October 19, 2019** for Items 1(a), 1(b), 2, 3(a), 3(b) and 4.

5. Centre for Stem Cell Research (a unit of inStem, Bengaluru) & Christian Medical College, Vellore
in collaboration with National Health Mission, Odisha invite applications on purely temporary basis for the following post to work under the project titled 'Control of Sickle Cell Disease and Thalassemia in Odisha'.**District Coordinators for the Centre for Stem Cell Research****Job Code : 1304**

Essential Qualification : MSW with experience in counseling and communication.

Desirable Qualification / Experience : Experience in public health.

Age : Not more than 35 years.

Remuneration up to : Rs.24,500/- per month.

Duty Station : Balasore, Cuttack, Koraput, Sambalpur, Baragarh, Jharsuguda, Bolangir, Angul, Khordha & Puri (Mention at least 3 preferred district in the application) (List of districts are subject to change).

For application form and other details, visit <http://www.cscr.in/research-opportunities/>

Please send us the duly filled application mentioning the job code either by soft copy to: cscredu@cmcvellore.ac.in or by hard copy to the Principal, Christian Medical College, Bagayam Vellore - 632 002, Tamil Nadu on or before **October 21, 2019** for Item 5.

6. Senior Resident / Assistant Professor / Assistant Physician with MD or DNB in the following specialities for the CMC Vellore Chittoor Campus in Pain and Palliative Care

- Anaesthesia
- Geriatric Medicine
- Community Health
- Palliative Care diploma candidates are welcome to apply.
- Family Medicine
- PMR
- Radiotherapy and

Candidates can play a dual role in the Operation Theatre and HDU as well if they belong to an Anaesthesia background. Salary : As per institutional rules.

Please log on to <http://www.cmch-vellore.edu> Link : "Vacancies" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address.

Applications will close on **October 21, 2019** for Item 6.

CMC NEWSLINE

Vol.No.56 No.16

FOR PRIVATE CIRCULATION ONLY

OCTOBER 14, 2019

And when the Chief Shepherd appears, you will receive the crown of glory that will never fade away.

1 Peter 5:4

CMC Awarded the India Research Excellence Award



Christian Medical College, Vellore was honoured with the 'India Research Excellence' Award, coming first in the Professional College category. This award is from Clarivate Analytics, powered by Web of Science. The Principal, Dr. Anna B. Pulimood and the Vice Principal (AHS), Dr. Judy Ann John received this award on behalf of the Institution in New Delhi. Analysis for this Award relied on both research metrics as well as a qualitative review of the research

output of the institution. The three research metrics chosen were, firstly, the percentage of papers from the institution in the top 10% of the citation distribution for papers published this year in the same field; secondly, category normalized citation impact, that shows how the publications perform relative to other publications in the same category and year (to enable fair comparison between different disciplines) and the

Continued on Page 2



Special Prayers : October 13 -19, 2019

Radiotherapy : Dr. Selvamani B. and Staff
Dr. Thomas Samuel Ram and Staff
Dr. Simon Pradeep Pavamani and Staff
Mrs. Jasmin Anand and Staff

Nuclear Medicine : Dr. Julie Hephzibah and Staff

Palliative Care :
Dr. Reena Mary George and Staff
Mrs. Jasmin Anand and Staff

Marthoma Syrian Church of Malabar

Council Members :

Rt. Rev. Dr. Mathews Mar Makarios Episcopa
Rev. Varughese Philip

Hospitals : Fellowship Mission Hospital, Kumbanad

Marthoma Mission Hospital, Chungathara and Kattanam

Sunday Services : October 20, 2019

6.00 pm : **Scudder Auditorium**
Dr. Mary John

6.30 pm : **Hospital Chapel**
Dr. Vasanth Samuel Mark

5.00 pm : **Friendship Chapel, KPTR Campus**
Dr. Samuel C. Raj

4.30 pm : **Chittoor Chapel**
Rev. Vijaykumar

Welcome :

Dr. Sundeep M.C. Kisku, Professor, Department of Paediatric Surgery, on his return from study leave.

Dr. Paul Ravindran retires



Dr. Paul Ravindran began his journey with CMC way back in 1986 with the Department of Radiotherapy. Since then he has been an active member and solely responsible for the various developments within the department. His great passion for teaching and his interactive style of delivering lectures in Radiological Physics and Medical Physics to the UG and PG students of Radiation Oncology and Radiotherapy Technology, made him a professor much loved by his students. He took special interest in teaching Radiobiology, Brachytherapy and Physics of

Radiation therapy with emphasis on computation methods for treatment planning.

In the year 2001, Dr. Paul had worked with London Regional Cancer Programme, London. Following which on his return to CMC, started a two-year residency programme in Medical Physics similar to the one in Canada, which was the first of its kind in India. This residency programme also gained acceptance from the International Atomic Energy Agency (IAEA).

Continued on Page 2

number of highly cited papers (top 1%) produced by the institution. For the qualitative review, the global footprint of citations, the history of responsible conduct of research and national and international recognition were taken into account.

A special mention was made at the award ceremony that CMC Vellore has the highest number of highly cited papers amongst all professional colleges and the 3rd highest category normalized citation impact that was 1.5 times the world average for the period 2012 to 2018. The institution is thankful to all the faculty and students for their contribution towards excellence in research and is grateful to God for His blessings.

Dr. Paul Ravindran retires

Continued from Page 1

In 2011, Dr. Paul Ravindran was responsible for starting the three-year Master's Programme (M.Sc.) in Medical Physics in affiliation with the Tamil Nadu Dr. MGR Medical University. In the same year, he also established a laboratory exclusively for students of Medical Physics equipped to perform basic science experiments, such as determination of half value layer, attenuation coefficient and gamma spectrum of radio isotopes. He also developed an imaging lab, with a bench top x-ray Cone Beam CT for imaging experiments and small computer lab for technical computing under a grant from the Department of Science and Technology, Government of India. The other lab he developed was for Gel dosimetry with facility for preparing FX and LCV gel and Optical cone beam CT for reading the radiation dose embedded in the Gel matrix.

Apart from being an inspiration within the department, he has been in various administrative positions in the institution. From 2008 to 2010, he was a member of the administrative committee and from 2010 to 2014 he headed the Department of Medical Records and was the Vice Principal (AHS) during the same time. From 2017, he has been serving as the Associate General Superintendent. Outside the institution, he is the Convener and Secretary of the Medical Radiation Technology Training Committee of the Christian Medical Association of India from 2005. He was also a member of the board and the executive committee of SIHR & TC, Hospital Karigiri. He has also held various honorary positions, such as, the Chief Examiner of College of Medical Physics of India, Member of Editorial Board, Journal of Medical Physics, member of project review committee in TDDP. He has tremendous experience in academic, clinical and research activities and has been involved in numerous projects as the principal investigator. Dr. Paul is well known for his expertise in teaching. He has been a mentor for many in their academic and personal lives. His wife, Dr. Vinitha Ravindran is the Professor & Head of Continuing Nursing Education and their daughter, Ms. Sharon Paul is a Psychologist working for an NGO at Bangalore.

CMC community is ever grateful to him for his sincerity in service and his dedication to God in life.

ICS National Talent Search 2019-2020

The Department of Pulmonary Medicine and Respiratory Medicine organized Indian Chest Society National Talent Search contest on 13th and 14th September, 2019. It was conducted as a national event this year. A total 70 Pulmonary Medicine trainees - DM, MD, DNB and Diploma from across the country and a set of eminent faculty in the field participated as Judges. The programme was coordinated by Dr. Avinash Nair, Assistant Professor of Respiratory Medicine. Dr. D.J. Christopher, Professor of Pulmonary Medicine and the organizing chairman of the programme, welcomed the audience and spoke about the evolution of the program from a regional event into a national event; during his tenure as zonal chair of the society. In addition to the Dr. Drupad memorial quiz, the interactive clinical case discussion and the radiology image contest, a research methodology workshop was also organized. Dr. Nihal Thomas, Associate Director and Dr. Vinay Timothy Oommen, Vice Principal UG offered their felicitation during the inaugural ceremony. After the final round, 7 competitors from interactive clinical case discussion group and 3 from the radiology image contest group were selected for full funding to attend the Grand Finale at NAPCON 2019 at Kochi, Kerala. The institution congratulated the following winners: **Dr. Anisha Mathew** for the Interactive Clinical Case Presentation, **Dr. Benjamin** and **Dr. Ancy** for the Radiology Image Contest.

CME organised by the Department of Forensic Medicine

The Department of Forensic Medicine in association with the CME unit conducted a CME on "Challenges of Managing Cases Under POCSO (Protection Of Children from Sexual Offences) Act" on 21st September, 2019. The event was inaugurated by the Dr. J.V. Peter, Director, Dr. Mousumi Sen, Acting Head Department of Forensic Medicine and the resource persons. There were various sessions and lectures delivered by the

Continued on Page 3

dignitaries. Mrs. G. Vanitha, ADSP, Crime Against Women and Children, Tiruvannamalai, spoke about “Procedures and Protocols Followed by the Police for Handling the Cases Under the POCSO Act”. The second talk on “Medical Opinion Under the POCSO Act – A Legal Perspective” was delivered by Mrs. Lakshmi Priya, Senior Public Prosecutor, Fast Track Mahila Court, Vellore. The last session of the CME, “Pitfalls and Challenges for Health Care Professionals While Managing Cases Under the POCSO Act” was delivered by Dr. Jagadeesh, Head of the Department of Forensic Medicine, Vydehi Medical College, Bengaluru. He is a member of National committee on framing Guidelines on management of Child sexual Abuse of Indian Medical Association, National headquarters, New Delhi and UNICEF, New Delhi. The CME was highly informative and beneficial to all the participants.

Memoranda

- **Dr. Selvamani B**, Professor is appointed as Deputy Director (Housing) with effect from 5th October, 2019 for a four year term.
- **Mrs. Ebenezer Ellen Benjamin**, Professor of Maternity Nursing & Deputy Director (Nursing & Campus Development) is re-designated as Deputy Director (Hospitality and International Relations) with effect from 7th October, 2019 till her superannuation.
- **Dr. Mark Ranjan Jesudason**, Professor & Head of General Surgery Unit-II is appointed as Head of the Department of General Surgery and Division of Surgery with effect from 12th October 2019 for a four year term.
- **Dr. Suchita Chase**, Professor is appointed as Acting Head of General Surgery Unit-IV with effect from 12th October 2019 until further notice.

Sports News

The Staff games and sports will be starting from the month of November 2019. The following conveners will receive the team entries on or before 31st October, 2019. For more details regarding rules and regulations kindly contact : Dr. Balaganesan, Physical Director, Tel: 4478 / 9443628333.

S.No	Sports	Name	Department	Tel. No
1	Athletics	Mr. Naveena Krishnan Mr. Nixon Barnabas Mr. Prakash Mr. Wilson Mr. Chindhani Selvan	College of Nursing Radiology MCTT Electrical MCTT	7016 / 9994023416 2822 9944902637 9244316222 9600252499
2	Basket ball	Dr. Thomas Palocaren Dr. R. Balaganesan	Paediatric Ortho-II Physical Director	2172 / 9894464919 4478 / 9443628333
3	Cricket	Mr. Mainson Mr. Srinivasan Mr. Sathyamurthy Mr. Edin Decoster Lawrence Mr. Nioldoss	Haematology MHC Pharmacy P & O CRS Radiology	2892 4668 2720 3166 / 9597937010 9843310927
4	Chess	Mr. Bharathi Raja	ISSCC Pharmacy	3212 / 9943023204
5	Carrom	Mr. Lazarus	Dermatology	2756 / 9043900411
6	Foot ball	Mr. Sampath Paul Mr. Dhayalan	College Maintenance CHIPS	4244 2117 / 9787877943
7	Hockey	Dr. R. Balaganesan	Physical Director	4478 / 9443628333
8	Shuttle Badminton	Mr. Vinayagaram Mr. Balaji	MS Office (CBM) MRD	2790 2790 / 9043072546
9	T.T.	Mr. Selvakumar Mr. Naveena Krishnan	Electrical Department College of Nursing	9787456587 7016 / 9994023416
10	Tennis	Dr. John Roshan	Cardiology	3572 / 94422312680
11	Volley ball	Mr. Navena Krishnan Mr. Allan Jebaraj	College of Nursing P & O	7016 / 9994023416 2720

Obituaries

• **Dr. Benedict Prabhu**, SHO in Neurotrauma ICU, passed away in a tragic accident on 3rd October, 2019. He was a young, cheerful, enthusiastic member of the healthcare community who left us too soon. In the short duration that he was with us he managed to leave a lasting impact of his spirit and zeal on all of us. May God grant peace to his soul and give his loved ones that he left behind, the strength to deal with his untimely demise.



• **Mrs. Meera Devi**, mother of Dr. Ravi Shankar, Associate Professor, Thoracic Surgery Unit-III and mother-in-law of Dr. Swati Rathore, Professor, Department of Obstetrics & Gynaecology Unit-V on 10th October, 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

Notices

• American Heart Association – Basic Life Support Course (AHA-BLS) provider level course

American Heart Association -Basic Life Support (AHA-BLS) provider level course will be held on the **14th November, 2019 at the Paul Brand Building ,CMC, Vellore**. This one day course is designed for healthcare providers (doctors, nurses, paramedics) and the curriculum consists of video based, interactive lectures and skills training in cardiopulmonary resuscitation (CPR), use of Automated External Defibrillator and relieve choking in a safe, timely and effective manner to all ages –Adult, Pediatric and Infants. . The number of participants is strictly restricted to **18** as per AHA guidelines. **The registration fee is Rs. 2,500/-** (cost of study materials included) and the last date for registration is **22nd October 2019**. For registrations, Please contact Ms. Nitha Cathuan, Paediatric ICU or Dr. Ebor Jacob, Paediatric ICU (Phone No.0416-228-3366).

• American Heart Association –Pediatric Advanced Life Support (AHA PALS) course

The **AHA-PALS** course will be held on the **15th & 16th November, 2019** at the Paul Brand Building, CMC. This well known Paediatric Advanced Life Support Course, accredited by the American Heart Association and American Academy of Paediatrics, is valid internationally. The number of participants is strictly restricted to 18 as per AHA guidelines. **The registration fee is Rs. 6,500/-** (cost of study materials included). The last date for registration is **22nd October 2019**. This two day course is designed for healthcare providers (doctors, nurses, paramedics) who initiate advanced life care in acutely ill children, beyond basic life support, through the stabilization or transport phases of a paediatric emergency. The course consists of lectures, videos, discussions and hands - on sessions based on simulated case scenarios and aims to train the participants in early recognition and emergency management of critically ill children with an emphasis on team concept. For enquiries and registration, please contact Ms. Nitha Cathuan or Dr. Ebor Jacob, Paediatric ICU (Phone No.0416-228-3366).

Situations Vacant

1. Senior Resident Gr.III with MD (Microbiology) for the Department of Clinical Virology

Preference will be given to those who have one year experience in Virology.

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2. Tutor Gr.IV with BPT Graduate IAP recognized College / University for the Department of Physical Medicine and Rehabilitation (PMR)

Should have completed 6 months of compulsory internship on or before 31.08.2019. Age limit : Below 30 years.

Salary scale : Approximately gross salary: Rs.28,000/- per month. Accommodation not provided.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **October 19, 2019** for Item 1 and **October 28, 2019** for Item 2.

3. Senior Resident Gr.III to work in the Department of Haematology, under project mode for one year

Qualification : MD Pathology.

Mode of appointment : Project mode.

Job Code : 1305

Salary : As per institutional rules.

Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu/> →General →Vacancies →Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **October 28, 2019** for Item 3.

CMC NEWSLINE

Vol.No.56 No.17

FOR PRIVATE CIRCULATION ONLY

OCTOBER 21, 2019



My flesh and my heart may fail, but God is the strength of my heart and my portion for ever.
Psalm 73:26

10th Annual Research Day - 2019



The 10th Annual Research Day was held on 4th and 5th October 2019 in Scudder Auditorium and New Examination Hall. This year saw an excess of four hundred and fifty abstracts among which two hundred and twenty were selected for podium presentations and another two hundred and thirty as posters. The abstracts were categorized into Medical Specialties, Surgical Specialties, Allied Health Sciences, Basic Sciences, Medical Students, Nursing, Field and Epidemiology, Medical Physics, Case Reports / Series, Bioengineering, Ph.D and Others. There were one hundred and seven prize winners together in both podium and poster presentation.

The highlights of the day included a special oration by the distinguished faculty Padma Shri. Dr. J. Gowri Shankar, Indian Medical Microbiologist, Retired Director of CDFD, MBBS Batch of 1972.

The Chief Guest was introduced by Dr. Biju George, Additional Vice Principal (Research) and was felicitated by Dr. J.V. Peter, Director, Dr. Anna B. Pulimood, Principal and Dr. Nihal Thomas, Professor, Department of Endocrinology.

The Shubhanker Mitra Memorial Award for the best Undergraduate paper for, Nursing, Medical and Allied Health Sciences, was given by Dr. J.V. Peter, Dr. Anna B. Pulimood, and Dr. Nihal Thomas to Ms. Dona Eldhose, Mr. Yashraj Kale and Ms. Manogya Ranjan and Ms. Dolcy Dhar.

Continued on Page 2



Special Prayers : October 20 -26, 2019

Division of Surgery :

Dr. Mark Ranjan Jesudason and Staff
Dr. Pranay Gaiwad and Staff
Dr. Vijay Abraham and Staff
Dr. Suchita Chase and Staff
Dr. Premila Lee and Staff

Head and Neck Surgery :

Dr. Amit Jiwan Tirkey and Staff

Vascular Surgery :

Dr. Sunil Agarwal and Staff

Hepato Pancreato Biliary Surgery (HPB) :

Dr. Frederick Lorence Vyas and Staff

Endocrine Surgery :

Dr. Deepak Thomas Abraham and Staff

Mizoram Presbyterian Church Synod

Council Members : Dr. L.H. Thanga Singson
Rev. B. Sangthanga

Hospital : Synod Hospital, Durtlang, Mizoram

Marathi Mission

Council Member : Mr. Robert Moses

Hospital: Fairbank James Friendship Memorial Hospital, Vadala Mission and others

Sunday Services : October 27, 2019

6.00 pm : **Scudder Auditorium**

Dr. Sunil Chandy

6.30 pm : **Hospital Chapel**

Er. David Chandran

5.00 pm : **Friendship Chapel, KPTR Campus**

Rev. Paul Ravikumar

Welcome :

• **Mrs. M. Baby Saroja**, Professor, Community Health Nursing (CON), on her return from sabbatical leave.

• **Mrs. Lillian Percy Kujur**, Associate Professor, College of Nursing, on her return from study leave.

This year the Department of Accident and Emergency Medicine emerged as the overall Winners and were presented the Rolling Trophy by the Chief Guest Dr. J. Gowrishankar, Dr. J.V. Peter and Dr. Anna B. Pulimood.



Gap analysis towards accreditation at AIIMS Rishikesh, Uttarakhand

The Department of Hospital Management Studies and Staff Training and Development organized the 5th Management Assignment Programme (MAP) in All India Institute of Medical Sciences (AIIMS), Rishikesh, Uttarakhand between 9th and 11th July 2019. This initiative was to train the Post Graduate Diploma in Hospital Administration (PGDHA) and Fellowship in Hospital Administration (FHA) students in Management Orientation Visit and Education (MOVE), Management Assignment Programme (MAP) and Mission Hospital Internship Training and Education (MITE). They will be



posted in various hospitals during their internship.

AIIMS Rishikesh was started in the year 2012 by Ministry of Health and Family Welfare, Government of India and it is also considered as the Institute of National Importance in India. In response to the request of Dr. Ravi Kant, Director, AIIMS Rishikesh and Dr. Kim Mammen, Dean – Quality (Former Professor of Urology, CMC Ludhiana), the Gap Analysis of NABH accreditation and its implementation was conducted by the CMC team, after obtaining necessary permission and approvals from CMC Vellore administration. Dr. Samuel N.J. David, Senior Manager and Head of Management Studies and HR, CMC Vellore took up the task along with his team of faculty and students from the Department of Hospital Management Studies and Staff Training and Development.

A detailed Gap Analysis was carried out by the CMC team followed by a presentation to the HODs at AIIMS, Rishikesh. Dr. Ravi Kant, Director, AIIMS and his team appreciated the work done by the Department of Hospital Management Studies & Staff Training and Development.

Cookery competition – World Diabetes Day 2019

“Eat breakfast like a king, lunch like a prince, and dinner like a pauper” (Adelle Davis). The Department of Endocrinology, had organized a cookery competition on the theme “A Diabetic Dinner” 28th September 2019, which was a melange to exhibit the culinary skills of the people of Vellore. The event was graced by panel of experts from CMC, Vellore. Dr. Sujatha Charles, Senior Physician, Department Obstetrics and Gynaecology CMC Vellore Chittoor Campus, Mrs. Florence Sekaran, Head, Speciality-V Nursing and Mrs. Jayalakshmi, Senior Dietitian, Dietary Department.



The event witnessed a participation of nearly thirty school and college students and home makers. A myriad of nutritious and sumptuous low calorie dishes with vegetable salads were prepared with grains such as fox tail millets, horse gram, ragi and dhall. Novel recipes namely Oats oothapam, Chicken wheat semya, foxtail millet dosa, guava chutney, odomillet upma were deliciously prepared and aesthetically presented. The recipes were evaluated on the basis of nutritive and calorific value, cost of ingredients, time duration of cooking, and taste.

Mrs. Jayalakshmi addressed the gathering on the importance of adequate intake of high quality protein low carbohydrate diets and portion size of the meal. She reinstated that fats are not deadly for diabetics and moderation is the key to diabetes control in addition to physical activity and medical care. Taking cue from recent research,



Mrs. Jayalakshmi stated that a possibility exists to reverse diabetes in the initial stages, through adherence to a low calorie diet and adequate physical activity. In addition, the perils of overt mobile usage on sleep deprivation and health was reiterated.

With a plethora of online and social media sources of dietary recipes, there is a boom on fat diets. One must exercise caution in choosing the right diet for diabetic patients, and should be done under medical advice.

The first prize was bagged by Mr. Rohit and Ragul of Muthuraman Arts College, for the recipe ragi and vegetable kuzhipaniyaram, multigrain oothapam with mint chutney. Mrs. Chitra priya and Durga of Vellammal Bodhi Campus school stood winners of second prize for their recipe of keto diet comprising of multigrain pancake, fenugreek seed pancake and mint chutney. The menu comprising of paneer omlette, oats paniyaaram, wheat semya, little millet pancakes prepared by Ms. Asha and Nancy Moulica bagged the third prize. The cash prizes and trophies will be awarded to the winners during the valedictory function to be held in February or March next year.



College of Nursing wins overall championship at State SNA Conference



The XVIII Tamil Nadu State Student Nurses Association (SNA) Biennial Conference 2019-2020 was held at Kovai Medical College and Hospital, Coimbatore from 26th to 28th September. Ninety seven students representatives from Student Nurses Association (SNA) of College of Nursing, CMC attended the conference. Among a

total of 1967 students from 61 colleges, the students of College of Nursing, CMC made the institution proud by bagging 18 trophies in various events like extempore, innovative model, health education, vegetable carving, Collage, variety programme, spot painting, mono acting, 19 feet jump, 100 meters run- boys, 100 meters run- girls, scientific paper presentation, relay, adaptune and stand up comedy. The College of Nursing stood first in State of Tamil Nadu by winning both Championship for cultural and the overall championship proving once again that the College of Nursing contributes largely to the overall development of students, helping them to grow personally and professionally by discovering their potentials and talents. Ms. Anya Zereen Benzy and Ms. Gnana Sheeba Pillai were elected to be Vice president and Secretary of Student Nurses Association of Tamil Nadu Branch for the year 2019 - 2021 which again is a great honour. Winners of the first prize in the special events will represent the State of Tamil Nadu at the National SNA Biennial Conference to be held at PSG College of Nursing, Coimbatore in November 2019.

World Trauma Day Exhibition and Awareness Walk

CMC organised an exhibition and awareness walk to reiterate the increasing rate of accidents causing death and disability on World Trauma Day on 17th October, 2019. 300 young people walked from Vellore Fort to CMC Hospital to spread awareness about the rapidly growing problem of trauma and in particular Road Traffic Accidents (RTA). The walk was flagged off by the Superintendent of Police, Shri. Pravesh Kumar, IPS. “Initiatives like this are much needed,” he said, “to raise awareness and bring down the number of accidents. Safety is not the responsibility of just one department, everyone must play their part.” Members of CMC’s Accident and Emergency Team (both staff and students) led the walk, followed by students from Auxilium College and CMC.

