

Postcard perfect!

Rupert and I met in November 1993 when we were both doing our final elective placements at CMC. Rupert was completing his Medical Degree at the Royal London Hospital and me, my Physiotherapy Degree at La Trobe University in Melbourne, Australia.



At the time, I was quite overwhelmed with being in India. I hadn't travelled outside of Australia until that point and on my second day there, I wasn't aware that there were any other foreign students at the hospital.

A pang of homesickness had just washed over me as I tried unsuccessfully for the third time to make a phone call to my Mum in Australia. The phone line was again cut off.

At that moment, Rupert walked into the Post Office with another Scottish

medical student. I ran over to them with tears rolling down my cheeks to introduce myself. Oddly, he didn't run in the other direction; we then became great friends before getting married some five years later.



We have laughed ever since at our first encounter and have been talking about finding the Post Office, wondering whether it would still be there. So 25 years on, we decided to make the journey back.



At the post office where they first met two and a half decades back

It was incredible to see how CMC has progressed and the staff, despite always being exceptionally well-trained, are now even better! They were welcoming and so hospitable during our visit last week. We are very grateful and know we will be back again to visit hopefully sooner than our 50 year anniversary of meeting :)

Tessa Hinds Clinical Director Physio at Sandringham



Tessa with faculty from the Department of Physical Medicine and Rehabilitation