



Adolescent Health Week Observed



Adolescent Medicine Unit along with Project YUVA (Adolescent health education team) organized health education programme for high school students on the occasion of National Adolescent Health Week from 28th November to 3rd December, 2022. They visited five schools located in Vellore namely EVRN Government Girls' Higher Secondary School, Muslim Government Higher Secondary School, Kodaiyadi Kuppaswamy Higher Secondary School, Thottapalayam Girls' Higher Secondary School and Thorappaadi Government Higher Secondary School.

Dr. Mona Basker, Professor and Head, Adolescent Medicine, Child Health Unit-III; Dr. Mary Anbarasi Johnson, Professor and Head, Paediatric Nursing; Dr. Reshmi Y.S. and Dr. Priyanka Medhi, Assistant Professor, Adolescent Medicine; Ms. Esther Kanthi, Assistant Professor, College of Nursing; Ms. Anandhi, Adolescent Nurse; Dr. Arivuselvey, Project Co-ordinator; Mr. Karnan and Ms. Suganya, Health Educators, and Mr. Suresh, Youth Representative of Project YUVA along with PG Registrars, Child Health, organized a skit on current problems in adolescent health, followed by health education sessions. Dr. Mona Basker and Dr. Mary Anbarasi Johnson took sessions on Adolescent Health and Dr. Arivuselvey on cybersafety. The sessions ended with an interactive time with the students, following which pamphlets on adolescent health were distributed to all participants.



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On 3rd December, a session on adolescent parenting was conducted at CMC's Town Campus in Tamil, which was translated to Hindi and Bengali to cater to all the parents who participated.