Continued on Page 4

They shouted slogans and held placards and banners to spread the message of Road Safety. “Last year over 7,600 Trauma Patients were admitted in our Emergency Unit,” said Dr. Sukria Nayak, Professor of Surgery at CMC. “Of these, nearly 5,000 were victims of road traffic accidents. A majority were motorbike injuries. A simple act like wearing a helmet can reduce the risks of head injury by 70%.”

CMC organised an exhibition with stalls on first aid and how to help an accident victim, post-trauma rehabilitation and the new advanced Trauma Care Centre coming up at CMC Kannigapuram Campus. The motorbike simulator and games sponsored by Chola



MS Risk Services exposed the dangers of unsafe driving. If everyone follows highway rules and treats other road users with respect, the number of accidents will come down immediately. CMC's Blood Bank Donor Bus was parked near the exhibition and 13 voluntary donors gave blood to save the lives of trauma victims. CMC is building a dedicated Trauma Care Centre in their new campus at Kannigapuram on the busy National Highway between Chennai and Bengaluru. This will offer multi-disciplinary care under one roof with expert specialist doctors and highly skilled support teams.

For more information about the Trauma Care Centre please visit www.givecmc.org or email dev.office@cmcvellore.ac.in

Congratulations!

- **Dr. M.J. Paul**, Professor, Department of Endocrine Surgery, has been Elected to the post of President of the Indian Association of Endocrine Surgeons for the term 2020 - 2021 at the 20th Annual Conference held at Indore on 27th September, 2019.
- **Dr. Ruth Anna Stephen**, PG Registrar from the Department of Radiology has been awarded the 1st prize for paper presentation at the 3rd Annual Conference of the Indian Society of Gastrointestinal and Abdominal Radiology (ISGAR 2019) held from 27th to 29th September, 2019 at Kochin.
- **Dr. Y. Mounika Reddy**, 2nd year fellow in Implant Otology has won the 1st prize for her e-poster titled, "Retrograde Electrode Insertion Via Middle Turn Cochleostomy In A Case of Labyrinthitis Ossificans" at the 17th Annual Conference of the Cochlear Implant Group of India at Mumbai held on the 11th to 13th October, 2019.

Notices

- The **Founder's Day Staff Sports** will commence from the month of November. The teams who are enrolling for the Cricket team must ensure that atleast six members out of the eleven, should be from the representing Department.
- The **'A' Ward sale** is organized on 9th November 2019, Saturday in 'A' - ward premises from 8.30 am to 2.00 pm. Dr. Anand Zachariah, Professor, Department of Medicine Unit-I will be inaugurating the sale. The proceedings of the sale will benefit a few of our economically disadvantaged patients (P.T.P fund).

• **Indian Academy of Paediatrics –Basic Life Support Course (IAP-BLS)**

Basic Life Support (IAP-BLS), 2017-18 update will be held on **25th July 2019** at the Paul Brand Building, CMC Vellore. IAP-BLS course is designed to provide a wide variety of health care students, professionals and other personnel, the cognitive and skills training in cardiopulmonary resuscitation (CPR) and use of an Automated External Defibrillator (AED) to save lives. The ability to recognize life-threatening emergencies, provide CPR, use an AED and relieve choking in a safe, timely and effective manner to **all ages – Adult, Paediatric and Infants are the main highlights of the curriculum**. The registration fee for this course is **Rs.1,000/-** (including course material) and the certificate given is valid nationally. The last date for registration is **4th November 2019**. For registrations, please contact Ms. Nitha Cathuan or Dr. Ebor Jacob, Paediatric ICU Phone No: 0416 - 2283366.

Indian Academy of Paediatrics – Advanced Life Support (IAP- PALS) course

The IAP-PALS provider level course will be held on the **26th & 27th November, 2019** at the Paul Brand Building, CMC Vellore. This well known Paediatric Advanced Life Support Course, accredited by the Indian Academy of Paediatrics, is valid nationally. The number of participants is strictly restricted to 30 as per IAP guidelines. The registration fee is **Rs.4,500/-** (cost of study materials included). The last date for registration is **4th November 2019**. This two days course is based on the latest 2017 IAP updated guidelines. For enquiries and registration, please contact Ms. Nitha Cathuan or Dr. Ebor Jacob, Paediatric ICU (Phone No: 0416 2283366). **NOTE:** It is mandatory for the participants to complete the IAP-BLS training prior to the IAP-ALS course. IAP-BLS course has been scheduled on **25th November 2019** and the registration fee is Rs.1,000/- (cost of study materials included).

Obituaries

• **Mr. Robert Jack**, Sr. Gr.II Electrician, Department of College Maintenance on 11th October, 2019. Mr. Robert Jack joined CMC in the year 1998. He is survived by his wife, Mrs. Joyce Gracelin and two sons, Johnson and Jefferson.



• **Mr. S.P. Swaminathan**, retired Selection Grade Technician, Wellcome Trust Research Laboratory on 13th October, 2019. Let us uphold his wife Mrs. Jayalakshmi, son Mr. S. Louis Rajkumar, Lab Technician, Department of Transfusion Medicine and Immunohaematology, daughter Mrs. Sheela Santhakumari, Associate Research Officer, Wellcome Trust Research Laboratory, daughter-in-law Mrs. Suseela Rajkumar, Charge Nurse, O5 East, grand daughters Ms. Grace Priscilla L, 4th Year B.Sc. Nursing Student, CMC, Ms. Jerusha Carmel L, 2nd Year MBBS Student, CMC and S. Jane Benita, BOT 1st Year student at SRMC.



• **Dr. Geoffrey Louis Allen** (MBBS batch of 1947) on 14th October, 2019. Dr. Geoffrey Louis Allen was born in Peshawar (then British India) in 1927 and attended La Martiniere College, Lucknow, and Christian Medical College Vellore, where he was one of the first ten men in a previously exclusively women's college.

After graduation and training in cardio-thoracic surgery, he was appointed a consultant in the College Hospital unit, where the first open heart operation in India was performed. In 1960, he moved to England for family reasons, and from 1960 - 1962 was Senior Registrar, Cardio-Thoracic Unit, Royal Infirmary, Sheffield.

In 1963-1964, he was Senior Registrar, Cardio-Thoracic Unit, Harefield Hospital, UK working with prestigious surgeon Thomas Holmes Sellors. In 1964, he was appointed Cardio-Thoracic and Vascular Surgeon, Green Lane Hospital, gaining valuable experience with Brian Barratt-Boyes.

In March 1967, he started at Waikato Hospital, New Zealand doing all the major closed cardiac, thoracic and vascular surgery together with some early paediatric surgery, and establishment of vascular access for the renal service. Dr. Geoff Allen was appointed the first Thoracic and Vascular surgeon at Waikato Hospital, New Zealand in 1967.

Important New Zealand "firsts" include mediastinoscopy, insertion of a epicardial leads for a demand pacemaker, radial arterio-venous access for haemodialysis, and participation in reimplantation of a hand. After retirement in 1996, Dr. Geoffrey Allen continued, among other interests, to play golf twice weekly.

He was married to Mrs. Shirley Mae Connors, a competent surgical ward Charge Nurse, in 1969, and had three children, David, Janet, and Christopher. Mrs. Shirley died in 2016.

A service for Dr. Geoffrey Allen will be held at Seddon Park Funeral Home Chapel, Cnr Seddon Road & Somerset Street, Hamilton, New Zealand on Saturday, 19th October 2019 at 1.30pm followed by private cremation. All communications to the Allen family C/- PO Box 5523, Frankton, Hamilton, 3242, New Zealand.

For those who would like to send flowers or share your thoughts and memories in the guest book, please click on the following link : <https://www.legacy.com/obituaries/nzherald-nz/obituary.aspx?pid=194163837>

• **Mrs. Susie Koshi**, former Superintendent of New Life Centre and wife of the late Dr. K.G. Koshi (former Director of CMC), mother of Dr. Renu Raju (former Head of Schell Eye Hospital), Mr. George Koshi, Mr. Tharyan Koshi and late Dr. Thomas Koshi, on 15th October, 2019. Born as Susie Tharyan, in 1927, she lived to the ripe old age of 92. During these years, she brought life, joy and comfort to those who least expected to feel these.

Mrs. Susie initiated the development of the College Hill Nursery School in 1954, and ensured that the school was open to all staff children. She was an active Secretary of the school and personally saw to all of its functions on a daily basis for almost two decades. Her official status at New Life Centre was that of Superintendent, but to those who lived there she was counsellor, friend, mother or sister. A good friend of Dr. Mary Verghese, Mrs. Susie Koshi worked with other physically challenged people too and was the Honorary Managing Trustee of the Mary Verghese Trust.

She was awarded the Alumni award in 2016 during the Alumni Reunion for her immense contribution to the Christian Medical College, its staff and their children and to those in need of love and kindness through her exemplary characteristics of integrity, high level of commitment and compassion. For those who would like to get in touch with the family, the contact details of her daughter Dr. Renu Raju is given below : Dr. Renu Raju, email : renuraju@hotmail.com

• **Mr. Venkatesulu P**, father of Mr. Ramiah V, Sr. MRT Gr.II in Medical Records Department on 16th October, 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

Situations Vacant

1. One year Clinical Physiotherapist post for the Department of PMR (PT)

Eligibility : BPT Graduate from a Recognized College / University.

Should have completed six months of compulsory rotatory internship on or before 21st October, 2019.

Experience : Less than 4 years after internship completion.

Age limit : Less than 30 years.

Monthly stipend : Rs.9,620/-.

Accommodation not provided.

Apply with resume, including dates of work experience, mobile numbers, postal address and email ID and photocopies of work experience and other relevant certificates to the Principal, Christian Medical College, Bagayam, Vellore - 632 002.

Last date for submission of applications is **October 30, 2019** for Item 1.

Know your Department- Occupational Therapy

OCTOBER 28, 2019



50 years of Occupational Therapy Education in CMC Vellore

Occupational Therapy is a patient-centred health profession that promotes health and well-being through various occupations. 'Occupation' is not synonymous with work, but is any productive, meaningful task that is part of any role in a person's life. 27th October is celebrated as "World Occupational Therapy day" and this year marks the 50th year of OT education in CMC.

Evolution of Occupational Therapy

- **1962:** Occupational Therapy began in the Department of PMR, with Ms. Manuel as the first therapist and expansion of the services to Mental Health, Community Medicine, Schieffelin Institute of Health-Research Departments and to the Leprosy Centre at Karigiri by Ms. Monica Hopkins' tireless service.

- **1969:** 24th September, 1969, under the leadership of Ms. Jean Bald, a 3 year Diploma in OT training programme was started with three students.

- **1982:** Commencement of the Bachelor's programme

- **1997:** Recognition of the current 4 and a half year programme by the Dr. MGR Medical University

Holistic Care: From A - Z

Occupational Therapy (OT) Services and Education in CMC – A Walk through

Therapist **A** is helping an aged gentleman with a unilateral above knee amputation, walk down the ramp at the entrance of the OT main section. They are practicing how to get in and out of an auto, so that he can travel to work independently. The hall inside the OT section is divided into functional areas. On the right in the Paediatric therapy area, while therapist **B** helps a child to sit up by herself, therapist **C** is helping a boy hold his pencil using a special aid. Therapist **D** is assessing an infant with feeding difficulties for hypersensitivity and suck-swallow-breathe coordination.

In the adult area, Therapist **E** assesses the home environment of a woman with muscular dystrophy, so that she can pursue her passion of cooking for her children safely and efficiently. Therapist **F** is using functional electrical stimulation to improve a young man's range of wrist extension, so he can drive his bike again. Young and active therapists **G** and **H** frequent the corridors of the hospital, going from ward



to ward to see in-patient referrals from various units. These are the visits patients look forward to the most. In the Geriatric ward, Therapist **I** is making a memory box for a retired police inspector who is in the early stages of dementia. In the Paediatric Orthopedics Unit, Therapist **J** is playing with a young boy using a weighted ball - the child does not even realize that his muscles are being strengthened.

In the Developmental Paediatrics unit, a young boy runs past Therapist **K** straight into the ball pit. He is reminded to take his shoes off which he has learned to do by himself, though he still struggles with tying the laces. Therapist **L** helps a child with academic difficulties to improve her memory, problem solving skills and handwriting. Therapist **M** teaches a mother in the Neonatal ICU how to position and handle her very premature baby. Therapist **N** uses standardised assessments to detect early signs of developmental delay. In the Paediatric Surgery department, Therapist **O** positions a child's hand in a way that contractures are prevented. In the Paediatric Rheumatology department, Therapist **P** teaches a cheerful boy how his school day can be modified, to conserve energy, minimize pain and fatigue at the end of the day. In the Oncology department, Therapist **Q** makes a time schedule for Anna who has been in hospital for the past 2 months. She looks forward to her Art class and Story time.

A group of OT students have travelled via the college bus from their clinical placements to their classes. They bubble with excitement about the patients they met that day and the things they have learned. They come from the Psychiatry department, Nambikkai Nilayam, CHAD and the Rehabilitation Institute. They describe how Therapist **R** conducted a group discussion on stress management for patients with mood disorders. Ms. Manu, recovering from depression, shared her excitement with Therapist **S** – the marigold she planted during the gardening session has finally bloomed. . Student **T** is excited about having conducted the “Good morning” session for the first time, where children learn social skills such as maintaining eye contact and greeting each other.

Student **U** has accompanied Therapist **V** for a community home visit. They were able to make meaningful suggestions on home modifications and encourage Mr. Kumar, who was recently discharged from the hospital following his Traumatic brain injury. In the Rehab institute, Therapist **W** teaches an elderly man to transfer from his wheel chair to the toilet stool and back. Therapist **X** uses mirror therapy to restore movement in Mr. Naveen's left hand, which was impaired after Stroke. In the Virtual reality room, Therapist **Y** guides Anya's arm as she tries to hit a virtual ball holding a bat, to improve her balance and coordination. Suganya hugs Therapist **Z** after the Spinal Cord Injury Mela, the PMR annual follow up event. She says “When the doctor told me that I would be in a wheelchair for the rest of my life, I was shattered. But you showed me that there were so many things that I could do inspite of my disability and I can tell you wholeheartedly that I am happy.”

The 50th year of Education will be celebrated through various staff and student activities including a debate, quiz and a series of competitions called OCCUFUN. A CME on “Paediatric Rehabilitation: Different Models in CMC” will be conducted on the 28th of March, 2020. The dreams and visions for the future include increasing student intake to meet increasing demands, starting a Master's programme and exploring avenues for a PhD programme. Ties with foreign universities through student and staff exchange programmes and faculty visits, are being worked on by the alumni.

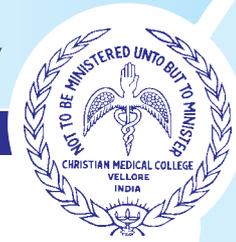
Names changed to protect the identity of patients.

CMC NEWSLINE

Vol.No.56 No.18

FOR PRIVATE CIRCULATION ONLY

OCTOBER 28, 2019



For where two or three come together in my name, there am I with them.

Matthew 18:20

SHILOH 2019



The annual students' mission conference "SHILOH 2019" was held from September 26th to 29th. The theme this year was 'Restored to Build Together' based on Nehemiah 2:18 and Isaiah 58:12. The pre-conference workshop, gave Shiloh a good start, covering topics such as final year clinics, skills in stroke rehabilitation, disaster management competencies and God's calling in Dentistry. There was also a session on communications and the Saline programme which focuses on combining ethics and compassion in work place.

The plenary speakers were Br. Cherian George and Rev. Ashok Andrews. There were sessions on services in peripheral mission hospitals, Government and private sectors and overseas mission. The group discussion was a time of reflection which gave an opportunity to interact with the participants who numbered around 1100 this year.

One of the highlights was the screening of the movie "The Least

of These", a story based on the life of Australian missionary Graham Staines who was martyred along with his two sons in Orissa. His wife, Mrs. Gladys Staines was chosen to deliver the prestigious Dr. John Scudder oration; this year being the 200th year since the arrival of Dr. John Scudder's in India. The forgiveness demonstrated by Mrs. Staines during her time of unimaginable loss is indeed a lesson to abide by.

The breakout sessions covered topics like foundation of our faith, God's plan for restoration, personal identity, relationships, integrated missional healthcare and whole person care. For the first time at Shiloh, a meaningful musical titled "Badi Miss Sahib", based on the life of Dr. Edith Brown, the founder of Christian Medical College, Ludhiana was performed by their staff and students. A stimulating Bible quiz was organised followed by a concert by 'Sounds of the Nations', a group from Hyderabad.

Special Prayers: October 27-November 02, 2019

Purchase: Mr. Joseph Selvaraj and Staff

Stores : Mr. Edin Decoster Lawrence and Staff

CRS : Mr. Paul Dhinakaran and Staff

Southern Asia Division of Seventh Day Adventists

Council Members : Pastor S. Paulmoney
Mr. Pierson Sam David

Hospitals :

Aizawl Adventist Hospital

Pune Adventist Hospital

Ruby Nelson Memorial Hospital, Punjab

SDA Medical Centre, Bengaluru and others

General Conference of Seventh Day Adventist, USA

Sunday Services : Novembe 03, 2019

6.00 pm : **Scudder Auditorium**

Rev. Deepak Gnana Prakash

6.30 pm : **Hospital Chapel**

Rev. Robin Phipon Lepcha

5.00 pm : **Friendship Chapel, KPTR Campus**

Rev. Lalbiaksanga

4.30 pm : **Chittoor Chapel**

Rev. Dr. Finney Alexander

The feedback from the participants was very positive and 78% of them have considered visiting mission hospitals. Shiloh again proved to be an opportunity for members of the CMC community to come and work together in conjunction with spiritual partners for the glory of God. Soli Deo Gloria!!



Workshop on "Cardiac Arrhythmias : An Update"



The Department of Medical and Surgical Nursing – Specialty-II, VI, Continuing Nursing Education and Research, College of Nursing, organized a workshop on “Cardiac Arrhythmias-An Update” on 6th September, 2019. The resource persons from the Department of Cardiology Unit-IV were Dr. John Roshan Jacob, Professor and Head, Dr. David Chase, Professor, Dr. Sirish Chandra Srinath P, Associate Professor, Dr. Anand M, Associate Professor, Dr. Bala Seetharaman, Professor and Head, Specialty Nursing-I

and Ms. Jasmine Anand, Professor and Head, Specialty Nursing-II. They shared their knowledge on common cardiac arrhythmias, management and the role of multidisciplinary team in improving quality of life for patients with Cardiac Arrhythmias. The workshop was attended by fifty four participants including nurses and cardiac technicians from different parts of Tamil Nadu. Skill stations on ECG interpretation, interrogation and home care were well appreciated by the participants. The Tamil Nadu Nurses and Midwives Council accredited the workshop with seven credit hours.

Workshop on "HIV Molecular Diagnostic", organized by the Department of Virology

A workshop on "HIV Molecular Diagnostics", for the staff from National STI and AIDS Control Programme (NSACP), Sri Lanka was conducted by the Department of Clinical Virology from 18th to 20th September, 2019. The programme was supported by the U.S. Centers for Disease Control and Prevention (CDC) and Christian Medical Association of India (CMAI). There were eleven participants, comprising of one consultant Microbiologist, two Medical Officers and eight Medical Laboratory Technicians from NSACP, Sri Lanka. There were presentations and hands-on training on different aspects related to HIV molecular diagnostics. During the closing session on 20th September, the Director Dr.Rasanjalee Hett Karachchi NSTD/AIDSCP, was very thankful for the help and support offered by CMC, CDC and CMAI for providing practical learning aspects related to HIV molecular diagnostics.



Congratulations!

Prize winners for the 10th Annual Research Day - 2019:

Poster Presentation (4th October, 2019)

Allied Health Sciences (Faculty) : 1st prize : **Trinaya S.**, Department of Anaesthesia,

2nd prize : **P. Bindhu Synthia**, Department of PMR and 3rd prize : **Irene Florence**, Department of Emergency Medicine.

Allied Health Sciences (Students) : 1st prize : **Abel Samuel Rabbi**, Department of Emergency Medicine,

2nd prize : **Albin C. Biju** and **Feema Raju**, Department of Emergency Medicine and 3rd prize : **Anupama Roy**, Department of Neurology

Basic Sciences (Faculty) : 1st prize : **Elizabeth Vinod**, Department of Physiology,

2nd prize : **Rekha Aaron**, Department of Clinical Genetics and 3rd prize : **Jenny Jacob**, Department of Anatomy

Basic Sciences (PG) : 1st prize : **Porkizhi Arjunan**, CSCR, 2nd prize : **Daniel Zechariah Paul J**, Department of Haematology and 3rd prize : **Shika Mary Zachariah**, Department of Physiology

Bio-Engineering : 1st prize : **Naveen Prasad**, 2nd prize : **Aravind Nehrujee** and 3rd prize : **Anne Tryphosa K.**

Field Work & Epidemiology : 1st prize : **Ramu Kandasamy**, Palliative Care Unit, 2nd prize : **Guru Nagarajan S**, Department of PMR and 3rd prize : **Kenneth Benjamin**, Department of Neurological Sciences.

Nursing (Faculty) : 1st prize : **Lilly Prasad**, College of Nursing.

Nursing – Students - College of Nursing

1st prize : **Paul Daniel Raj**, 2nd prize : **Jeslin Wils**, and 3rd prize : **Mary Lilly Johnson**.

Ph.D. : 1st prize : **Hamenth Kumar**, Haematology, 2nd prize : **Jithu James** and **Venkatesh Selvaraj**, Biochemistry & Paediatric Orthopaedics and 3rd prize : **Archana Kumar** and **Subashini T**, VIT and Neurological Sciences.

Continued on Page 3

Others : 1st prize : **Bakyalakshmi V**, Emergency Medicine, 2nd prize : **Abarna R**, Medical Oncology and 3rd prize : **Ebenezer Ezhilkumar R**, Scudder Memorial Hospital, Ranipet.

Case Reports (Medical) : 1st prize : **Audrin Lenin**, Medicine Unit-III, 2nd prize : **Anisha Mathew**, Pulmonary Medicine and 3rd prize : **Soumya S.L**, Endocrinology.

Case Reports (Surgical) : 1st prize : **Nitin Paul Ambrose**, Surgery Unit-I, 2nd prize : **Susan Daniel**, Ophthalmology Unit-II and 3rd prize : **Kiran Babu**, ENT Unit-I.

Oral Presentation (4th October, 2019)

Allied Health Sciences - Faculty : 1st prize: **Kavin A**, PMR, 2nd prize: **Elizabeth Johnson**, Cardio Thoracic Surgery and 3rd prize : **Zahra Ambarin**, Nuclear Medicine.

Allied Health Sciences - Students : 1st prize : **Dolcydhar**, Neurological Sciences, 2nd prize : **Christina Felcy Saji**, Department of PMR and 3rd prize : **Sharonmeribah S**, Cardio Thoracic Surgery.

Basic Sciences - Faculty : 1st prize : **Upasana Kachroo**, Physiology, 2nd prize : **Sathya Subramani**, Physiology and 3rd prize : **Jagadish R**, Biochemistry.

Basic Sciences - Student : 1st prize : **Roshni P**, Physiology, 2nd prize : **Kannan S**, Pathology and 3rd prize : **Divyaa Elangovan**, Clinical Microbiology.

Bio-Engineering : 1st prize : **Sahil Kumar Gera**.

To be Continued ...

Upcoming Events

• Medical Postgraduate Graduation : November 4, 2019

Chief Guest for the Graduation : Dr. Rakesh Aggarwal, Director, JIPMER, Puducherry

Guest seat allotment for PG Graduation Ceremony in the Scudder Auditorium

Postgraduates
Ph.D. Graduates } 3 seats per candidate

Guest passes can be collected from Dodd Memorial Library from 01.11.2019 (Friday afternoon) to 04.11.2019 (Monday up to 12 Noon) and later on after 2.30 p.m. from New Examination Hall, Bagayam Campus.

Medical PG Graduation Programme on 4th November 2019 begins with the taking of official group photographs of the Faculty, Post Graduates of 2019 **between 4.00 p.m. and 4.30 p.m.** in the **Scudder Quadrangle**. Buses have been arranged for the Post Graduates and Faculty to leave the hospital campus at **3.00 p.m.**

The Graduation procession will commence sharp at 5.00 p.m. and all guests are expected to be seated inside the Scudder Auditorium by 5.00 p.m. All are requested to strictly adhere to the time stated above.

Venue for the Graduation Day Dinner

1. Postgraduates and their guests
 2. Ph.D Graduates and their guests
- } Scudder Hall, College Campus

Details of the above and dinner cards may be obtained from :

Postgraduates: Mr. T. Mohan, Mrs. S. Lavanya and Mr. S. Senthil Kumar, Vice Principal's Office (PG), 1st Floor, Carman Block.

PhD. graduates: Mrs. M. Lavanya, Mr. B. Devendiran, Mr. H. Abel Jesudass & Ms. P. Carolyne Rachel Viola, Research Office, 1st Floor, Carman Block.

• The 'A' Ward sale is organized on **9th November 2019**, Saturday in 'A' - ward premises from 8.30 am to 2.00 pm. Dr. Anand Zachariah, Professor, Department of Medicine Unit-I will be inaugurating the sale. The proceedings of the sale will benefit a few of our economically disadvantaged patients (P.T.P fund).

Obituaries

• **Mrs. Thaiyalnayaki Padankatti** (*nee*: Thai), retired Clinical Instructor and In-charge of Clinical Pathology and Blood Bank, mother of Mr. Sanjeev M. Padankatti, Head of Occupational Therapy and Dr. Lazarus Rajiv Padankatti (MBBS Batch of 1991), mother-in-law of Mrs. Caroline, Developmental Psychologist and Dr. Swathi Padankatti (MBBS Batch of 1991), grandmother of Beula Elizabeth, Olivia Rachel and Rohit Samuel on 20th October, 2019.

• **Mrs. U. Sulochana**, mother of Mr. U. Premanand, Jr. Engineer, AC Section on 21st October, 2019.

Continued on Page 4

- **Mr. Raghavan P**, retired staff, Department of Medical Records on 21st October, 2019. He is survived by his wife, Mrs. Ravanamma and daughter Ms. Anandhi, Medical Lab Technician in Department of Microbiology.
- **Mrs. Rajam**, mother of Mrs. R. Saaya, Instructor, Department of Clinical Microbiology on 24th October, 2019.
- **Erratum : Mr. Robert Jack**, Sr. Gr.II Electrician, Department of College Maintenance on 11th October, 2019. Mr. Robert Jack joined CMC in the year 1998. He is survived by his wife, Mrs. Joyce Gracelin and son Jefferson. Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

Situations Vacant

- 1. Assistant Professor Gr.I with DM (Gastroenterology) for the Department of Gastroenterology**
Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).
- 2(a) Assistant Professor for the Department of Anaesthesia**
Qualification : MD (Anaesthesia). Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution.
Salary : As per institutional rules. Accommodation provided (Subject to availability).
- 2(b) Senior Resident (New MCI) for the Department of Anaesthesia**
Qualification : MD (Anaesthesiology). Salary : As per institutional rules.
Accommodation provided (Subject to availability). Age limit : < 40 years.
- 3. Tutor with MBBS and full time Fellowship in Accident & Emergency Medicine / MCEM for the CMC Vellore, Chittoor Campus**
Salary : As per institutional rules. Accommodation will be provided in Chittoor.
- 4. Senior Resident with MS / DNB (Ophthalmology) with standard institution criteria as per new MCI rules for the Department of Ophthalmology**
Preference will be given to candidates who do not have any speciality fellowship. Age limit : <40 years.
Salary : As per institutional rules. Accommodation provided (Subject to availability).
Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>
Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**
Applications will close on **November 02, 2019** for Item 1, **November 09, 2019** for Items 2(a), 2(b), 3 and **November 28, 2019** for Item 4.
- 5. Associate Research Officer Gr.IV for the Department of Clinical Virology** **Job Code : 1306**
Qualification : M.Sc. Microbiology or Applied Microbiology or Molecular Virology.
Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.
- 6. Research Associate for the Department of Urology Unit-II** **Job Code : 1307**
Qualification : M.Sc. Biological Sciences with 3 years experience / Ph.D. / M.Tech. with 2 years experience.
Mode of appointment : Project mode. Salary : As per institutional rules. Accommodation not provided.
Download application from this link: <http://www.cmch-vellore.edu/> → General → Vacancies → Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **November 11, 2019** for Items 5 and 6.
Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.
- 7. Staff III Dental Hygienist for the Department of Dental & Oral Surgery**
Qualifications : H.Sc.(+2) or equivalent + Pass in Dental Hygienist Course + Pass in Dental Assistance Course and registered with State Dental Council.
Note : Only regular mode will be accepted, private or correspondence will be not accepted. Age limit : 35 years.
Salary scale : As per institutional rules. Job description : Chairside Assisting, Scaling etc.,
Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>
Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**
Applications will close on **November 11, 2019** for Item 7.
- 8. Ida Scudder School, Vellore - 632 006, Tamil Nadu (Affiliated to the CISCE, New Delhi)**
The school invites applications from trained graduates for the post of **English Teacher** to teach students of classes 1 to 5. Apply to "The Correspondent" Ida Scudder School, No.1, Kalinjur Main Road, Viruthampet, Vellore-632 006, Tamil Nadu, on or before **November 04, 2019** by furnishing your CV, latest passport size photograph, photo copies of all the necessary certificates and other related documents and contact details in the application format available at the school website : www.scudderschool.ac.in

CMC NEWSLINE

Vol.No.56 No.19

FOR PRIVATE CIRCULATION ONLY

NOVEMBER 04, 2019

We always thank God for all of you, mentioning you in our prayers.



1 Thessalonians 1:2

World Patient Safety Day



On 17th September, 2019, the First **World Patient Safety Day** was celebrated by the Quality Management Cell (QMC), Directorate in Norman Auditorium. The theme for this year was '**Patient Safety: A Global Health Priority**' and the slogan was '**Speak up for Patient Safety**'.

The programme began with prayer, led by Mr. Samson Varghese, Chaplain and Dr. Suceena Alexander, Deputy Director (Quality) welcomed the gathering. The dignitaries present were Dr. J. V. Peter, Director, Dr. Vikram Mathews, Associate Director (Admin), Dr. Prasad Mathews, Medical Superintendent, Dr. Premila Lee, Nursing Superintendent and Er. David Chandran, General Superintendent.

What is patient safety? - It is a globally expressed concern regarding Public Health and forms the fundamental principle of health care. In an effort to create awareness about patient safety, the clinical and nursing Quality Managers and Safety

Advisers, who are the champions of patient safety organised various programmes and sessions to educate and update the departments. A wristband with the tagline, "**Committed to Patient Safety**", was distributed and banners and posters were placed in strategic locations to educate the public on the same.

Dr. Suceena Alexander gave an introduction to International Patient Safety Goals (IPSG) which was presented during the programme. A new Surgical Safety Checklist was released by Dr. Prasad Mathews, along with Dr. Lallu Joseph, Manager, QMC.

The first copy of the checklist was presented to Dr. Premila Lee, Nursing Superintendent and Dr. Anita Shirley Joselyn, Professor and DQM, Department of Anaesthesia. An insight into the new Surgical Safety Checklist was presented by Ms. Anita Kiruba, Nurse Manager, OR Nursing. The Quality Management Cell conducted an online quiz programme (<https://Khaoot.it>) on patient safety

Special Prayers : November 03 - 09, 2019

Plastic Surgery :

Dr. Kingsly Paul M. and Staff
Dr. Ashish Kumar Gupta and Staff
Dr. Bala Seetharaman and Staff

**International Mission Board,
Southern Baptist Convention**

Council Members : Dr. Naveen Thomas
Mr. Sunny Kuruvilla

Hospital : Bangalore Baptist Hospital

Sunday Services : November 10, 2019

6.00 pm : **Scudder Auditorium**

Dr. Vasanth Mark Samuel

6.30 pm : **Hospital Chapel**

Dr. Sujith Chandy

5.00 pm : **Friendship Chapel, KPTR Campus**

Dr. Obed John

4.30 pm : **Chittoor Chapel**

Rev. Vijaykumar

and the prizes were distributed by Dr. Lallu Joseph.

Mrs. Sophia Vijayanandhan, Professor, College of Nursing received the first prize. The second prize was shared between Dr. Manu Mathew, Asst. Professor, Radiation Therapy and Mr. John Leeson P, Management Intern Trainee, QMC and the third prize was shared between Mrs. Princy R, Management Intern Trainee, QMC and Ms. Anitha L, Nurse Manager, QMC. The certificates were distributed by the dignitaries. The programme concluded with a vote of thanks by Dr. Suceena Alexander.



Continued on Page 2



Diploma in Hospital Administration (DHA)

The Diploma in Hospital Administration was started in March, 2019 by the Department of Hospital Management Studies & Staff Training and Development (DHMSSTD) in collaboration with the Christian Medical Association of India (CMAI). This course was designed to equip those working in mission Hospitals, with the knowledge and skills required to become efficient managers and leaders while continuing to serve their institutions. It will help them to integrate theoretical and scientific frameworks with their own experience in order to implement best practices in their hospitals which would provide them the ability to deal with a range of management issues.



In addition to this course, the Department of Hospital Management has developed three other programmes called Management Orientation Visit and Education (MOVE), Management Assignment Programme (MAP) and Mission Hospital Internship Training and Education (MITE). Through these programmes the PGDHA / FHA students have a chance to visit various mission / other hospitals, take part in projects and three month internship program. They have visited the following mission hospitals : The Leprosy Mission, Naini; Landour Community Hospital, Mussoorie; Herbertpur Christian Hospital, Uttarakhand; Duncan Hospital, Raxaul, Bihar, Christian Institute of Health Sciences And Research, Dimapur, Nagaland, Scudder Memorial Hospital, Ranipet, Tamil Nadu, Christian Medical College, Ludhiana, Punjab and Lady Willington Hospital, Manali, Himachal Pradesh.

The diploma programme was started as a response to these visits, which showed that the mission hospital staff requested the department to train their staff in hospital management. Dr. Samuel N.J. David, Sr. Manager & Head, DHMSSTD & Chairperson, Administrators section, Christian Medical Association of India (CMAI) played a pivotal role in the formation of this course.

The first contact programme was from 16th to 28th September, 2019 which dealt with detailed lectures on, Basic Principles of Management, Basic Medical Terminology, Basic Accounting and Finance, Managing Patient Care and Hospital Facilities, Hospital Information Systems, Human Resources Management, Hospital Governance and Statutory Requirements and Material Management, lead by various intramural and extramural faculty. On the last day of the programme, Mr. Jacob Varghese, Head, Communications, CMAI gave a talk about CMAI to the participants.

The contact programme was attended by 19 participants which included medical doctors, nurses and administrators from CMC and other various mission hospitals across the country. During the programme, the participants were taught the theoretical and practical aspects of Hospital and Health Systems Management through interactions, department visits, presentations and group discussion.

World Diabetes Day 2019 - Dia-Quiz

In Commemoration of World Diabetes Day 2019, the Department of Endocrinology, Diabetes and Metabolism conducted a Dia-Quiz on "Diabetes and Endocrine Disorders" for Nursing Students at College of Nursing, on October 22, 2019. Dr. Vathsala Sadan, Dean, College of Nursing, was the Chief Guest for the day. A total of 480 students participated and 4 teams qualified to the final round.

The following are the Prize Winners :

First Prize : Ms. Arul Mary Vinciya. Mr. Prithviraj M, Ms. Ranjana Nainar and Ms. Leena K.

Second Prize : Shared by two teams : Ms. Adeline Hepsibah. A, Ms. Rajkumari. M, Ms. Sharon Shaji, Ms. Kaviya S, Ms. Honey Augustine, Ms. Anu Jacob, Ms. Sherin Grace and Ms. Chewanthi

Third Prize : Ms. Sharon Mariam Mathew, Ms. Anu K Paul, Ms. Roymol Abraham and Ms. Racheal S.

Congratulations!

• **Dr. A.W. Niranjana Thomas**, Professor, Department of Neonatology has won the first prize under Hospital Innovation Awards for his presentation on the topic "Translating Research in Low Resource Settings and Transforming Tiny Lives" at the 4th International Healthcare Technology Conference (CAHOTECH 2019) held in Chennai on 27th and 28th September 2019.

• The following participants from the Department of Radiation Oncology won prizes at the TN and PY AMPICON 2019 held at Kanyakumari from 7th and 8th September, 2019 :

Mr. S. Ebenezer Suman Babu, Lecturer, has won the "Professor M. Jagadeesan Best Paper Award" and **Dr. Y. Retna Ponmalar**, Lecturer, won the "Professor T.M.B. Nedungadi Best Paper Award".

• Awards won at the 15th Annual Conference of the ISBMR (Indian Society of Bone and Mineral Research) 2019 held at Bangalore on 19th and 20th October, 2019.

Dr H.S. Asha, Professor, Department of Endocrinology, Diabetes and Metabolism was awarded the "1st Prize for the Best Poster presentation" for the paper entitled - "25-Hydroxyvitamin D in Health and Disease - A Tertiary Care Experience."

Dr. Nitin Kapoor, Associate Professor, Department of Endocrinology, Diabetes and Metabolism was awarded the 1st prize for the best oral paper presentation - Faculty category for the paper entitled - "Impact of Curative Treatment in Symptomatic Primary Hyperparathyroidism on Bone Mineral Density, Trabecular Bone Score and Bone Turnover Markers - A Prospective Study from India."

Dr Jinson Paul, Postgraduate student, Department of Endocrinology, Diabetes and Metabolism was awarded the 2nd prize for the best oral paper presentation - Post Graduate category for the paper entitled - "Trabecular Bone Score and Bone Mineral Parameters following yearly Zoledronic Acid – A follow-up study in South Indian Postmenopausal Women with Osteoporosis."

Retirement

Mr. M. Mohan Das, Sr. Hospital Attendant, Department of Electrical retired on 24th October 2019, after 38 years of dedicated service to the institution. He has a daughter, Ms. Sharline Angel who is studying in 9th Standard, Ida Scudder School, Vellore.

The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.



Obituaries



• **Dr. Constance Kamalabai (Paul) Gemson** (MBBS batch of 1961) in her home in Bengaluru on 23rd October, 2019. Dr. Kamalabai was born in Colombo, Sri Lanka in December 1944. She miraculously survived small pox as a young infant and attended Methodist College for primary education. She joined Christian Medical College in 1961. After graduation, she went on to complete a Diploma and MD in Anesthesiology. In 1975, she moved to Bengaluru and joined the Hindustan Aeronautics Limited (HAL) Hospital as an Assistant Medical Officer. She was appointed as the Chief of Medical Services for HAL in 1996 and remained in this role until her retirement December 2004.

She was then appointed as the Medical Superintendent at the MVJ Medical College and Research Hospital where she remained for 5 years. Since 2010, she has served her community in Bengaluru as a family physician at the Vita Life Clinic. She is described by her patients as loving and kind, always smiling, and a physician who would listen to their cares. She was an active member of St. Andrew's Church, Bengaluru for the past 44 years. She served the congregation by counting the offertory every week and was active in the Women's Fellowship. Her friends describe her as a quiet person, who was a dependable source of help. She will be greatly missed by her family, who remember her as a woman who was always poised under pressure. She lived with courage and humility and was generous with her time. She loved her chocolates, Georgette Heyer, and had a mischievous sense of humor! She is also the mother of Dr. Joyce Gemson (MBBS batch of 1996).

For those who would like to get in touch with the family, the contact details of her family members are given below :

Husband: Dr. Moses O. Gemson, Email: mogratnam@rediffmail.com, Mobile : + 91 9845214767

Daughter : Dr. Joyce Gemson (MBBS batch of 1996), Email: joycegemson@outlook.com, Mobile : 0013129723665

Daughter: Dr. Josephine Gemson, Email : josephine4685@yahoo.com, Mobile +91 9940041939

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• **Mrs. S. Easter Darothy Kamala Bai**, retired Teacher, wife of Mr. S.M. Paul, mother of Mr. P. Joseph, Electrician, Electrical Department and mother-in-law of Mrs. Sofia Joseph, Staff Nurse in OG OPD on 30th October 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

Uncoming Event

Medical Undergraduate Graduation : November 11, 2019 - Prof. Randeep Guleria, Director, AIIMS, Delhi.

Guest seat allotment : Undergraduate Graduates at the Scudder Auditorium – 3 seats

Fellowship Graduates at the Scudder Auditorium – 2 seats

Graduation Programme on 11th November, 2019 begins with the taking of official group photographs of the Faculty and Graduates of Undergraduate and Fellowships 2019 at 3.30 p.m. in the **Ground Floor, New Examination Building**. Buses have been arranged for the graduates, fellowships and faculty to leave the hospital campus at 2.00 p.m., 2.15 p.m. and 2.30 p.m.

The Graduation procession will commence at 4.30 p.m. sharp. All guests are expected to be seated inside the Scudder Auditorium by then. All are requested to strictly adhere to the time stated above.

Venue for the Graduation Day Dinner - **Scudder Hall / New Examination Building**, College Campus.

Dinner cards for Undergraduates may be obtained from Mrs. Mercy Newton and Mr. Sathiyaseelan in Vice Principal's Office (UG), Ground floor, Carman Block or from Mr. Vijayanand and Mrs. Malathy, Curriculum office, ASHA building, Hospital Campus.

Dinner cards for Fellowships may be obtained from Mr. Gokulnath, Academic Section, Principal's Office, Carman Block, College Campus.

Admission Notice : M.Sc. Nuclear Medicine Technology 2019

Applications are invited for the MSc Nuclear Medicine Technology Course - November 2019 (Subject to University approval). Details regarding application procedure and eligibility are available at the website <http://admissions.cmcvellore.ac.in> Application form can be downloaded through the College website <http://admissions.cmcvellore.ac.in/> till 12:00 noon **8th November 2019**.

Registrar, (e-mail: registrar@cmcvellore.ac.in)

Situations Vacant

1. Senior Resident with MD (Psychiatry) for the Department of Psychiatry Unit - III

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2. Assistant Professor with DM (Neonatology) for the Department of Neonatology

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

3. Senior Resident Gr.III with MD / DNB (Anaesthesiology) for the Department of Neuro Anaesthesia

Salary : As per institutional rules. Accommodation provided (Subject to availability). Age limit : < 40 years.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **November 09, 2019** for Item 1, **November 16, 2019** for Item 2 and 3.

4(a) Staff II Medical Lab. Technician (Project) for the Wellcome Research Unit Laboratory

Qualifications : B.Sc. with 2 years CMAI Diploma in Medical Lab. Technician (or) B.Sc. MLT.

4(b) Staff III Graduate Medical Lab. Technician (Project) for the Wellcome Research Unit Laboratory

Qualifications : B.Sc. with one year CMC DMLT.

4(c) Staff III Medical Lab. Technician (Project) for the Wellcome Research Unit Laboratory

Qualifications : H.Sc. with CMAI Diploma in MLT or CMC DMLT.

Note : Only regular mode will be accepted, private or correspondence will be not accepted.

Age limit : 35 years. Salary scale : As per institutional rules.

5. Staff Gr.II AHS Medical Lab. Technician / Staff Gr.II Medical Lab. Technician (Project) for the Department of Clinical Virology

Qualifications : B.Sc. with 2 years CMAI Diploma in Medical Lab. Technician (or) B.Sc. MLT

Salary : As per institutional rules. Age limit : 35 years. Job description : Project work.

Note : Only regular mode will be accepted, private or correspondence will be not accepted.

Continued on Page 6

6. Staff III Critical Care Therapist (Project) for the CMC Vellore, Chittoor Campus

Qualifications : B.Sc. Critical Care Technology Degree (or) H.Sc. with Diploma in Critical Care Therapy Course (CMAI) obtained from CMC Hospital. Salary scale : As per institutional rules. Age limit : 35 years.

Note : Only regular mode will be accepted, private or correspondence will be not accepted.

Job description : To look after ICU Equipment and to assist with the care of critically ill patients.

7. Optical Dispensary Trainee for the Department of Ophthalmology

Qualifications : H.Sc. (+2) with Diploma in Optometry or equivalent.

Note : Only regular mode will be accepted, Private or correspondence will be not accepted.

Job description : Will be trained in the running and management of Optical Dispensary to improve skills in marketing and sales of spectacles.

Stipend : As per institutional rules. Period of Training: One year. Age Limit : Below 30 years.

Job description : Will be trained in the running and management of Optical Dispensary to improve skills in marketing and sales of spectacles.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **November 11, 2019** for Items 4(a), 4(b), 4(c) and **November 18, 2019** for Items 5, 6 and 7.

8. Applications are invited for the following post for the CMC Vellore Chittoor Campus

8(a) Senior Resident / Assistant Physician / Assistant Professor / Associate Physician / Associate Professor / Physician with DA / MD / DNB in Anaesthesia

8(b) Senior Resident / Assistant Surgeon / Assistant Physician / Associate Surgeon / Associate Physician / Surgeon with MS / MD / DNB / DGO in Obstetrics & Gynaecology

8(c) Senior Resident / Assistant Physician / Associate Physician / Associate Professor / Physician with MD / DNB in General Medicine. Salary : As per institutional rules.

Please log on to <http://www.cmcvellorechittoorcampus.ac.in> Link : "Vacancies" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address. Applications will close on **November 18, 2019** for Items 8(a), 8(b) and 8(c).

9. Staff Nurse B.Sc. / M.Sc. Nursing to work in a project on term appointment basis under the Department of Urology Unit-III.

Qualifications: B.Sc./M.Sc. Nursing with 2 years experience (Only female candidates need to apply).

Salary scale : Consolidated pay. Accommodation not provided.

Apply with biodata, photograph, certificates, testimonial/s and references to the Dean, College of Nursing, Christian Medical College, Vellore - 632 004, on or before **November 16, 2019** for Item 9.

10. G.M. Officer (Project Mode) for Hospital Management Studies & Staff Training Development

Qualification : Graduate / BE / B.Tech. / MBBS + MBA - Finance, HR, HA, MM / MHA / PGDM / PGDBA 2 years full time course - approved by AICTE and Certified by AIU as equivalent to MBA.

Salary : As per institutional rules. Age limit : 30 years and below.

Preference will be given to candidates who have minimum 2 years of work experience.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **November 09, 2019** for Item 10.

11. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following posts of : (a) Research Associate

Qualification : B.Tech (Bio-Medical)/ECE. Experience in sensors and Languages (C/C++ / Arduino).

(b) Radiographer

Qualification : B.Sc. in Radio Diagnosis Technology / Radio Imaging Technology. Experience: Minimum 2 years.

Candidate can apply with bio-data along with photocopies of certificates and to the Director, SIH-R & LC., Karigiri, Pin - 632 106 or email your updated resume along with the scan copies of all your testimonials in PDF

Format and send to director@karigiri.org or personnel@karigiri.org

Last date for receipt of applications: **November 09, 2019** for Items 11(a) and 11(b).

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NOVEMBER 11, 2019

How much more, then, will the blood of Christ, who through the eternal Spirit offered himself unblemished to God, cleanse our consciences from acts that lead to death, so that we may serve the living God!

Hebrews 9:14



Highlights from the National Blood Donation Day celebration



Youth Red Cross Unit and Department of Community Health Nursing, College of Nursing observed the National Blood Donation Day by conducting various blood camps and awareness programmes.

• **5th October, 2019 at the College of Nursing campus:** A Blood Donation and Stem Cell registration camp was organised by Youth Red Cross Unit along with the Blood Bank team from CMC. There were eighty nine volunteers out of whom fifty eight were found eligible to donate blood. The donors were given refreshments a T-shirt and a certificate of appreciation. The College of Nursing, CMC was also awarded a Certificate of Appreciation during the camp.

• **26th September, 2019 at Gambarajapuram Village:** A Blood Donation Awareness Programme was organised by the Department of Community Health Nursing along with the Blood Bank team from CMC. This programme was attended by thirty men from Ambedkar Ilaygnar Mandram.

• **2nd October, 2019 at Gambarajapuram Colony:** A similar awareness programme was organised. The Youth Club of the village, Jokaer Kabbadi Team was instrumental in arranging the venue for the camp. Twenty five members from the village volunteered for blood donation and twenty one were found eligible to donate blood. The donors were given refreshments, a T-shirt and a

Special Prayers: November 10 - 16, 2019

Paediatrics :

Dr. Anna Simon and Staff
Dr. Sathish Kumar T. and Staff
Dr. Sneha Deena Varkki and Staff
Dr. Ebor Jacob Gnananayagam and Staff
Dr. Indira Gupta Agarwal and Staff
Mrs. Ruma Nayak and Staff

Developmental Paediatrics :

Dr. Beena Koshy and Staff
Mrs. Ruma Nayak and Staff

Paediatric Surgery :

Dr. John Mathai and Staff
Dr. Ravi Kishore B.S.S. and Staff
Mrs. Ruma Nayak and Staff

United Mission to Nepal

Council Member : Dr. Dhana Lama

Hospital : United Mission Hospital, Tansen and Okhaldhunga Community Hospital.

Sunday Services : November 17, 2019

6.00 pm : **Scudder Auditorium**
Fitch Hostel Special Service
6.30 pm : **Hospital Chapel**
Dr. Santhosh Varghese
5.00 pm : **Friendship Chapel, KPTR Campus**
Rev. Rajesh
4.30 pm : **Chittoor Chapel**
Rev. Mani Bhushan Das

Days to remember :

Children's Day - November 14
Diabetes Day - November 14
National Epilepsy Day - November 17

Certificate of Appreciation for the Youth Club by Blood Bank, CMC. The Youth Club members were grateful to receive a first aid kit from Dr. Vinod (Clinical Pathology, CMC).

Workshop on “Comprehensive Management of Stroke in Older Adults”

In commemoration of World Elders Day, the Department of Medical Nursing, CNE & Research, College of Nursing in collaboration with the Department of Geriatrics conducted a workshop titled “Comprehensive Management of Stroke in Older Adults” on 25th September, 2019. During the Inaugural session, Dr. Premila Lee, Nursing Superintendent, Dr. Vathsala Sadan, Dean, College of Nursing, Dr. Surekha V, Head of Geriatrics, Dr. Shirley David, Head, Department of Medical Nursing, Dr. Vinitha Ravindran, Head, Department of CNE & Research, gave their felicitation. They appreciated the departments for being motivated to conduct the 8th Annual workshop on Elder Care. Overview of the workshop was presented by Mrs. Bharathy R, Nurse Manager. The morning sessions included topics such as risk factors, presentation of different types of stroke, acute stroke, medical management of patients with stroke and nursing assessment, care and rehabilitation was dealt in detail.



The geriatrics team consisting of Charge Nurses, Tutors, Physiotherapist and Occupational therapists conducted skill stations which included topics on general assessment of stroke patients, swallowing assessment and nutrition, assistive devices, transfers in patients with stroke and tips for care giver of stroke patients. Fifty nursing personnel participated and benefited from the workshop.

Seven credit points was awarded by the Tamil Nadu Nursing and Midwives Council.

Congratulations!

10th Annual Research Day - 2019 : Oral Presentation (4th October, 2019)

Fieldwork & Epidemiology : 1st prize: **Arun K.S**, 2nd prize: **Karthikeyan Ramanujam** and 3rd prize: **Reshma Raju**, Wellcome Research.

Social Worker : Emergency Medicine - 1st prize: **Sathish Kumar** and 2nd prize: **Bagyalakshmi**.

Nursing - Faculty : College of Nursing

1st prize: **Shaly Selva Grace Earnest**, 2nd prize: **Pratheeba S.** and 3rd prize: **Jane Emily Beatrice**.

Nursing - Students : College of Nursing

1st prize: **Dona Eldhose**, 2nd prize: **Richu Sairah Manoj** and 3rd prize: **A. Jebarshilin Jemima**.

Ph.D. : CSCR

1st prize: **Sowmya Ramesh**, 2nd prize: **Nithin Sam R. & Vigneshwaran** and 3rd prize: **Sonam Rani**.

Medical Physics Faculty : Radiation Oncology

1st prize: **Sathish Kumar A** and 2nd prize: **Ebenezer Suman Babu S.**

Medical Physics Students : Radiation Oncology

1st prize: **Ambily B.R.** and 2nd prize: **Mahima**.

Poster Presentation (5th October, 2019)

Medical Sciences - PG :

1st prize: **Preethi S.C**, Radiation Oncology - Medical Physics, 2nd prize: **Mamta M**, Department of Emergency and 3rd prize: **Sweta Das**, Medical Genetics.

Medical Sciences - Jr. Faculty :

1st prize: **Joshua Vijay & Arun Kumar A**, Emergency Medicine & Haematology, 2nd prize: **J.S. Jesija**, Dental Unit-I and 3rd prize: **Patricia S**, Radiation Oncology Unit-III.

Surgical Sciences - Sr. Faculty : 1st prize: **Deepak Vinod Francis**, Anatomy.

Continued on Page 3

Surgical Sciences - Jr. Faculty :

1st prize: Habie Thomas Samuel, ENT-II and 2nd prize: **Sumith K. Mathew**, Pharmacology.

Surgical Sciences - PG :

1st prize: **Philip George**, Head and Neck Surgery-II, 2nd prize: **Rajeevan P.S.**, General Surgery Unit-III and 3rd prize: **Akhila Sarah Thomas**, ENT.

Medical Students :

1st prize: **Adithya Christopher & Zachariah Thomas**, Endocrinology, 2nd prize: **Sharon Pradeepta**, Emergency Medicine and 3rd prize: **Rayshna Rao**, Emergency Medicine.

Oral Presentation (5th October, 2019)**Medical Specialities PG :**

1st prize: **Muralidhar Babi**, PMR, 2nd prize: **Thomas Anand**, PMR and 3rd prize: **Steffi Aswin & franklin Irwin**, Pharmacology.

Medical Specialities Sr. Faculty :

1st prize: **Riddhi Das Gupta**, Endocrinology, 2nd prize: **Santosh Varughese**, Nephrology and 3rd prize: **Sudha Jasmine**, Medicine.

Medical Specialities Jr. Faculty :

1st prize: **Neenu Oliver John**, Radiation Oncology, 2nd prize: **Karthick G.**, Medicine and 3rd prize: **Madhavi K.**, Radiology.

Surgical Specialities PG :

1st prize: **Mansi Agarwal**, Surgery, 2nd prize: **Royson D. Souza**, Surgery and 3rd prize: **Arun John Paul**, Ortho.

Surgical Specialities Sr. Faculty :

1st prize: **Sandeep Albert**, Orthopedics Unit-I, 2nd prize: **Rohit Amritanand**, Spinal Disorders Surgery Unit.

Surgical Specialities Jr. Faculty :

1st prize: **Nanthini Saravanan**, Obstetrics and Gynaecology-II, 2nd prize: **Deeptiman James & Manisha Kumar**, Pediatric Orthopaedics and 3rd prize: **Lisa Mary Cherien** and **Vimalin Samuel**, Orthopaedics Unit-I.

Retirement

Mrs. Revathi K, Senior Selection Grade Technician, Department of ENT retired on 31st October, 2019 after 30 years of dedicated service to the Institution. She joined CMC as a Graduate Technician Trainee in October 1989 in the Department of ENT and later was appointed as a Graduate Technician. Mrs Revathi was especially skilled in doing the brainstem auditory evoked response audiometry and Electronystagmogram. She was very caring towards the patients especially to the elderly and children.

Her husband, Mr. Selvaprakash, is a retired Warrant Officer from Indian Airforce and has worked in Kuwait as a Studio Manager and Chief Editor after his retirement for 12 years. Her daughter, Vandana Prakash is a software engineer, working in Amazon, San Francisco, USA, and son, Varun Prakash is working in City Bank, Chennai as a Deputy Manager.

CMC community thankfully acknowledges the committed service by Mrs. Revathi K. and wishes her God's blessings in her retired life.

**Obituaries**

• **Rachel Chacko** (MBBS batch of 1942) on 28th October, 2019. Dr. Rachel Chacko, lovingly named "Chinnukochamma" belonged to the very first batch of women medical students from CMC; directly trained under Dr. Ida Scudder. She graduated in 1947, as the best outgoing student of the batch, having won the Dr. Ida Scudder gold medal and standing first in the University of Madras for Medicine and Surgery. She also had the privilege of receiving training under other eminent faculty such as Dr. Paul Brand, Dr. Kutumbiah, Dr. John S. Carman, Dr. Edward Gault and Dr. Gwenda Lewis. Apart from being brilliant in academics, she excelled in sports, was a prolific tennis player and had an admirable voice that drew praise from many including Dr. Ida herself.



After her marriage in 1948 to Dr. C.W. Chacko, she worked as a postgraduate at the Great Ormond Street Hospital for Sick Children, London, U.K. where she qualified as a Paediatrician in 1952. Here again she excelled as a clinician and was awarded a gold medal for her paediatric exam performance. On returning to Madras, she then did her M.D. in Medicine at the Madras Medical College, for a further three years of training (there was no MD Paediatrics at that time). She then joined the Institute of Child Health in Egmore in 1960, and worked under Dr S.T. Achar, the Father of Indian Pediatrics. After 22 years of mentoring generations of under graduates at the Madras Medical College and postgraduates at the Institute of Child Health, she retired as Honorary Professor of Paediatrics in 1982. As an eminent leading paediatrician in Chennai, she actively espoused the cause of Christ in the community for another 20 years in private practice often taking nothing in return for her service to the poor who would often arrive at her doorstep with a sick child. Having personally experienced and thereafter practicing the ideals of her mentor and founder of CMC, Dr. Ida Scudder, she was called by her Lord and Saviour to her eternal abode on Sunday 28th of October 2019. She will be remembered by her family and numerous loved ones as a God fearing, devout and prayerful woman; a doer of the word who lived only for the glory of God and thus portrayed love and excellence in every aspect of her life. She is also the mother of Dr. Anila Korula (PG alumnus) and the grandmother of Dr. Pritish John Korula (MBBS batch of 1998) and Dr. Sudhin J. Mathew (MBBS batch of 2000).

For those who would like to get in touch with the family, the contact details of her family members are given below :

Daughter : Dr. Anila Korula, Email: anilakorula@gmail.com

Grandsons : Dr. Pritish John Korula (MBBS batch of 1998), Email : prishkorula@gmail.com

Dr. Sudhin J. Mathew (MBBS batch of 2000) Email : sudhinmailable@gmail.com

• **Mr. Sankar**, Hospital Attendant Gr.IV, J Ward passed away on 1st November, 2019. He joined CMC in October 2003. He is survived by his wife, Mrs. Vijayalakshmi, father, Mr. Anand Raj, retired Hospital Attendant in Pharmacy Department, brother Mr. Saravanan, Hospital Attendant in A Block and two sons. His elder son, Mr. Akash is studying 9th Standard and his youngest son, Mr. Yogapriyan is studying 6th Standard. He has served CMC for 16 years.



• **Mrs. Rajam**, wife of Mr. K.V. Dayalan, retired Hospital Attendant in MICU, mother of Mrs. Sasikala D, Clerk-Typist, LCECU / Department of Family medicine on 6th November, 2019.

Our thoughts and prayers are with the bereaved members of the families at this time of grief and loss.

Situations Vacant

1. Social Worker Gr.V for the Department of Gynaecologic Oncology

Qualifications : M.S.W. / M.A. (Social Work / Sociology) / M.Sc. Medical Sociology).

Note : Only regular mode will be accepted, private or correspondence will be not accepted.

Only female candidates need to apply.

Salary scale : As per institutional rules.

Age limit : Below 35 years.

Job description : Counseling and follow up of cancer patients.

2. Staff III Speech Therapist for the Department of P.M.R

Qualifications : B.Sc. (Audiology / Speech & Hearing).

Note : Only regular mode will be accepted, private or correspondence will be not accepted.

Age limit : Below 35 years.

Salary scale : As per institutional rules.

Job description : To work in the Department of P.M.R.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **November 25, 2019** for Items 1 and 2.

CMC NEWSLINE

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FOR PRIVATE CIRCULATION ONLY

NOVEMBER 18, 2019



The Lord bless you and keep you; the Lord make his face shine upon you and be gracious to you; the Lord turn his face towards you and give you peace. Numbers 6:24-26

Dr. Sunil Thomas Chandy retires



Dr. Sunil Thomas Chandy, Former Director, Professor and Former Head of the Department of Cardiology, retired on November 11, 2019, after 40 years of dedicated service to the Institution.

Dr. Sunil joined CMC in the year 1978 as an undergraduate. After his UG course, he joined Duncan Hospital, Bihar as a Medical Officer and served for 2 years fulfilling his sponsorship obligation. He got selected for MD Medicine in the year 1987 and after his Post Graduation joined for DM Cardiology in the year 1991. He did his fellowship in Interventional Cardiology from Royal Adelaide Hospital, Australia, in the year 1998. He was instrumental in initiating the BMV programme in that centre which greatly benefited the aboriginals in and around Adelaide. He took over as Head of the Department of Cardiology in October 2009.

Apart from his clinical responsibilities, he has held administrative responsibilities as a Deputy Medical Superintendent of CMC, Vellore, between 2003 and 2007. In this capacity he introduced the concept of pre-hospital care encompassing the railway station reception clinic in Katpadi railway station, Main hospital extension clinics – viz: Red cross clinic, Shalom Family Medicine clinic, BHEL recovery clinic and Kagithapattarai clinic.

In 2010, he was appointed Vice-Principal (HR) with the responsibility of developing HR strategies for long term employment. In 2012, he was appointed as Director for a tenure of five years which saw major decisions being initiated and implemented which will have far reaching consequences to us as a health providing community in the future. He along with his administrative team conceptualized, designed and commenced the 1500 bed hospital in Kannigapuram. The decision to extend retirement age for doctors from 60 to 65 years was taken during his tenure. The Katpadi emergency desk, Multi-level puzzle car park, Shalom citizen clinic and Enhancement of RUHSA outpatient care are his other contributions.

After his tenure as Director, he rejoined Cardiology department and was instrumental in setting up the Heart Failure Clinic and was actively involved in conceptualizing an inter-departmental team which will form the foundation for cardiac transplant services in future. Over the years, apart from his leadership skills, he has been an inspiration within the department for his expertise in teaching and in being a mentor par excellence for the faculty under him. He was instrumental in getting placements for many of our junior faculties in various hospitals abroad. His wife Dr. Gigi Chandy, is working as a Physician, in the Department of Reproductive Medicine Unit. They are blessed with two children, son Dr. Sujith Thomas Chandy is working as Assistant Professor in the Department of Pulmonary Medicine and daughter Miss. Sneha Chandy, is doing her Masters in Christ College, Bangalore.

CMC community is ever grateful to Dr. Sunil Thomas Chandy for his sincere service rendered to Department and Institution.

Special Prayers : November 17 - 23, 2019

Urology: Dr. Santosh Kumar and Staff
Dr. Chandrasingh J. and Staff
Dr. Bala Seetharaman and Staff

The Leprosy Mission

Council Members : Dr. Mary Verghese
Mr. Bhal S. Chakranarayan

Hospital : TLM Hospitals, Chandkhuri, Faizabad,
Naini, Purulia, Kothara and others

Sunday Services : November 24, 2019

6.00 pm : **Scudder Auditorium**
Dr. Herbert Giebel

6.30 pm : **Centenary Building Foyer**
Multilingual Carol Service

4.30 pm : **Chittoor Chapel**
Rev. Vijaykumar

6.30 pm : **Hospital Campus**
Ward Carol Rounds - *November 25,
26 & 27, 2019 (Monday, Tuesday & Wednesday)*

Welcome :

Dr. Kala Ranjini, Professor, Department of Paediatric ICU, on her return from sabbatical leave.

First workshop on "Quality Control in Clinical Biochemistry"



The Department of Clinical Biochemistry conducted the first workshop on 'Quality Control in Clinical Biochemistry' on 18th and 19th October 2019. The programme began with prayer led by Rev. Pearson, Chaplain followed by the welcome address by Dr. Pamela Christudoss, Professor and Head (Ag), Coordinator of CMC-EQAS Clinical Biochemistry. The felicitations were given by the dignitaries Dr. Deepak Abraham, Associate Director (HR), Dr. Anna Pulimood, Principal and Dr. Joy Mammen, Associate Medical Superintendent. The other dignitaries present were Dr. Swaminathan and Dr. Geethanjali, former Professors of

Clinical Biochemistry. Dr. Arivazhagan, Head, Clinical Biochemistry, Adayar Cancer Research Institute and Tamil Nadu State Representative of the Association of Clinical Biochemists of India, (ACBI), spoke about the forty one years of association CMC-EQAS has with the ACBI. Dr. A.S. Kanagasabapathy, former Professor and Head of Clinical Biochemistry highlighted the history of the CMC-EQAS programme and the importance of Quality control in Clinical Labs in India.

The Department of Clinical Biochemistry, under the banner of ACBI has been conducting the External Quality Assessment Scheme (EQAS) since 1978. The CMC-EQA, Clinical Biochemistry is accredited by NABL (as per ISO/IEC 17043:2010) since 2014. Lyophilized samples are prepared and sent to the participating laboratories at regular intervals in batches of 4 vials thrice a year (total of 12 samples/year) for each of the programmes: Chem-1(23parameters), Chem -2(9 parameters), Thyroid and Cortisol, Reproductive Hormones, Downs Screening, HBA1C, Urine Chemistry and Tumour markers. The participating laboratories include those from teaching and non-teaching hospitals, government and private hospital labs, private labs and diagnostic centres representing all the states of India, Nepal, Bangladesh and Sri Lanka. At present, there are 8 different programs with more than 7500 laboratories participating. Apart from this, the department prepares IQC and sends these vials (approximately 16000 per month) to almost 3000 small labs in India.

The workshop focused on creating awareness among the laboratories to provide quality results and to understand the Principles and Practice of Quality control (Internal QC and EQA), trouble shooting, corrective and preventive action, statistical calculation, scoring and basic techniques in clinical Biochemistry.

In keeping with this the following lectures were conducted:

- "Salient Features of Quality Assurance in Clinical Laboratories" by Dr. A.S.Kanagasabapathy
- "Various Phases of Errors in Clinical Laboratory and How to Avoid Them" and "Good Clinical Laboratory Practices" by Dr.Pamela Christudoss.

These were followed by activities involving basic statistical calculation and construction of LJ charts.

The workshop was a time of learning for all the participants and was attended by a total of 270 participants, which included MD biochemists, Ph.D'S, lab managers, senior technical staff, quality managers from various hospital labs, medical college and hospital labs and private labs from the state of Tamil Nadu. Dr. Pamela expressed her gratitude to the team from the QC section and the laboratory staff for all their efforts. The department takes this opportunity to thank the administration for their kind support through the past four decades.



World Osteoporosis Day - 2019

In commemoration with "World Osteoporosis Day - 2019", an awareness programme was conducted by the Departments of Endocrinology, Orthopedics and Spine surgery, Physical Medicine and Rehabilitation, Geriatrics, Dietetics and community nursing on 18th October, 2019.

The programme was inaugurated by Professor J.P. Muliyl, former principal of CMC, who emphasized on the importance of exposure to sunlight which can improve the intake of vitamin D. A team of doctors educated the patients in English, Tamil, Hindi and Bengali.

Continued on Page 3



Various stalls were put up which focused on different aspects of dealing with osteoporosis including nutrition, exercise programmes, medical treatment of osteoporosis to prevent fractures and post surgery management of osteoporotic fractures.

Essay competitions in Tamil and English were conducted on the theme “Preventing Fractures in the

Elderly - Making it Easy” and a Poster competition was also held on the topic “Broken Bones may Break Society”. A total of 430 patients registered for the programme and prizes were awarded for the winners of the competitions.



World Diabetes Day 2019 - Medi Quiz

In Commemoration of **World Diabetes Day 2019**, the Department of Endocrinology, Diabetes and Metabolism conducted a **Medi Quiz** on “Diabetes and Endocrine Disorders” for Medical Students at New Examination Hall, Bagayam College Campus on November 05, 2019. Dr. Joy Michael, Vice Principal (Research) & Professor in Microbiology was the Chief Guest for the day. A total of 11 teams participated in the Quiz competition and 4 teams qualified to the final round. The following were the Prize Winners :

First Prize - Souradipta Banerjee, Osborn Benedict, Saurav Rath

Second Prize - Vishakha Isaac, Mohana Priya, Hermin Jedidah

Third Prize - Haarini Sundar, Areeba Ahmad, Kamatham Shiny Simon

SHILOH (Tamil) - 2019

SHILOH- 2019 in Tamil was conducted by the Directorate (Missions), Chaplaincy and Personnel Department between 17 and 18 October 2019 at the Hospital Chapel. For nearly nine years this programme has been conducted for the Group C and D employees with the aim to reemphasise the centrality of God



at work and family. The speaker for the



occasion was Mr.J.S.Anbu, Director, CIM, and Chennai. He challenged the participants to allow God to spearhead their lives. God’s spirit moved in a mighty way, and many participants committed their lives to God.

Congratulations!

• **Dr. A.W. Niranjan Thomas**, Professor, Department of Neonatology won the first prize under Hospital Innovation Awards for his presentation on the topic "Translating Research in Low Resource Settings and Transforming Tiny Lives" at the 4th International Healthcare Technology Conference (CAHOTECH 2019) held in Chennai on 27th and 28th September, 2019. This was for the development of the low cost cooling device which is now used in many hospitals throughout India.

• **Dr. Rajeevan P.S.**, Senior Resident, General Surgery Unit-II has won the following awards during IASGCON 2019 held at New Delhi for best poster titled, 'Exocrine Pancreatic Insufficiency in Patients Undergoing Gastric Resection for Malignancy' and 'Quality of Life in Patients Undergoing Gastrectomy for Malignancy'.

• **Dr. Monika M**, Postgraduate Registrar, Department of ENT has won the third prize in the ENT PG Quiz at the AVVAI - 2019, 22nd TNAOI State Conference held on 13th - 15th September, 2019 at Hosur.

Sports News

Founders Day Staff Sports track and field events will be held on 30th November, 2019 (Saturday) at 2.00 p.m. at the Christian Medical College, Oval Ground, Bagayam. The events will be as follows :

Men : 100 mts., 200 mts., 400 mts., 1500 mts., Discuss Throw, Long jump, Shot put and 4 x 100 mts. Relay.

Women : 100 mts., 200 mts., Long jump, Discuss Throw, Shot put, 4 x 100 mts. Relay and 400 mts.

Above 40 years events : 100 mts., Walking race and Shotput.

The interested staff members are hereby informed to contact the following staff members and register your names. Spot entries will also be accepted. Note: An individual can take part in maximum 4 events excluding relay.

1. Mr. Naveena Krishnan Physical Director, CON - 7016 - 9994023416
2. Mr. Walter Nixon X-Ray Department - 2822 - 9843182611
3. Mr. Prakash MCTT - 3604 - 9944902637
4. Mr. Wilson Electrical Department - 2045 - 9244316222
5. Mr. Chindhanai Selvan MCTT - 3604 - 9600252499
6. Dr. Balaganesan Physical Director - 4478 - 9443628333

Situations Vacant

1. Tutor Gr.IV with BOT (Regular Course) for the Department of Paediatric Surgery

Salary scale : As per institutional rules. Accommodation not provided.

2. Tutor with Ph.D. in (Biostatistics) for the Department of Biostatistics

Salary : As per institutional rules. Accommodation not provided.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **November 23, 2019** for Items 1 and 2.

3. Sr. House Surgeon for the CMC Vellore, Chittoor Campus

Qualifications : MBBS with State Medical Council Registration Number. Salary scale : As per institutional rules.

4. Applications are invited for the following posts for the CMC Vellore, Chittoor Campus

4(a) Senior Resident / Assistant Surgeon / Assistant Professor / Associate Surgeon / Associate Professor / Surgeon with MS / DNB in Orthopaedics

4(b) Senior Resident / Assistant Surgeon / Assistant Physician / Associate Surgeon / Associate Physician / Surgeon with MS / DNB in General Surgery

Salary : As per institutional rules.

Please log on to <http://www.cmcvellorechittoorcampus.ac.in> Link : "Vacancies" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and address. Also log on to <http://www.cmch-vellore.edu> Link : "Vacancies", for the same.

Applications will close on **December 02, 2019** for Items 3, 4(a) and 4(b).

5. Applications are invited for the post of Staff Nurse B.Sc. to work in a project on term appointment basis under the Department of Surgery Unit-II

Qualification : B.Sc. Nursing. Salary scale : Consolidated pay, Accommodation not provided.

Apply with biodata, photograph, certificates, testimonial/s and references to the Dean, College of Nursing, Christian Medical College, Vellore - 632 004, on or before **November 23, 2019** for Item 5.

6. Administrative Assistant Gr.V for the Department of Haematology

Qualification : Graduate + 1 year PGDHA (or) 5 years' experience in CMC.

Salary : As per the institutional rules. Age limit : 35 years and below.

Preference will be given to candidates with suitable experience in organizing a National Conference.

7. Field Worker Gr.V (Project Mode) for the Department of Gynae Oncology

Qualification : Plus 2. Salary : As per the institutional rules. Age limit : 30 years and below.

Preference : Previous experience in field work in Vellore, Kaniyambadi block and RUHSA.

8. Boiler Attendant Gr.IV

Qualification : SSLC + 2 year ITI Fitter from a Government recognized institution + II class certificate of competency under the Indian Boilers Act. Experience : 3 years in Operation and Maintenance of Furnace Oil Boilers.

Salary : As per the institutional rules. Age limit : 35 years and below.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **November 23, 2019** for Items 6, 7 and 8.

9. Applications are invited from interested people for translation of consent forms, feedback forms and patient education materials to Tamil, Telugu, Hindi and Bengali. Remuneration will be paid as per policy.

Candidates who are proficient in any of the above languages may apply. Use of google translate is not encouraged. Kindly apply to Quality Management Cell at director@cmcvellore.ac.in on or before **November 23, 2019** for Item 9.

CMC NEWSLINE

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Your word is a lamp to my feet and a light for my path. Psalm 119:105

Graduation Ceremony for Postgraduates



The Medical Postgraduate Graduation Ceremony for the year 2019 was held on the 4th November at the Scudder Auditorium. The Chief Guest for the occasion was Dr. Rakesh Aggarwal, Director, JIPMER, Puducherry.

The graduation ceremony commenced with the time honoured tradition of the Jasmine Chain carried by the final year medical students, led by the Student Association President, Mr. Rojen Jacob Cherian. The College Choir sang the invocation, following which Rev. Dr. Finney Alexander invoked God's blessings. The Auditorium echoed with

'Three Cheers for the Silver and Blue' as the graduates and faculty joined in the singing of the College Song. The Director, Dr. J.V. Peter welcomed and introduced the Chief Guest to the august gathering. Dr. Rakesh Aggarwal was honoured with a bouquet, traditional shawl and a memento.

In his charge to the postgraduates, the Vice Principal, Dr. Simon Pavamani congratulated them on reaching a new threshold in their journey and career. With the challenges that technology such as AI and robots are posing to the field of medicine, he reminded them that the doctor-patient interaction can never be replaced by machines. The discernment that only a human being possesses must ensure that these devices will only be aids to serve the patients better. The Principal, Dr. Anna B. Pulimood, administered the solemn pledge to the postgraduates.

In his address to the postgraduates, Dr. Rakesh Aggarwal reminded them that this day of celebration marks not just the end of a phase of life, but a beginning of another phase, of transitioning from being a trainee to a medical professional with the great responsibility of providing compassionate care. He, thus, advised them to serve with a sense of commitment and a higher purpose. He suggested that for the many choices that they may face, to follow their heart, which will yield a fruit of success, growth and purpose. In many situations, 'wisdom' will take precedence over 'knowledge', making medicine an art as well as a science. He concluded his address with a quote by Dr. Nelson Mandela: 'Education is the most powerful weapon which one can use to change the world.'

The faculty from various disciplines presented the 219 postgraduates to the Principal- 150 candidates were awarded the Diploma and MD/MS degrees, 54 postgraduates received the super speciality degrees of DM and MCh, 10 graduates received the MSc degree and 5 the MPH degree. The PhD degree was awarded to 9 graduates. Dr. Rakesh Aggarwal

presented the Special Awards and Medals to 48 graduates, including three Research Awards.

The ceremony was concluded with the singing of the *Alma Mater* and the National Anthem.



8th International Colorectal Symposium (ICRS 2019)

The 8th International Colorectal Symposium was organised by the Department of Surgery Unit-II (Colorectal) from 31st October, 2019 to 2nd November, 2019 on the theme “Reducing Complications and Improving Outcomes in Surgery for Colorectal Cancer”. The faculty for this programme included Surgeons, Radiation oncologists, Medical oncologists, Gastroenterologists as well as specialist nurses from Australia, Brazil, Oman, Sri Lanka, UK, USA and India. There was a parallel Nursing Symposium on “Advanced Colorectal Nursing”. The first day had a workshop on the role of *Human Factors* in patient safety, organised in collaboration with Quality Management Cell. Apart from visiting surgeons, this session was attended by many Department Quality Managers, as well as other faculty from CMC. Other workshops included sessions on pelvic floor, colorectal peritoneal metastasis and pelvic and perineal anatomy. All pre-conference workshops were highly sought after and well appreciated by the delegates. The main conferences featured sessions on rectal and colon cancer, as well as live MDT discussions. There were sessions on management of intraoperative complications as well as anastomotic leaks, which were very popular among the delegates. The conference was attended by more than 150 surgical delegates and 50 nursing delegates, in addition to 45 faculty. This conference was awarded 30 credit points by the Tamil Nadu MGR University.



World Pharmacist Day



The Department of Pharmacy celebrated “World Pharmacist Day” on 25th September, 2019. The theme for the year was “Safe and Effective Medicines for all”. During the inaugural programme, Dr. Sujith J. Chandy, Head, Department of Pharmacy briefed



about the importance of constant update of knowledge on medicines by Pharmacists to deliver safe and effective medicines to our patients. Dr. S. Annadurai, Professor, Pharmacy Services, delivered a brief talk on the theme and about the World Pharmacists Day. The Chief Guest, Dr. K. Prasad Mathews, Medical Superintendent appreciated the work rendered by the pharmacists and also various vital services provided by the department. To commemorate this day, the department conducted a quiz Programme and oral Presentation for the pharmacists and pharmacy trainees. During the valedictory function, the prizes for the winners were distributed by Dr. Thomas Ram Samuel, Assoc. Director Designate, (Missions).



The prize winners were: First prize – Pharmacy Stores: Mr. Thomas Vijay Prakash, Mr. M.S. Rajkumar, Mr. Prakash, Second prize – MHC Pharmacy: Mr. Naresh Lazarus, Mrs. Vasanthi.R and Mrs. Suganya Priya, Third prize – Level III Pharmacy: Mr.Elamparthy, Mr. M. Gopi,



Mr. Teekaraman. A certificate of appreciation for the oral presentation was given to Mrs. Deepa, S-Pharmacy. The program concluded with the “Pharmacist Oath”, vote of thanks and closing prayer.

Forensic Quiz 2019

The Department of Forensic Medicine and Toxicology conducted the Forensic Quiz 2019 for Medical Students on 16th November, 2019. Dr. Anna Pulimood (Principal), Dr. Vinay Timothy (Vice Principal), and Dr. Noel Walter (Former Head of Forensic Medicine), graced the occasion. The winner of ‘Name the Quiz’ contest was Dr. Anand Alwan for the Quiz title ‘TOXIC INQUIZITION’. The following were the Prize Winners out of the eight participating teams.



Winning Team : Six Napoleans (Shreya R Magadum, Vaanya Bansal)

Runner up Team : Red Headed League (Gabrin Jowil, Souradipta Banerjee)

Congratulations!

The 'A' ward family conveys their sincere '**appreciation**' to patients, staff, students and the community for having contributed generously and making the 'A' ward sale a grand success. We are pleased to inform that profit of **Rs.13,00,000/ (Thirteen lakhs only)** from the sale will be donoted towards P.T.P fund for treating patients who are in need.

- **Dr. Sajo Thomas** and **Dr. Aravindhnan V.**, final year Postgraduates, Department of Physiology have won the first and second prize respectively for oral presentation during the 13th Annual Conference of the Association of Physiologists of Tamil Nadu (APTCON 2019) held at Sri Ramachandra Institute of Higher Education and Research, Chennai on 8th and 9th November, 2019.
- **Mr. John Paul Demosthenes**, Associate Research Officer, Department of Clinical Virology has been awarded the 1st prize for the poster titled "Chronic immune activation among treatment naïve HIV/HBV coinfectd individuals" (Mr. Demosthenes J.P., Clinical Virology, Dr. Fletcher G.J., Clinical Virology, Dr. Zachariah U, Hepatology, Dr. Varghese G.M, Infectious Diseases, Dr. Jeyaseelan L, Biostatistics, Dr. Abraham P, Clinical Virology, Dr. Kannangai R, Clinical Virology) presented at the International Science Symposium on HIV and Infectious Diseases 2019 (ISSHID 2019) organized by YRG CARE and Sri Ramachandra Institute of Health and Research held on 12th to 14th October 2019 at Chennai.

Obituaries



• **Dr. John Arthur Thomas** (MBBS batch of 1956) on 11th November, 2019. JT" as he was affectionately known in the St John's family, was one of the most dedicated, dynamic, and respected teachers. Dr. John Thomas was Professor and Head of Dept for 20 plus years. He trained more than 30 batches of students, inculcating a love for the subject in many young minds. His lectures were legendary and brought alive the most mundane medical conditions. But there was more to him than just a teacher. He was an excellent diagnostic surgical pathologist for the hospital service. He was a keen researcher and encouraged his junior staff to pursue it. He has written and presented numerous papers. Nationally he was a highly respected examiner for undergraduate and postgraduate exams. At the international level he undertook at least 3 fellowships in UK and Germany. He was awarded a fellowship of the Royal College of pathologists (FRCPath) based on his research and academic work. He was a very good administrator and served as vice principal. He was a keen photographer and set up and ran the department of medical illustration. He was involved in setting up a medical museum and the history of medicine department. In the department, he was a strict disciplinarian and expected very high standards of all his staff. But there was a softer side to him and he treated all Johnites and staff as family. He was married to Dr. Irene Manorama Thomas (MBBS batch of 1956) who passed away in February 2016. The funeral service was held at St Mark's Cathedral, MG Road, Bangalore on 14th November, 2019.

For those who would like to get in touch with the family, the contact details of his son Mr. David is given below:
Email: david.arjun@gmail.com

- **Mr. A. Balakrishnan Nair**, father of Mrs. Vijaya Vijayakumar, Sr. Secretary, Medical Superintendent's Office, Mr. B. Muralidharan, Sr. MCTT, OP Services and father-in-law of Mrs. Prasanthi, Medical Assistant, on 19th November, 2019.
- **Mr. C. Vadivel**, father of Mr. V. Anandan, AC Mechanic, of AC Section, on 23rd November 2019.

Our thoughts and prayers are with the bereaved members of the families at this time.

B.Sc. Nursing Course in College of Nursing, CMC Vellore Chittoor Campus Admission 2019

Applications are invited for the B.Sc. Nursing Course in College of Nursing, Christian Medical College, Vellore, Chittoor Campus, commencing in November 2019. Details regarding application procedure and eligibility are available at our website <http://admissions.cmcvellore.ac.in>

Application form can be accessed **only online** through the College website <http://admissions.cmcvellore.ac.in/> till **25th November 2019**.

REGISTRAR

(e-mail: registrar@cmcvellore.ac.in)

Nursing Postgraduate/Post Basic Degree & Diploma/Fellowship Courses Admission - 2020

Applications are invited for Nursing Postgraduate/Post Basic Degree and Diploma/Fellowship Courses commencing in 2020. Application forms can be accessed **ONLY ONLINE** through the College website: <http://admissions.cmcvellore.ac.in> from November 20, 2019 onwards. Admission Prospectus and Bulletin are available at our website.

Continued on Page 4

20.11.2019	Applications can be accessed online
09.03.2020	Last date for downloading online application form till 24:00 hours (12:00 midnight)
16.03.2020	Last date for receipt of payment proof including supporting documents
16.04.2020	Last date for receipt of sponsorship forms
12.05.2020	Step I - Computer Based Test (CBT) - Online Test
26.05.2020	Announcement of list of candidates called for Step - II
15.06.2020 to 17.06.2020	Step II - Medical checkup and Assessment of Knowledge and Skills for M.Sc. Nursing
18.06.2020 & 19.06.2020	Step II - Medical checkup and Personal interviews for PBBSc, Post Basic Diploma & Fellowship in Nursing.
24.06.2020	Announcement of Final Selection List
23.09.2020	Registration for admission for M.Sc. Nursing
24.09.2020	Registration for admission for PBBSc, Post Basic Diploma & Fellowship in Nursing

Dean, College of Nursing

Situations Vacant

1. Assistant Professor for the Department of Neurological Sciences (Paediatric Neurology). Qualification : MD Paediatrics /DNB (Paediatrics) with 2 or more years specialized training in Paediatric Neurology or MD/DNB (Paediatrics) with DM in Neurology / Paediatric Neurology. **Salary :** As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2. Assistant Professor with MCI-recognised postgraduate degree in M.Ch. (Plastic Surgery) for the Department of Plastic Surgery Unit-I
Salary scale : As per institutional rules.
Accommodation provided (Partly furnished, depending on availability).

3(a) Assistant Professor for the Department of Anaesthesia
Qualification : MD / DNB (Anaesthesia). **Experience :** Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution for Assistant Professor Job. Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment.
Salary :As per institutional rules. Accommodation provided (Subject to availability).

3(b) Senior Resident (New MCI) for the Department of Anaesthesia
Qualification : MD/DNB (Anaesthesiology). **Age limit :** < 40 years.
Experience : Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment. **Salary :** As per institutional rules.
Accommodation provided (Subject to availability).

4. Senior Resident with MD (General Medicine / Pulmonary Medicine / Anaesthesia) for the Division of Critical Care Medicine (Medical ICU / HDU).
Salary : As per institutional rules.
Accommodation provided (Partly furnished, depending on availability).

5. Senior Resident with MD (Biochemistry) for the Department of Biochemistry.
Age limit : <40 years.
Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

6. Pharmacist Trainee for the Pharmacy Services. Qualification: D. Pharm / B. Pharm. **Stipend :** As per institutional rules. **Age limit:** Below 30 years. Appointment will be given only for Pharmacists who have registered in the State Pharmacy Council. Candidates with typing and computer skills will be preferred. Only regular mode will be accepted, private or correspondence will not be accepted. Job description : Dispensing Section work as Trainee.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **November 30, 2019** for Items 1, 2 and **December 07, 2019** for Items 3(a), 3(b), 4, 5 and **December 16, 2019** for Item 6.

Special Prayers : November 24 - 30, 2019
Service Association of the Christian Church
United Church Board of World Ministries
Council Member : Dr. Ajit G. Singh

Sunday Services : December 01, 2019

7.00 am : **Hospital Chapel**
Tamil Carol Service

9.30 am : Malayalam Carol Service

11.30 am : Hindi Carol Service

2.00 pm : Nagamese Carol Service

3.00 pm : Mizo Carol Service

6.30 pm : Rev. Joseph Devaraj

7.30 am : **Centenary Chapel**
Oriya Carol Service

11.00 am Khasi Carol Service

6.00 pm : **Scudder Auditorium**
College Carol Service (English)

5.00 pm : **Friendship Chapel, KPTR Campus**
Rev. P. Rainard Pearson

4.30 pm : **Chittoor Chapel**
Rev. Paul Ravikumar

Welcome :

Dr. Madhu Andrew Philip, Professor, Department of Cardiothoracic Unit-I, on his return from sabbatical leave.

CMC NEWSLINE

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FOR PRIVATE CIRCULATION ONLY

DECEMBER 02, 2019



He called a little child and had him stand among them. And he said: "I tell you the truth, unless you change and become like little children, you will never enter the kingdom of heaven.
Matthew 18:2-3

Children's Day Celebrations at CMC

Department of Paediatrics :

The Department of Paediatrics organised the children day celebrations on 14th November, 2019. The children were gathered on the terrace garden, to welcome the dignitaries with roses. The Director, Deputy Nursing Superintendent, Dean, General Superintendent, Chaplain and the administrator of public relations were present at the celebrations.

After the prayer, the director spoke to the children and appreciated them for participating in the program despite their pain, difficulties and illness. He congratulated the department for their contribution towards children's health and efforts for their recovery. He mentioned that more facilities will be provided for the children in the new Children's Hospital. Following this a National Integrity song was sung, accompanied by the children dressed in attires representing the various states of India. The story of Pandit Nehru and his love for children was presented to the children and the student nurses entertained the children with a dance. The children along with the dignitaries planted roses. As part of the event, cycles were gifted to the children and cakes were distributed to all.

Chittoor campus :

Children's day was celebrated with pomp and enthusiasm at the CMC Vellore Chittoor Campus. Gifts and sweets were distributed amongst the Children. Dr Jennifer Winget, Dean of Medical Education at the University of Aberdeen was the Chief Guest.

ENT:

Childrens' day was celebrated for the children undergoing auditory verbal therapy after cochlear implant and hearing aid fitting, on 9th November 2019 by the Department of ENT-IV and Audiology. Around thirty children and parents attended the programme. The function began with a word of prayer by Mr. Karunagaran, audiology technician. Dr. Anjali Lepcha, welcomed the gathering and felicitated the Chief Guest, Dr. Rita Ruby Anbuselvi, Head, Department of ENT. Several children performed on stage by singing songs and delivering speeches in different languages thus showcasing their ability to communicate. Gifts were distributed to all the children and the programme concluded with a vote of thanks by Ms. Delight, speech therapist.

Special Prayers : December 01 - 07, 2019

RUHSA : Dr. Shantidani Minz and Staff

United Society for the Propagation of the Gospel

Board of International Ministries of the American Baptist Foreign Mission Society

Christian Institute of Health Sciences and Research, Dimapur

December 08, 2019, Sunday

9.00 am : **Centenary Chapel**
Nepali Carol Service

10.30am: **Hospital Chapel**
Bengali Carol Service

6.30 pm : **Hospital Chapel**
Hospital Carol Service (English)

6.00 pm : **Scudder Auditorium**
Dr. J.V. Peter

5.00 pm : **Friendship Chapel, KPTR Campus**
Mr. Prem Sundar

4.30 pm : **Chittoor Chapel**
Dr. Sujatha Charles

December 06, 2019, Friday

6.30 pm : **Chittoor Chapel**
Christmas Carol Service

December 09, 2019, Monday

7.30 am : **Hospital Chapel**
Founder's Day Thanksgiving Service
Dr. Punitha Ezhilarasu



World Diabetes Day activities



As part of the ongoing activities in commemoration of World Diabetes day 2019, the Department of Endocrinology, Diabetes and Metabolism conducted three competitions; inter-school poster painting, an essay writing and quiz competition. The poster competition was on the theme, “How can Footwear Protect the Feet in Patients with Diabetes”, the essay writing was based on the theme “Diabetes and Obesity in young – How can Parents and Teachers Help Them to Overcome this Situation? Around two hundred and sixty seven students from twenty seven schools participated. A quiz programme was organised for the teachers of the participating schools.

Dr. Suranjan Bhattacharji, former Director of CMC graced the occasion as Chief Guest and appreciated the children for their sense of awareness about health and shared his vision for a better society. In addition, he reiterated the need to be benevolent humans who would vest their efforts to help one another in transforming the society into a haven, free from diabetes and other health ailments.

The events were meticulously judged by Dr. Urmi Ghosh, Assistant professor of Paediatric Health, Dr. Teena Chandran, Department of Endocrinology and Mrs. Arokiaseeli Mabel Associate professor, CMC College of Nursing. The first prize for poster was given to Ms. Mahalakshmi of Vellammal Bodhi campus and Ms. Sajidha Zehra L. of EVRN Government higher secondary school bagged the second prize. Mr. Kaviarasu of NKM higher secondary school secured the third place. Consolation prizes



were awarded to Ms. Trinayani of Vellammal Bodhi campus and Ms. Jayashree Vardhini of Ethiraj Matriculation school.



The first prize for the quiz went to Ms. Naanmalar and Ms. Talitha of Shristi Vidyashram, Katpadi, the second prize went to Mr. Praveen Kumar and Mr. Paul Praveen of Ida Scudder School and the third prize was given to Ms. Chitrapriya and Ms. Leena Anand from Vellammal Bodhi campus. The prizes for the best essays will be awarded in the valedictory function to be held next year.

Dedication of the ATM facility at the KPTR Campus



KPTR Campus had its Any Time Money (ATM) facility (an initiative of Central Bank of India, Vellore Branch and the College of Nursing), inaugurated on 29th of October 2019. This make shift ATM facility is one of its kind in India and is certain to benefit the students and faculty of College of Nursing and also the residents of KPTR campus. It had been a long felt need to have such a facility in the



campus. At the inaugural function, officers from Central Bank India, Mr. Vijay Balaji, Chief Manager of Vigilance, Chennai Zone, Mr. Rajesh Kumar, Regional Manager, Chennai, Dr. Vathsala Sadan, Dean, College of Nursing, Mr. David Chandran, General Superintendent, Dr. Premila Lee, Nursing Superintendent, faculty, students representatives of CON and Residents of KPTR campus were present. Acknowledging the responsibility of each Indian Citizen to voice out and work against corruption in the country, the College of Nursing joined with Central Bank of India, Chennai Zone in organizing “Vigilance Awareness Campaign Programme.” This included Poster and Essay competitions on ‘Corruption Free India’ for Nursing students, taking an anticorruption pledge and having an awareness program for faculty and students of College of Nursing.

Dedication of the Radiology Suite at the Chittoor



The radiology suite is located at the foot of a scenic 300 foot hill adjacent to the paediatric outpatient block. The Turning of the Sod was conducted in the presence of all the senior radiology



professors and the general superintendent. Dr Sridhar spoke of the 5 'p's which are responsible for setting up such a facility: patience, persistence, parsimony, punctuality and perfection.

He said that the scope for setting up such a facility would be a boon to the local community. It is proposed to hold a CT scan, MRI machine and two ultrasound slots. There is only one CT scan machine in Chittoor at present and no MRI facility. Patients with many common ailments would benefit from such an imaging facility once this was ready. The timeline for building the facility is 4 months and is anticipated to be ready by March 2020.

MBA in Hospital and Health Systems Management (HHSM)

MBA (HHSM) is a IV semester Work integrated learning programme conducted in collaboration with Birla Institute of Technology and science (BITS), Pilani, Christian Medical College (CMC), Vellore and Bombay Hospital, Mumbai. This course provides a unique opportunity to experience the fundamentals of administration such as the day-to-day operations and functions of a large hospital. The programme used the following modules and techniques;

- Hospital immersion sessions of 7 - 10 days each at CMC Vellore and Bombay Hospital during 3rd semester.
- Simulation and Modeling exercises
- Project Work
- Continuous Assessment
- Case Studies and Assignments
- Digital Learning

Eligibility: Employed professionals in the healthcare industry, holding an MBBS degree/Integrated First Degree of BITS or its equivalent with at least 60% aggregate marks, and minimum one year of relevant work experience are eligible to apply to this programme.

Designed for:

- Doctors, Dentist, and other Medical professionals working in Public / Private / Non-profit hospitals and managing their own hospitals.
- Para-Medical and Non-medical professionals working in the healthcare industry.

Admission: Application is usually advertised twice a year from BITS (online) in March / April and October / November. Applicants must apply before the last date after obtaining prior permission from their employer. Admission is open for December intake and the last date for applying is **9th December 2019**. Interested candidates can access the following link for more information: <https://bits-pilani-wilp.ac.in/mba/hospital-health-systems-management.php>

For further clarification contact: Department of Hospital Management Studies & Staff Training and Development (0416 – 228 6099 / 6098 / 3535).

Memoranda

• Interventional Radiology which has been functioning as part of the Department of Radiodiagnosis will henceforth function as a separate department under the Division of Clinical Radiology with effect from 21st November, 2019. The Department of Radiodiagnosis will continue to function now under the Division of Clinical Radiology.

Dr. Gibikote Sridhar V, Professor is appointed as Head of the Division of Clinical Radiology with effect from 21st November, 2019 for a four year term.

Dr. Elizabeth Joseph, Professor is appointed as Head of the Department of Radiodiagnosis with effect from 21st November, 2019 for a four year term.

Dr. Shyamkumar N.K., Professor is appointed as Head of the Department of Interventional Radiology with effect from 21st November, 2019 for a four year term.

Congratulations!



• As an encouragement for students to become a Regular Repeat Voluntary Blood Donor, an award has been created for those individuals who have donated blood the most number of times during their UG course. This award was given during the College Day to, Dr. Basalel Benny Mathew, Dr. Beaula P, Dr. Nicky Mathew and Dr. Vrinda Shenoy (Batch of 2014). On behalf of the patients served through this contribution, CMC Blood Bank thanks them for their effort.



• **Dr. Beena Koshy**, Professor and Head, Developmental Paediatric Unit for having delivered the Fourth Air Vice-Marshall B Krishnaswamy Memorial Oration, on the topic, "Reduction in Disability and Beyond". During the 6th International Conference at Madhuram Narayanan Centre for Exceptional Children, Chennai on 7th November 2019.

Retirements



• **Mrs. Suguna Rajendran**, Sel. Gr. Staff Clerk Gr.I, 'H' ward retired on 22nd November 2019, after 38 years of dedicated service to the institution. Her husband, Mr. Rajendran is a retired Clerk Typist from the Department of Radiology. They have three daughters. Their elder daughter, Mrs. Leena Rani is a Charge Nurse in Level-II Nursery, second daughter, Mrs. Gladys Metilda is a Staff Nurse in A9 ward and youngest daughter, Mrs. Suriya is a Staff Nurse in Casualty.

• **Mr. Immanuel Bakthavachel**, Sr. Gr.I Artisan (P & O), P & O Services retired on 23rd November 2019, after 36 years of dedicated service to the institution. His wife, Mrs. Helen Siromani is working as a Staff Nurse in Narayani Hospital. They have two daughters. Their elder daughter, Ms. Evangeline Swetha has completed her B.Sc. Nursing from Ramachandra Hospital and eldest daughter, Ms. Eileen Sneha is doing her Diploma Nursing final year in CMC.



The CMC community is thankful for their years of dedication and commitment to the institution and wishes them God's blessings on their retired life.

Obituaries

• **Mrs. J. Ammu**, mother of Mr. J. Dhivakar, Clerk Typist Gr.III, Principals Office (AHS Section) on 23rd November, 2019.

• **Mr. Chinnasami T**, father of Mr. Anandraj C, MRT Gr.I, Medical Records Department on 24th November, 2019.

• **Mr. Prakasam**, retired staff, Electrical Department, father of Mr. Neeladoss Devakumar, Radiographer on 25th November, 2019. Let us uphold his wife, Mrs. Sulochana, son, Mr. Suresh Babu, Attendant Critical Care Department, Mr. Simon Peter, Technician, Pathology, daughter-in-law Mrs. Devapriya, Staff Nurse, CHAD and Mrs. S. Padma, Security, CMC.

• **Dr. Selwyn John Baker** Joined the Christian Medical College as a Missionary supported by the Australian CMS in June 1955. He had completed MD in General Medicine from Melbourne Australia and a year's training in haematology at the Royal Postgraduate Medical School at Hammersmith, UK with Professor John Dacie. The contacts he established then with Drs. Chris Booth and David Mollin, helped him to obtain a research grant from the Wellcome Trust to study Nutritional Megaloblastic Anaemia and the role of Vitamin B12.

Dr. Selwyn joined Prof. P Kutumbiah in Medicine Unit 1, who gave him the freedom to develop his research interests. Dr. Selwyn was able to show that Nutritional Megaloblastic Anaemia in non-pregnant adults in southern India was associated with a chronic malabsorption syndrome similar to Tropical Sprue, which till then was considered to be a disease affecting only expatriates to certain tropical countries. The grant from the Wellcome trust enabled him to build a small laboratory and a ten bed metabolic ward, W Ward. Dr. V.I. Mathan joined Dr. Selwyn in 1961 to initiate field studies on a large epidemic of Tropical Sprue in Vandavasi about 80 kilometers from Vellore. From 1962 with grants from the Wellcome Trust and from PL480 funds Dr. Selwyn built up a

research team with Prof. A. N. Radhakrishnan as Biochemist and Prof. Prema Bhat, Microbiologist and Prof. V.I. Mathan, Clinician and Epidemiologist. Many graduate students obtained PhD from this group.

Dr. Selwyn was instrumental in obtaining funds from The Research Corporation in New York to build the Williams Research Building to honour the memory of Dr. Robert Ramapattinam Williams, who had the commercial patent for synthesising Vitamin B1. Dr Williams was born in India to missionary parents at Ramapattinam in Andhra Pradesh. This purpose designed building, the first of its kind for research in any Medical College in India, is a lasting tribute to Dr. Selwyn Baker. Professors B.K. Bachawat, A.N. Radhakrishnan, Prema Bhat, Sheila Pereira, Mary Dumm and V.I. Mathan working in the Building with Dr. Selwyn placed CMC Vellore on the Biomedical research map of the world. Much of the research priorities were decided over dosa and coffee at lunch in the Andal Cafe. He gave freedom for his colleagues to develop their interests and was a good Mentor.

Dr. Selwyn was an outstanding clinician and haematologist and inculcated in his students the ideal that they were totally responsible for their patients. His pioneering management of a staff spouse who developed catastrophic post-partum bleeding will long be remembered by all on the staff of CMC in 1972. Dr. Selwyn resigned in 1975 for personal reasons following the 1974 strike and joined the University of Winnipeg in Canada from where he retired to UK. Mrs. Elizabeth Baker, his wife was the first Principal of Vidyalayam and generations of children remember her with gratitude. Later he married Dr. Elisabeth Jacob of the batch of 1950.

Dr. Selwyn John Baker was an outstanding Clinical Researcher who spent 20 years at CMC Vellore and was instrumental in CMC gaining a place on the medical research map of the world. He was honoured with the FRACP for his work. He had four children. We thank God for a life well spent.

For those who would like to get in touch with the family, the contact details of his daughter Mrs. Barbara Baker is given below: Email: b_e_baker_au@yahoo.com.au

Our thoughts and prayers are with the bereaved members of the families at this time.

Medical PG (MD/MS), Diploma in Clinical Pathology & M.Ch. Neurosurgery (6 years) / Fellowship Courses Admissions - 2020

Application form can be accessed and submitted **only online** through the College website: <http://admissions.cmcvellore.ac.in/> till **23rd January, 2020** for Medical PG and **26th March, 2020** for Medical Fellowship courses.

Please refer to Admission Bulletin (available at our website) for course details, eligibility criteria etc.

All courses and admissions to our College are subject to applicable regulations by University / Government / Medical Council of India / Court.

REGISTRAR

registrar@cmcvellore.ac.in

Institutional Recommendation for Postgraduate Admissions 2020

Applications are invited from candidates interested in applying for Institutional Recommendation* for the specialties indicated in the tabular column:

Department	Postgraduate Courses
Anaesthesia	M.D. Anaesthesia
Community Medicine	M.D. Community Medicine and M.D. Paediatrics
Dermatology	M.D. Dermatology
ENT	M.S. (E.N.T.)
Geriatrics	M.D. Geriatrics
Family Medicine	M.D. Family Medicine
General Medicine	M.D. General Medicine
General Surgery	M.S. General Surgery
Obstetrics & Gynaecology	M.S. Obstetrics & Gynaecology
Ophthalmology	M.S. Ophthalmology
Orthopaedics	M.S. Orthopaedics
Paediatrics General Paediatrics Paediatric Emergency Paediatric HDU / ICU	M.D. Paediatrics

Department	Postgraduate Courses
Paediatric Rheumatology Paediatric Nephrology Paediatric Endocrinology & Metabolism Paediatric Haemato-Oncology Developmental Paediatrics	M.D. Paediatrics
Pathology	M.D. Pathology
Psychiatry (Unit II and Unit III)	M.D. Psychiatry
Radiodiagnosis	M.D. Radiodiagnosis
Radiotherapy	M.D. Radiation Oncology
Respiratory Medicine	M.D. Respiratory Medicine
Nuclear Medicine	M.D. Nuclear Medicine
Neurosurgery	M.Ch. Neurosurgery (6 Years)
Emergency Medicine	M.D. Emergency Medicine
HPB Surgery	M.S. General Surgery
Chittoor Campus	M.S. Orthopaedics M.D. General Medicine M.D. Paediatrics M.D. Anaesthesia M.S. General Surgery M.S. Ophthalmology M.D. Microbiology M.D. General Pathology M.D. Dermatology M.D. Physical Medicine & Rehabilitation
MICU – A unit of Division of Critical Care	M.D. General Medicine M.D. Respiratory Medicine M.D. Anaesthesia
RUHSA	M.D. Paediatrics M.D. Family Medicine M.D. General Medicine M.S. Obstetrics & Gynaecology M.D. Geriatrics
SSHS	M.D. General Medicine M.D. Family Medicine
Medical Genetics	M.D. Paediatrics M.D. General Medicine
Neonatology	M.D. Paediatrics

***Recommendation does not guarantee selection into a course nor does it guarantee a teaching cadre. If selected, on completion of the course, recommended candidates will be appointed to serve in any area considered appropriate by the Christian Medical College, Vellore. This could be either in the recommending department, other related departments or appointments in hospitals of supporting bodies and Churches of the Christian Medical College Vellore Council.**

Application forms for recommendation are available from Vice Principal's Office PG Section or from the concerned departments. In case a candidate wants to apply for a particular specialty and it is not listed, then please contact Vice Principal's Office (PG Section). Kindly apply in duplicate to the Head of Department and Vice Principal's Office (PG Section) by **16.12.2019**. The decision of the CMC Recommendation Committee will be communicated to the candidates latest by **09.01.2020**. If you do not receive the same by the said date, please contact Vice Principal's Office, PG Section.

CMC NEWSLINE

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FOR PRIVATE CIRCULATION ONLY

DECEMBER 09, 2019

Built on the foundation of the apostles and prophets, with Christ Jesus himself as the chief cornerstone.
Ephesians 2:20



Founder's Day 2019



CMC celebrates Founder's Day on every 9th of December to commemorate and celebrate the legacy of the life of Dr. Ida Sophia Scudder, Born in Ranipet on the same date in 1870, she has carved a niche for herself in the lives of many and in the history of this small town of Vellore. Once a town with limited facilities, it was her vision which has transformed Vellore into a hub of education and unique healthcare. Over the past 100 years, this institution has been a pioneer in healthcare and medical education, reaching out to all the forgotten corners of India.

Though she has gone into her heavenly abode,

her footprints have been imprinted into the very being of this institution. On Founder's Day, the community gathers together to reflect on her life and service. The Institution as a family offers felicitations and the work of all the retired staff is remembered. Their years of dedication and loyalty to CMC is shared with the community with the hope of setting standards for the generations to follow. The exemplary awards are presented to those who have shown selfless service beyond their call of duty.



Dr. Ida ignited the fire of service and this blazing torch has been passed on. As in the words of her prayer, "...With gladness of heart, without haste or confusion of thought", the generations to come are inspired to fulfil her vision, not just in words, but through every step and every breath.

REC commits assistance to Christian Medical College, Vellore for Programme for control of Sickle cell diseases and Thalassemia in 15 districts of Odisha



REC Limited, a Government of India Navratna Enterprise, committed financial assistance of Rs.10 Cr. under its CSR initiative for control of Sickle cell diseases and Thalassemia in 15 districts of Odisha . The main objective of this project is to reduce the burden of disease due to Major Hemoglobin Disorder (MHD), increase awareness on MHD, its genetic transmission and options for preventing. It makes use of building infrastructure in existing facilities and provides assistance to set up facilities to increase access to testing, diagnosis and counseling. It also provides training to healthcare workers namely doctors, laboratory technicians, ANMs, ASHAs and their supervisors for improved diagnosis, treatment and counseling of MHD. In two

years' time, this project aims to cover 15 to 20 lakh people. The Memorandum of Agreement (MoA) in this regard was executed between REC Foundation and CMC, Vellore on 29th November, 2019. Dr. S.N. Srinivas, CEO, REC Foundation, New Delhi and Dr. J.V. Peter, Director, CMC Vellore signed the MoA in presence of Shri Ajeet Kumar Agarwal, CMD and Shri Ajoy Chowdhary, ED Finance and CSR, REC Limited.

Faculty Mentorship Programme

The Faculty Mentorship Programme was inaugurated on 26th October, 2019 with twenty senior faculty mentors accepting charge to mentor junior faculty mentees. It began with the Mentor workshop on 16th August, 2019 with sessions on principles of mentorship, sensitizing to different personalities, listening, building trust, helping people to manage their problems, stress management, career guidance, goal setting, reflection and mentoring in research.



Two mentee training workshops were held on 20th September, 2019 and 26th September, 2019 where they were oriented to the programme, given input on writing their Vision statement, planning professional development, sensitized to difference in personalities, guidelines on giving and receiving feedback and on reflection. At the Logo competition held, the winners were R. Santhoshkumar, Associate Research Officer, Department of Nephrology, (first prize) and Dr. Sam Marconi D, Assistant Professor, Community Health Department (second prize).

The groundwork for this programme was done with inputs from the following international faculty and coaching experts, Their perspectives with regard to establishing a mentoring programme and refining the professional development assessment within the institution, was much appreciated.

- Nicky KilPatrick, Professor, Mentoring and coaching expert, Australian Dental College and Deputy Director for Murdoch Centre Research Institute, Melbourne.
- Paul Mc Gurgan, Associate Professor, Med school University of West Australia, Student Med Mentor and Clinician student mentor.
- Ms. Dee Roche, Senior Management Consultant, University of Western Australia Business School Executive Education, Australian Institute of Management WA and Western Australian Council for Social Services.
- Dr. Abu Abraham, Director of Basic Physician Training, Fiona Stanley Hospital, Perth.
- Jen De Vries, Professor, Coaching and Mentor training consultant.
- Dr. Nicole Liesis, Head of Emergency Medicine, Joondalup and Mentor trainer.
- Dr. Joel Wright, Author of, 'The Intentional Mentor in Medicine', Austin Health, Melbourne.
- Karen Simmer, Professor and Director of Perth Children, King Edward Memorial Hospital, Perth.



The meetings with the experts were facilitated by Dr. Sam Ebenezar Athikarisamy (Batch of 1992) The travel was enabled by the College International Grant Asia Pacific Region 2018 offered by the Royal Australasian College of Physicians RACP through the mentorship of Dr. Sam Ebenezar Athikarasamy (Batch of 1992) to Dr. Sudha Jasmine Rajan.

Department of Neonatology celebrates Newborn Care Week



The Department of Neonatology celebrated the Newborn care week on the 9th of November, 2019. Forty former “NICU Graduates” who had suffered Perinatal Asphyxia, along with their families, were invited for the Reunion.

The programme started with a prayer by Rev. Deborah and a prayer song by the staff. The gathering was welcomed by Dr. Sridhar S, Head, Department of Neonatology. The special invitees were Dr. Chandra Singh, Associate Director of Finance, Dr. Satya Raj, Professor of Psychiatry and Mrs. Ebenezer Ellen Benjamin, Director

of International Relations. Dr. Chandra Singh stressed on the uniqueness of each child, Dr. Satya Raj had an interactive session with the parents discussing various issues in child rearing and behaviour and Mrs. Ebenezer emphasized on quality time and restriction of screen time in children. Mr. Senthivelan, Orthotist from the Government Medical College, Vellore, acted as a resource person to parents on availing government schemes to procure adaptive devices and walking aids.

As part of the programme, a medical checkup and developmental screening was organised. Ms. Suja Angelin from the Department of Neonatology and Ms. Reema Samuel from the Department of Psychiatry organized a group session with the parents exploring parenting practices. This was followed by a ‘Demonstrative Rhymes’ session by Dr. Benjamin

Continued on Page 3

Ross from Neonatology, encouraging parents to teach traditional educative rhymes to children. Dr. Reeba Roshan from the Developmental Paediatrics Unit spoke on preparing children for schooling and Ms. Leena, neonatal nurse spoke about the importance of proper nutrition. The reunion then proceeded with games for parents and children followed by lunch. Ideas are being brainstormed on how to help children with developmental disabilities and reach out better.

Quiz Programme organised by the Department of Pharmacy



The following are the prize winners. First prize : Ida Scudder School–Ms. R.Alvina, Mr.Joseph Augustine and Arunachalam, Second prize : Lakshmi Garden School - Mohammed Yaseen, Geetha Varshini and Eunice Lilly.



Third prize : Vani Vidyalaya School – Jeevitha, Nivethitha and Shivashri. The programme was concluded with vote of thanks and prayer.

Events from the Department of Medical

The Medical Education Department, MCI Nodal centre for National Faculty Development conducted the 9th MCI Advance Course in Medical Education (ACME), first contact course for the 2019B batch from 31st October to 5th November 2019. Twenty five senior faculty members from forty one affiliated medical colleges attended this programme.



From 5th to 7th November 2019, the 8th MCI Advance Course in Medical Education (ACME), second contact course for the 2019A batch was conducted. Twenty eight participants presented research posters detailing implementation of various educational projects in their home institutions.



Dr. Nirmal Kumar G., Senior Assistant Professor, Department of Surgery, Government Tirunelveli Medical College, Tirunelveli was awarded the best poster titled, “**Comparison of Suturing Skills Among Interns Using Structured Training Programme Vs Traditional Methods.**” and **Dr. T. Suresh Kumar**, Associate Professor, Department of Anatomy, Government

Vellore Medical College, Vellore was awarded the runner up prize for the poster titled “**Comparison of Two Methods of Learning Embryology by Phase-I Undergraduate Medical Students after Skeletal Lecture – Students Making 3D Embryological Models Vs Only Listening to Traditional Lectures**”.

Other notable posters were:

- A study of effect of smart board as a teaching tool compared to traditional power point lectures among medical undergraduates.
- Evaluating the effectiveness of mobile application along with traditional video based method as learning tool of basic life support among the first year medical students during foundation course.
- The evaluation of student’s perceptions and effectiveness of interactive teaching learning methods among medical students.
- Effectiveness and utility of team based learning (TBL) in teaching Pharmacology; a randomized controlled study.
- Usefulness Of Conventional Knowledge Based Clinical Examination (SHORT CASE) Versus Objective Structured Clinical Examination (OSCE) In acquiring clinical competence in final year MBBS students.



Memoranda

- **Dr. Jacob George**, Professor and Head, Physical Medicine and Rehabilitation Unit-II is appointed as Head of the Department of Physical Medicine and Rehabilitation with effect from 5th December, 2019 for a four year term.
- **Dr. Manish Kumar**, Associate Professor is appointed as Acting Head of Neonatology Unit-I, with effect from 8th December, 2019 until further notice.

Situations Vacant

1. Applications are invited for the Post of **Clinical Prosthetics & Orthotics** for a period of **one year** from the candidates who have passed Plus 2 with **two year Diploma in Prosthetics & Orthotics course of the RCI, New Delhi**; Stipend as applicable; Accommodation will not be provided”.

Apply with the bio-data, photocopies of qualifying certificates, e-mail ID, postal address and Phone numbers to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, on or before **December 16, 2019** for Item 1.

2. **Assistant Professor Gr.II with MD (Radiation Therapy)** for the **Radiation Oncology Unit-III**

Experience : Should have at least one year teaching experience as (Assistant Professor) in any MCI recognized teaching institution. Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

3. **Assistant Professor with M.Ch. (Paed. Surgery)** for the **Department of Paediatric Surgery**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

4. **Assistant Professor with MD (Dermatology)** for the **Department of Dermatology Unit-I**

Experience : Should have at least one year teaching experience as (Assistant Professor) in any MCI recognized teaching institution. Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

5. **Senior Resident with M.S. (E.N.T)** for the **Department of E.N.T Unit - V**

Age limit : <40 years. Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability). Preference will be given to those who have experience in laryngology.

6. **Senior Resident** for one year followed by **Assistant Professor with MD / DNB (Anaesthesia) / PDF Critical Care** for the **Department of Cardiothoracic Surgery (Cardiothoracic ICU)**

Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment.

Managing 28 bedded ICU with post Cardiac and Thoracic Surgery patients (Adult and Paediatrics).

Age limit : <40 years. Salary : As per institutional rules. Accommodation provided (Subject to availability).

7(a) **Senior Resident with M.D. (Anatomy)** for the **Department of Anatomy**

Salary scale : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

7(b) **Assistant Professor Gr.II with MD (Anatomy)** for the **Department of Anatomy**

Experience : Should have at least one year teaching experience as (Assistant Professor) in any MCI recognized teaching institution. Salary : As per institutional rules. Accommodation provided (Subject to availability).

8(a) **Senior Resident with MS / DNB (Orthopaedics)** for the **Department of Paediatric Orthopaedics**

Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment.

Salary : As per institutional rules. Age limit : < 40 years. Accommodation provided (Subject to availability).

(b) **Assistant Professor with MS / DNB (Orthopaedics)** for the **Department of Paediatric Orthopaedics**

Candidates with DNB qualification should fulfill the latest MCI criteria for teaching appointment.

Experience : Should have at least one year teaching experience as (Assistant Professor) in any MCI recognized teaching institution for Assistant Professor Job. Salary : As per institutional rules. Accommodation provided (Subject to availability).

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: “Vacancies”. **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **December 21, 2019** for Items 2, 3, 4, 5, 6, 7(a), 7(b), 8(a) and 8(b).

9. **Staff II Nuclear Medicine Technician** for the **Department of Nuclear Medicine**

Qualifications : B.Sc. in Nuclear Medicine Technology (3 years course + 1 year Internship). Salary scale : As per institutional rules.

Job description : Patients Care, Quality Control, Radio Pharmaceuticals preparation, Diagnostic Procedures, Radionuclide Therapy and Radiation Safety. Age limit : Below 35 years. Note : Only regular mode will be accepted, private or correspondence will not be accepted.

10. **Staff II Cardio Technician (Project)** for the **CMC Vellore, Chittoor Campus**

Qualifications : B.Sc. in Cardiac Technology or B.Sc. (Science subject) with PG Diploma in Cardiac Technology. Age limit : Below 35 years.

Salary scale : As per institutional rules. Job description : To work at the ECHO cardigraphy room in the CMC Vellore, Chittoor Campus.

Note : Only regular mode will be accepted, private or correspondence will not be accepted.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: “Vacancies”. **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **December 23, 2019** for Items 9 and 10.

11. **One year Orientation Training Programme for Clerk Typist**

Qualifications: Graduate (regular course) + English typing lower + D.C.A. Age limit : 30 years. Consolidated stipend: As per institutional rules.

Please log on to <http://www.cmch-vellore.edu> Link: “Vacancies”. **Note : Only online applications will be accepted; Hard copies will not be accepted.** Applications will close on **December 27, 2019** for Item 11.

Special Prayers : December 08 - 14, 2019

December 14, 2019, Saturday

7.30 pm : **FSC ground (College Campus)**
Carols by Candle light

December 15, 2019, Sunday

8.30 am: **Hospital Chapel**
Telugu Carol Service

6.00 pm : **Scudder Auditorium**
Dr. Alex Duncan (Family Carol Service)

5.00 pm : **Friendship Chapel, KPTR Campus**
Dr. Gina Jacob (Family Carol Service)

4.30 pm : **Chittoor Chapel**
Rev. Vijaykumar

CMC NEWSLINE

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FOR PRIVATE CIRCULATION ONLY

DECEMBER 16, 2019

In the beginning was the Word, and the Word was with God, and the Word was God.

Founder's Day Celebration - 2019

John 1:1



The 149th birth anniversary of Dr. Ida S. Scudder, was celebrated on December 09, 2019. It was a day to reflect on the courage, faith and vision of our Beloved Founder and to rededicate ourselves to the work that she so ably began. The commemoration began with a Thanksgiving Service in the Hospital Chapel. Dr. Punitha Ezhilarasu, former Dean, College of Nursing gave an inspiring message on the occasion. Later that day, at 4.00 pm, the Founder's Day programme was held at the New Examination Hall.

Sixty eight staff who retired during the year and seven staff who passed away in service were honoured for carrying out the vision of Dr. Ida and for their dedicated service to the institution. Forty seven staff were honoured with Exemplary Service Awards for their integrity, courage and service beyond the call of duty. Dr. Prathap V. Tharyan, Former Head, Department of Psychiatry was the Chief Guest and he emphasized on the uniqueness of our Institution.



Dr. Prathap V. Tharyan and Dr. Anna Tharyan presented the certificates to the retired staff and the following special awards.

Dr. Thomas Koshi Award went to Mr. A. Anbuselvan (Radiology), Dr. K.M. Eapen award to Mr. E. Immanuel Bakhavachel (Prosthetic and Orthotic Services), Best Hospital Attendant Award to Mrs. V. Vijaya (Radiation Therapy) and the Best Hospital Housekeeping Attendant Award to Mr. N. Subramani (Environmental Engineering). Dr. Ida B. Scudder Essay Competition Award was bagged by Dr. Jewell Joseph (Palliative Care Unit).

Dr. D.Joyson Soundrarajan, former Head of Library Services responded on behalf of the retired staff. Mr. Lazarus Raj Premkumar, Secretary, GSB proposed the Vote of thanks.



Special Prayers : December 15 - 21, 2019

Pulmonary Medicine :

Dr. D.J. Christopher and Staff
Dr. Richa Gupta and Staff

Methodist Church in India

Council Members : Dr. Arvind Roop Kumar
Bishop Dr. Anilkumar Servand

Methodist Hospital, Nadiad

Nur Manzil Psychiatric Centre, Lucknow

ETCM Hospital, Kolar and others

Methodist Church Overseas Division (UK)

Sunday Services : December 22, 2019

6.00 pm : **Scudder Auditorium**

Dr. Deepak Vinod Francis

6.30 pm : **Hospital Chapel**

Dr. Zephaniah Ebenezer Antipas

5.00 pm : **Friendship Chapel, KPTR Campus**

Rev. Lalbiaksanga Pachua -
(Children's Christmas Carols - English)

4.30 pm : **Chittoor Chapel**

Ms. Saramma Kuruvilla

December 25, 2019 - Wednesday

5.00 am : **Hospital Chapel**

Christmas Service - English

5.00 pm : **Friendship Chapel, KPTR Campus**

Christmas Service - English

Christmas Worship services in regional languages follow Sunday schedule

AGOICON 2019

The 27th Annual Conference of the Association of Gynaecologic Oncologists of India (AGOICON) was organised by the Department of Gynaecologic Oncology in collaboration with the Vellore Obstetrics and Gynaecological Society (VOGS) from 14th November to 16th November 2019 on the theme “Controversies and Convictions”. The faculty for this programme included gynaecologic oncologists, radiation oncologists, medical oncologists, pathologists and specialist nurses from India and across the globe.



The programme began on the 14th with seven preconference workshops which were inaugurated by the Chief Guest, Padmashree Dr. Mammen Chandy. Following this was the VOGS- Ida Scudder Oration on “Reaching the Last Mile - Cancer and Non-communicable Diseases”, delivered by Dr. Lakshmi Seshadri, former Professor and Head, Department of Obstetrics and Gynaecology. On 15th and 16th of November, various academic sessions were organised. They included lectures, interactive panel discussions, debates, mock tumour board sessions, quiz for trainees, free papers, E-posters and video presentations. The AGOI oration was delivered by Professor Denis Querleu, President of the European Society of Gynaecologic Oncology on “Extra-peritoneal Endoscopic Surgery in Gynaecologic Oncology”. At the competitions held, Dr. Sahana and Dr. Monica won the first prize for e-poster and Dr. Ramesan, Dr. Alka and Dr. Amrita won the first place for quiz. The conference was attended by 400 delegates and awarded 30 credit points by the Tamil Nadu MGR University. In an effort to emphasize on the plastic free campaign, the banners and name tags were made from eco-friendly material. Another highlight of this conference was that the first ever official OG alumni meeting, attended by about 100 alumni of the department was organised.

Systematic Review Completion Workshop



A Systematic Review Completion Workshop was organized by the Prof Bhooshnam V Moses Centre for Evidence Informed Healthcare from 18th to 22nd November, 2019 at the BVMC Centre, Bagayam Campus. There were four participants from SRMC - Chennai, AIIMS – Jodhpur and JSS Pharmacy College, Mangalore respectively. The participants were working on the following titles: 'Breastfeeding and its Association with Early Childhood Caries – An Umbrella Review', 'Dental Caries Experience in Cleft Lip and Palate Children – An Umbrella Review', 'Haemovigilance: An Update on Indian Scenario – A Systematic Review and Meta-analysis', 'Lycopene for Management of Oral Sub-mucous Fibrosis - A Systematic Review and Meta-analysis'. The team organised a workshop on search strategies, data extraction and performing meta-analysis support. The entire 5 day workshop was handled by the BVMC team, comprising of Professor Prathap Tharyan, Adjunct Faculty, CEU, Richard Kirubakaran, Biostatistician and Jabez Paul, Information Specialist.

World Diabetes Day activities continued..

The Department of Endocrinology organized an Exhibition on the theme 'The Family and Diabetes' on 15th November, 2019, in the town campus. This exhibition was organised to express a solidarity for those coping with diabetes. There were more than one hundred and twenty entries for posters competition on the topic, 'Diabetes Foot'. Several stalls from Dietetics, Physiotherapy, Nephrology, Ophthalmology, Prosthetics and Orthotics, Cardiology, Foot Care and others were organized.

Professor T. Jacob John, B.C. Roy awardee and founder Head of the Department of Virology graced the function as the Chief Guest, and spoke on diabetes as a disease governed by the mind and that behavior modification was the most important feature in implementing its control. The posters were judged by Dr. Albert Abhinay Kota, Assistant Professor, Department of Vascular Surgery, Dr. Jachin Velavan, Assistant Physician, Distance Education Unit and Mrs. Sheela Durai, Professor, Surgical Nursing Department. Mr. M.D. Arroon from the Department of Anaesthesia won the first prize while the second prize was bagged by Ms. Beautlin Deva Sunitha from Labour Room and the third prize was shared by Ms. Latha, A9 Ward, Ms. Deep Shiku from Community Health Department and Ms. Reshma P. from D.HLPT. The consolation prizes were awarded to Mr. Sasi Kumar. N from D.HLPT, Ms. Priyadarshini from Q6W, Ms. Nancy Priya from SICU, Mr. Prabhu V. from HLRS, Ms. Deva Kirubai from Labour Room, Ms. Susee from Community Department and Ms. Ilakiya from B Ward. The Department of Dietetics was awarded the first prize for the Best Stall while the Department of Cardiology was the runner-up.



Congratulations!

- The **Department of Gynaecological Oncology** has been approved as a ESGO training centre for Gynaecologic Oncology. Each year, one of the MCh candidates will be selected by the Department for ESGO certification.
 - **Dr. Priya Abraham**, Professor, Department of Clinical Virology has been appointed as Director, ICMR - National Institute of Virology (GOI), Pune with effect from 18th November, 2019.
 - The following participants from the Department of Nephrology won awards for oral presentation at the 50th Annual Conference of Indian Society of Nephrology 2019 held at Chandigarh from 21st to 24th November, 2019. **Dr. Elenjickal Elias John**, Assistant Professor, won the first prize, **Dr. Anna T. Valson**, Professor, won the second prize and **Dr. V.C Annamalai**, Assistant Professor won the third prize.
 - **Dr. Riddhi Das Gupta**, Associate Professor, Department of Endocrinology won the Novartis Young Researcher Award 2019 by the Research Society Study for Diabetes in India, awarded at the 47th RSDDI national conference, Jaipur, November 2019 and the AR Seth Award in Basic Endocrinology 2019 by the Endocrine Society of India awarded at 49th ESICON-2019, Nagpur, November 2019.
 - **Dr. Lavanya Ravichandran** was awarded the first prize for oral presentation at the recently concluded Endocrine society meeting at Nagpur.
 - **Dr. Anand Sharma**, Assistant Professor, Department of Hepatology participated and won the second prize for his plenary presentation titled "Plasma Exchange (PLEX) to Treat Patients with Rat Killer Induced Hepatotoxicity who Met Listing Criteria for Urgent Liver Transplantation", at the Second Annual Conference of Liver Transplantation Society of India; held at Kochi from 15th to 17th November, 2019.
 - At the Team Excellence Awards for Continual Quality Improvement, 'QualTech' Awards-2019 organised by Qimpro Foundations on the 8th November at Mumbai, the quality improvement project with the CSSD team headed by Sister Florence Ponnire reached the finalist position. The active involvement of the entire team for the quality improvement initiative is well appreciated. The Best Presenter award was given to **Dr. Lallu Joseph**, Quality Manager.
 - A team of Engineers from the Department of Biomedical Engineering, won the first prize in the quiz competition conducted at the Philips Medconnect-2019 seminar, held on 2nd November, 2019 at The Park, Chennai. Around eighty participants from different hospitals participated in the seminar.
- Engineering Team : Mr. T.D. Kovardan, Mr. S. Immanuel, Mr. D. Franklin and Mr. Kirubakaran.**

Retirement

Mr. S. Amalan Jeyaseelan Raj, Sel. Gr.I Rural Community Officer, RUHSA retired on 8th December, 2019, after 34 years of dedicated service to the institution. He has a son and a daughter. His son, Mr. Pringle Sebastian is a Bio Medical Engineer working as a Computer Designer in an American Company. The CMC community is thankful for his years of dedication and commitment to the institution and wishes him God's blessings on his retired life.



Obituaries



• **Mrs. Jerline Beulah J**, 36 years old, Faculty, Junior Lecturer, alumna (GNM Batch of 2000, PBBSc Batch of 2011 and MSc Nursing Batch of 2017) College of Nursing, passed away on 3rd December, 2019. She served her patients with utmost sincerity and commitment as a staff nurse and charge nurse in Cardiac Thoracic ICU. She rendered her expertise as a Cardiac Life Support Educator. She had received many prizes and accolades and was the best outgoing student in her PBBSc programme. She was a loving daughter, sister, aunt, wife, mother and friend. She was loved by all who came in contact with her for whom she went beyond the call of duty. Her beautiful life though short, will forever be cherished in the lives of her family and dear ones. Let us uphold her husband, Mr. Ruben David (alumna- GNM batch of 2000, PBBSc 2007), children, Sharon and Jerusha, her sister Mrs. Joselin Beulah (Staff Nurse, A6 Ward) and all the bereaved members of the family.

• **Mr. Ruban Samuel**, father of Mrs. Priya Hemavathy, Staff Grade Graduate Technician, Wellcome Trust Research Laboratory, Division of Gastrointestinal Sciences on 8th December, 2019. Let us uphold his brother Mr. Edwin Samuel (retired staff in MRD), his sister-in-law Mrs. Mercy Stella Bai (retired staff in Transfusion Medicine) and all the bereaved members of the family in our prayers.

• **Dr. V. Anandhi**, former Professor Microbiology on 8th December, 2019 in Chidambaram. Dr. V. Anandhi joined the Department of Microbiology at CMC in August 1975 as a Microbiologist-trainee under the supervision of Professor Grace Koshi. After two years of training and working as a microbiologist, she was admitted to the three year M.Sc course in Medical Microbiology at CMC Vellore. After completing the course in 1980, she joined the Department as a junior faculty and subsequently registered under Professor Koshi for her Ph.D. She received her PhD degree before Professor Koshi's retirement in May 1987. Dr. Anandhi continued to work in the Department till early 1990 when she joined the Department of Microbiology at Rajah Muthaiah Medical College in Annamalai. She continued to work there till four years ago when she shifted to Medical College in Karaikkal. Dr. Anandhi was a very hard working and diligent microbiologist whose contribution to medical mycology to the department was highly appreciated by the clinicians. Her PhD thesis work was on rapid detection of candidiasis using reagents prepared by her, in the laboratory was highly specific, rapid



Continued on Page 4

and more importantly cost-effective. This method known as the co-agglutination was extensively used to monitoring treatment in Candida infection in immunosuppressed patients, especially those with haematological malignancies. Dr. Anandhi has published extensively on various aspects of mycology, which led to further strengthening of this particular section in Department of Microbiology. Dr. Anandhi passed away after a protracted illness of two years. She is survived by her husband, Dr.N.Chidambaram, former Dean of Rajah Muthaiah Medical College, her daughter Dr. Amirtha, her brother Mr.V. Narasimhan, Department of Accounts and her sister Mrs. V.Anuradha (Formerly in General Pathology). May her soul rest in peace.

Situations Vacant

1. Senior Resident with M.D. (Microbiology) for the Department of Wellcome Research. Age limit : <40 years.

Salary scale : As per the institutional rules. Accommodation provided (Partly furnished, depending on availability).

2(a) Senior Resident Gr.III with MD / DNB (Obst. & Gynae.) for the Department of Obstetrics & Gynecology Unit-IV

Age limit: <40 years. Salary: As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

2(b) Junior Resident Gr.I with DGO for the Department of Obstetrics & Gynecology Unit-IV

Salary : As per institutional rules. Accommodation provided (Partly furnished, depending on availability).

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **December 21, 2019** for Items 1, 2(a) and 2(b).

3. Centre for Stem Cell Research (a unit of inStem, Bengaluru) and Christian Medical College, Vellore in

collaboration with National Health Mission, Odisha invite applications on purely temporary basis for the following post to work under the project titled, 'Control of Sickle Cell Disease and Thalassemia in Odisha'. Call for **Pathologist. Job Code :1309**, Qualification : MD Pathology. Age : Not more than 45 years. Remuneration up to: Rs.1,20,000/- per month.

Duty Station : Bhubaneswar. Visit : <http://www.cscr.in/research-opportunities/> Please send us the duly filled application mentioning the Job Code either by soft copy to : cscredu@cmcvellore.ac.in or by hard copy to the Principal, Christian Medical College, Bagayam, Vellore - 632 002, Tamil Nadu on or before **December 30, 2019** for Item 3.

4. Applications are invited for the following post for the **CMC Vellore Chittoor Campus**: Salary: As per institutional rules.

4(a) Senior Resident /Assistant Physician/ Assistant Professor / Associate Physician / Associate Professor/ Physician with DA/MD/ DNB in Anaesthesia

4(b) Senior Resident / Assistant Surgeon / Assistant Physician /Associate Surgeon / Associate Physician / Surgeon with MS /MD/DNB/DGO in Obstetrics & Gynaecology

4(c) Senior Resident/Assistant Professor/Assistant Physician/Associate Professor/Associate Physician / Professor / Physician with D.Ch/MD/DNB in Paediatrics

4(d) Senior Resident / Assistant Physician / Associate Physician / Associate Professor /Physician with MD /DNB in General Medicine.

4(e) Senior Resident /Assistant Surgeon / Associate Surgeon /Surgeon with DO/MS /MD in Ophthalmology

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". or log on to <http://www.cmcvellorechittoorcampus.ac.in> link "Career" or email to dir.chittoor@cmcvellore.ac.in with bio-data, certificates and testimonial copies with contact phone number, e-mail ID and Address. Applications will close on **December 30, 2019** for items 4(a), 4(b), 4(c), 4(d) and 4(e).

5. Staff III Dialysis Therapist (Temporary) for the Department of Nephrology

Qualifications : B.Sc. Dialysis Technology Degree only needs to apply. Salary scale : As per institutional rules.

Age limit : Below 35 years. Note : Only regular mode will be accepted, Private or correspondence will be not accepted.

Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.** Applications will close on **December 30, 2019** for Item 5.

6. Management Intern for the Department of Hospital Management Studies & Staff Training and Development

Qualifications : Fulltime MBA / MHA / Bachelors in Engineering / Masters in any Science discipline / P.G. Diploma in Hospital Administration / Bachelor in Pharmacy. Stipend : Rs.9,640/-. Term : One year.

7. Coordinator for APBMT 2020 - Conference (Project Mode)

Qualifications : MBA. Salary : As per the institutional rules. Term : One year.

8. Field Worker Gr.V (Project Mode) for the Department Gynae Oncology. Age limit : 30 years and below.

Qualification : +2. Salary : As per institutional rules. Preference : Previous experience in field work - Vellore, Kaniyambadi block and RUHSA.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **December 21, 2019** for Items 6, 7 and **December 23, 2019** for Item 8.

9. Artisan I.T.I Gr.IV for P & O Services. Salary : As per institutional rules. Qualification : SSLC with 18 months certificate course

in Orthopaedic Technician. Preference will be given to candidates who have 5 years experience in the field of Prosthetics and Orthotics.

Please log on to <http://www.home.cmcvellore.ac.in> Link: "Vacancies". Icon : Artisan I.T.I Gr.IV. **Note : Only online applications will be accepted; Hard copies will not be accepted.** Applications will close on **December 23, 2019** for Item 9.

10. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following posts of

Asst. Medical Record Officer - Qualification : B.Sc. in Medical Record Science or BMRSc with 2 years teaching experience.

Physiotherapist - Qualification : B.Sc. in Medical Record Science or BMRSc with 2 years teaching experience.

Candidate can apply with bio-data along with photocopies of certificates and to the Director, SIH-R&LC., Karigiri -632 106 ,or email your updated resume along with the scan copies of all your testimonials in PDF Format and send to director@karigiri.org or personnel@karigiri.org Last date for receipt of applications: **December 28, 2019**

CMC NEWSLINE

DECEMBER 23, 2019



Christmas Special

*Merry Christmas and
a Happy New Year*

Wonderful Counsellor

Counsellor is the one who listens and understands, guides and helps others get meaning and power to live. We live in a world, where seeking help from someone is often considered as a sign of weakness. It has gone to the extreme limits where even those who acutely need help feel hesitant to go to a helper. Prophet Isaiah wrote “For a child has been born for us, a son given to us; authority rests upon his shoulders; and he is named Wonderful Counsellor, Mighty God, Everlasting Father, Prince of Peace” (Isaiah 9:6). Wonderful counsellor is the first title given to the Son of God in the Book of Isaiah. Counsellor has different roles and functions. I would like to highlight three of those functions to see how the Son of God is our wonderful counsellor.

Listener : Not many are there to genuinely listen and understand others’ stories, hurt or pain. Many are busy and do not have time to listen and understand others. Some feel that listening to others’ pain will slow down one’s growth. Listening and understanding are deeper soft skills in life which often come along with sensitivity, love and concern. In a stress-filled, self-preserving culture we have to search hard to find those with these skills of listening and understanding. Listener is a healer because genuine and empathic listening, heals.

Guide : We are confused in our priorities. We are confused in upholding and nurturing relationships. We are confused in making use of the resources. Confusion prevails in different dimensions of life – political, relational, cultural, economic etc. Guide is the one who has light. Guide is the one who has direction. Guide is the one who knows and shows the way. This prevailing confusion is not only in our personal areas, also in the public arena. Wonderful counsellor is the one who guides us in the midst of opposing views.

Meaning maker : Meaning making is an important phenomenon in life. Some do not talk about it. Some seem to have lost it at the wake of a particular painful context in life. This phenomenon becomes so spectacular when someone nears the end of life. In *Logotherapy*, Viktor Frankl, an Austrian Neurologist, developed this as a form of therapy for people in distress and confusion. When I experience love, I realise that there is meaning to my life. When I feel respected and valued I understand that there is meaning in my life.

In this Christmas season, we remember the birth of the **Wonderful Counsellor – Lord Jesus Christ**. This is good news because we know that in Him there is someone who listens and understands. We have found a guide who never fails. We also have someone who brings true meaning in our lives. Whether young or old, rich or poor, men or women, citizen or foreigner, we all need counsellor in our lives. We are grateful that we can go to him whenever we need a counsellor. As we rejoice in this fact, this news comes with a calling for us to be counsellors for others. Those who received counsel from this Wonderful Counsellor are endowed with the responsibility to listen and understand, to guide and to accompany others in their meaning making. There is a big need around us for this ministry. May we respond with love. May the Wonderful Counsellor grant us a joyful celebration of Christmas and a blessed new year.

A message from **Rev. Dr. Arul Dhas T.**
Head, Chaplaincy

The CMC Vellore, Chittoor Campus achieves yet another milestone

After a period of 110 years, The Christian Medical College (CMC), Vellore, as an institution witnessed the birth of a new nursing educational programme in a different state.

On 27th November, 2019, a team consisting of the faculty of the College of Nursing at Vellore, the principal's office and the registrars office together with the newly appointed faculty of the College of Nursing, CMC, Chittoor campus participated in an intense selection programme that commenced early in the morning, progressing late into the night. Following affiliation to the Dr. NTR Medical University, of Andhra Pradesh, the College of Nursing, CMC, Chittoor campus selected fifty students for the course of BSc in Nursing. The students selected are from a diverse background, including Tamil Nadu, Andhra Pradesh, Karnataka, Telengana, Orissa, Chattisgarh and other states of India. The Administration would like to thank all those involved directly and indirectly for all the support received in this process and for the events that over the last thirteen months that have lead to the conception of this momentous event.



National Symposium on, "Qualitative Research Methods"



The College of Nursing has marked an important milestone in the history of CMC by conducting a National Symposium on, "Qualitative Research Methods" on 21st and 22nd of November 2019 to commemorate the Golden Jubilee of the MSc Nursing Programme and the Silver Jubilee of the PhD Nursing Programme in the College. Around two hundred and fifty delegates representing disciplines such as nursing, psychology, occupational and physiotherapy, social sciences and medicines from fifty different institutions across the nation participated in the symposium where the value of applying qualitative research methods in health care was deliberated.

The symposium started with inauguration by Dr. Kumar Ravi Priya, Professor, Department of Humanities, IIT, Kanpur as the Chief Guest. The inaugural programme started with devotion by Rev. Dr. Arul Dhas. Dr. Vathsala Sadan, Dean, College of Nursing welcomed the gathering and introduced the Chief Guest. After lighting the Kuthuvillaku, the Chief Guest, Professor Ravi Priya addressed the participants and applauded the College of Nursing, for being the pioneers in the development of nursing in India and taking nursing education forward in the country. Dr. J.V. Peter, Director, Dr. Anna Pullimood, Principal and Dr. Premila Lee, Nursing Superintendent, felicitated the gathering on the event of the Jubilee celebrations and the conduct of the symposium. Dr. Punitha Ezhilarasu, Senior consultant, Indian Nursing Council and Former Dean, College of Nursing unfolded the theme for the conference; "Qualitative Understanding for Quality Health Care". Dr. Vinitha Ravindran, the organizing secretary for the conference gave a brief introduction about the various scientific sessions planned. The programme ended with vote of thanks offered by Mrs. Alice Sony, Deputy Dean, College of Nursing.

After the inaugural function Professor Ravi Priya delivered the key note address titled, "The Lure of Narratives: Paradigms and Principles" in which he spoke on the importance of listening to people to understand their experiences with examples from his intense field work. He elaborated on the healing impact of the narrative sharing on the study participant and the researcher within a research relationship. The two days symposium with five plenary sessions addressed the need to use qualitative research methods that aims to elicit individual, group or community perspectives of health and illness related experiences for expanding the knowledge on health care issues. There were seventeen scientific papers for oral presentation and eleven poster presentations. The event concluded with Dr. Anand Zachariah, Professor, Department of Medicine, addressing the participants at the valedictory programme on 22nd November, 2019. The Tamil Nadu Dr. M.G.R Medical University had awarded twenty credit points (Category-II) and Tamil Nadu Nurses and Midwives Council had awarded twelve credit points for the symposium.

Congratulations!

• The following participants won awards at the 68th Annual Conference of Neurological Society of India held from 5th to 8th December in Mumbai.

Professor Dr. Mathew J. Chandy, former Head, Department of Neurological Sciences was awarded the "Lifetime Achievement Award". He was also honoured by the International Neurosurgery Conference in Oman for his Landmark Contribution in the Development of Neurosurgery in Oman. The Department of Neurosurgery in Oman, formally

started in the year 1988 with his appointment as the First Head of the Department. He paved the way for many of the CMC Faculty to hold high positions in their respective Departments, in Oman.

Dr. George Tobin, Dr. Ari G. Chacko and Dr. Rajaratnam Simon from the Departments of Neurosurgery and Endocrinology won the best paper award for their paper titled, "Evaluation of NT-ProBNP as a Marker of the Volume Status of Neurosurgical Patients Developing Hyponatremia and Natriuresis: A Pilot Study".

Dr. Ananth P. Abraham, Post Graduate Resident of Neurosurgery, won the first prize in the NSI Brainbuzz Quiz Competition.

• The following participants from Department of Clinical Microbiology received awards at the 43rd Annual Conference of Indian Association of Medical Microbiologist held at LTMMC and GH, Mumbai from 29th November to 1st December, 2019:

Dr. V. Balaji, Professor, was conferred 'IAMM Endowment Oration Award 2019' for his eminent contribution in the field of Medical Microbiology

Dr. Lydia Jennifer S, Assistant Professor, received 'Belgaum-Mumbai Prize' (best oral presentation in Bacteriology) for the paper titled, 'A Prospective Study to Determine Baseline Trend of Diphtheria and Pertussis Antibody Level in Mothers and Newborn Cohort'.

Dr. Divyaa E, final year PG Registrar, received 2nd prize for oral presentation in Clinical Bacteriology for the paper titled, 'Diagnostic Utility of Real-Time PCR for Spotted Fever'.

Dr. Naveen Kumar D.R, Senior Research Officer, received 1st prize in the Clinical Bacteriology for the poster titled, 'Influence of Biofilm Formation on Patient Outcome with *K.pneumoniae* Blood Stream Infections'.

Dr. Jobin John Jacob, Research Associate, received 1st prize for the poster titled, 'Molecular Typing as a Replacement for Traditional Serotyping of Non-Typhoidal Salmonella for Accurate Identification and Epidemiological Studies'.

Mrs. Rosemol Varghese, Lecturer, received 2nd prize for oral presentation in Molecular Epidemiology for 'Molecular Epidemiology of Penicillin Non Susceptible *Streptococcus pneumoniae* Isolates from India'.

Dr. Amala Arumugam, Research Associate, received 'Dr.S.S Kelkar Memorial Prize' (best poster in Medical Microbiology) for the poster titled, 'Identification of Antimicrobial Resistance Gene using Sequence Similarity Network'.

Mrs. Chaitra Shankar, Research Associate, from Department of Clinical Microbiology has been accorded the 'Center for Disease Dynamics, Economics and Policy (CDDEP) Award in Antimicrobial Resistance' to attend the 19th International Congress on Infectious Diseases in Kuala Lumpur, Malaysia.

• **Dr. Karthik G**, Assistant Professor, Department of General Medicine Unit-V, has been awarded the Royal Society of Tropical Medicine and Hygiene (RSTMH) grant for his research project titled, "LTA4H Polymorphisms and Treatment Outcomes in Tuberculosis – A Prospective Observational Cohort Study".

Memoranda

• The appointment of **Dr. Kingsly Paul M**, Professor and Head, Department of Plastic Surgery as Head of Plastic Surgery Unit-I is extended from 28th December, 2019 for a four year term.

• **Dr. Dharshini S**, Associate Professor is appointed as Acting Head of Dermatology, Venerology & Leprosy Unit-I with effect from 22nd December, 2019 until further notice.

• **Dr. Anuja Abraham**, Associate Professor is appointed as Acting Head of Obstetrics & Gynaecology Unit-III with effect from 16th December, 2019 until further notice.

Welcome

Dr. Dan Barnabas Inja, Assistant Professor, Department of Orthopaedics Unit-I, on his return from study leave.

Obituary

• **Mrs. Selvamary Urban**, retired Senior Gr.II Telephone Operator, Exchange, on 17th December, 2019.

Let us uphold her husband, Mr. S. Urban (former Radiographer, CMC), daughter, son, grandchildren and all the bereaved members of the family in our prayers.

• **Mr. Dharmaraj**, father of Dr. Reginald G. Alex, Professor of Accident and Emergency on 12th December 2019.

• **Dr. Lalitha Frederick Chikkala** *nee* Lalitha Bai Bollapalli (MBBS batch of 1955) on 24th November, 2019.

Let us uphold all the bereaved members of the families at this time of grief and loss in our prayers.

Notices

• Applications are available for the following vocational training courses in RUHSA Community College, RUHSA Campus, P. K. Puram. The courses offered are Two Wheeler Mechanism, Diploma in Four Wheeler Mechanism, Air Conditioner and Refrigeration Mechanism, House Electrician, Computer Hardware. Fashion Designing and Computer Hardware are available for women. Some of these courses will be certified by the National Skill Development Corporation (NSDC) through the Indian Center for Research and Development of Community Education (ICRDC).

Online Certificate Courses in collaboration with Learn and Uplift Foundation (LA^UF), Canada are also offered in different fields.eg: Cyber Security, Financial Literacy and Customer Service. These courses are offered free of cost. Contact: Ph: 8300031373 / 8300031305. Email: ruhsa.cert@cmcvellore.ac.in Last date: **January 03, 2020.**

American Heart Association – International Training Centre

• **American Heart Association – Basic Life Support Course (AHA-BLS) course:** The AHA-BLS provider level course will be held on the **28th January 2020 at the Paul Brand Building, CMC, Vellore.** This one day course is designed for healthcare providers (doctors, nurses, paramedics) and the curriculum consists of video based, interactive lectures and skills training in cardiopulmonary resuscitation(CPR), use of Automated External Defibrillator and relieve choking in a safe, timely and effective manner to **all ages –Adult, Pediatric and Infants.** The number of participants is strictly restricted to 18 as per AHA guidelines. **The registration fee is Rs. 2,500/-** (cost of study materials included) and the last date for registration is **6th January 2020.** For registrations, Please contact Ms. Nitha Cathuan, Paediatric ICU (Phone 0416-228-3366).

• **American Heart Association–Pediatric Advanced Life Support (AHA_PALS) course:** The AHA-PALS course will be held on the **29th & 30th January 2020** at the Paul Brand Building, CMC. This well known Paediatric Advanced Life Support Course, accredited by the American Heart Association and American Academy of Paediatrics, is valid internationally. The number of participants is strictly restricted to 18 as per AHA guidelines. **The registration fee is Rs.6,500/-** (cost of study materials included). The last date for registration is **7th January 2020.** This two day course is designed for healthcare providers (doctors, nurses, paramedics) who initiate advanced life care in acutely ill children, beyond basic life support, through the stabilization or transport phases of a paediatric emergency. The course consists of lectures, videos, discussions and hands - on sessions based on simulated case scenarios and aims to train the participants in early recognition and emergency management of critically ill children with an emphasis on team concept. For enquiries and registration, please contact Ms. Nitha Cathuan or Dr. Ebor Jacob, Paediatric ICU (Phone No.0416-228-3366).

Situations Vacant**1. Senior Resident / Assistant Professor with M.S. (E.N.T.) for the Department of ENT Unit-V.**

Those who are applying for Assistant Professor should have at least one year teaching experience as (Asst.Professor) in any MCI recognized teaching institution. Age limit : <40 years. Salary : As per institutional rules.

Accommodation provided (Partly Furnished, Depending on availability).

Desirable: preference will be given for those who have experience in laryngology.

2. Tutor Gr.IV with BOT (Regular Course) for the Department Paediatrics Unit - I:- (Paed. Hematology- Oncology)

Salary scale : As per the institutional rules. Accommodation not provided.

3. Senior Demonstrator (NM) with M.Sc. (Biochemistry) with 1st Class for the Department of Clinical Biochemistry

Salary scale : As per institutional rules. Accommodation not provided.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **January 04, 2020** for Items 1, 2 and 3.

4. Project Coordinator for the Department of Wellcome Research**Job Code : 1308**

Qualification : (M.Sc. Epidemiology) / MPH / MBBS with 2 to 3 years of experience in community based projects or PhD (Epidemiology) or MD (Community Medicine). Candidates with experience in filed based data collection and analysis will be preferred.

Job description : To co-ordinate large community based studies in rural communities based in Vellore.

Mode of appointment : Project mode. Salary : Will be commensurate with experience. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu>/→General →Vacancies →Application Form for Project Staff. The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **January 06, 2020** for Item 4.

Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.

Special Prayers : December 22 - 28, 2019

Psychiatry: Dr. Paul Russell S.S. and Staff
Dr. Rajesh G. and Staff
Dr. Deepa Ramaswamy and Staff
Dr. Suja Kurian and Staff
Dr. Priya Mary Mammen and Staff
Dr. Manoranjitham and Staff

Vellore Good Samaritan Canteen :

Ms. K.L. Jhenefer and staff

Men's Intern Quarters

Warden: Dr. Rajiv Michael and staff

Ladies' Intern Quarters

Warden: Dr. Selvamani and staff

College Stores and College Canteen**Kolhapur Church Council**

Council Members :

Rev. Jagannath Akaram Hirave

Dr. Ulhas Shashikant Kurane

Miraj Medical Centre, Maharashtra

Council Member : Dr. Nathaniel Sase

Sunday Services : December 29, 2019

6.30 pm : **Hospital Chapel**

Dr. Vasanth Samuel Mark

6.00 pm : **Scudder Auditorium**

Dr. Samuel David

5.00 pm : **Friendship Chapel, KPTR Campus**

Mr. Lipoktemshi

4.30 pm : **Chittoor Chapel**

Rev. Vijaykumar Karupalli

Tuesday : December 31, 2019 - Watch Night Service at 11.30 pm :

Scudder Auditorium : Rev. Dr. Arul Dhas T.
Hospital Chapel : Dr. Rainard Pearson

Wednesday : January 01, 2020 : Regional Language Services in Hospital and Centenary Chapels

New Year Worship Service in Regional Languages follow Sunday Schedule

(There will be no evening service on New year in College and Hospital Chapels).



*In the beginning was the Word, and the Word was with God, and the Word was God.
John 1:1*



CMC NEWSLINE

DECEMBER 30, 2019

Vol No.56 No.27

Toad Hill, Bagayam Campus

Latif @ 2017

“At times, our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us.” Albert Schweitzer

Reflections of the year 2019 and the Promise of 2020

The Year 2019 appears to have gone by so quickly. As we reflect on the year, I am reminded of James 1:17, “Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows” (NIV). Truly in this year we have experienced many gifts from God. Individually we have experienced the gift of life, health, job, family, etc. As an institution, the undergraduate and postgraduate admissions and the new B. Sc Nursing course in the Chittoor campus was an attestation of God’s goodness. In addition, we have continued to experience provision for the expansion of work in the many campuses. His hand was upon us during the difficult times and challenges that we faced during the year. It is only appropriate that we, as individuals and as a community echo the verse in Psalm 107: 1, “Give thanks to the Lord, for he is good; his love endures forever” (NIV).

As we look ahead at 2020, we can claim God’s promise in Jeremiah 29: 11, “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future”. The new projects at Kannigapuram, Chittoor and main campus are expected to be commissioned during the year. With these developments come opportunities to impact healthcare at large, grow professionally as departments and individuals, as well as touch the lives of the many patients who come seeking help during a difficult phase in their lives. When life is filled with opportunities, the big question is what we do with them. Do we let them slip by or postpone it to another day or do we seize them? The Psalmist says in Psalm 90:12, “Teach us to number our days and recognize how few they are; help us to spend them as we should” (Living Bible). This passage urges us to use our time wisely to accomplish the purpose for which each one of us has been created and called to serve in this institution. At the end what matters most is not just how much we have accomplished in our life but how faithful we have been to what has been entrusted to us.

We are truly grateful to God for this year and we look to His continued blessing on us as we begin a new year. I wish to end with a quote by Sonja Lyubomirsky. “Gratitude is an antidote to negative emotions, a neutralizer of envy, hostility, worry and irritation. It is savoring; it is not taking things for granted; it is present-oriented”.

Have a Blessed New Year 2020

Dr. J.V. Peter
Director

Master of Hospital Administration (MHA)

The Department of Hospital Management Studies and Staff Training and Development (DHMSSTD), started the Master of Hospital Administration (MHA) fulltime course in affiliation with the Tamil Nadu Dr.MGR Medical University, Chennai from the academic year 2019 onwards. The overall objective of this course is to assist medical and allied health professionals with in-depth knowledge and competencies suited to the various organizations in the healthcare field.



The inaugural function for the MHA first batch participants which was held on 7th October 2019, started with prayer by Rev.Dr. Arul Dhas, Head, Chaplaincy. The lamp lighting was done by Dr. J.V. Peter, Director, Dr. Anna Pulimood, Principal, Chief Guest, Rev.Dr.Fr. Joe Arun, Director, Loyola Institute of Business Administration (LIBA), special invitee Dr. Xavier, Chairperson, Management Development Centre (MDC), LIBA, Dr. Samuel N.J. David, Sr. Manager and Head, DHMS and Rev.Dr. Arul Dhas. Dr. Samuel N.J. David welcomed all the faculty members followed by felicitations by Dr. J.V. Peter and Dr. Anna Pulimood.

Rev. Dr. Fr. Joe Arun, Chief Guest, motivated the students to understand the importance of education and utilize their student life fruitfully. Dr. Xavier shared his remarks by highlighting the importance of hospital administration in the current scenario. Then the 1st batch of MHA students and current batch of PGDHA and FHA students introduced themselves to the audience. The vote of thanks for the programme was delivered by Ms. Sonia Valas, Assistant Manager, DHMSSTD. The inaugural programme was well attended by management faculty both intramural and extramural who shared their greetings and blessings to the management students.

The XVII Annual Geriatrics Conference, organised



The Department of Geriatrics hosted the XVII Annual Geriatrics Conference, under the auspices of the Indian Academy of Geriatrics, in the New Examination Building. The Department had organised various competitions as part of the conference. An art and essay competition for the school students was organised, in which eight



hundred students from schools all over Vellore participated. A competition on art and collage on the theme, 'Care of the Elderly', was organised in which the nursing staff and students participated. The photography contest; 'Capture the moment', was open to all the medical fraternity. The judges for these competitions were elderly people over sixty years, who had contributed to CMC in various specific criteria.

On 5th December, around one hundred and twenty participants from the Medical, Nursing and Allied Health Personnel participated in a CME programme. This was followed by an academic feast on the 6th December which included talks and lectures on various topics of Geriatrics by eminent geriatricians, delegates and orators. Sessions on comprehensive geriatric assessment and other basic skills for the nursing and allied health personnel were organised. The post graduate Quiz held, in two rounds, was well appreciated. A sumptuous banquet at Eden Gardens, which also included an entertainment by a well-known standup comedian. Dr. Jagadish Chaturvedi and the band "Red Wine", enthralled the audience.

The conference was a great success and academically enlightening. The organizing committee of GERICON 2019, thanks the Principal's Office for their support.

Congratulations!

- **Dr. M.K. Lalitha**, (former Head of the Department) Professor of Microbiology, Christian Medical College, Vellore has been awarded "IAMM Life Time achievement award" at the IAMM MICROCON held in Mumbai from 27th November to 1st December, 2019.
- The following Doctors won prizes in the recently completed National Conference NAPCON 2019, held at Kochi between 20th and 23rd November, 2019.

Congratulatory!

Dr. Anisha Mathew won the Prestigious SN Gaur Young Scientist Award.

Dr. Priya won the first prize in the free paper presentation for consultants.

Dr. Benjamin Earnest Williams won the first prize in the IS talent search radiology presentation.

Dr. Ancy Elsa won the second prize in the ICS talent search radiology presentation.

Dr. Christopher was elected "President" of Indian Chest Society.

- **Dr. Jayakanthan K**, Associate Professor, Department of Clinical Immunology and Rheumatology has won the best oral presentation in the Basic Sciences category for the study titled, "Effect of Curcumin on Pro-inflammatory Cytokines in Primary Sjogren's Syndrome" during the 35th Annual Conference of the Indian Rheumatology Association (IRACON 2019) held at Jawaharlal Institute of Postgraduate Medical Education and Research (JIPMER), Puduchery from 5th - 8th December, 2019.

- **Dr. Mithun Raam**, Department of Endocrine Surgery won the best paper prize and the IndoUK traveling fellowship grant at the Asian Society of Mastology meeting at Bhubaneswar on 19th November, 2019 for his presentation on "WHYGM?: A Prospective Controlled Study on Etiology of Idiopathic Granulomatous Mastitis".

- **Dr. Samuel Santhosh**, 2nd Year PG Registrar, Department of Pharmacology and Clinical Pharmacology, has been awarded the IPSCON–best oral presentation at the 5th IUPHAR World Conference on the Pharmacology of natural products and the 51st Annual Conference of Indian Pharmacological Society held at ICMR-National Institute of Nutrition, Hyderabad from 5th to 7th December, 2019.

- **Dr. Aakash Dhruva**, PG Registrar, Pharmacology and Clinical Pharmacology won the U.K. Seth prize for the best paper presentation at the 5th IUPHAR World Conference on the Pharmacology of Natural Products and the 51st Annual Conference of the IPS held at Hyderabad from 5th to 7th December, 2019.

Obituaries

- **Mrs. Selvamary Urban**, retired Senior Gr.II Telephone Operator, Exchange, on 17th December, 2019. Let us uphold her husband, Mr. S. Urban (former Radiographer, CMC), daughter, son, grand children and all the bereaved members of the family in our prayers.

- **Dr. Lalitha Frederick Chikkala** *nee* Lalitha Bai Bollandipalli (MBBS batch of 1955) on 24th November, 2019. Dr. Lalitha Bai was born to parents Evangeline and Devadattam Bollandipalli on May 6, 1937, in Baer Hospital, Chirala. She completed her MBBS at Christian Medical College, Vellore, from 1955 to 1961, having been sponsored by the Andhra Evangelical Lutheran Church (AELC), Guntur.

Dr. Lalitha completed her bond by working in Kugler Hospital and later on completed her MD in Paediatrics in Vellore. After finishing up the MD programme at Vellore in 1970, Dr. Lalitha returned to work in Kugler's, because she was set on working for an AELC-backed institution. While working at Kugler's, Dr. Lalitha participated in wayside camps one weekend a month, going to places such as Macherla and Perecherla. She then applied to a residency programme in the US. After completing residency, Dr. Lalitha and her family moved to Cleveland, where she worked in Fairview General Hospital until 1995. Since Dr. Frederick was working at Emory University in Atlanta, Dr. Lalitha moved to Atlanta in 1995 and worked at Eggleston Children's Hospital until she retired in 2005.

It was while Dr. Lalitha and Dr. Frederick were in India in 2002 to celebrate their second son's wedding reception that the elders of St. Luke's Parish located in Baer Hospital Campus in Chirala requested them to revive Baer Hospital, which had fallen into disrepair and disuse for the past 25 years. Although initially reluctant, Dr. Lalitha and Dr. Frederick moved to Chirala in 2006 to undertake work on Baer Hospital and renamed it Baer Christian Hospital. They started with an outpatient clinic, which they renovated to include an operating theatre and five beds. Gradually, they renovated the maternity ward into a 50-bed hospital. The renovation of 100 year old main hospital building was completed in February 2019 and it became 150 bedded hospital with modern operation theatre, ICU, NICU and central oxygen.

Dr. Lalitha planned and executed medical camps throughout the area and provided free medicines to all the patients who came to see them. These camps are being held at 11 nearby villages every month and partial support for these camps are being provided by Chirala Medical & Educational Trust INC a 501C non-profit organization in Atlanta, GA and Capstone Ministries in Knoxville, TN. Every quarter mega camps are conducted for 4 days at 4 different villages with the help of Dr. Helen Hemalatha Simon of Cephas Foundation and Operation Blessing India.

Dr. Lalitha was dedicated to providing quality medical care to people who could not afford it, ably supported by her husband Dr. Frederick in that endeavour. She was on call 24/7 and treated patients with Dengue, Chikungunya, typhoid and other viral fevers at minimum charges to patients but with 100% success. Dr. Lalitha and Dr. Frederick had involved the Chikkala family in the entire endeavour, creating the Chirala Medical and Educational Trust through Oak Road Lutheran Church in Lilburn, GA. Dr. Jerry Rausch, her dentist in Atlanta and member of Oak Road Lutheran Church, conducts free annual dental camps at Baer Christian Hospital for ten days, sometimes twice a year. Physicians and dentists of Capstone Ministries also helped Dr. Lalitha in conducting free medical and Dental camps in and around Chirala. Dr. Mangaraju and Dr. Tulasi Vanapali, family friends of Dr. Lalitha from Atlanta, conduct free medical camps in Baer Christian Hospital campus every year for 2 to 4 days. Dr. Mangaraju, a bone specialist gives injections to the knee joints of needed patients free of cost. Dr. Lalitha wanted to start a Nursing College in Baer Christian Hospital campus. We wish and pray that her wish would be fulfilled soon by God's Grace.

For those who would like to get in touch with the family, the contact details of her husband Dr. Nathaniel Frederick Chikkala are given below: Dr. Nathaniel F. Chikkala, Baer Christian Hospital Campus, Solomon Centre Panchayath, Chirala-523155, Prakasam District, Andhra Pradesh. Email: nfchikkala@yahoo.com <<mailto:nfchikkala@yahoo.com>> Telephone: 9441713919 and 9441300105.

Obituaries

• **Mrs. Hemalatha**, mother of Dr. Rajkrishna B, Assistant Professor of Radiation Therapy Unit-III, wife of K.P. Balakrishnan Nair, mother-in law of Dr. R. Sneha, Medical Officer, Department of Infectious Disease on 24th December, 2019.

• **Mr. Sampath M.J.**, husband of Mrs. Jayarani, retired Hospital Attendant, Department of Radiology and father of Mrs. Brindha M.S., Staff Nurse in Maternity Ward on 25th December, 2019.

• **Mrs. Sundari**, mother of Mr. Paul Daniel Raj, Jr. Lecturer, Medical Nursing Speciality (Nursing IV Department) on 26th December 2019.

Let us uphold all the bereaved members of the families at this time of grief and loss in our prayers.

Situations Vacant

1(a) Assistant Professor for the Department of Neuro Anaesthesia

Qualification : DM Neuro Anaesthesia / MD Anaesthesia with 2 years special training in Neuroanaesthesia. Salary : As per institutional rules.

Accommodation provided (Subject to availability).

1(b) Senior Resident Gr.III for the Department of Neuro Anaesthesia

Qualification: MD (Anaesthesia). Salary: As per institutional rules.

Accommodation provided (Subject to availability). Age limit : < 40 years.

1(c) Assistant Professor for the Department of Anaesthesia

Qualification : MD (Anaesthesia). Salary : As per institutional rules. Accommodation provided (Subject to availability).

Experience : Should have at least one year teaching experience as (Asst. Professor) in any MCI recognized teaching institution

1(d) Senior Resident Gr.III for the Department of Anaesthesia

Qualification : MD (Anaesthesiology). Salary : As per institutional rules. Accommodation provided (Subject to availability). Age limit:<40 years.

1(e) Registrar (Non PG) with MBBS for the Department of Anaesthesia

We offer Non PG post with fixed 48 hour work schedule per week and free weekends.

Salary scale : As per institutional rules. Accommodation provided (Subject to availability)

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Note : Only online applications will be accepted; Hard copies will not be accepted.**

Applications will close on **January 11, 2020** for Items 1(a), 1(b), 1(c), 1(d) and 1(e).

2. Research Associate for the Department of Urology Unit -II

Qualification: M.Sc. Biological Sciences with 3 years experience / Ph.D. / M.Tech. with 2 years experience.

Mode of appointment : Project mode. Salary : Rs.39,600/- per month. Accommodation not provided.

Download application from this link: <http://www.cmch-vellore.edu>/→General →Vacancies →Application Form for Project Staff.

The print out of the application with certificates and testimonial copies should be sent to the Principal, Christian Medical College, Bagayam, Vellore - 632 002 on or before **January 10, 2020** for Item 2.

Note : Please mention the Job Code in the application form. Applications without Job Code will not be accepted.

3. EQAS and Training Manager (Project Mode)

Applications are invited from young dynamic persons for the above position of the work involves managing the EQAS project especially with respect to operations and website management as well as coordinating training programs in the department. May require travel and un-scheduled working hours. Qualifications : MBA with UG in life science / M.Sc. in Computer Science. Salary : As per institutional rules. **Must have** : Advanced computer skills – MS Office, Email, use of internet and maintenance of files. Must be able to take dictation and manage correspondence. Must show Demonstrable evidence of computing skills. Must have good knowledge of web based application design. **Mandatory experience** : Must have at least one year experience in large healthcare environment, dealing with IT Projects and quality systems.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu> Link: "Vacancies".

Note : Only online applications will be accepted; Hard copies will not be accepted.

Last date for submitting applications is **January 04, 2020** for Item 3.

4. Schieffelin Institute of Health - Research & Leprosy Centre, Karigiri invites applications for the following posts of :

(a) **Histopathology Technician** - Qualification : PG Diploma in Histopathology. Experience : 0-1.

(b) **Lecturer** - Qualification : M.Sc. in Medical Laboratory Technology. Experience : 0-1.

Apply with bio-data along with photocopies of certificates and send the PDF scanned file to the director@karigiri.org or personnel@karigiri.org Last date for receipt of applications : **January 04, 2020** for Items 4(a) and 4(b).

Special Prayer: December 29-January 04, 2020

ELS Book Shop: Mr. K. Jose and staff

Central Bank of India - Hospital Campus

State Bank of India - College Campus

Post Office (College and Hospital)

Karpagam Co-operative Store

Sunday Services : January 05, 2020

6.00 pm : **Scudder Auditorium**

Rev. Robin Phipon Lepcha

6.30 pm : **Hospital Chapel**

Rev. Dr. Arul Dhas. T

4.30 pm : **Chittoor Chapel**

Rev. Manibhushan Doss

5.00 pm : **Friendship Chapel, KPTR Campus**

Rev. S.C. Rajesh

The CMC Employee Co-operative Society's 68th general body meeting will be held at 12.00 pm on January 04, 2020 (Saturday), at the Kuttumbiah Hall, ASHA Building.

Special Issue

Reflection on the Calendar 2020



DECEMBER 30, 2019

See, I have given you this land. Go in and take possession of the land that the Lord swore he would give to your fathers - to Abraham, Issac and Jacob – and to their descendants after them. Deuteronomy 1:8



The 'Hill Site', as it was called in the early 1900's was the land shown to Dr. Ida for her vision of the Kingdom of God.



Lush green and tucked away securely between the two hills, the College Campus is a

peaceful community of residents and students. Blanketed by a canopy of trees, the ariel view of the campus, brings about a feeling of serenity. The reflections on the January calendar will show a clear picture of this aspect. When Dr. Ida envisioned her dream of a residential campus, she approached the, then notable architect Reginald Dann and builder Bernard Rottchaefer in 1929. The proposed plans were for the administrative blocks, hostels, staff bungalow and Principal's bungalow which were completed in 1932. It is said that when Dr. Ida saw a future in the hill site she was 40 years old and she was 60 years when the campus took its shape to where it is now. When the plans were in the nascent stage, the granite for the buildings were taken from the rocky fortress surrounding it, almost symbolic of the everlasting protection we receive from the rock of ages cleft for us.

The most striking aspect and architecture of the hill site campus is the college chapel or the Weyer Hauser chapel. The chapel with its 'twin domes', placed at the green heart of the campus serves as an unfading identity. The chapel and its ethereal sunken garden with the Lily pond is a place of surreal peace and calm which often stills the unrest within us. An evening walk around the chapel road is magical. The voices of the choir practising or the evening prayers of the students, resound beautifully within its walls.



One of the highlights and uniqueness of the campus is its closeness in every aspect. The students and staff reside within the same campus. In the midst of the staff quarters, the hostels are





securely housed : the woman's hostel, men's hostel, Dorothy Joske hostel and the Fitch hostel. The foster system of the college, allows the students and staff to go beyond their roles as teacher and student. After working hours, the foster system allows the students to be a part of the families of the staff. The students have a home away from home and a family to take care of them during their long stay in the hostel.

The pre clinical classes take place in the college campus; it is a usual sight to see the students running for their classes. The Carmen block which holds the administrative offices are abuzz with activities during the working hours.

It's mind boggling to imagine that the vision of one lady has brought in a culture of its own, between the hills of Bagayam. The hill site is almost like a place of its own, quite detached from the rest of the Vellore town, safe from the power cuts and traffic, concentrating only on the future of health care. The lives of the future doctors and allied health specialists are safe and secure in the College Campus, where they spend a major part of their lives and are taught to grow up imbibing the culture and ethos of CMC.

